



Francesco Nandkumar Dandekar

Clinical Assistant Professor, Psychiatry and Behavioral Sciences

CLINICAL OFFICES

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Bio

BIO

Dr. Dandekar is the Associate Director of Sports Psychiatry and a Clinical Assistant Professor at Stanford University. After graduating summa cum laude from the University of Southern California with a B.S. in Biomedical Engineering, he earned a Regent's Scholarship to complete his M.D. at UC San Diego, where he received the American Academy of Neurology's Prize for Excellence. During his residency and fellowship at Stanford, Dr. Dandekar focused on providing care to elite athletes and students utilizing a combination of lifestyle changes (sleep, nutrition, recovery), medication management, and psychotherapy. Teamed with Dr. Noordsy, he helped to incorporate psychiatric services into Stanford's sports psychology program, and continues to see elite athletes as part of the Sports Psychiatry clinic. He is an avid tennis fan and enjoys training and competing in leagues and tournaments.

CLINICAL FOCUS

- Psychiatry

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences

HONORS AND AWARDS

- Annual Chairman's Award for Clinical Innovation and Service, Stanford Department of Psychiatry (April 1, 2020)

PROFESSIONAL EDUCATION

- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (2018)
- Fellowship, Stanford University Department of Psychiatry, Student Mental Health and Sports Psychiatry (2019)

- Residency: Stanford University Adult Psychiatry Residency (2018) CA
- Medical Education: University of California San Diego School of Medicine Registrar (2014) CA

LINKS

- Stanford Sports Psychiatry and Psychology: https://med.stanford.edu/psychiatry/patient_care/sports.html

Publications

PUBLICATIONS

- **Supervising Scholarship** *Supervision in psychiatric practice: practical approaches across venues and providers*
Dandekar, F., Bandstra, B., Corcoran, K., DeGolia, S.
American Psychiatric Association Publishing, 2019: 259–262
- **Periorbital edema secondary to positive airway pressure therapy.** *Case reports in ophthalmological medicine*
Dandekar, F., Camacho, M., Valerio, J., Ruoff, C.
2015; 2015: 126501-?
- **Exploring the neural correlates of visual creativity** *SOCIAL COGNITIVE AND AFFECTIVE NEUROSCIENCE*
Aziz-Zadeh, L., Liew, S., Dandekar, F.
2013; 8 (4): 475–80