



Diana Farid

Clinical Associate Professor, Medicine - Vaden Health Center

CLINICAL OFFICE (PRIMARY)

- **Vaden Health Center**

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Bio

BIO

Diana Farid MD, MPH is a physician, poet, filmmaker, and award-winning author. She is a staff physician at the Stanford Vaden Health Center and clinical associate professor in the Stanford Department of Medicine. She holds a BA in Peace and Conflict Studies from Berkeley, with a concentration in public health, socio-economic development and human rights. She was awarded a fellowship by the Maternal and Child Health Bureau, U.S. Department of Health and Human Services to serve as a Child and Family Health Leadership Fellow at UCLA while earning a Masters in Public Health focusing on community health sciences, health communications, and story as a means for health behavior change.

She has provided public health education and health care in rural villages in Honduras, advocated for peace in the Ukraine and Malaysia, coordinated education programs at the School of the Nations in Macau, China, worked at the US Agency for International Development, Center for Human Rights and Democracy for Latin America and the Caribbean, and has advocated for equity, human rights and violence prevention at both Physicians for Social Responsibility and Physicians for Human Rights.

She creates and amplifies stories to compel and foster the health and human connections needed to create a better world.

As a physician consultant for The Media Project, Advocates for Youth, Diana provided on and off camera expertise to television and film writers and producers for TV shows such as GREY'S ANATOMY and STRONG MEDICINE, to promote adolescent health through entertainment. Her debut feature length documentary film production, AMERICAN RHYTHMS (2008) (americanrhythmsmovie.com/), celebrates the positive impact of music on a group of elementary school students.

As the first Assistant Director of Stanford School of Medicine's Program in Bioethics and Film, she produced film screenings and discussions with producers, directors, field experts, Stanford faculty, students and the community, exploring films with vital bioethical implications. She established the first Stanford Film and Medicine Interest group for medical students to study film as a health promotion tool and has mentored medical student film projects. She was a lead producer of the 2018 Stanford Frankenstein@200 year-long film screening series and panels on the cultural, social and bioethical impact of medical research, technology and healthcare through the lens of story in film.

She writes poetry, essays, picture books, and verse novels. Her poems have been presented in anthologies, journals, gallery exhibits, and live story telling events, including *The Nocturnists*. Her poem, *Dear Medicine*, is part of the seminal 2019 report by the National Academy of Medicine, “Taking Action Against Clinician Burnout”.

Her multi-awarding winning picture book, *WHEN YOU BREATHE* (Abrams), melds respiratory science with poetry. The *School Library Journal* describes *WHEN YOU BREATHE* as a “blue-green garden-galaxy [with] metaphors [that] swirl into an understanding that our human bodies don’t stand over the natural world, but are part of it.” *WHEN YOU BREATHE*’s Korean translation released in the spring of 2022. Her verse novel, *WAVE* (Abrams, 2022), noted as “Raw and powerful...Rich, layered and heart-rending” — Kirkus, has been featured in *Publisher’s Weekly*, *We Need Diverse Books*, and the *School Library Journal*, among others. It’s received numerous honors including the *Cybils Award for Poetry Novel* and being named a *Best Middle Grade Book of 2022* by the *School Library Journal*. *WAVE* highlights the power of music and poetry in wellness. Her books, *WHERE WATER MEETS THE SKY* and *ALREADY, ALL THE LOVE* will be published in 2024.

Her regular speaking events for students and educators champion the inextricable link between art, story, health, and peace.

