

Stanford



Erica P. Cahill MD

Clinical Associate Professor, Obstetrics & Gynecology

 NIH Biosketch available Online

CLINICAL OFFICES

- **Stanford Gynecology Clinic**

900 Blake Wilbur Dr

Garden Level

Palo Alto, CA 94304

Tel (650) 725-6079

Fax (650) 723-7737

- **Obstetrics Clinic**

770 Welch Rd Ste 201

MC 5880

Palo Alto, CA 94304

Tel (650) 498-4069

Fax (650) 723-7737

Bio

BIO

Erica P. Cahill, MD, MS(c), is a Clinical Assistant Professor of Obstetrics and Gynecology and Complex Family Planning at Stanford University. She is the Co-Director of the Medical Students Reproductive Health Block, the Assistant Fellowship Director for the Fellowship in Complex Family Planning and the Ryan Program Director for the Stanford Ob-Gyn Residency. She is also the Director of the Complex Family Planning Section in Gynecology.

She graduated from Wesleyan University with a BA in Neuroscience and Behavior. After college, she worked at Massachusetts General Hospital Center for Women's Mental Health on clinical trials involving neuroendocrine disorders during pregnancy and menopause. She subsequently earned her MD from The University of Vermont and completed her residency in Obstetrics and Gynecology at The George Washington University Hospital. She completed a Fellowship in Complex Family Planning and a Masters in Epidemiology here at Stanford.

Her research interests include addressing health disparities in perinatal and reproductive health through education and technology, including AntiRacism reproductive health work, trauma-informed care education, and increasing access to safe abortion care. She is committed to creating and supporting medically accurate reproductive policy. She enjoys teaching residents, medical students, and undergraduates as part of her practice. She has previously co-hosted a reproductive health podcast called The V Word and is active on social media as @dmericaobgyn

CLINICAL FOCUS

- Obstetrics and Gynecology
- Complex Family Planning

- Preconception Care
- LGBTQ plus Reproductive Care
- Menopause Transition Care
- Sexual Health Care
- Trauma Informed Care

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Obstetrics & Gynecology
- Member, Maternal & Child Health Research Institute (MCHRI)

ADMINISTRATIVE APPOINTMENTS

- Assistant Program Director, Stanford OB-GYN Clerkship Rotation, (2022- present)
- Block Director, Reproductive Health Block, Stanford School of Medicine, (2020- present)
- Assistant Fellowship Director, Fellowship in Complex Family Planning, (2020- present)
- Ryan Program Director, Stanford University, (2020- present)
- Gynecology Rotation Director, Stanford Residency in Obstetrics and Gynecology, (2020- present)
- Complex Family Planning Elective, Stanford Gynecology, (2021- present)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, District IX Committee for Underserved Women (starting 2021), American College of Obstetricians and Gynecologists (2013 - present)
- Member, Education Committee, Society of Family Planning (SFP) (2016 - present)
- Member, American Society of Reproductive Medicine (ASRM) (2018 - present)
- Fellow, American Board of Obstetrics and Gynecology (ABOG) (2020 - present)

PROFESSIONAL EDUCATION

- Board Certification: Obstetrics and Gynecology, American Board of Obstetrics and Gynecology (2020)
- MS, Stanford University , Clinical Epidemiology (2019)
- Fellowship: Stanford University Family Planning Fellowship (2019) CA
- Residency: George Washington University School of Medicine and Health Sciences (2017) DC
- Medical Education: University of Vermont College of Medicine (2013) VT

COMMUNITY AND INTERNATIONAL WORK

- Reproductive Health Education with Loom

Research & Scholarship

RESEARCH INTERESTS

- Assessment, Testing and Measurement
- Gender Issues
- Parents and Family Issues
- Poverty and Inequality
- Race and Ethnicity
- Science Education

CURRENT RESEARCH AND SCHOLARLY INTERESTS

reproductive and sexual health care and education

Teaching

COURSES

2023-24

- Science of Medicine II-B: INDE 222B (Aut)

2022-23

- Science of Medicine II-B: INDE 222B (Aut)

2021-22

- Perspectives on the Abortion Experience in Western Fiction: OBGYN 81Q (Spr)
- Science of Medicine II-B: INDE 222B (Aut)

GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Epidemiology (Masters Program)

