




Leslee L. Subak, MD

Katharine Dexter McCormick and Stanley McCormick Memorial Professor and Professor, by courtesy, of Urology

Obstetrics & Gynecology

 NIH Biosketch available Online

 Resume available Online

CLINICAL OFFICE (PRIMARY)

• Gynecology Clinic at Stanford

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ACADEMIC CONTACT INFORMATION

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Bio

BIO

Dr. Subak is a board-certified gynecologist in the Gynecology Clinic at Stanford Health Care. She is fellowship trained in urogynecology and pelvic surgery. Dr. Subak is chair of the Department of Obstetrics and Gynecology at Stanford University School of Medicine. She is also a Katharine Dexter McCormick and Stanley McCormick Memorial Professor, professor of obstetrics and gynecology and, by courtesy, of urology.

Her clinical interests include female pelvic medicine, general gynecology, and LGBTQ+ health. Dr. Subak is the founding director of the LGBTQ+ Health Program at Stanford Health Care. She is committed to providing compassionate and affirming care to people of all gender identities and sexual orientations.

Dr. Subak is an award-winning researcher who has conducted extensive studies on female reproductive health and urologic function. Her primary research focus is identifying interventions to reduce urinary incontinence in females. Her research group pioneered studies of weight loss as a treatment for incontinence. The research group also investigates novel interventions for female incontinence, such as slow-paced breathing, yoga, and mobile health apps.

Dr. Subak has published more than 100 articles in prestigious peer-reviewed journals. Most of these articles focus on urinary incontinence, the association between weight and urinary incontinence, and new treatments for urinary incontinence. Her research has appeared in journals such as the American Journal of Obstetrics and Gynecology, JAMA Internal Medicine, The Journal of Urology, and The New England Journal of Medicine. She also wrote book chapters on several topics, including the economics of urinary incontinence.

She is a member of the American College of Obstetricians and Gynecologists (ACOG), the Association of Professors of Gynecology & Obstetrics (APGO), the American Urogynecologic Society (AUGS), the Council of University Chairs of Obstetrics and Gynecology (CUCOG), and the International Continence Society (ICS). Dr. Subak has served on many committees focused on incontinence at AUGS, the National Institutes of Health (NIH), and the International Consultation on Incontinence (ICI), which is sponsored by the World Health Organization (WHO) and the ICS.

CLINICAL FOCUS

- Urogynecology
- Urogynecology and Reconstructive Pelvic Surgery

ACADEMIC APPOINTMENTS

- Professor - University Medical Line, Obstetrics & Gynecology
- Professor - University Medical Line (By courtesy), Urology
- Member, Maternal & Child Health Research Institute (MCHRI)

ADMINISTRATIVE APPOINTMENTS

- Chair, Department of Obstetrics and Gynecology, Stanford University, (2017- present)
- Katharine Dexter McCormick and Stanley McCormick Memorial Professor, Stanford University School of Medicine, (2017- present)
- Professor of Obstetrics and Gynecology and, by courtesy, of Urology, Stanford University School of Medicine, (2017- present)

HONORS AND AWARDS

- Distinction in Mentoring Award Nominee, University of California San Francisco (UCSF) Academic Senate (2015, 2016)
- Outstanding Faculty Award in Medical Student Teaching, UCSF Department of OBGYN & RS (2010, 2011, 2013, 2014)
- Women's Health Foundation Medical Activist Award, Women's Health Foundation (2009)
- Mid-Career Investigator Award in Patient Oriented Research (K24), National Institute of Diabetes and Digestive and Kidney Diseases, National Institutes of Health (2008, 2015)
- Honoree, UCSF Chancellor's Committee on the Status of Women, UCSF, Chancellor (2002)
- UCSF Women's Reproductive Health Research Career Development Scholar., National Institute of Child Health and Human Development (NICHD), NIH (2000)
- Rolex Achievement Award for outstanding career achievements and contribution to society, College Golf Foundation (1996)
- Outstanding Resident Consultant, UCSF Department of Obstetrics, Gynecology & Reproductive Science (1994)
- Julius R. Krevans Award for Clinical Excellence, UCSF (1991)
- Green Key Honor Society, Dartmouth College (1982)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, Committee on the Socio-Economic Impact of Urinary Incontinence, WHO and International Continence Society, 1st to 6th International Consultation on Incontinence (1998 - present)
- Executive Committee, NIDDK International Collaborative Research Group on Bladder Dysfunction (2003 - 2007)
- Co-Chair, NIDDK Research Symposium: Urologic Outcomes of Diabetes & Obesity (2008 - 2009)
- Member, NIH.NIDDK, Urologic Diseases in America External Expert Panel (2016 - present)
- Member, Advisory Board, UCSF-Kaiser Permanente Urological Epidemiology Research Career Development Program (K12) (2017 - present)

