Stanford

# Rachel L. Yang, MD, FACS, NABBLM-C, IBCLC

Clinical Assistant Professor, Surgery - General Surgery


**CLINICAL OFFICE (PRIMARY)**

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## Bio

### BIO

Dr. Rachel Yang is a board-certified, fellowship-trained breast surgeon and breastfeeding medicine specialist with Stanford Health Care. She is a member of the oncology team at Stanford Medicine Cancer Center in Emeryville.

Dr. Yang specializes in complex procedures to treat breast cancer, including oncoplastic breast-conserving surgery and nipple-sparing mastectomy. She also has expertise in breastfeeding and lactation medicine as an International Board-Certified Lactation Consultant and carries a dual board certification by the North American Board of Breastfeeding and Lactation Medicine. Dr. Yang prioritizes compassionate and patient-centered care, understanding that breast cancer or complications of lactation can be extremely personal.

As a physician-researcher, Dr. Yang studies surgical outcomes, health equity, and policy related to breast cancer care. She has investigated topics including disparities in access to breast cancer care and breast reconstruction following mastectomy. Her work has also examined biological factors that influence how breast cancer develops. In addition, Dr. Yang focuses on surgical education, advancing innovative training models, communication, and professional well-being in academic medicine.

Dr. Yang has published her findings in premier peer-reviewed journals, including Cancer, Annals of Surgical Oncology, and Breast Cancer Research and Treatment. She has also presented her research at meetings of the American Society of Breast Surgeons, the American College of Surgeons, and the Association for Surgical Education.

Her presentations have highlighted how race and health policy influence access to surgical options in breast cancer care, as well as ways to make breast surgery more fair, safe, and effective. Dr. Yang has lectured extensively and taught courses to breast care and lactation providers on maternal complications of lactation.

Dr. Yang is a fellow of the American College of Surgeons. She is also a member of the Academy of Breastfeeding Medicine, the American Society of Breast Surgeons, and the Institute for the Advancement of Breastfeeding and Lactation Education.

### CLINICAL FOCUS

- General Surgery
- Breastfeeding and Lactation Medicine
- Breast Surgical Oncology
- Breast Surgery

### ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Surgery - General Surgery

### ADMINISTRATIVE APPOINTMENTS

- Medical Director of Breastfeeding and Lactation Medicine, Stanford Medicine, (2026- present)

### HONORS AND AWARDS

- Women's Health Certificate Scholar, Perelman School of Medicine at UPenn
- Vascular Surgery Intern of the Year Award, Stanford University School of Medicine
- Relationship-Centered Communication Leader Award, Stanford University School of Medicine
- Medical Student Research Paper Prize, Perelman School of Medicine at UPenn
- Graduate and Professional Student Assembly (GAPSA) Research Student Travel Grant, UPenn
- General Surgery Consult Resident of the Year Award, Stanford University School of Medicine
- Dr. I.S. Ravdin Prize, Perelman School of Medicine at UPenn
- Doris Duke International Clinical Research Fellowship Award, Perelman School of Medicine at UPenn
- Clyde Barker Surgical Research Prize, Perelman School of Medicine at UPenn
- Clinical Research Fellowship, Center for Surgery and Health Economics, Perelman School of Medicine at UPenn
- Award, California Breast Cancer Research Program Conference

### BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, Institute for the Advancement of Breastfeeding and Lactation Education (2021 - present)
- Member, American Society of Breast Surgeons (2021 - present)
- Member, Academy of Breastfeeding Medicine (2023 - present)
- Fellow, American College of Surgeons (2024 - present)

### PROFESSIONAL EDUCATION

- Board Certification: General Surgery, American Board of Surgery (2021)
- Fellowship: UCSF Surgery Fellowships (2021) CA
- Residency: Stanford University Dept of General Surgery (2020) CA
- Medical Education: Perelman School of Medicine University of Pennsylvania (2013) PA

## Publications

### PUBLICATIONS

- **Breastfeeding Counseling Practices Among Plastic Surgeons: Results From a National Survey.** *Plastic and reconstructive surgery. Global open*
  Bryan, J., Ockerman, K., Yang, R., Cox, E., Safeek, R., Curtin, C., Virk, S. S.
  2025; 13 (4): e6691

- **ASO Visual Abstract: Changes in Surgical Management of the Axilla Over 11 Years-Report on Over 1500 Breast Cancer Patients Treated with Neoadjuvant Chemotherapy on the Prospective I-SPY2 Trial.** *Annals of surgical oncology*
  Boughey, J. C., Yu, H., Dugan, C. L., Piltin, M. A., Postlewait, L., Son, J. D., Edmiston, K. K., Godellas, C., Lee, M. C., Carr, M. J., Tonneson, J. E., Crown, A., Lancaster, et al
  2023

- **Changes in Surgical Management of the Axilla Over 11 Years - Report on More Than 1500 Breast Cancer Patients Treated with Neoadjuvant Chemotherapy on the Prospective I-SPY2 Trial.** *Annals of surgical oncology*
  Boughey, J. C., Yu, H., Dugan, C. L., Piltin, M. A., Postlewait, L., Son, J. D., Edmiston, K. K., Godellas, C. V., Lee, M. C., Carr, M. J., Tonneson, J. E., Crown, A., Lancaster, et al
  2023

