



Zainab Hosseini

Postdoctoral Scholar, Psychology

Bio

BIO

Dr. Hosseini has over a decade of experience in the field of refugee youth mental health. She completed a Master of Education at Harvard University where she collaborated with the United Nations High Commissioner for Refugees to explore psychosocial support services for refugees in Iran. She holds a Master of Social Work from the University of Michigan, and her training as a Child Welfare Scholar included the delivery of trauma-informed mental health services to children and youth in crisis. Dr. Hosseini completed her clinical fellowship at the Boston Children's Hospital where she worked as a psychotherapist in the Division of Adolescent Medicine.

Dr. Hosseini holds a PhD in Developmental and Psychological Sciences from Stanford University. She has collaborated with multiple refugee serving organizations in Iran, Lebanon, Greece, and Mexico, to design, implement, and evaluate culturally responsive mental health services for refugee youth. Her dissertation entailed a community based participatory research (CBPR) project to collaborate with Save the Children and refugee communities to build a psychosocial support intervention for refugee youth in Mexico who were displaced by armed conflict in Central America.

In the Department of Psychiatry and Behavioral Sciences, Dr. Hosseini led the Global Refugee Mental Health branch of the Muslim Mental Health and Islamic Psychology Lab. In this capacity, she collaborated with US-based refugee serving organizations to explore the impact of faith and cultural beliefs on refugee youth mental health outcomes.

Dr. Hosseini is the recipient of multiple grants and awards, including the National Academy of Education Dissertation Fellowship and the Center for Innovation in Global Health Seed Grant. Dr. Hosseini is a licensed mental health clinician in California.

Currently, Dr. Hosseini is a National Institute of Mental Health T32 Postdoctoral Fellow in the Stanford Department of Psychology and Department of Psychiatry and Behavioral Sciences. Her research explores the scalability of culturally and contextually responsive mental health interventions for refugee youth who are at different stages of their forced migration.

HONORS AND AWARDS

- Stanford Global Health Seed Grant, Center for Innovation in Global Health (06/2023)
- Spectrum Community Engagement Pilot Award, Stanford University School of Medicine (06/2022)
- Dissertation Fellowship, National Academy of Education / Spencer Foundation (06/2022)
- Graduate Summer Fellowship for Community Engaged Research, Haas Center for Public Service (06/2020)
- Graduate Public Service Fellowship, Haas Center for Public Service (09/2019)
- Hub Foundation Scholarship, Hub Foundation (10/2019)

- AERA Division E Seed Grant, American Educational Research Association (6/2021)

STANFORD ADVISORS

- Greg Walton, Postdoctoral Faculty Sponsor
- Nilam Ram, Postdoctoral Research Mentor

Research & Scholarship

RESEARCH INTERESTS

- Adolescence
- Immigrants and Immigration
- Psychology
- Research Methods
- Social and Emotional Learning

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Culturally - contextually responsive psychosocial support services for refugees

LAB AFFILIATIONS

- Jeanne Tsai, Culture and Emotion Lab (9/1/2020)
- Rania Awaad, Muslim Mental Health and Islamic Psychology (9/1/2019)
- Teresa LaFromboise (9/1/2017)

Publications

PUBLICATIONS

- **Effects of bicultural competence and racial identity on intrinsic motivation: The mediating role of belonging to Native American tribal colleges** *CONTEMPORARY EDUCATIONAL PSYCHOLOGY*
LaFromboise, T., Rosales, O., Hosseini, Z.
2023; 74
- **Islam and Suicide: An Interdisciplinary Scoping Review** *SPIRITUALITY IN CLINICAL PRACTICE*
Awaad, R., Quadri, Y., Suleiman, K., Husain, A., Hosseini, Z., Rehman, O., Elzamzamy, K., Abdelrehim, A., Rushdi, R., Hill, T., Koenig, H.
2023; 10 (1): 32-51
- **Predictors of depression among Syrian refugee women: A socio-culturally relevant analysis.** *The International journal of social psychiatry*
Hosseini, Z., Bakdash, T., Ahmad, S., Awaad, R.
2023: 207640231155810
- **A Systematic Review of Evidence-Based Interventions for Afghan Refugee Mental Health: A Cultural Adaptation Analysis** *Journal of Cross-Cultural Psychology*
Hosseini, Z., Syed, H., Raza, Z., Mansouri, M., Magan, I., Awaad, R.
2023
- **Ethnic Identity and self-esteem development among young adult refugee Teachers in Greece: A Collaborative Teaching Model** *Teachers in crisis contexts: Promising practices in teacher well-being, management, and school leadership*
Hosseini, Z., Serra, M.
Inter-agency Network for Education in Emergencies.2022: 9-12

PRESENTATIONS

- How Trauma-Informed Education Can Mitigate the Impact of War and Displacement - Comparative International Education Society (4/2019)

- Social and Emotional Competencies in the Eyes of Refugee Caregivers - Comparative International Education Society (4/2021)
- Building Interventions that Work: Trauma-Informed Social Emotional Learning - Fordham University (9/2019)
- Refugee Mental Health and Trauma Informed Care - University of San Diego School of Medicine (11/2020)