CLINICAL FOCUS

- Family Medicine
- College Student Health
- Adolescent Health

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Medicine - Vaden Health Center

ADMINISTRATIVE APPOINTMENTS

- Assistant Director of the Program in Bioethics and Film, Medical Humanities & the Arts (Medicine & the Muse), Stanford Center for Biomedical Ethics, (2017-2019)
- Affiliated Faculty, Medical Humanities & the Arts (Medicine & the Muse), Stanford Center for Biomedical Ethics, (2016- present)

HONORS AND AWARDS

- A Bank Street Best Children’s Book of the Year, 2022, Bank Street College of Education (2023)
- Northern California Book Award Nomination, Best Middle Grade Book, *WAVE*, Northern California Book Reviewers (2023)
- Best Middle Grade Books Honor for *WAVE*, *School Library Journal* (2022)
- *Cybils Award for Poetry Novel*, *WAVE*, Children’s and Young Adult Book Lovers’ Literary Awards (2022)
- Golden Poppy Award Finalist, Middle Grade for *WAVE*, California Independent Booksellers Alliance (2022)
- Golden Poppy Award Finalist, *Mirrors and Windows* for *WAVE*, Children’s and Young Adult Book Lovers’ Literary Awards (2022)
- JLG Gold Standard Selection for *WAVE*, Junior Library Guild (2022)
- EUREKA! Nonfiction Children’s Book Gold Award, *WHEN YOU BREATHE*, California Reading Association (2021)
- Illustration Awards Shortlist for *WHEN YOU BREATHE*, Communication Arts (2021)
- Notable Poetry Book, *WHEN YOU BREATHE*, National Council of Teachers of English (2021)
- Maternal and Child Health Leadership Fellowship, U.S. Department of Health and Human Services (2003-2005)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Editorial Board, *The Pharos*, Medical Humanities Journal (2023 - present)
- Member, Women In Medicine Working Group, Stanford Department of Medicine (2021 - 2021)

- Member, Clinician Educator Advisory Committee, Stanford Department of Medicine (2020 - present)
- Member, Diversity and Inclusion Committee, Stanford Department of Medicine (2020 - present)
- Member, Finance Strategy Committee, Medicine & the Muse, Stanford Center for Biomedical Ethics (2018 - 2019)
- Member, Steering Committee, Medicine & the Muse, Stanford Center for Biomedical Ethics (2017 - present)
- Member, The Pegasus Physician Writers at Stanford (2016 - present)
- Film Series Producer and Steering Committee Member, Frankenstein@200 Steering Committee, Medical Humanities & Arts (Medicine & the Muse), Stanford Center for Biomedical Ethics (2016 - 2018)
- Associate Member, Society of Children's Book Writers and Illustrators (2013 - present)

PROFESSIONAL EDUCATION

- Fellowship: UCLA-Child and Family Health Leadership Training Program (2005) CA
- Residency: UCLA-Santa Monica (2003) CA
- Internship: University of California San Diego (2001) CA
- Medical Education: Northwestern University Feinberg School of Medicine (2000) IL
- Masters in Public Health, UCLA , Public Health, Community Health, Health Communications (2005)
- Board Certification: Family Medicine, American Board of Family Medicine (2003)

LINKS

- My Author Website: <https://dianafarid.com/>
- WAVE Novel-in-Verse: https://www.abramsbooks.com/product/wave_9781951836580/
- WHEN YOU BREATHE picture book: https://www.abramsbooks.com/product/when-you-breathe_9781944903930/
- School Library Journal showcase of WHEN YOU BREATHE's NCTE Poetry Award: <https://www.slj.com/?detailStory=ncte-2021-notable-books-in-poetry-verse>
- SCOPE article (2020) on When You Breathe picture book: <https://scopeblog.stanford.edu/2020/09/30/stanford-physician-pens-childrens-book-on-breathing/>
- Quoted in: National Academy of Medicine's 2019 Consensus Study Report: Taking Action Against Clinician Burnout: https://www.nap.edu/booksearch.php?booksearch=1&record_id=25521&term=Diana+farid&chapter=199-234
- SCOPE article (2019) on recommended movies with health themes, Dr. Farid quoted: <https://scopeblog.stanford.edu/2019/01/09/watch-list-10-recommended-films-about-medicine/>
- SCOPE article (2019) on 2018 Stanford Medical School, Movies and Medicine Course, Dr. Farid quoted: <https://scopeblog.stanford.edu/2019/01/03/watching-movies-and-learning-about-medicine/>
- National Academy of Medicine Online Gallery: <http://nam.edu/expressclinicianwellbeing/#/artwork/132>. 2018
- SF Magazine article (2017) describing Dr. Farid's poetry reading with The Nocturnists: https://sanfran.com/search-results?query_search=Diana+Farid
- Poetry Reading broadcast on KZSU 90.1FM 7/14/16: <http://www.pegasusphysicians.com/events/2016/3/21/egbb5g234g6c9vhqucdii1jxx53aph>
- Official Website of AMERICAN RHYTHMS (2008) feature length documentary film, co-produced by Dr. Farid: <http://americanrhythmsmovie.com/>
- Blog Posts on Health: <http://drdianafarid.blogspot.com/>
- Twitter: @_artelixir
- Diana Farid's YouTube channel: <https://www.youtube.com/channel/UCRkHSFBzmSGKaQzADP0fpSw>

