

Stanford



Neera Ahuja

Clinical Professor, Medicine

CLINICAL OFFICES

- **Hospitalist for Stanford Medical Center**

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ACADEMIC CONTACT INFORMATION

- **Alternate Contact**

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Bio

CLINICAL FOCUS

- General Inpatient Medicine, Quality Improvement
- Clinical Trials
- Development of a Perioperative Medical Service for surgical co-management
- Inpatient Medical Education of Housestaff
- Internal Medicine
- Promoting physician resilience as a tool for wellness

ACADEMIC APPOINTMENTS

- Clinical Professor, Medicine

ADMINISTRATIVE APPOINTMENTS

- Associate Residency Program Director, Internal Medicine Residency Program, (2009-2019)
- Division Chief, Hospital Medicine, Stanford University School of Medicine, (2017- present)
- Director, Hospitalist Program, Stanford, (2011-2017)
- Medical Director, General Medicine Inpatient Wards, (2012- present)

HONORS AND AWARDS

- Gold-Headed Cane Award for "compassion, dedication to medicine, and a desire to serve", Awarded to one graduating medical student, UT Houston medical school (1997)
- Excellence in Clinical Teaching "Golden Rattle Award", Pediatrics Dept. UTMB (Texas) (2004)
- Clinical Women in Medicine Award, American Medical Women's Association (AMWA) National Award (2006)
- AOA Lifetime Member, Alpha Omega Alpha Lifetime Member Induction (2006)
- Inducted as Faculty Mentor for Osler Student Society, UTMB (Texas) McGovern Academy of Oslerian Medicine (2006)
- National Educator's Award, "Who's Who amongst Teachers and Educators" across the nation (2007)
- President's Professionalism Project Award, University of Texas Medical Branch (2007)

- Divisional Teaching Award, General Medical Disciplines, Stanford University Medical Center (2010)
- Arthur L. Bloomfield Award for Excellence in Clinical Teaching, Stanford University Medical School (2011)
- Distinguished Teacher and Mentor Award, American College of Physicians (2012)
- Malinda S. Mitchell Award for Quality & Service, Stanford Hospital and Clinics (2013)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, Association of Program Directors in Internal Medicine (2003 - present)
- Member, Society of Hospital Medicine (2015 - present)
- Fellow, American College of Physicians (2009 - present)
- General Internist, Society of General Internal Medicine (2012 - present)

PROFESSIONAL EDUCATION

- Residency: University of Texas Health Sciences Center Internal Medicine Residency (2001) TX
- Internship: University of Texas Health Sciences Center Internal Medicine Residency (1998) TX
- Board Certification: Internal Medicine, American Board of Internal Medicine (2002)
- Internal Medicine & Pediatrics, Univ. of Texas-Houston , Med/Peds Residency (2001)
- M.D., Univ. of Texas- Houston , Medical Degree (1997)
- B.A. (Honors), U.C. Berkeley , Major- Biology Minor- Creative Writing (1993)

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Medical education research; Intergenerational teaching/learning; Analysis of effects of duty hour regulations on housestaff training and ways to improve the system

Teaching

GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Medicine (Masters Program)

Publications

PUBLICATIONS

- **Portable Ultrasound Device Usage and Learning Outcomes Among Internal Medicine Trainees: A Parallel-Group Randomized Trial.** *Journal of hospital medicine*
Kumar, A., Weng, Y., Wang, L., Bentley, J., Almli, M., Hom, J., Witteles, R., Ahuja, N., Kugler, J.
2020; 15 (2): e1–e6
- **Surgical Comanagement by Hospitalists: Continued Improvement Over 5 Years** *Journal of Hospital Medicine*
Rohatgi, N., Weng, Y., Ahuja, N.
2020
- **The genealogy of teaching clinical reasoning and diagnostic skill: the GEL Study.** *Diagnosis (Berlin, Germany)*
Russell, S. W., Desai, S. V., O'Rourke, P., Ahuja, N., Patel, A., Myers, C. G., Zulman, D., Sateia, H. F., Berkenblit, G. V., Johnson, E. N., Garibaldi, B. T.
2020
- **Osteoarthritis risk is reduced after treatment with ticagrelor compared to clopidogrel: a propensity score matching analysis.** *Arthritis & rheumatology (Hoboken, N.J.)*
Baker, M. C., Weng, Y., William, R. H., Ahuja, N., Rohatgi, N.
2020