PROFESSIONAL EDUCATION

- Board Certified, American Board of Obstetrics and Gynecology (Diplomate) (1997)
- Fellowship: University of California San Francisco (1997) CA
- Fellowship: UCSF - Veterans Administration Medical Center (1997) CA
- Fellowship, University of California, San Francisco (UCSF) and San Francisco Veterans Affairs Medical Center (SFVAMC) , Epidemiology & Clinical Research (1997)
- Fellowship, UCSF and SFVAMC , Urogynecology and Pelvic Reconstructive Surgery (1997)
- Residency: University of California San Francisco (1995) CA

- Residency, University of California, San Francisco , Obstetrics & Gynecology (1995)
- Certificate, UCSF , Advanced Training in Clinical Research (1996)
- MD, Stanford University School of Medicine , Medicine (1991)
- AB, Dartmouth College , Earth Sciences, Economics (1983)

COMMUNITY AND INTERNATIONAL WORK

- Trustee
- Trustee

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

My multidisciplinary research program is focused on lower urinary tract function and genitourinary health in women, including (1) the effect of weight loss and physical activity on urinary incontinence (UI) and overactive bladder (OAB), (2) epidemiology of female lower urinary tract and pelvic floor disorders (UI, OAB, pelvic organ prolapse, sexual dysfunction, and fecal incontinence), (3) the association of race/ethnicity with pelvic floor disorders and their treatment, (4) development of novel treatments for UI (weight loss, yoga, slow-paced respiration, mobile health app delivery), and (5) economics, health-related quality of life, and cost-effectiveness of treatments for pelvic floor disorders.

CLINICAL TRIALS

- A Group-Based Therapeutic Yoga Intervention for Urinary Incontinence in Ambulatory Older Women, Not Recruiting
- Lessening Incontinence Through Low-impact Activity, Not Recruiting

Publications

PUBLICATIONS

- **Treating Incontinence for Underlying Mental and Physical Health (TRIUMPH): a study protocol for a multicenter, double-blinded, randomized, 3-arm trial to evaluate the multisystem effects of pharmacologic treatment strategies for urgency-predominant urinary incontinence in ambulatory older women.** *Trials*
Huang, A. J., Walter, L. C., Yaffe, K., Vittinghoff, E., Kornblith, E., Schembri, M., Chang, A., Subak, L. L.
2023; 24 (1): 287
- **Seven-Year Durability of Improvements in Urinary Incontinence After Roux-en-Y Gastric Bypass and Sleeve Gastrectomy.** *JAMA network open*
King, W. C., Hinerman, A. S., Subak, L. L.
2022; 5 (12): e2246057
- **Barriers and facilitators to overactive bladder therapy adherence.** *Neurourology and urodynamics*
Enemchukwu, E. A., Subak, L. L., Markland, A.
2022
- **Interpersonal Violence and Painful Bladder Symptoms in Community-Dwelling Midlife to Older Women** *OBSTETRICAL & GYNECOLOGICAL SURVEY*
Raphael, E., Van den Eeden, S. K., Gibson, C. J., Tonner, C., Thom, D. H., Subak, L., Huang, A. J.
2022; 77 (5): 269-271
- **Rapid Conversion of a Group-Based Yoga Trial for Diverse Older Women to Home-Based Telehealth: Lessons Learned Using Zoom to Deliver Movement-Based Interventions.** *Journal of integrative and complementary medicine*
Huang, A. J., Chesney, M. A., Schembri, M., Pawlowsky, S., Nicosia, F., Subak, L. L.
2022; 28 (2): 188-192
- **Physical Activity, Diet, and Incident Urinary Incontinence in Postmenopausal Women: Women's Health Initiative Observational Study.** *The journals of gerontology. Series A, Biological sciences and medical sciences*

