



Steven S Isono

Clinical Professor, Orthopaedic Surgery

 Curriculum Vitae available Online

CLINICAL OFFICES

- **Orthopaedic Surgery and Sports Medicine**

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ACADEMIC CONTACT INFORMATION

- **Academic Administrative Contact**

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Bio

BIO

Dr. Steven Isono is an Orthopaedic Surgeon specializing in Sports Medicine as well as surgery of the knee and shoulder. He is Board Certified by the American Board of Orthopaedic Surgery in both Orthopaedic Surgery and in Sports Medicine with a Certificate of Added Qualification in Sports Medicine.

Dr. Isono grew up in the East Bay and graduated as the Valedictorian of Oakland High School with All-State Honors in Gymnastics. He received a BA with Honors in Biochemistry from Harvard University and wrote his Research Thesis on Erythrocytes in Sickle Cell Anemia. He then received his MD from Northwestern University and also performed research on Liver Hepatomas during medical school. His Internship in Plastic and Reconstructive Surgery and Residency in Orthopaedic Surgery were both completed at Stanford with additional training in Microsurgery in Japan at the Kyoto University Hospital and the Tokyo Metropolitan Hospital.

He is serving as Team Physician and Consultant for the United States Olympic and Paralympic Committee (USOPSC) for Men's Swimming, Triathlon, Judo, Taekwondo, Track and Field, Men's Rowing, and Boxing), the National Football League Players Association (NFLPA), the Oakland Panthers (Professional Indoor Football League), and Laney College. He was Team Physician for the Golden State Warriors of the National Basketball Association (NBA) for many years and completed this role in 2019. He is also a consultant for the Special Olympics, Ironman World Triathlon Championships, Dew Tour of Action Sports, and Association of Volleyball Professionals. In addition to covering numerous National and International Championship competitions, he has served as the Orthopedic Surgeon for TEAM USA for the 2015 Pan American Games in Canada, the 2016 XXXI Olympic Games in Brazil, and 2018 Youth Olympic Games in Argentina and the 2019 Pan American Games in Peru. Dr. Isono will again serve as the Orthopaedic Surgeon for TEAM USA at the 2021 XXXII Olympic Games in Tokyo in July 2021.

Dr. Isono also is a founder of a Non-Profit organization called the One Nation Project located in West Oakland. This program uses sports as an avenue to mentor kids-at-risk and involves kids from lower school through high school. Of his "first class" of kids, 10 of 11 kids graduated high school and college with a few of his "kids" becoming an Astrophysicist, a Financial Consultant, a Deputy Sheriff, and an Attorney. He is the co-founder of a second Non-Profit organization called Civic Assets which is a program for assisting Veterans affected with Post-Traumatic Stress Disorder (PTSD) and Traumatic Brain Injuries (TBI) transition and assimilate into society.

Dr. Isono is a member of the American Academy of Orthopaedic Surgeons, American Board of Orthopaedic Surgery, American Orthopaedic Society of Sports Medicine, Olympic Sports Medicine Society, Arthroscopy Association of North America, California Orthopaedic Association, Western Orthopaedic Association, NBA Team Physicians Society, and the American College of Sports Medicine. He also holds the position of an Expert Medical Reviewer for the Medical Board of California.

Among his many honors, Dr. Isono has earned the "Top Doctors in Sports Medicine" award in the California Magazine, Oakland Magazine, and Bay Area Consumer's Checkbook, the Patients' Choice Award for California's Favorite Physicians, and designated among "America's Top Orthopedists" by Consumer's Research Council of America.

CLINICAL FOCUS

- Orthopaedic Surgery
- Sports Medicine
- Knee and Shoulder Surgery

ACADEMIC APPOINTMENTS

- Clinical Professor, Orthopaedic Surgery

ADMINISTRATIVE APPOINTMENTS

- Clinical Professor, Department of Orthopaedic Surgery, (2017- present)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Team Physician and Consultant, USA Rowing (2018 - present)
- Team Physician and Consultant, USA Men's Swimming (2017 - present)
- Executive Committee, NBA Team Physicians Society (2015 - present)
- Team Physician and Consultant, Golden State Warriors (2011 - present)
- Team Physician and Consultant, Association of Volleyball Professionals (2007 - present)
- Team Physician and Consultant, Laney College (2005 - present)
- Expert Medical Reviewer, The Medical Board of California (2000 - present)
- Team Physician and Consultant, USA Taekwondo (1997 - present)
- Team Physician and Consultant, USA Track and Field (1996 - present)
- Team Physician and Consultant, USA Boxing (1996 - present)
- Team Physician and Consultant, USA Judo (1994 - present)
- Team Physician and Consultant, USA Triathlon (1994 - present)
- Qualified Medical Evaluator, State of California (1991 - present)

PROFESSIONAL EDUCATION

- Board Certification: Orthoped Surg/Sports Med, American Board of Orthopaedic Surgery (2020)
- B.A., Harvard University , Biochemical Sciences (1978)
- M.D., Northwestern University Feinberg School of Medicine , Medical School (1982)
- Internship, Stanford University Medical Center , General Surgery (1983)
- Residency, Stanford University Medical Center , Orthopaedic Surgery (1987)
- Board Certification, American Board of Orthopaedic Surgery , Orthopaedic Surgery (1989)
- ReCertification, American Board of Orthopaedic Surgery , Orthopaedic Surgery (1999)

- CAQ, American Board of Orthopaedic Surgery , Orthopaedic Surgery Sports Medicine (2007)
- ReCertification, American Board of Orthopaedic Surgery , Orthopaedic Surgery (2009)
- ReCertification, American Board of Orthopaedic Surgery , Orthopaedic Surgery and Sports Medicine (2018)

COMMUNITY AND INTERNATIONAL WORK

- One Nation Project, Oakland, California
- Civic Assets