



## Tamara Montacute

Clinical Assistant Professor, Medicine - Primary Care and Population Health

### CLINICAL OFFICES

- **Stanford Family Medicine**

211 Quarry Rd Ste 405

MC 5985

Palo Alto, CA 94304

**Tel** (650) 498-9000      **Fax** (650) 498-7750

### Bio

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#### BIO

Tamara Kailoa Montacute is a board certified Family Medicine physician. She enjoys taking care of the entire family (including kids), and has special interest in women's health, adolescent health, preventative health, integrative & alternative medicine, chronic disease management, mental health, and travel medicine. She also speaks Spanish!

She was born in New Zealand, grew up in England and moved to Seattle when she was twelve. Prior to attending medical school at Stanford, she completed her Masters in Public Health at Columbia University and spent several years working on public health programs in Mexico, Panama, Ethiopia and Rwanda. After medical school, she completed a Family Medicine Residency at O'Connor Hospital in San Jose.

Outside the clinic, she enjoys hiking, biking, knitting, cooking, gardening, reading, doing yoga, running with her dogs and traveling.

#### CLINICAL FOCUS

- Family Medicine

#### ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Primary Care and Population Health

#### ADMINISTRATIVE APPOINTMENTS

- Minor Procedure Service Co-Lead, Stanford Family Medicine, (2017- present)
- Co-Director, Arbor Student Run Free Clinics, (2016- present)

#### BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, Society of Teachers of Family Medicine (2013 - present)
- Member, American Academy of Family Physicians (2013 - present)

## PROFESSIONAL EDUCATION

- Residency: O'Connor Hospital (2016) CA
- Board Certification, Family Medicine, American Board of Family Medicine (2016)
- Integrative Med Certificate, Arizona Center of Integrative Medicine (2016)
- Residency, San Jose - O'Connor Family Medicine Residency Program , O'Connor-Stanford Leaders in Education Pathway (2016)
- Medical Education, Stanford Medical School , Community Health Scholarly Concentration (2013)
- Masters in Public Health, Mailman School of Public Health, Columbia University , Environmental Health Sciences, Global Health Track (2008)
- Bachelor of Arts, Barnard College, Columbia University , Major: Environmental Science, Minor: Biology (2005)

## COMMUNITY AND INTERNATIONAL WORK

- Cardinal Free Clinics, Arbor

## Teaching

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### COURSES

#### 2020-21

- Clinical Skills for Patient Care in Free Clinics: MED 241 (Spr)
- Preparation for Early Clinical Experience at the Cardinal Free Clinics: MED 181 (Win)
- Walk With Me: A Patient & Family Centered Exploration of Health & The Health Care System: INDE 290B (Win)
- Walk With Me: A Patient & Family Centered Exploration of Health & The Health Care System: INDE 290C (Spr)
- Walk With Me: A Patient and Family Centered Exploration of Health & The Health Care System: INDE 290A (Aut)

#### 2019-20

- Clinical Skills for Patient Care in Free Clinics: MED 241 (Spr)
- Early Clinical Experience at the Cardinal Free Clinics: MED 182, MED 282 (Aut, Win, Spr)
- Preparation for Early Clinical Experience at the Cardinal Free Clinics: MED 181 (Win)
- Primary Care Defined: Perspective and Procedures: FAMMED 215 (Aut)

#### 2018-19

- A Patient & Family Centered Exploration of Health & The Health Care System Practicum: INDE 291 (Spr)
- Clinical Skills for Patient Care in Free Clinics: MED 241 (Win, Spr)
- Early Clinical Experience at the Cardinal Free Clinics: MED 182, MED 282 (Aut, Win, Spr, Sum)
- Preparation for Early Clinical Experience at the Cardinal Free Clinics: MED 181 (Win)
- Walk With Me: A Patient & Family Centered Exploration of Health & The Health Care System: INDE 290C, PAS 280C (Spr)
- Walk With Me: A Patient and Family Centered Exploration of Health & The Health Care System: INDE 290A, PAS 280A (Aut)

#### 2017-18

- Clinical Skills for Patient Care in Free Clinics: MED 241 (Win, Spr)
- Early Clinical Experience at the Cardinal Free Clinics: MED 182, MED 282 (Aut, Spr, Sum)
- Preparation for Early Clinical Experience at the Cardinal Free Clinics: MED 181 (Win)
- Team Leadership in the Cardinal Free Clinics I: MED 184, MED 284 (Aut, Win)

## Publications

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### PUBLICATIONS

- **Impact of a Family Medicine Minor Procedure Service on Cost of Care for a Health Plan.** *Family medicine*  
Nelligan, I., Montacute, T., Browne, M., Lin, S.  
2020; 52 (6): 417–21
- **Qualities of Resident Teachers Valued by Medical Students** *FAMILY MEDICINE*  
Montacute, T., Teng, V. C., Yu, G. C., Schillinger, E., Lin, S.  
2016; 48 (5): 381-384
- **Galvanizing medical students in the administration of influenza vaccines: the Stanford Flu Crew.** *Advances in medical education and practice*  
Rizal, R. E., Mediratta, R. P., Xie, J., Kambhampati, S., Hills-Evans, K., Montacute, T., Zhang, M., Zaw, C., He, J., Sanchez, M., Pischel, L.  
2015; 6: 471-477

### PRESENTATIONS

- The Stanford Medical Student Influenza Prevention Program: a model for vaccine education and clinical experience for medical students. - American Medical Student Association Conference (3/9/2012)
- Amaranth, Agriculture and Community Health: Co-Designing Nutritional Monitoring and Evaluation with Puente a la Salud Comunitaria. - Stanford Annual Community Health Symposium (10/1/2010)
- Residents as Teachers: Qualities Valued and Impact of a Clinician Educator Track - American Academy of Family Physicians (2014)
- Communication Challenges in Clinic: Student Perspectives - Society of Teachers of Family Medicine Conference on Medical Education (2013)