

Stanford



Ananta Addala

Instructor, Pediatrics - Endocrinology and Diabetes

CLINICAL OFFICES

- **Pediatric Endocrinology**

300 Pasteur Dr Rm G313

MC 5208

Stanford, CA 94305

Tel (650) 723-5791

Fax (650) 725-8375

Bio

BIO

I am a physician scientist addressing disparities in type 1 diabetes (T1D) management and outcomes. My research interests are at the intersection of T1D and inequities evaluating system-level and individual-level contributors to T1D disparities. My longstanding research and clinical interests are to promote equitable care for youth with T1D informed by the biological, social, psychological, and systemic determinants of health.

CLINICAL FOCUS

- Diabetes and Metabolism
- Endocrinology

ACADEMIC APPOINTMENTS

- Instructor, Pediatrics - Endocrinology and Diabetes

PROFESSIONAL EDUCATION

- Fellowship: Stanford University Pediatric Endocrinology Fellowship (2020) CA
- Residency: LACplusUSC Pediatric Residency (2017) CA
- Board Certification: Pediatrics, American Board of Pediatrics (2016)
- Medical Education: University of New England College of Osteopathic Medicine (2013) ME

Publications

PUBLICATIONS

- **A Decade of Disparities in Diabetes Technology Use and HbA1c in Pediatric Type 1 Diabetes: A Transatlantic Comparison.** *Diabetes care* Addala, A., Auzanneau, M., Miller, K., Maier, W., Foster, N., Kapellen, T., Walker, A., Rosenbauer, J., Maahs, D. M., Holl, R. W. 2020
- **Uninterrupted Continuous Glucose Monitoring Access is Associated with a Decrease in HbA1c in Youth with Type 1 Diabetes and Public Insurance.** *Pediatric diabetes*

-
- Addala, A., Maahs, D. M., Scheinker, D., Chertow, S., Leverenz, B., Prahallad, P.
2020
- **ISPAD Annual Conference 2019 Highlights.** *Pediatric diabetes*
Addala, A., March, C., Marks, B., Tommerdahl, K., Shapiro, J., Oyenusi, E., Yauch, L. M., Goethals, E. R., Ahmad, P. O., Adhami, S., Ng, M., Ehtisham, S., Agwu, et al
2020; 21 (2): 152–57
 - **Improving Clinical Outcomes in Newly Diagnosed Pediatric Type 1 Diabetes: Teamwork, Targets, Technology, and Tight Control-The 4T Study.** *Frontiers in endocrinology*
Prahallad, P., Zaharieva, D. P., Addala, A., New, C., Scheinker, D., Desai, M., Hood, K. K., Maahs, D. M.
2020; 11: 360
 - **Unintended Consequences of COVID-19: Remember General Pediatrics.** *The Journal of pediatrics*
Cherubini, V., Gohil, A., Addala, A., Zanfardino, A., Iafusco, D., Hannon, T., Maahs, D. M.
2020
 - **Gluconeogenesis and Insulin in the Ketotic Variety of Childhood Hypoglycemia and in Control Children** *JOURNAL OF PEDIATRICS*
Addala, A., Maahs, D. M.
2019; 207: 122
 - **Depression in Context: Important Considerations for Youth with Type 1 vs Type 2 Diabetes.** *Pediatric diabetes*
Wong, J. J., Addala, A., Abujaradeh, H., Adams, R. N., Barley, R. C., Hanes, S. J., Iturralde, E., Lanning, M. S., Naranjo, D., Tanenbaum, M. L., Hood, K. K.
2019
 - **CGM Initiation Soon After Type 1 Diabetes Diagnosis Results in Sustained CGM Use and Wear Time.** *Diabetes care*
Prahallad, P., Addala, A., Scheinker, D., Hood, K. K., Maahs, D. M.
2019
 - **The Interplay of Type 1 Diabetes and Weight Management: A Qualitative Study Exploring Thematic Progression from Adolescence to Young Adulthood.** *Pediatric diabetes*
Addala, A., Igudesman, D., Kahkoska, A. R., Muntis, F. R., Souris, K. J., Whitaker, K. J., Pratley, R. E., Mayer-Davis, E.
2019
 - **50 Years Ago in The Journal of Pediatrics: Gluconeogenesis and Insulin in the Ketotic Variety of Childhood Hypoglycemia and in Control Children.** *The Journal of pediatrics*
Addala, A., Maahs, D. M.
2019; 207: 122
 - **Sustained Continuous Glucose Monitor Use in Low-Income Youth with Type 1 Diabetes Following Insurance Coverage Supports Expansion of Continuous Glucose Monitor Coverage for All** *DIABETES TECHNOLOGY & THERAPEUTICS*
Prahallad, P., Addala, A., Buckingham, B., Wilson, D. M., Maahs, D. M.
2018; 20 (9): 632–34
 - **Can Real World Evidence on Body Mass Index Trajectories Inform Clinical Practice?** *The Journal of pediatrics*
Addala, A., Maahs, D. M.
2018