Stanford

Anna Postolova, MD, MPH

Affiliate, Medicine - Med/Immunology & Rheumatology

CLINICAL OFFICE (PRIMARY)

- **Menlo Medical Clinic**

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  Menlo Park, CA 94025

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Professional Overview

BIO

Dr. Postolova is board certified in internal medicine, allergy/immunology, and rheumatology. She cares for patients of all ages with compromised immune systems or allergic conditions including eczema, hives, angioedema, food and drug allergy, allergic rhinitis, asthma, and chronic rhinosinusitis.

She has authored papers and spoken on care for patients with an overlap of autoimmunity and immunodeficiency and conditions like lupus, rheumatoid arthritis, myositis, vasculitis, granulomatous mastitis, and osteoarthritis.

As a native Russian speaker, Dr. Postolova is sensitive to the cultural differences of patients and their families.

CLINICAL FOCUS

- Allergy and Immunology

PROFESSIONAL EDUCATION

- Medical Education: Tulane University School of Medicine (2012) LA
- Fellowship: Stanford University Rheumatology and Immunology Fellowship (2019) CA
- Board Certification: Allergy and Immunology, American Board of Allergy and Immunology (2019)
- Board Certification: Rheumatology, American Board of Internal Medicine (2019)
- Fellowship: Stanford University Allergy and Immunology Fellowship (2019) CA
- Board Certification: Internal Medicine, American Board of Internal Medicine (2015)
- Residency: Stanford University Internal Medicine Residency (2015) CA

Scientific Focus

PUBLICATIONS

- **A Patient with Sjogren's Syndrome and Subsequent Diagnosis of Inclusion Body Myositis and Light-Chain Amyloidosis** *JOURNAL OF GENERAL INTERNAL MEDICINE*

Hom, J., Marwaha, S., Postolova, A., Kittle, J., Vasquez, R., Davidson, J., Kohler, J., Dries, A., Fernandez-Betancourt, L., Majcherska, M., Dearlove, J., Raghavan, S., Vogel, et al
2019; 34 (6): 1058–62

- **Methotrexate in the Treatment of Idiopathic Granulomatous Mastitis.** *The Journal of rheumatology*
  Postolova, A. n., Troxell, M. L., Wapnir, I. L., Genovese, M. C.
  2019

- **A Patient with Sjogren's Syndrome and Subsequent Diagnosis of Inclusion Body Myositis and Light-Chain Amyloidosis.** *Journal of general internal medicine*
  Hom, J. n., Marwaha, S. n., Postolova, A. n., Kittle, J. n., Vasquez, R. n., Davidson, J. n., Kohler, J. n., Dries, A. n., Fernandez-Betancourt, L. n., Majcherska, M. n., Dearlove, J. n., Raghavan, S. n., Vogel, et al
  2019

- **Reply.** *The journal of allergy and clinical immunology. In practice*
  Postolova, A., Hernandez, J. D.
  2018; 6 (6): 2178

- **Methotrexate in the Treatment of Granulomatous Mastitis: A Retrospective Review of 19 Cases**
  Postolova, A., Genovese, M. C.
  WILEY.2018

- **Anaphylaxis to invasive chlorhexidine administration despite tolerance of topical chlorhexidine use** *JOURNAL OF ALLERGY AND CLINICAL IMMUNOLOGY-IN PRACTICE*
  Postolova, A., Bradley, J. T., Parris, D., Sherr, J., McGhee, S. A., Hernandez, J. D.
  2018; 6 (3): 1067-+

- **Anti-MDA5-Positive Dermatomyositis Presenting as Fever of Unknown Origin** *JOURNAL OF GENERAL INTERNAL MEDICINE*
  Lee, L. W., Narang, N. S., Postolova, A., Seminara, N., Kantor, M. A.
  2016; 31 (12): 1530-1536

- **Corticosteroids in Myositis and Scleroderma.** *Rheumatic diseases clinics of North America*
  Postolova, A., Chen, J. K., Chung, L.
  2016; 42 (1): 103-118

- **Corticosteroids in Myositis and Scleroderma.** *Rheumatic diseases clinics of North America*
  Postolova, A., Chen, J. K., Chung, L.
  2016; 42 (1): 103-118