- **Co-Management by Hospitalists: Why it makes clinical and fiscal sense.** *The American journal of medicine*
Rohatgi, N., Schulman, K., Ahuja, N.
2019
- **Reducing Telemetry Use Is Safe: A Retrospective Analysis of Rapid Response Team and Code Events After a Successful Intervention to Reduce Telemetry Use** *AMERICAN JOURNAL OF MEDICAL QUALITY*
Xie, L., Garg, T., Svec, D., Hom, J., Kaimal, R., Ahuja, N., Barnes, J., Shieh, L.
2019; 34 (4): 398–401
- **Initiative for prevention and early identification of delirium in medical-surgical units: Lessons learnt in the past five years.** *The American journal of medicine*
Rohatgi, N., Weng, Y., Bentley, J., Lansberg, M. G., Shepard, J., Mazur, D., Ahuja, N., Hopkins, J.
2019
- **State of Research in Adult Hospital Medicine: Results of a National Survey** *JOURNAL OF HOSPITAL MEDICINE*
Chopra, V., Burden, M., Jones, C. D., Mueller, S., Gupta, V., Ahuja, N., Sigmund, A., Eid, S. M., Soc Hosp Med Res Comm
2019; 14 (4): 207–11
- **ACUTE KIDNEY INJURY IN LOWER-EXTREMITY JOINT ARTHROPLASTY Clinical Epidemiology, Prevention, and Management** *JBJS REVIEWS*
Rudy, M. D., Ahuja, N. K.
2019; 7 (4)
- **State of Research in Adult Hospital Medicine: Results of a National Survey.** *Journal of hospital medicine*
Chopra, V., Burden, M., Jones, C. D., Mueller, S., Gupta, V., Ahuja, N., Sigmund, A., Eid, S. M., Society of Hospital Medicine Research Committee
2019; 14 (4): 207–11
- **Acute Kidney Injury in Lower-Extremity Joint Arthroplasty: Clinical Epidemiology, Prevention, and Management.** *JBJS reviews*
Rudy, M. D., Ahuja, N. K.
2019; 7 (4): e9
- **Comparison of Outcomes for Adult Inpatients With Sickle Cell Disease Cared for by Hospitalists Versus Hematologists.** *American journal of medical quality : the official journal of the American College of Medical Quality*
Slade, J., Rohatgi, N., Weng, Y., Hom, J., Ahuja, N.
2019: 1062860619892060
- **Thrombophilia testing in the inpatient setting: impact of an educational intervention.** *BMC medical informatics and decision making*
Kwang, H., Mou, E., Richman, I., Kumar, A., Berube, C., Kaimal, R., Ahuja, N., Harman, S., Johnson, T., Shah, N., Witteles, R., Harrington, R., Shieh, et al
2019; 19 (1): 167
- **Genomics in medicine: a novel elective rotation for internal medicine residents.** *Postgraduate medical journal*
Geng, L. N., Kohler, J. N., Levonian, P., Bernstein, J. A., Ford, J. M., Ahuja, N., Witteles, R., Hom, J., Wheeler, M.
2019
- **Determinants of Cost Variation in Total Hip and Knee Arthroplasty: Implications for Alternative Payment Models.** *The Journal of the American Academy of Orthopaedic Surgeons*
Rudy, M. D., Bentley, J., Ahuja, N., Rohatgi, N.
2019
- **Assessing the Relationship Between American Heart Association Atherosclerotic Cardiovascular Disease Risk Score and Coronary Artery Imaging Findings** *JOURNAL OF COMPUTER ASSISTED TOMOGRAPHY*
Li, Y., Zhu, G., Ding, V., Jiang, B., Ball, R. L., Ahuja, N., Rodriguez, F., Fleischmann, D., Desai, M., Saloner, D., Saba, L., Wintermark, M., Hom, et al
2018; 42 (6): 898–905
- **Reducing Telemetry Use Is Safe: A Retrospective Analysis of Rapid Response Team and Code Events After a Successful Intervention to Reduce Telemetry Use.** *American journal of medical quality : the official journal of the American College of Medical Quality*
Xie, L., Garg, T., Svec, D., Hom, J., Kaimal, R., Ahuja, N., Barnes, J., Shieh, L.
2018: 1062860618805189
- **Surgical Comanagement by Hospitalists in Colorectal Surgery**
Rohatgi, N., Wei, P., Grujic, O., Ahuja, N.

