

Stanford



Santiago Allende

Postdoctoral Scholar, Psychiatry

Bio

PROFESSIONAL EDUCATION

- Doctor of Psychology, Palo Alto University (2022)
- Master of Arts, Maryland Institute, College Of Art (2016)
- Bachelor of Arts, University of California Santa Cruz (2011)
- PsyD, PGSP-Stanford PsyD Consortium , Clinical Psychology (2022)
- MS, PGSP-Stanford PsyD Consortium , Clinical Psychology (2019)
- MPS, Maryland Institute College of Art , Information Visualization (2016)
- BA, University of California, Santa Cruz , Psychology (2011)

STANFORD ADVISORS

- Jerome Yesavage, Postdoctoral Faculty Sponsor

LINKS

- LinkedIn: <https://www.linkedin.com/in/santi-allende-46b500163/>

Publications

PUBLICATIONS

- **Investigating Inter- and Intra-individual Differences in Tai Chi Practice Time, Pain, and Mood Among Participants with Chronic Nonspecific Neck Pain: Secondary Analysis of a Randomized Controlled Trial** *Journal of Integrative and Complementary Medicine*
Allende, S., Cramer, H., Wayne, P., Lauche, R.
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- **Examining the temporal dynamics of anxiety and depressive symptoms during a therapist-supported, smartphone-based intervention for depression: Longitudinal observational study** *JOURNAL OF CLINICAL PSYCHOLOGY*
Allende, S., Forman-Hoffman, V. L., Goldin, P. R.
2022
- **A prospective study of social competence in survivors of pediatric brain and solid tumors.** *Pediatric blood & cancer*
Albee, M., Allende, S., Cosgrove, V., Hocking, M. C.
2022: e29670
- **A pilot trial of quetiapine, lithium, or placebo added to divalproex sodium for hypomanic or manic episodes in ambulatory adults with bipolar I disorder.** *International journal of bipolar disorders*
Cosgrove, V. E., Allende, S., Gwizdowski, I., Grace Fischer, E., Ostacher, M., Suppes, T.
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- **Evaluation of Cognitive Behavioral Therapy vs Mindfulness Meditation in Brain Changes During Reappraisal and Acceptance Among Patients With Social Anxiety Disorder: A Randomized Clinical Trial.** *JAMA psychiatry*
Goldin, P. R., Thurston, M., Allende, S., Moodie, C., Dixon, M. L., Heimberg, R. G., Gross, J. J.
2021

- **Identification With the Aggressor and Inward and Outward Aggression in Abuse Survivors.** *Journal of interpersonal violence*
Lahav, Y., Allende, S., Talmon, A., Ginzburg, K., Spiegel, D.
2020: 886260520938516

- **Evening salivary cortisol as a single stress marker in women with metastatic breast cancer.** *Psychoneuroendocrinology*
Allende, S. n., Medina, J. L., Spiegel, D. n., Zeitzer, J. M.
2020; 115: 104648

- **Effect of yoga on chronic non-specific neck pain: An unconditional growth model** *COMPLEMENTARY THERAPIES IN MEDICINE*
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