Publications

PUBLICATIONS

- **Adding a COX-2 inhibitor improves efficacy of emergency contraception.** *Lancet (London, England)*
Cahill, E. P.
2023
- **Lactational Amenorrhea Method for Postpartum Contraception: a content analysis of YouTube videos.** *American journal of obstetrics & gynecology MFM*
Henkel, A., Rice, K. P., Parameshwar, P. S., Cahill, E. P.
2023; 101122
- **The cost of loss: a secret shopper survey of mortuary disposition of fetal remains** *AMERICAN JOURNAL OF OBSTETRICS & GYNECOLOGY MFM*
Henkel, A., Burns, R. M., Spach, N. C., Cahill, E. P.
2023; 5 (7)
- **Cabergoline for Lactation Inhibition After Second-Trimester Abortion or Pregnancy Loss: A Randomized Controlled Trial.** *Obstetrics and gynecology*
Henkel, A., Johnson, S. A., Reeves, M. F., Cahill, E. P., Blumenthal, P. D., Shaw, K. A.
2023; 141 (6): 1115-1123
- **New Gaps and Urgent Needs in Graduate Medical Education and Training in Abortion.** *Academic medicine : journal of the Association of American Medical Colleges*
Beasley, A. D., Olatunde, A., Cahill, E. P., Shaw, K. A.
2023
- **The ongoing crisis of abortion care education and training in the United States.** *Current opinion in obstetrics & gynecology*
Cahill, E. P., Meza, P. K.
2022; 34 (6): 373-378
- **Impact of a Potential 20-Week Abortion Ban on Likelihood of Completing Required Views in Second-Trimester Fetal Anatomy Ultrasound.** *American journal of perinatology*
Henkel, A., Beshar, I., Cahill, E. P., Blumenfeld, Y. J., Chueh, J., Shaw, K. A.
2022
- **The Cost of Loss: A Secret-Shopper Survey of Mortuary Disposition of Fetal Remains**
Burns, R., Henkel, A., Cahill, E.

LIPPINCOTT WILLIAMS & WILKINS.2022: 53S

- **Potential candidate for oral pericoital contraception: evaluating ulipristal acetate plus cyclo-oxygenase-2 inhibitor for ovulation disruption.** *BMJ sexual & reproductive health*
Cahill, E. P., Lerma, K., Shaw, K. A., Blumenthal, P. D.
2022
- **Trauma-informed abortion care.** *Current opinion in obstetrics & gynecology*
Cahill, E. P., Doyle, A.
2021; 33 (6): 453-457
- **Socioeconomic Differences Persist in Use of Permanent versus Long-Acting Reversible Contraception: An Analysis of the National Survey for Family Growth, 2006-2010 versus 2015-2017.** *Contraception*
Beshar, I., So, J., Chelvakumar, M., Cahill, E. P., Shaw, K. A., Shaw, J. G.
2020
- **Advances in contraception research and development.** *Current opinion in obstetrics & gynecology*
Cahill, E. P., Kaur, S.
2020
- **Sociodemographic Trends in Long Acting Reversible Contraception vs. Female Sterilization, 2006-2017**
Beshar, I. B., Chelvakumar, M., So, J., Cahill, E. P., Shaw, K. A., Shaw, J. G.
LIPPINCOTT WILLIAMS & WILKINS.2020: 100S
- **Self-managed abortion.** *Current opinion in obstetrics & gynecology*
Conti, J., Cahill, E. P.
2019; 31 (6): 435-40
- **Barriers to Completing Second-trimester Antenatal Screening: A Retrospective Cohort Study**
Beshar, I., Henkel, A., Cahill, E., Josh, Y., Shaw, K.
LIPPINCOTT WILLIAMS & WILKINS.2019: 25S
- **Misoprostol as an Adjunct to Overnight Osmotic Dilators Prior to Second Trimester Dilation and Evacuation: A Systematic Review and Meta-Analysis.** *Contraception*
Cahill, E. P., Henkel, A. n., Shaw, J. G., Shaw, K. A.
2019
- **Pericoital contraception.** *Current opinion in obstetrics & gynecology*
Cahill, E. P., Blumenthal, P. D.
2018; 30 (6): 400-406
- **Pericoital contraception** *CURRENT OPINION IN OBSTETRICS & GYNECOLOGY*
Cahill, E. P., Blumenthal, P. D.
2018; 30 (6): 400-406
- **Postpartum intrauterine devices: clinical and programmatic review** *AMERICAN JOURNAL OF OBSTETRICS AND GYNECOLOGY*
Goldthwaite, L. M., Cahill, E. P., Voedisch, A. J., Blumenthal, P. D.
2018; 219 (3): 235-41
- **Postpartum intrauterine devices: Clinical and programmatic review.** *American journal of obstetrics and gynecology*
Goldthwaite, L. M., Cahill, E. P., Voedisch, A. J., Blumenthal, P. D.
2018
- **Abortion in the media.** *Current opinion in obstetrics & gynecology*
Conti, J. A., Cahill, E. n.
2017; 29 (6): 427-30