



## Diana Farid

Clinical Assistant Professor, Medicine - Vaden Health Center

### CLINICAL OFFICES

- **Vaden Health Center**

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### Bio

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#### BIO

Diana Farid MD, MPH is a physician, filmmaker and writer. She is a staff physician at the Stanford Vaden Health Center and clinical assistant professor in the Stanford Department of Medicine. She holds a BA in Peace and Conflict Studies from Berkeley. She was awarded a fellowship by the Maternal and Child Health Bureau, U.S. Department of Health and Human Services to serve as a Child and Family Health Leadership Fellow at UCLA while earning a Masters in Public Health focusing on community health sciences, health communications and storytelling as a means for health behavior change. She has provided public health education and health care in rural villages in Honduras, advocated for peace in the Ukraine and Malaysia, worked as an education coordinator at the School of the Nations in Macau, China, worked at the US Agency for International Development, Center for Human Rights and Democracy for Latin America and the Caribbean, and has advocated for equity, human rights and violence prevention at both Physicians for Social Responsibility and Physicians for Human Rights. She has cared for patients in a wide range of clinic settings including at the Los Angeles Free Clinic, Kaiser, private and university affiliated practices. At UCLA, she served as Doctoring course faculty to first year UCLA medical students.

She is dedicated to creating and amplifying stories that impact health and public wellbeing. As a physician consultant for The Media Project, Advocates for Youth, Diana worked with television and film writers and producers to promote adolescent health through entertainment, providing on and off camera expertise on adolescent health issues including for TV shows such as GREY'S ANATOMY and STRONG MEDICINE. Her debut feature length documentary film production, AMERICAN RHYTHMS (2008) ([americanrhythmsmovie.com/](http://americanrhythmsmovie.com/)), explores the positive impact of music on a group of 5th grade students at a Los Angeles urban elementary school. As the Assistant Director of Stanford School of Medicine's Program in Bioethics and Film, she produced film screenings and post-screening discussions with producers/directors/field experts exploring films with vital bioethical and public health education impact. She also established the Film and Medicine Interest group for medical students to study film as a health promotion tool and mentored medical student film projects. She was a lead producer of the 2018 Stanford Frankenstein@200 year-long film screening series and panels exploring the cultural, social and bioethical impact of medical research, technology and healthcare through the lens of story in film. She writes poetry, essays and picture books. Her debut picture book, WHEN YOU BREATHE (Cameron + Kids, a division of Abrams) was released in the fall of 2020.

## CLINICAL FOCUS

- Family Medicine

## ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Vaden Health Center

## ADMINISTRATIVE APPOINTMENTS

- Assistant Director, Program in Bioethics and Film, Medicine and the Muse, Stanford Center for Biomedical Ethics, (2018-2019)
- Affiliated Faculty, Program in Bioethics and Film, Medicine and the Muse, Stanford Center for Biomedical Ethics, (2016- present)

## BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, Clinician Educator Advisory Committee, Stanford Department of Medicine (2020 - present)
- Member, Medicine and the Muse Steering Committee (2018 - present)
- Member, The Pegasus Physician Writers at Stanford (2016 - present)
- Associate Member, Society of Children's Book Writers and Illustrators (2013 - present)

## PROFESSIONAL EDUCATION

- Fellowship: UCLA-Child and Family Health Leadership Training Program (2005) CA
- Residency: UCLA-Santa Monica (2003) CA
- Internship: University of California San Diego (2001) CA
- Medical Education: Northwestern University Feinberg School of Medicine (2000) IL
- Masters in Public Health, UCLA , Public Health, Community Health, Health Communications (2005)
- Board Certification: Family Medicine, American Board of Family Medicine (2003)

