Stanford

Scarlett Diana Karakash

Clinical Associate Professor, Obstetrics & Gynecology - Maternal Fetal Medicine

CLINICAL OFFICE (PRIMARY)

- **Perinatal Diagnostic Center**

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Bio

CLINICAL FOCUS

- Maternal and Fetal Medicine

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Obstetrics & Gynecology - Maternal Fetal Medicine
- Member, Maternal & Child Health Research Institute (MCHRI)

ADMINISTRATIVE APPOINTMENTS

- Medical Director, Stanford Children's Heath, Perinatal Diagnostic Center, Salinas, Stanford Children's Health, (2024- present)
- Medical Co-Director, Mid-Coastal Perinatal Outreach Program (MCCPOP), Stanford Children's Health, (2025- present)
- Director, Stanford Perinatal Services at Natividad Hospital, Stanford Children's Health, (2021- present)

PROFESSIONAL EDUCATION

- Fellowship: Albert Einstein Medical Center Dept of Obstetrics and Gynecology (2012) NY
- Residency: Albert Einstein Medical Center Dept of Obstetrics and Gynecology (2009) NY
- Board Certification: Obstetrics and Gynecology, American Board of Obstetrics and Gynecology (2011)
- Board Certification: Maternal and Fetal Medicine, American Board of Obstetrics and Gynecology (2015)
- Medical Education: University at Buffalo School of Medicine (2005) NY

Publications

PUBLICATIONS

- **Magnesium sulfate and risk of hypoxic ischemic encephalopathy in a high-risk cohort.** *American journal of obstetrics and gynecology*
  Minor, K. C., Liu, J., Druzin, M. L., El-Sayed, Y. Y., Hintz, S. R., Bonifacio, S. L., Leonard, S. A., Lee, H. C., Profit, J., Karakash, S. D.
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- **A Case of an Obstructed Delivery by a Large, Lower Uterine Segment Fibroid Interlocked with a Fetal Mentum.** *AJP reports*
  Miller, S. E., Miller, H. E., Waldrop, A. R., Karakash, S. D., Shaw, K. A.

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- **Measuring Variation in Interpregnancy Interval: Identifying Hotspots for Improvement Initiatives.** *American journal of perinatology*
  Karakash, S. D., Main, E. K., Chang, S. C., Shaw, G. M., Stevenson, D. K., Gould, J. B.
  2021
- **Preterm birth outcomes among Asian women by maternal place of birth.** *Journal of perinatology : official journal of the California Perinatal Association*
  Girsen, A. I., Mayo, J. A., Datoc, I. A., Karakash, S. n., Gould, J. B., Stevenson, D. K., El-Sayed, Y. Y., Shaw, G. M.
  2020
- **A Synoptic Electronic Order Set for Placental Pathology: A Framework Extensible to Nonneoplastic Pathology.** *Journal of pathology informatics*
  Cimic, A. n., Mironova, M. n., Karakash, S. n., Sirintrapun, S. J.
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- **Physician Work-Life Integration: Challenges and Strategies for Improvement** *CLINICAL OBSTETRICS AND GYNECOLOGY*
  Karakash, S., Solone, M., Chavez, J., Shanafelt, T.
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- **Physician Work-Life Integration: Challenges and Strategies for Improvement.** *Clinical obstetrics and gynecology*
  Karakash, S., Solone, M., Chavez, J., Shanafelt, T.
  2019
- **Cerclage Location and Gestational Age at Delivery.** *AJP reports*
  Estrada, F., Karakash, S., SeeToe, T., Weedon, J., Minkoff, H.
  2019; 9 (2): e195–e199
- **Preterm birth occurrence among Asian women relative to their place of birth**
  Girsen, A., Mayo, J. A., Datoc, I., Karakash, S., El-Sayed, Y. Y., Shaw, G. M.
  MOSBY-ELSEVIER.2019: S352
- **Human Metapneumovirus Infection and Acute Respiratory Distress Syndrome During Pregnancy** *OBSTETRICS AND GYNECOLOGY*
  Fuchs, A., McLaren, R., Saunders, P., Karakash, S., Minkoff, H.
  2017; 130 (3): 630–32
- **Fetal proximal humeral epiphysis as an indicator of term gestation in different ethnic groups** *JOURNAL OF MATERNAL-FETAL & NEONATAL MEDICINE*
  Garg, D., Homel, P., Hirachan, T., Mor, A., Patel, K., Karakash, S., Haberman, S.
  2017; 30 (20): 2505–9
- **Please put on your own oxygen mask before assisting others: a call to arms to battle burnout** *AMERICAN JOURNAL OF OBSTETRICS AND GYNECOLOGY*
  Atallah, F., McCalla, S., Karakash, S., Minkoff, H.
  2016; 215 (6): 731-+
- **Patterns of Internet Use by Pregnant Women, and Reliability of Pregnancy-Related Searches** *MATERNAL AND CHILD HEALTH JOURNAL*
  Narasimhulu, D., Karakash, S., Weedon, J., Minkoff, H.
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- **Resolution of superimposed pre-eclampsia, and improvement in umbilical artery flow in a surviving twin after intrauterine demise of its co-twin** *JOURNAL OF OBSTETRICS AND GYNAECOLOGY RESEARCH*
  Narasimhulu, D. M., Karakash, S., Rankin, L., Minkoff, H.
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