

Stanford



Sejal Shah

Clinical Assistant Professor, Pediatrics - Endocrinology and Diabetes

 Curriculum Vitae available Online

CLINICAL OFFICE (PRIMARY)

- **Mary L Johnson Specialty Services**

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ACADEMIC CONTACT INFORMATION

- **Alternate Contact**

Ofelia Gutierrez - Senior Administrator

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Bio

CLINICAL FOCUS

- Pediatric Endocrinology & Diabetes
- Pediatric Endocrinology

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Pediatrics - Endocrinology and Diabetes
- Member, Maternal & Child Health Research Institute (MCHRI)

ADMINISTRATIVE APPOINTMENTS

- Clinical Instructor/Clinician Educator, Pediatric Endocrinology & Diabetes, (2012- present)

HONORS AND AWARDS

- LPCH Endowed Clinical Fellow in Endocrinology, Stanford University (2009-2010)
- Stanford Society of Physician Scholars, Member, Stanford University (2010-present)
- Dean's Postdoctoral Fellowship Award, Stanford University (2010-2011)
- Pediatric Sponsored Fellowship Award - Siegelman Award, Stanford University (2010-2012)

PROFESSIONAL EDUCATION

- Fellowship: Stanford University Pediatric Endocrinology Fellowship (2012) CA
- Medical Education: Northwestern University Feinberg School of Medicine (2005) IL
- Board Certification: Pediatric Endocrinology, American Board of Pediatrics (2013)
- Internship: Rainbow Babies And Childrens (2006) OH
- Residency: Rainbow Babies And Childrens (2008) OH
- Board Certification, American Board of Pediatrics , General Pediatrics (2008)

LINKS

- Divisonal Site: <http://dped.stanford.edu>

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

My primary research interest is evaluating whether vitamin D supplementation can positively affect consequences of the metabolic syndrome in overweight and obese adolescents. Other research interests include evaluating the efficacy and biochemical profiles of various types of estrogen replacement in adolescent females.

CLINICAL TRIALS

- Comparison of Transdermal and Oral Estrogens in Adolescent Girls With Ovarian Failure, Not Recruiting
- Effect of Vitamin D Supplementation on Inflammation and Cardiometabolic Risk Factors in Obese Adolescents, Not Recruiting
- Use of Continuous Glucose Monitors in Publicly-Insured Youth With Type 2 Diabetes - A Pilot and Feasibility Study, Not Recruiting

Publications

PUBLICATIONS

- **Adrenoleukodystrophy: Guidance for Adrenal Surveillance in Males Identified by Newborn Screen.** *The Journal of clinical endocrinology and metabolism*
Regelmann, M. O., Kamboj, M., Miller, B. S., Nakamoto, J. M., Sarafoglou, K., Shah, S., Stanley, T. L., Marino, R., Pediatric Endocrine Society Drug and Therapeutics & Rare Disorders Committee
2018
- **Large Doses of Vitamin D Fail to Increase 25-Hydroxyvitamin D Levels or to Alter Cardiovascular Risk Factors in Obese Adolescents: A Pilot Study.** *journal of adolescent health*
Shah, S., Wilson, D. M., Bachrach, L. K.
2015; 57 (1): 19-23
- **A randomized trial of transdermal and oral estrogen therapy in adolescent girls with hypogonadism.** *International journal of pediatric endocrinology*
Shah, S., Forghani, N., Durham, E., Neely, E. K.
2014; 2014 (1): 12-?
- **The Impact of Telehealth Adoption During COVID-19 Pandemic on Patterns of Pediatric Subspecialty Care Utilization** *ACADEMIC PEDIATRICS*
Cahan, E. M., Maturi, J., Bailey, P., Fernandes, S., Addala, A., Kibrom, S., Krissberg, J. R., Smith, S. M., Shah, S., Wang, E., Saynina, O., Wise, P. H., Chamberlain, et al
2022; 22 (8): 1375-1383
- **Closing Disparities in Pediatric Diabetes Telehealth Care: Lessons From Telehealth Necessity During the COVID-19 Pandemic.** *Clinical diabetes : a publication of the American Diabetes Association*
Pralhalad, P., Leverenz, B., Freeman, A., Grover, M., Shah, S., Conrad, B., Morris, C., Stafford, D., Lee, T., Pageler, N., Maahs, D. M.
2022; 40 (2): 153-157
- **DKA PATHWAY TO KEEP ERRORS AT BAY: STANDARDIZING DKA MANAGEMENT IN A PICU**
Moss, J., Giese-Kim, N., Margossian, S., Dorwart, E., Kache, S., Shah, S.
LIPPINCOTT WILLIAMS & WILKINS.2022: 632
- **Heterogeneity in the Impact of the COVID-19 Pandemic on Disparities in Pediatric Endocrine Care**
Addala, A., Shah, S., Saynina, O., Wise, P., Chamberlain, L.
KARGER.2021: 51-52
- **Adrenal Suppression from Topical and Subconjunctival Steroids after Pediatric Cataract Surgery.** *Ophthalmology*
Lambert, S. R., Shah, S.
2018; 125 (10): 1644-45
- **A randomized trial of transdermal and oral estrogen therapy in adolescent girls with hypogonadism** *INTERNATIONAL JOURNAL OF PEDIATRIC ENDOCRINOLOGY*

Shah, S., Forghani, N., Durham, E., Neely, E.
2014

- **Effectiveness of Early Intensive Therapy on beta-Cell Preservation in Type 1 Diabetes** *DIABETES CARE*
Buckingham, B., Beck, R. W., Ruedy, K. J., Cheng, P., Kollman, C., Weinzimer, S. A., Dimeglio, L. A., Bremer, A. A., Slover, R., Tamborlane, W. V.
2013; 36 (12): 4030-4035
- **Newborn with prenatally diagnosed choroidal fissure cyst and panhypopituitarism and review of the literature.** *AJP reports*
Chitkara, R., Rajani, A., Bernstein, J., Shah, S., Hahn, J. S., Barnes, P., Hintz, S. R.
2011; 1 (2): 111-114
- **Newborn with Prenatally Diagnosed Choroidal Fissure Cyst and Panhypopituitarism and Review of the Literature** *AJP REPORTS*
Chitkara, R., Rajani, A., Bernstein, J., Shah, S., Hahn, J. S., Barnes, P., Hintz, S. R.
2011; 1 (2): 111-14
- **Interaction of PIMT with transcriptional coactivators CBP, p300, and PBP differential role in transcriptional regulation** *JOURNAL OF BIOLOGICAL CHEMISTRY*
Misra, P., Qi, C., Yu, S. T., Shah, S. H., Cao, W. Q., Rao, M. S., Thimmapaya, B., Zhu, Y. J., Reddy, J. K.
2002; 277 (22): 20011-20019