- Bauer, S. R., Kenfield, S. A., Sorensen, M., Subak, L. L., Phelan, S., Gupta, L. R., Chen, B., Suskind, A. M., Park, A. J., Iglesia, C., Gass, M., Hohensee, C., Breyer, et al
2021
- **Interpersonal violence and painful bladder symptoms in community-dwelling midlife to older women.** *American journal of obstetrics and gynecology*
Raphael, E., Van Den Eeden, S. K., Gibson, C. J., Tonner, C., Thom, D. H., Subak, L., Huang, A. J.
2021
 - **Strategies for evaluating self-efficacy and observed success in the practice of yoga postures for therapeutic indications: methods from a yoga intervention for urinary incontinence among middle-aged and older women.** *BMC complementary medicine and therapies*
Nicosia, F. M., Lisha, N. E., Chesney, M. A., Subak, L. L., Plaut, T. M., Huang, A. n.
2020; 20 (1): 148
 - **A Randomized Controlled Trial of Device Guided, Slow-Paced Respiration in Women with Overactive Bladder Syndrome** *JOURNAL OF UROLOGY*
Huang, A. J., Grady, D., Mendes, W. B., Hernandez, C., Schembri, M., Subak, L. L.
2019; 202 (4): 787–94
 - **Changes in Sexual Functioning in Women and Men in the 5 Years After Bariatric Surgery** *JAMA SURGERY*
Steffen, K. J., King, W. C., White, G. E., Subak, L. L., Mitchell, J. E., Courcoulas, A. P., Flum, D. R., Strain, G., Sarwer, D. B., Kolotkin, R. L., Pories, W., Huang, A. J.
2019; 154 (6): 487–98
 - **Nocturia and sleep disruption among women with overactive bladder in a randomized trial of slow-guided respiration**
Savoie, M. B., Lee, K. A., Subak, L., Schembri, M., Hernandez, C., Fung, C., Huang, A.
WILEY.2019: S301
 - **More Similarities Than Differences? An Exploratory Analysis Comparing the Sexual Complaints, Sexual Experiences, and Genitourinary Health of Older Sexual Minority and Sexual Majority Adults.** *The journal of sexual medicine*
Obedin-Maliver, J., Lisha, N., Breyer, B. N., Subak, L. L., Huang, A. J.
2019; 16 (3): 347-350
 - **Changes in Sexual Functioning in Women and Men in the 5 Years After Bariatric Surgery.** *JAMA surgery*
Steffen, K. J., King, W. C., White, G. E., Subak, L. L., Mitchell, J. E., Courcoulas, A. P., Flum, D. R., Strain, G., Sarwer, D. B., Kolotkin, R. L., Pories, W., Huang, A. J.
2019
 - **Interpersonal Trauma as a Marker of Risk for Urinary Tract Dysfunction in Midlife and Older Women.** *Obstetrics and gynecology*
Boyd, B. A., Gibson, C. J., Van Den Eeden, S. K., McCaw, B. n., Subak, L. L., Thom, D. n., Huang, A. J.
2019
 - **Beyond the bladder: poor sleep in women with overactive bladder syndrome.** *American journal of obstetrics and gynecology*
Savoie, M. B., Lee, K. A., Subak, L. L., Hernandez, C. n., Schembri, M. n., Fung, C. H., Grady, D. n., Huang, A. J.
2019
 - **A group-based yoga program for urinary incontinence in ambulatory women: feasibility, tolerability, and change in incontinence frequency over 3 months in a single-center randomized trial.** *American journal of obstetrics and gynecology*
Huang, A. J., Chesney, M., Lisha, N., Vittinghoff, E., Schembri, M., Pawlowsky, S., Hsu, A., Subak, L.
2019; 220 (1)
 - **More Similarities Than Differences? An Exploratory Analysis Comparing the Sexual Complaints, Sexual Experiences, and Genitourinary Health of Older Sexual Minority and Sexual Majority Adults.** *The Journal of Sexual Medicine*
Obedin-Maliver, J., Lisha, N., Breyer, B., Subak, L., Huang, A.
2019; 16 (3): 347-350
 - **A Randomized Controlled Trial of Device-Guided Slow-Paced Respiration In Women with Overactive Bladder Syndrome.** *The Journal of urology*
Huang, A. J., Grady, D. n., Mendes, W. B., Hernandez, C. n., Schembri, M. n., Subak, L. L.
2019: 101097JU0000000000000328