- **Developing an Inpatient Relationship Centered Communication Curriculum (I-RCCC) rounding framework for surgical teams.** *BMC medical education*
  Nassar, A. K., Weimer-Elder, B., Yang, R., Kline, M., Dang, B. K., Spain, D. A., Knowlton, L. M., Valdez, A. B., Korndorffer, J. R., Johnson, T.
  2023; 23 (1): 137

- **A randomized phase II study comparing surgical excision versus NeOadjuvant Radiotherapy followed by delayed surgical excision of Ductal carcinoma In Situ (NORDIS)**
  Wapnir, I., DeMartini, W., Allison, K., Stone, K., Dirbas, F., Marquez, C., Ikeda, D., Pal, S., Tsai, J., Yang, R., West, R., McMillan, A., Telli, et al
  AMER ASSOC CANCER RESEARCH.2020

- **Developing an Inpatient Relationship-Centered Communication Curriculum for Surgical Teams: Pilot Study**
  Nassar, A., Weimer-Elder, B., Kline, M., Minthorn, C., Staudenmayer, K. L., Yang, R., Spain, D. A., Maggio, P., Korndorffer, J. R., Johnson, T.
  ELSEVIER SCIENCE INC.2019: E48

- **Female trainees believe that having children will negatively impact their careers: results of a quantitative survey of trainees at an academic medical center.** *BMC medical education*
  Kin, C., Yang, R., Desai, P., Mueller, C., Girod, S.
  2018; 18 (1): 260

- **Female trainees believe that having children will negatively impact their careers: results of a quantitative survey of trainees at an academic medical center** *BMC MEDICAL EDUCATION*
  Kin, C., Yang, R., Desai, P., Mueller, C., Girod, S.
  2018; 18

- **Bridging gaps in breast cancer care: A pilot forum for mental health professionals**
  Yang, R., Rabinowitz, B., Frank, M., Schapira, L., Wapnir, I.
  AMER ASSOC CANCER RESEARCH.2018

- **Hispanic Breast Cancer Patients Travel Further for Equitable Surgical Care at a Comprehensive Cancer Center.** *Health equity*
  Yang, R. L., Wapnir, I.
  2018; 2 (1): 109–16

- **Hispanic Breast Cancer Patients Travel Further for Equitable Surgical Care at a Comprehensive Cancer Center** *HEALTH EQUITY*
  Yang, R. L., Wapnir, I.
  2018; 2 (1): 109–16

- **Addressing Inherited Predisposition for Breast Cancer in Transplant Recipients** *JOURNAL OF SURGICAL ONCOLOGY*
  Yang, R. L., Kurian, A. W., Winton, L. M., Weill, D., Patel, K., Kingham, K., Wapnir, I. L.
  2016; 113 (6): 605-608

- **Surgical Breast Cancer Care for Hispanic Patients Who Travel to an Academic Cancer Center**
  Yang, R., Rhoads, K., Wapnir, I.
  SPRINGER.2016: 172–73

- **DCIS in BRCA1 and BRCA2 mutation carriers: prevalence, phenotype, and expression of oncodrivers C-MET and HER3** *JOURNAL OF TRANSLATIONAL MEDICINE*
  Yang, R. L., Mick, R., Lee, K., Graves, H. L., Nathanson, K. L., Domchek, S. M., Kelz, R. R., Zhang, P. J., Czerniecki, B. J.
  2015; 13: 335

- **Progressive loss of anti-HER2 CD4+ T-helper type 1 response in breast tumorigenesis and the potential for immune restoration.** *Oncoimmunology*
  Datta, J., Rosemblit, C., Berk, E., Showalter, L., Namjoshi, P., Mick, R., Lee, K. P., Brod, A. M., Yang, R. L., Kelz, R. R., Fitzpatrick, E., Hoyt, C., Feldman, et al
  2015; 4 (10): e1022301

- **Progressive loss of anti-HER2 CD4(+) T-helper type 1 response in breast tumorigenesis and the potential for immune restoration** *ONCOIMMUNOLOGY*
  Datta, J., Rosemblit, C., Berk, E., Showalter, L., Namjoshi, P., Mick, R., Lee, K. P., Brod, A. M., Yang, R. L., Kelz, R. R., Fitzpatrick, E., Hoyt, C., Feldman, et al
  2015; 4 (10)

- **Impact of histological subtype on long-term outcomes of neuroendocrine carcinoma of the breast** *BREAST CANCER RESEARCH AND TREATMENT*
  Cloyd, J. M., Yang, R. L., Allison, K. H., Norton, J. A., Hernandez-Boussard, T., Wapnir, I. L.
  2014; 148 (3): 637-644

- **Impact of histological subtype on long-term outcomes of neuroendocrine carcinoma of the breast.** *Breast cancer research and treatment*
  Cloyd, J. M., Yang, R. L., Allison, K. H., Norton, J. A., Hernandez-Boussard, T., Wapnir, I. L.
  2014; 148 (3): 637-644

- **PREDICT: Instituting an Educational Time Out in the Operating Room.** *Journal of graduate medical education*
  Yang, R. L., Esquivel, M., Erdrich, J., Lau, J., Melcher, M. L., Wapnir, I. L.
  2014; 6 (2): 382-383