Publications

PUBLICATIONS

- **WAVE**
Farid, D.
Cameron + Kids, a division of Abrams.2022
- **When You Breathe**

Farid, D.
Cameron + Kids, a division of Abrams.2020

- **Opinion: COVID-19 reveals grade school science education flaws**

Farid, D.
The Mercury News.
2020

- **A Walk In The City**

Farid, D.
The Pegasus Review. <http://thepegasusreview.com/a-walk-in-the-city/>.
2019

- **How To Biopsy A Star**

Farid, D.
SCOPE Stanford. <https://scopeblog.stanford.edu/2019/10/08/how-to-biopsy-a-star-scope10000/>.
2019

- **Dear Medicine**

Farid, D.
National Academy of Medicine. Permanent Online Gallery. <http://nam.edu/expressclinicianwellbeing/#/artwork/132>.
2018

- **How Could I Help This Patient?**

Farid, D.
MD Magazine. <http://www.mdmag.com/medical-news/how-could-i-help-this-patient>.
2017

- **Sand and Waves**

Farid, D.
Scope, Stanford University School of Medicine. <http://scopeblog.stanford.edu/2017/05/16/sand-and-waves-a-stanford-physician-reflects-on-her-heritage/>.
2017

PRESENTATIONS

- Poetry reading of Diana Farid's poem: STERILE FIELD - Stanford University and the public. (July 14, 2016)
- Poetry reading of Diana Farid's poem: OFFLINE - Stanford University and the public. (11/9/2016)
- Storytelling and Poetry reading of Diana Farid's poem OFFLINE at The Nocturnists Live Storytelling event - Public (March 1, 2017)
- Poetry reading of Diana Farid's poem: A WALK IN THE CITY - Stanford University and the public. (July 13, 2017)
- Curator and Moderator, Stanford Med Writers Forum: The Body as a Temple - Stanford University/Pegasus Physician Writers (October 5, 2017)
- Poetry reading of Diana Farid's poem: WHILE DRIVING TO PRESCHOOL PICKUP - Stanford University/Pegasus Physician Writers (11/8/2017)
- Poetry reading of Diana Farid's poem: I'LL TEACH YOU - Public (11/7/2018)
- Poetry reading of Diana Farid's poem: THE BIOPSY SUITE - Stanford community and general public. (6/20/2019)
- Poetry reading of Diana Farid's poem: AT THE SHORE - Stanford University and the public (11/13/2019)
- WHEN YOU BREATHE Bookstore and School Presentations - Books Inc., An Unlikely Story, The Center for Fiction, Multiple Elementary Schools including The Brooklyn School of Inquiry and Philips Brooks
- Poetry as Medicine (12/15/2020)
- The Power of Story as a Physician and Advocate - Stanford University and the general public (4/24/2021)
- Maintaining Creativity - Society of Children's Book Writers and Illustrators (7/24/2021)
- Poetry reading of Diana Farid's poem: THE TROWEL (11/3/2021)