- **Associations of Intimate Partner Violence, Sexual Assault, and Posttraumatic Stress Disorder With Menopause Symptoms Among Midlife and Older Women** *JAMA INTERNAL MEDICINE*
Gibson, C. J., Huang, A. J., McCaw, B., Subak, L. L., Thom, D. H., Van den Eeden, S. K.
2019; 179 (1): 80–87
- **A group-based yoga program for urinary incontinence in ambulatory women: feasibility, tolerability, and change in incontinence frequency over 3 months in a single-center randomized trial**
Huang, A. J., Chesney, M., Lisha, N., Vittinghoff, E., Schembri, M., Pawlowsky, S., Hsu, A., Subak, L.
MOSBY-ELSEVIER.2019
- **Associations of Intimate Partner Violence, Sexual Assault, and Posttraumatic Stress Disorder With Menopause Symptoms Among Midlife and Older Women.** *JAMA internal medicine*
Gibson, C. J., Huang, A. J., McCaw, B., Subak, L. L., Thom, D. H., Van Den Eeden, S. K.
2018
- **Effect of Group-Administered Behavioral Treatment on Urinary Incontinence in Older Women A Randomized Clinical Trial** *JAMA INTERNAL MEDICINE*
Diokno, A. C., Newman, D. K., Low, L. K., Griebing, T. L., Maddens, M. E., Goode, P. S., Raghunathan, T. E., Subak, L. L., Sampsel, C. M., Boura, J. A., Robinson, A. E., McIntyre, D., Burgio, et al
2018; 178 (10): 1333–41
- **INTERPERSONAL VIOLENCE, POSTTRAUMATIC STRESS DISORDER, AND AGING-RELATED GENITOURINARY DYSFUNCTION IN AN ETHNICALLY-DIVERSE, COMMUNITY-BASED SAMPLE OF WOMEN**
Huang, A., Gibson, C., Mccaw, B., Shan, J., Subak, L., Thom, D., Van Den Eeden, S.
ELSEVIER SCI LTD.2018: S104–S105
- **Association of Pharmacologic Treatment of Urgency Urinary Incontinence With Sleep Quality and Daytime Sleepiness EDITORIAL COMMENT** *OBSTETRICAL & GYNECOLOGICAL SURVEY*
Warsi, Q. A., Huang, A. J., Hess, R., Arya, L. A., Richter, H. E., Bradley, C. S., Rogers, R. G., Myers, D. L., Johnson, K. C., Winkelman, W. D., Gregory, W., Kraus, S. R., Schembri, et al
2018; 73 (5): 273–74
- **Sleep Quality and Daytime Sleepiness Among Women With Urgency Predominant Urinary Incontinence**
Winkelman, W. D., Warsi, A., Huang, A. J., Schembri, M., Rogers, R. G., Richter, H. E., Myers, D. L., Kraus, S. R., Johnson, K. C., Hess, R., Gregory, T., Bradley, C. S., Arya, et al
LIPPINCOTT WILLIAMS & WILKINS.2018: 76–81
- **Association of Pharmacologic Treatment of Urgency Urinary Incontinence With Sleep Quality and Daytime Sleepiness**
Warsi, Q. A., Huang, A. J., Hess, R., Arya, L. A., Richter, H. E., Bradley, C. S., Rogers, R. G., Myers, D. L., Johnson, K. C., Winkelman, W. D., Gregory, W., Kraus, S. R., Schembri, et al
LIPPINCOTT WILLIAMS & WILKINS.2018: 204–11
- **RANDOMIZED CONTROLLED TRIAL OF GROUP-ADMINISTERED BEHAVIORAL TREATMENT IN REDUCING URINARY INCONTINENCE IN ADULT WOMEN**
Newman, D., Diokno, A., Burgio, K., Low, L., Griebing, T., Maddens, M., Subak, L., Goode, P., Sampsel, C., Robinson, A., Raghunathan, T., Boura, J., McIntyre, et al
WILEY.2018: S564–S565
- **TRAINING FIDELITY AND QUALITY CONTROL IN CLINICAL BEHAVIORAL RESEARCH FOR URINARY INCONTINENCE: THE GLADIOLUS TRIAL**
Griebing, T. L., Diokno, A., Newman, D., Burgio, K., Low, L., Maddens, M., Subak, L., Goode, P., Sampsel, C., Robinson, A., Raghunathan, T., Boura, J., McIntyre, et al
WILEY.2018: S633–S634
- **A Behavioral Weight Loss Program and Nonurinary Incontinence Lower Urinary Tract Symptoms in Overweight and Obese Women with Urinary Incontinence: A Secondary Data Analysis of PRIDE** *JOURNAL OF UROLOGY*
Breyer, B. N., Creasman, J. M., Richter, H. E., Myers, D., Burgio, K. L., Wing, R. R., West, D., Kusek, J. W., Subak, L. L., PRIDE
2018; 199 (1): 215–21
- **Search Images and Extrapolation Risk Reply** *JAMA INTERNAL MEDICINE*
Grady, D., Subak, L.