ELSEVIER SCIENCE INC.2018: 404-+

- **Surgical Comanagement by Hospitalists in Colorectal Surgery.** *Journal of the American College of Surgeons*
Rohatgi, N., Wei, P. H., Grujic, O., Ahuja, N.
2018
- **Lean-Based Redesign of Multidisciplinary Rounds on General Medicine Service** *JOURNAL OF HOSPITAL MEDICINE*
Kane, M., Rohatgi, N., Heidenreich, P. A., Thakur, A., Winget, M., Shum, K., Hereford, J., Shieh, L., Lew, T., Hom, J., Chi, J., Weinacker, A., Seay-Morrison, et al
2018; 13 (7): 482–85
- **Diabetes and Hyperglycemia in Lower-Extremity Total Joint Arthroplasty: Clinical Epidemiology, Outcomes, and Management.** *JBJS reviews*
Rudy, M. D., Ahuja, N. K., Aaronson, A. J.
2018; 6 (5): e10
- **DIABETES AND HYPERGLYCEMIA IN LOWER-EXTREMITY TOTAL JOINT ARTHROPLASTY Clinical Epidemiology, Outcomes, and Management** *JBJS REVIEWS*
Rudy, M. D., Ahuja, N. K., Aaronson, A. J.
2018; 6 (5)
- **Lean-Based Redesign of Multidisciplinary Rounds on General Medicine Service.** *Journal of hospital medicine*
Kane, M., Rohatgi, N., Heidenreich, P., Thakur, A., Winget, M., Shum, K., Hereford, J., Shieh, L., Lew, T., Horn, J., Chi, J., Weinacker, A., Seay-Morrison, et al
2018
- **Assessing the Relationship Between American Heart Association Atherosclerotic Cardiovascular Disease Risk Score and Coronary Artery Imaging Findings.** *Journal of computer assisted tomography*
Li, Y., Zhu, G., Ding, V., Jiang, B., Ball, R. L., Ahuja, N., Rodriguez, F., Fleischmann, D., Desai, M., Saloner, D., Saba, L., Wintermark, M., Hom, et al
2018
- **Factors Associated With Delayed Discharge on General Medicine Service at an Academic Medical Center.** *Journal for healthcare quality : official publication of the National Association for Healthcare Quality*
Rohatgi, N., Kane, M., Winget, M., Haji-Sheikhi, F., Ahuja, N.
2018
- **A high value care curriculum for interns: a description of curricular design, implementation and housestaff feedback** *POSTGRADUATE MEDICAL JOURNAL*
Hom, J., Kumar, A., Evans, K. H., Svec, D., Richman, I., Fang, D., Smeraglio, A., Holubar, M., Johnson, T., Shah, N., Renault, C., Ahuja, N., Witteles, et al
2017; 93 (1106): 725–29
- **Ketamine-Induced Mania During Treatment for Complex Regional Pain Syndrome.** *Pain medicine (Malden, Mass.)*
Mandyam, M. C., Ahuja, N. K.
2017
- **Ketamine-Induced Mania During Treatment for Complex Regional Pain Syndrome.** *Pain medicine (Malden, Mass.)*
Mandyam, M. C., Ahuja, N. K.
2017
- **TRIAD VIII: Nationwide Multicenter Evaluation to Determine Whether Patient Video Testimonials Can Safely Help Ensure Appropriate Critical Versus End-of-Life Care.** *Journal of patient safety*
Mirarchi, F. L., Cooney, T. E., Venkat, A., Wang, D., Pope, T. M., Fant, A. L., Terman, S. A., Klauer, K. M., Williams-Murphy, M., Gisondi, M. A., Clemency, B., Doshi, A. A., Siegel, et al
2017
- **A high value care curriculum for interns: a description of curricular design, implementation and housestaff feedback.** *Postgraduate medical journal*
Hom, J., Kumar, A., Evans, K. H., Svec, D., Richman, I., Fang, D., Smeraglio, A., Holubar, M., Johnson, T., Shah, N., Renault, C., Ahuja, N., Witteles, et al
2017
- **Integrating Mobile Fitness Trackers Into the Practice of Medicine** *AMERICAN JOURNAL OF LIFESTYLE MEDICINE*
Ahuja, N., Ozdalga, E., Aaronson, A.
2017; 11 (1): 77–79
- **Integrating Mobile Fitness Trackers Into the Practice of Medicine.** *American journal of lifestyle medicine*