## LINKS

- My Author Website: <https://dianafarid.com/>
- SCOPE article (2020) on When You Breathe picture book: <https://scopeblog.stanford.edu/2020/09/30/stanford-physician-pens-childrens-book-on-breathing/>
- Quoted in: National Academy of Medicine's 2019 Consensus Study Report: Taking Action Against Clinician Burnout: [https://www.nap.edu/booksearch.php?booksearch=1&record\\_id=25521&term=Diana+farid&chapter=199-234](https://www.nap.edu/booksearch.php?booksearch=1&record_id=25521&term=Diana+farid&chapter=199-234)
- SCOPE article (2019) on recommended movies with health themes, Dr. Farid quoted: <https://scopeblog.stanford.edu/2019/01/09/watch-list-10-recommended-films-about-medicine/>
- SCOPE article (2019) on 2018 Stanford Medical School, Movies and Medicine Course, Dr. Farid quoted: <https://scopeblog.stanford.edu/2019/01/03/watching-movies-and-learning-about-medicine/>
- National Academy of Medicine Online Gallery: <http://nam.edu/expressclinicianwellbeing/#/artwork/132>. 2018
- SF Magazine article (2017) describing Dr. Farid's poetry reading with The Nocturnists: [https://sanfran.com/search-results?query\\_search=Diana+Farid](https://sanfran.com/search-results?query_search=Diana+Farid)
- Poetry Reading broadcast on KZSU 90.1FM 7/14/16: <http://www.pegasusphysicians.com/events/2016/3/21/egbb5g234g6c9vhqucdii1jxx53aph>
- Official Website of AMERICAN RHYTHMS (2009) feature length documentary film, co-produced by Dr. Farid: <http://americanrhythmsmovie.com/>
- Blog Posts on Health: <http://drdianafarid.blogspot.com/>
- twitter: @\_artelixir
- Diana Farid's YouTube channel: <https://www.youtube.com/channel/UCRkHSFBzmSGKaQzADP0fpSw>

## Publications

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### PUBLICATIONS

- **When You Breathe**

Farid, D.  
Cameron + Kids, a division of Abrams.2020

- **Opinion: COVID-19 reveals grade school science education flaws**

Farid, D.  
The Mercury News.  
2020

- **A Walk In The City**

Farid, D.  
The Pegasus Review. <http://thepegasusreview.com/a-walk-in-the-city/>.  
2019

- **How To Biopsy A Star**

Farid, D.  
SCOPE Stanford. <https://scopeblog.stanford.edu/2019/10/08/how-to-biopsy-a-star-scope10000/>.  
2019

- **Dear Medicine**

Farid, D.  
National Academy of Medicine. Permanent Online Gallery. <http://nam.edu/expressclinicianwellbeing/#/artwork/132>.  
2018

- **How Could I Help This Patient?**

Farid, D.  
MD Magazine. <http://www.mdmag.com/medical-news/how-could-i-help-this-patient>.  
2017

- **Sand and Waves**

Farid, D.  
Scope, Stanford University School of Medicine. <http://scopeblog.stanford.edu/2017/05/16/sand-and-waves-a-stanford-physician-reflects-on-her-heritage/>.  
2017

## PRESENTATIONS

- Poetry reading of Diana Farid's poem: STERILE FIELD - Stanford University and the public. (July 14, 2016)
- Poetry reading of Diana Farid's poem: OFFLINE - Stanford University and the public. (11/9/2016)
- Storytelling and Poetry reading of Diana Farid's poem OFFLINE at The Nocturnists Live Storytelling event - Public (March 1, 2017)
- Poetry reading of Diana Farid's poem: A WALK IN THE CITY - Stanford University and the public. (July 13, 2017)
- Curator and Moderator, Stanford Med Writers Forum: The Body as a Temple - Stanford University/Pegasus Physician Writers (October 5, 2017)
- Poetry reading of Diana Farid's poem: WHILE DRIVING TO PRESCHOOL PICKUP - Stanford University/Pegasus Physician Writers (11/8/2017)
- Poetry reading of Diana Farid's poem: I'LL TEACH YOU - Public (11/7/2018)
- Poetry reading of Diana Farid's poem: THE BIOPSY SUITE - Stanford community and general public. (6/20/2019)
- Poetry reading of Diana Farid's poem: AT THE SHORE - Stanford University and the public (11/13/2019)