

# Stanford

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## Mehak Chopra

Clinical Assistant Professor, Psychiatry and Behavioral Sciences

### CLINICAL OFFICE (PRIMARY)

- **General Psychiatry Clinic**

401 Quarry Rd

MC 5717

Stanford, CA 94305

**Tel** (650) 498-9111

**Fax** (650) 724-9900

### Bio

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#### BIO

Her expertise lies in treating special populations such as athletes and students. She has also had training in dealing with cultural psychiatry issues. She has been trained to treat students with a variety of mental health issues – ADHD, Bipolar disorder, schizophrenia, eating disorders, insomnia, mood disorder and personality disorders.

#### CLINICAL FOCUS

- Psychiatry
- Student Population
- Athletes

#### ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences

#### PROFESSIONAL EDUCATION

- Board Certification: Psychiatry, American Osteopathic Board of Neurology and Psychiatry (2023)
- Fellowship: Stanford University Psychiatry and Behavioral Sciences (2018) CA
- Residency: Stony Brook University School of Medicine (2017) NY
- Medical Education: Lake Erie College of Osteopathic Medicine (2013) PA

### Publications

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#### PUBLICATIONS

- **National Trends in College Mental Health** *College Psychiatry: Strategies to Improve Access to Mental Health*  
Alexander, A., Siegel, S., Chopra, M.  
2021
- **Special Populations: College and University Students** *INTERVENING EARLY IN PSYCHOSIS: A TEAM APPROACH*  
Hardy, K. V., Ballon, J. S., Chopra, M., Noordsy, D. L., Hardy, K. V., Ballon, J. S., Noordsy, D. L., Adelsheim, S.