- Ahuja, N., Ozdalga, E., Aaronson, A.
2017; 11 (1): 77-79
- **Prevalence and Financial Impact of Inappropriate Thrombophilia Testing in the Inpatient Hospital Setting: A Retrospective Analysis**
Mou, E., Kwang, H., Hom, J., Shieh, L., Ahuja, N., Harman, S., Johnson, T., Kumar, A., Shah, N., Witteles, R., Berube, C.
AMER SOC HEMATOLOGY.2016
 - **A Multidisciplinary Initiative to Increase Inpatient Discharges Before Noon** *JOURNAL OF NURSING ADMINISTRATION*
Kane, M., Weinacker, A., Arthofer, R., Seay-Morrison, T., Elfman, W., Ramirez, M., Ahuja, N., Pickham, D., Hereford, J., Welton, M.
2016; 46 (12): 630-635
 - **R-SCAN: Imaging for Low Back Pain.** *Journal of the American College of Radiology*
Hom, J., Smith, C. D., Ahuja, N., Wintermark, M.
2016; 13 (11): 1385-1386 e1
 - **The State of Medical Student Performance Evaluations: Improved Transparency or Continued Obfuscation?** *ACADEMIC MEDICINE*
Hom, J., Richman, I., Hall, P., Ahuja, N., Harman, S., Harrington, R., Witteles, R.
2016; 91 (11): 1534-39
 - **The State of Medical Student Performance Evaluations: Improved Transparency or Continued Obfuscation?** *Academic medicine*
Hom, J., Richman, I., Hall, P., Ahuja, N., Harman, S., Harrington, R., Witteles, R.
2016; 91 (11): 1534-1539
 - **R-SCAN: Imaging for Uncomplicated Acute Rhinosinusitis.** *Journal of the American College of Radiology*
Kroll, H., Hom, J., Ahuja, N., Smith, C. D., Wintermark, M.
2016
 - **A resident-created hospitalist curriculum for internal medicine housestaff.** *Journal of hospital medicine*
Kumar, A., Smeraglio, A., Witteles, R., Harman, S., Nallamshetty, S., Rogers, A., Harrington, R., Ahuja, N.
2016; 11 (9): 646-649
 - **Surgical Comanagement by Hospitalists Improves Patient Outcomes: A Propensity Score Analysis.** *Annals of surgery*
Rohatgi, N., Loftus, P., Grujic, O., Cullen, M., Hopkins, J., Ahuja, N.
2016; 264 (2): 275-282
 - **LOS OUTLIERS: A CHALLENGING PROBLEM FOR BOTH THE TEACHING AND PRIVATE NON-TEACHING GENERAL MEDICINE SERVICES AT STANFORD HOSPITAL**
Ketchersid, J., Shieh, L., Ahuja, N. K., Chi, J., Hom, J.
SPRINGER.2016: S294
 - **The Medical Education of Generation Y.** *Academic psychiatry*
Evans, K. H., Ozdalga, E., Ahuja, N.
2016; 40 (2): 382-385
 - **R-SCAN: Imaging for Headache.** *Journal of the American College of Radiology : JACR*
Hom, J., Ahuja, N., Smith, C. D., Wintermark, M.
2016; 13 (12 Pt A): 1534-35.e1
 - **Hospitalist intervention for appropriate use of telemetry reduces length of stay and cost** *JOURNAL OF HOSPITAL MEDICINE*
Svec, D., Ahuja, N., Evans, K. H., Hom, J., Garg, T., Loftus, P., Shieh, L.
2015; 10 (9): 627-632
 - **Eculizumab Induces Sustained Remission in a Patient With Refractory Primary Catastrophic Antiphospholipid Syndrome** *JCR-JOURNAL OF CLINICAL RHEUMATOLOGY*
Zikos, T. A., Sokolove, J., Ahuja, N., Berube, C.
2015; 21 (6): 311-313
 - **Diffuse Alveolar Damage in a Patient Receiving Dronedarone** *CHEST*
Stack, S., Nguyen, D., Casto, A., Ahuja, N.
2015; 147 (4): E131-E133

- **The Medical Education of Generation Y** *Academic Psychiatry*
Evans, K. H., Ozdalga, E., Ahuja, N.
2015
- **Gastrointestinal Manifestations of Henoch-Schoenlein Purpura** *DIGESTIVE DISEASES AND SCIENCES*
Menon, P., Singh, S., Ahuja, N., Winter, T. A.
2013; 58 (1): 42-45
- **The Smartphone in Medicine: A Review of Current and Potential Use Among Physicians and Students** *JOURNAL OF MEDICAL INTERNET RESEARCH*
Ozdalga, E., Ozdalga, A., Ahuja, N.
2012; 14 (5)
- **Interrelated Endocrinopathies: Hypothyroidism and Hyperprolactinemia** *Today's Hospitalist*
Khilnani, N., Kothari, T.
2007; April: 20-23
- **Disseminated Candidiasis in IV Drug Abusers: A Distinctive Syndrome.** *Johns Hopkins Advanced Studies in Medicine*
Rondon-Berrios, H., Khilnani, N., Trevejo-Nunez, G., Rouan, G.
2006; 6: 82-85
- **Advice to Medical Students Applying for Residency** *Alliance for Academic Internal Medicine*
Speer, A., Khilnani, N.
2005; 3 (4:10): 10
- **Initial Approach to Gastrointestinal Bleeding** *Emergency Medicine*
Khilnani, N., Hussain, N.
2005; 37 (10): 27-32
- **Brain bloodflow abnormalities associated with oral cocaine use** *International Journal of Psychological Medicine*
Johnson, B., Lamki, L., Barron, B., Spiga, R., Chen, R., Meisch, R., Khilnani, N.
1997; 12 (2): 72-73