2017; 177 (12): 1870

- **Interpersonal Violence, Posttraumatic Stress Disorder, and Menopause-Related Sexual Dysfunction in an Ethnically-Diverse, Community-Based Sample of Women**
Gibson, C., Huang, A., McCaw, B., Shan, J., Subak, L., Thom, D., Van den Eeden, S.
LIPPINCOTT WILLIAMS & WILKINS.2017: 1433
- **Characterizing the Functional Decline of Older Women With Incident Urinary Incontinence**
Parker-Autry, C., Houston, D. K., Rushing, J., Richter, H. E., Subak, L., Kanaya, A. M., Kritchevsky, S. B.
LIPPINCOTT WILLIAMS & WILKINS.2017: 1025–32
- **Development and Feasibility of a Group-Based Therapeutic Yoga Program for Women with Chronic Pelvic Pain** *PAIN MEDICINE*
Huang, A. J., Rowen, T. S., Abercrombie, P., Subak, L. L., Schembri, M., Plaut, T., Chao, M. T.
2017; 18 (10): 1864–72
- **Urine leakage during sexual activity among ethnically diverse, community-dwelling middle-aged and older women** *AMERICAN JOURNAL OF OBSTETRICS AND GYNECOLOGY*
Munaganuru, N., Van den Eeden, S. K., Creasman, J., Subak, L. L., Strano-Paul, L., Huang, A. J.
2017; 217 (4): 439.e1–439.e8
- **Future Directions of Research and Care for Urinary Incontinence: Findings from the National Institute of Diabetes and Digestive and Kidney Diseases Summit on Urinary Incontinence Clinical Research in Women** *JOURNAL OF UROLOGY*
Chai, T. C., Asfaw, T. S., Baker, J. E., Clarkson, B., Coleman, P., Hoffstetter, S., Konkel, K., Lavender, M., Nair, S., Norton, J., Subak, L., Visco, A., Star, et al
2017; 198 (1): 22–29
- **Asymptomatic Microscopic Hematuria-Rethinking the Diagnostic Algorithm** *JAMA INTERNAL MEDICINE*
Subak, L. L., Grady, D.
2017; 177 (6): 808–9
- **Modifiers of Response to Treatment With Fesoterodine for Urgency-Predominant Urinary Incontinence in a Randomized Controlled Trial**
Winkelman, W. D., Huang, A. J., Schembri, M., Rogers, R. G., Richter, H., Myers, D. L., Kraus, S. R., Johnson, K. C., Hess, R., Gregory, T., Bradley, C. S., Arya, L., Brown, et al
LIPPINCOTT WILLIAMS & WILKINS.2017: 151–56
- **Sexual functioning of men and women with severe obesity before bariatric surgery** *SURGERY FOR OBESITY AND RELATED DISEASES*
Steffen, K. J., King, W. C., White, G. E., Subak, L. L., Mitchell, J. E., Courcoulas, A. P., Flum, D. R., Strain, G., Sarwer, D. B., Kolotkin, R. L., Pories, W., Huang, A. J.
2017; 13 (2): 334–43
- **Urinary Incontinence in Older Women: The Role of Body Composition and Muscle Strength: From the Health, Aging, and Body Composition Study** *JOURNAL OF THE AMERICAN GERIATRICS SOCIETY*
Suskind, A. M., Cawthon, P. M., Nakagawa, S., Subak, L. L., Reinders, I., Satterfield, S., Cummings, S., Cauley, J. A., Harris, T., Huang, A. J., Hlth ABC Study
2017; 65 (1): 42–50
- **Bladder Symptoms in the Early Menopausal Transition** *JOURNAL OF WOMENS HEALTH*
Jones, H. J., Huang, A. J., Subak, L. L., Brown, J. S., Lee, K. A.
2016; 25 (5): 457–63
- **The FDA and the Vaginal Mesh Controversy-Further Impetus to Change the 510(k) Pathway for Medical Device Approval** *JAMA INTERNAL MEDICINE*
Jacoby, V. L., Subak, L., Waetjen, L.
2016; 176 (2): 277–78
- **Bridging the gap: determinants of undiagnosed or untreated urinary incontinence in women** *AMERICAN JOURNAL OF OBSTETRICS AND GYNECOLOGY*
Duralde, E. R., Walter, L. C., Van den Eeden, S. K., Nakagawa, S., Subak, L. L., Brown, J. S., Thom, D. H., Huang, A. J.
2016; 214 (2): 266.e1–266.e9
- **Urinary Incontinence Before and After Bariatric Surgery** *JAMA INTERNAL MEDICINE*

