

# Stanford

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## Peter Aston

Clinical Assistant Professor, Psychiatry and Behavioral Sciences

### CLINICAL OFFICE (PRIMARY)

- **Stanford Dept of Psychiatry and Behavioral Sciences**

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### Bio

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#### CLINICAL FOCUS

- Clinical Psychology
- Obsessive-Compulsive Disorder
- Anxiety disorders
- High performance athletes

#### ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences

#### PROFESSIONAL EDUCATION

- PhD Training: Palo Alto University PGSP Stanford PsyD Consortium (2020) CA
- Fellowship: Stanford University Child Psychology Postdoctoral Fellowship (2020) CA
- Internship: Mary A. Rackham Institute at Univ of Michigan (2019) MI

### Publications

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#### PUBLICATIONS

- **Self-Reported Depressive Symptoms in Active and Retired Professional Hockey Players** *CANADIAN JOURNAL OF BEHAVIOURAL SCIENCE-REVUE CANADIENNE DES SCIENCES DU COMPORTEMENT*  
Aston, P., Filippou-Frye, M., Blasey, C., van Roessel, P., Rodriguez, C.  
2020; 52 (2): 97-106
- **Embracing Uncertainty as a First-Year Therapist Treating a Patient Who Has Obsessive-Compulsive Disorder.** *Psychiatric services*  
Aston, P., Rodriguez, C.  
2017; 68 (5): 433-434