

# Stanford

---



## Sara Kemper (Eppler) MPH

Research Manager, Orthopaedic Surgery

### Publications

---

#### PUBLICATIONS

- **Decision Making and Cost in Healthcare: The Patient Perspective.** *Journal of surgical orthopaedic advances*  
Lindsay, S. E., Alokozai, A., Eppler, S. L., Yao, J., Morris, A., Kamal, R. N.  
2023; 32 (1): 23-27
- **Patient-Derived Framework for Quality in Hand Surgery: A Qualitative Analysis.** *The Journal of hand surgery*  
Park, M. O., Eppler, S. L., Chatterjee, M., Shapiro, L. M., Hand Surgery Quality Consortium, Kamal, R. N., Kamal, R. N., Harris, A. H., Kakar, S., Blazar, P., Akelman, E., Got, C., Ruch, D., et al  
2022
- **Health Literacy and Patient Participation in Shared Decision-Making in Orthopedic Surgery** *ORTHOPEDICS*  
Mertz, K., Eppler, S., Shah, R., Yao, J., Steffner, R., Safran, M., Hu, S., Chou, L., Amanatullah, D. F., Kamal, R. N.  
2022; 45 (4): 227-232
- **Do Patients Want to be Involved in Their Carpal Tunnel Surgery Decisions? A Multicenter Study.** *The Journal of hand surgery*  
Roe, A. K., Eppler, S. L., Kakar, S., Akelman, E., Got, C. J., Blazar, P. E., Ruch, D. S., Richard, M. J., Yao, J., Kamal, R. N.  
2022
- **Barriers and Facilitators of Outcome Collection During Hand Surgery Outreach: A Quality Improvement Study.** *Hand (New York, N.Y.)*  
Shapiro, L. M., Dinh, M. P., Fox, P. M., Richard, M. J., Eppler, S. L., Kamal, R. N.  
2021: 15589447211003183
- **Understanding the Patient Experience: Analysis of 2-Word Assessment and Its Relationship to Likelihood to Recommend in Outpatient Hand Surgery.** *Hand (New York, N.Y.)*  
Shapiro, L. M., Thomas, K. A., Eppler, S. L., Behal, R. n., Yao, J. n., Kamal, R. N.  
2021: 1558944720988078
- **Does a Question Prompt List Improve Perceived Involvement in Care in Orthopaedic Surgery Compared with the AskShareKnow Questions? A Pragmatic Randomized Controlled Trial.** *Clinical orthopaedics and related research*  
Mariano, D. J., Liu, A., Eppler, S. L., Gardner, M. J., Hu, S., Safran, M., Chou, L., Amanatullah, D. F., Kamal, R. N.  
2020
- **The Patient Perspective on Patient-Reported Outcome Measures Following Elective Hand Surgery: A Convergent Mixed-Methods Analysis.** *The Journal of hand surgery*  
Shapiro, L. M., Eppler, S. L., Roe, A. K., Morris, A., Kamal, R. N.  
2020
- **The Importance of Concordance Between Patients and Their Subspecialists** *ORTHOPEDICS*  
Shah, R. F., Mertz, K., Gil, J. A., Eppler, S. L., Amanatullah, D., Yao, J., Chou, L., Steffner, R., Safran, M., Hu, S. S., Kamal, R. N.  
2020; 43 (5): 315-+
- **A Simple Goal Elicitation Tool Improves Shared Decision Making in Outpatient Orthopedic Surgery: A Randomized Controlled Trial.** *Medical decision making : an international journal of the Society for Medical Decision Making*