- Subak, L. L., King, W. C., Belle, S. H., Chen, J., Courcoulas, A. P., Ebel, F. E., Flum, D. R., Khandelwal, S., Pender, J. R., Pierson, S. K., Pories, W. J., Steffen, K. J., Strain, et al
2015; 175 (8): 1378–87
- **The Impact of Multimorbidity on Sexual Function in Middle-Aged and Older Women: Beyond the Single Disease Perspective** *JOURNAL OF SEXUAL MEDICINE*
Appa, A. A., Creasman, J., Brown, J. S., Van den Eeden, S. K., Thom, D. H., Subak, L. L., Huang, A. J.
2014; 11 (11): 2744–55
 - **Urinary incontinence management costs are reduced following Burch or sling surgery for stress incontinence** *AMERICAN JOURNAL OF OBSTETRICS AND GYNECOLOGY*
Subak, L. L., Goode, P. S., Brubaker, L., Kusek, J. W., Schembri, M., Lukacz, E. S., Kraus, S. R., Chai, T. C., Norton, P., Tennstedt, S. L., Urinary Incontinence Treatment Net
2014; 211 (2): 171.e1–7
 - **Adding Evidence-Based Behavioral Weight Loss Strategies to a Statewide Wellness Campaign: A Randomized Clinical Trial** *AMERICAN JOURNAL OF PUBLIC HEALTH*
Leahey, T. M., Thomas, G., Fava, J. L., Subak, L. L., Schembri, M., Krupel, K., Kumar, R., Weinberg, B., Wing, R. R.
2014; 104 (7): 1300–1306
 - **A Group-Based Yoga Therapy Intervention for Urinary Incontinence in Women: A Pilot Randomized Trial** *FEMALE PELVIC MEDICINE AND RECONSTRUCTIVE SURGERY*
Huang, A. J., Jenny, H. E., Chesney, M. A., Schembri, M., Subak, L. L.
2014; 20 (3): 147–54
 - **What constitutes an adequate evaluation of device-guided breathing?** *JAMA internal medicine*
Huang, A. J., Subak, L. L.
2014; 174 (4): 637
 - **What Constitutes an Adequate Evaluation of Device-Guided Breathing? Reply** *JAMA INTERNAL MEDICINE*
Landman, G. W. D., van Hateren, K. J. J., Kleefstra, N.
2014; 174 (4): 638
 - **What Constitutes an Adequate Evaluation of Device-Guided Breathing?** *JAMA INTERNAL MEDICINE*
Landman, G. D., van Hateren, K. J. J., Kleefstra, N.
2014; 174 (4): 637+
 - **What Constitutes an Adequate Evaluation of Device-Guided Breathing?** *JAMA INTERNAL MEDICINE*
Huang, A. J., Subak, L. L.
2014; 174 (4): 637
 - **Childbirth and Female Sexual Function Later in Life** *OBSTETRICS AND GYNECOLOGY*
Fehniger, J. E., Brown, J. S., Creasman, J. M., Van Den Eeden, S. K., Thom, D. H., Subak, L. L., Huang, A. J.
2013; 122 (5): 988–97
 - **Fecal Incontinence Decreases Sexual Quality of Life, But Does Not Prevent Sexual Activity in Women** *DISEASES OF THE COLON & RECTUM*
Imhoff, L. R., Brown, J. S., Creasman, J. M., Subak, L. L., Van den Eeden, S. K., Thom, D. H., Varma, M. G., Huang, A. J.
2012; 55 (10): 1059–65
 - **Diabetes Mellitus and Sexual Function in Middle-Aged and Older Women** *OBSTETRICS AND GYNECOLOGY*
Copeland, K. L., Brown, J. S., Creasman, J. M., Van Den Eeden, S. K., Subak, L. L., Thom, D. H., Ferrara, A., Huang, A. J.
2012; 120 (2): 331–40
 - **Decrease in Urinary Incontinence Management Costs in Women Enrolled in a Clinical Trial of Weight Loss to Treat Urinary Incontinence** *OBSTETRICS AND GYNECOLOGY*
Subak, L. L., Pinto, A., Wing, R. R., Nakagawa, S., Kusek, J. W., Herman, W. H., Kuppermann, M., Program Reduce Incontinence Diet
2012; 120 (2): 277–83
 - **Pharmacologic treatment for urgency-predominant urinary incontinence in women diagnosed using a simplified algorithm: a randomized trial** *AMERICAN JOURNAL OF OBSTETRICS AND GYNECOLOGY*

- Huang, A. J., Hess, R., Arya, L. A., Richter, H. E., Subak, L. L., Bradley, C. S., Rogers, R. G., Myers, D. L., Johnson, K. C., Gregory, W., Kraus, S. R., Schembri, M., Brown, et al
2012; 206 (5): 444.e1–11
- **Summary of Research Recommendations From the Inaugural American Urogynecologic Society Research Summit** *FEMALE PELVIC MEDICINE AND RECONSTRUCTIVE SURGERY*
Nygaard, I., Chai, T. C., Cundiff, G. W., Delancey, J. O. L., FitzGerald, M., Heit, M., Moalli, P., Richter, H. E., Subak, L., Swift, S.
2011; 17 (1): 4–7
 - **Incidence of and Risk Factors for Change in Urinary Incontinence Status in a Prospective Cohort of Middle-Aged and Older Women: The Reproductive Risk of Incontinence Study in Kaiser** *JOURNAL OF UROLOGY*
Thom, D. H., Brown, J. S., Schembri, M., Ragins, A. I., Subak, L. L., Van Den Eeden, S. K.
2010; 184 (4): 1394–1401
 - **Urinary incontinence, fecal incontinence and pelvic organ prolapse in a population-based, racially diverse cohort: prevalence and risk factors.** *Female pelvic medicine & reconstructive surgery*
Rortveit, G., Subak, L. L., Thom, D. H., Creasman, J. M., Vittinghoff, E., Van Den Eeden, S. K., Brown, J. S.
2010; 16 (5): 278–83
 - **Improving Urinary Incontinence in Overweight and Obese Women Through Modest Weight Loss** *OBSTETRICS AND GYNECOLOGY*
Wing, R. R., Creasman, J. M., West, D., Richter, H. E., Myers, D., Burgio, K. L., Franklin, F., Gorin, A. A., Vittinghoff, E., Macer, J., Kusek, J. W., Subak, L. L., PRIDE
2010; 116 (2): 284–92
 - **An Intensive Behavioral Weight Loss Intervention and Hot Flushes in Women** *ARCHIVES OF INTERNAL MEDICINE*
Huang, A. J., Subak, L. L., Wing, R., West, D., Hernandez, A. L., Macer, J., Grady, D., Program Reduce Incontinence Diet
2010; 170 (13): 1161–67
 - **Talking About Incontinence The First Step Toward Prevention and Treatment** *JAMA-JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION*
Wagner, T. H., Subak, L. L.
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