- Mertz, K., Shah, R. F., Eppler, S. L., Yao, J., Safran, M., Palanca, A., Hu, S. S., Gardner, M., Amanatullah, D. F., Kamal, R. N.  
2020: 272989X20943520
- **Development and Testing of a Question Prompt List for Common Hand Conditions: An Exploratory Sequential Mixed-Methods Study.** *The Journal of hand surgery*  
Satteson, E. S., Roe, A. K., Eppler, S. L., Yao, J., Shapiro, L. M., Kamal, R. N.  
2020
  - **Maximization Personality, Disability and Symptoms of Psychosocial Disease in Hand Surgery Patients.** *Journal of surgical orthopaedic advances*  
Gire, J., Alokozai, A., Sheikholeslami, N., Lindsay, S., Eppler, S. L., Kamal, R. N.  
2020; 29 (2): 106–11
  - **Deciding Without Data: Clinical Decision Making in Pediatric Orthopaedic Surgery.** *International journal for quality in health care : journal of the International Society for Quality in Health Care*  
Nathan, K. n., Uzosike, M. n., Sanchez, U. n., Karius, A. n., Leyden, J. n., Nicole, S. n., Sara, E. n., Hastings, K. G., Kamal, R. n., Frick, S. n.  
2020
  - **Patient Willingness to Pay for Faster Return to Work or Smaller Incisions.** *Hand (New York, N.Y.)*  
Alokozai, A., Lindsay, S. E., Eppler, S. L., Fox, P. M., Ladd, A. L., Kamal, R. N.  
2019: 1558944719890039
  - **Clinical Care Redesign to Improve Value for Trigger Finger Release: A Before-and-After Quality Improvement Study.** *Hand (New York, N.Y.)*  
Burn, M. B., Shapiro, L. M., Eppler, S. L., Behal, R., Kamal, R. N.  
2019: 1558944719884661
  - **The Usability and Feasibility of Conjoint Analysis to Elicit Preferences for DistalRadius Fractures in Patients 55Years andOlder.** *The Journal of hand surgery*  
Shapiro, L. M., Eppler, S. L., Baker, L. C., Harris, A. S., Gardner, M. J., Kamal, R. N.  
2019
  - **Financial Distress Is Associated With Delay in Seeking Care for Hand Conditions.** *Hand (New York, N.Y.)*  
Zhuang, T., Eppler, S. L., Shapiro, L. M., Roe, A. K., Yao, J., Kamal, R. N.  
2019: 1558944719866889
  - **The Role of Patient Research in Patient Trust in Their Physician JOURNAL OF HAND SURGERY-AMERICAN VOLUME**  
Lu, L. Y., Sheikholeslami, N., Alokozai, A., Eppler, S. L., Kamal, R. N.  
2019; 44 (7): 617-+
  - **The Association of Financial Distress With Disability in Orthopaedic Surgery.** *The Journal of the American Academy of Orthopaedic Surgeons*  
Mertz, K., Eppler, S. L., Thomas, K., Alokozai, A., Yao, J., Amanatullah, D. F., Chou, L., Wood, K. B., Safran, M., Steffner, R., Gardner, M., Kamal, R. N.  
2019; 27 (11): e522–e528
  - **The Feasibility and Usability of a Ranking Tool to Elicit Patient Preferences for the Treatment of Trigger Finger JOURNAL OF HAND SURGERY-AMERICAN VOLUME**  
Shapiro, L. M., Eppler, S. L., Kamal, R. N.  
2019; 44 (6): 480-+
  - **Defining Quality in Hand Surgery From the Patient's Perspective: A Qualitative Analysis JOURNAL OF HAND SURGERY-AMERICAN VOLUME**  
Eppler, S. L., Kakar, S., Sheikholeslami, N., Sun, B., Pennell, H., Kamal, R. N.  
2019; 44 (4): 311-+
  - **Variations in Utilization of Carpal Tunnel Release Among Medicaid Beneficiaries JOURNAL OF HAND SURGERY-AMERICAN VOLUME**  
Zhuang, T., Eppler, S. L., Kamal, R. N.  
2019; 44 (3): 192–200
  - **National Trends in the Diagnosis of CRPS after Open and Endoscopic Carpal Tunnel Release.** *Journal of wrist surgery*  
Mertz, K. n., Trunzter, J. n., Wu, E. n., Barnes, J. n., Eppler, S. L., Kamal, R. N.  
2019; 8 (3): 209–14
  - **Can the QuickDASH PROM be Altered by First Completing the Tasks on the Instrument?** *Clinical orthopaedics and related research*  
Shapiro, L. M., Harris, A. H., Eppler, S. L., Kamal, R. N.

2019

- **Patient Preferences for Shared Decision Making: Not All Decisions Should Be Shared.** *The Journal of the American Academy of Orthopaedic Surgeons*  
E Lindsay, S. n., Alokozai, A. n., Eppler, S. L., Fox, P. n., Curtin, C. n., Gardner, M. n., Avedian, R. n., Palanca, A. n., Abrams, G. D., Cheng, I. n., Kamal, R. N.  
2019
- **Patients Should Define Value in Health Care: A Conceptual Framework** *JOURNAL OF HAND SURGERY-AMERICAN VOLUME*  
Kamal, R. N., Lindsay, S. E., Eppler, S. L.  
2018; 43 (11): 1030–34
- **Patient Perceptions Correlate Weakly With Observed Patient Involvement in Decision-making in Orthopaedic Surgery** *CLINICAL ORTHOPAEDICS AND RELATED RESEARCH*  
Mertz, K., Eppler, S., Yao, J., Amanatullah, D. F., Chou, L., Wood, K. B., Safran, M., Steffner, R., Gardner, M., Kamal, R.  
2018; 476 (9): 1859–65
- **Complication rates by surgeon type after open treatment of distal radius fractures.** *European journal of orthopaedic surgery & traumatology : orthopédie traumatologie*  
Truntzer, J., Mertz, K., Eppler, S., Li, K., Gardner, M., Kamal, R.  
2018