



Rebecca Kate Miller-Kuhlmann

Clinical Assistant Professor, Neurology & Neurological Sciences

CLINICAL OFFICES

- **Stanford Neuroscience Health Center**

213 Quarry Rd 2nd Fl

MC 5957

Palo Alto, CA 94304

Tel (650) 723-6469

Fax (650) 725-0390

Bio

BIO

Rebecca Miller-Kuhlmann, MD is board certified in Neurology and in Electrodiagnostic Medicine and practices as a Clinical Assistant Professor of Neurology & Neurological Sciences at Stanford University. She sees patients in the divisions of Comprehensive Neurology, Movement, Spasticity and for electrodiagnostic testing. She earned her MD from UCSF School of Medicine and completed residency and fellowship training at Stanford University. Her fellowship training in Comprehensive Clinical Neurology had primary foci in movement disorders, memory/cognitive disorders neuromuscular medicine/EMG/NCS studies, and therapeutic applications of botulinum toxin with supplementary training in neuroimmunology, epilepsy, and headache medicine. Her clinical focus is diagnosis and treatment of neurologic conditions with commitment to maintaining a wide-breadth of knowledge in order to best treat complex patients with multiple neurologic conditions.

Academically, Dr Miller-Kuhlmann is passionate about medical education and physician wellbeing.

Prior to her career in medicine, Dr Miller-Kuhlmann was a public school teacher in Oakland, CA. She further built upon her educational skills during her medical training through the UCSF medical school health professions education pathway and earning her honors certificate in medical education during residency, during which time she also served as an education chief resident. She continues to deeply enjoy working with medical students and residents in the clinic as well as the classroom. She associate-directs the Neurology Block for second year medical students and in 2020 has had the privilege to begin directing the Science of Medicine course which comprises ~40% of the preclinical curriculum. At the residency level, she serves as the associate-director for a novel communication coaching program within the Stanford Neurology Residency.

Dr. Miller-Kuhlmann is the Wellbeing Director for the Department of Neurology and interested in multi-level strategies for promotion of professional fulfillment and mitigation of physician burnout. Nationally, she was an inaugural graduate of the American Academy of Neurology's Live Well Lead Well Leadership program, currently serves on the steering committee for the AAN Influence your Program Leadership Program in Wellbeing, and has been privileged to speak on physician wellbeing at the AAN annual meeting. Locally, she has co-developed and directs a wellbeing program for neurology residents and fellows, steers the neurology department wellness committee, and through close partnership with department quality improvement leaders serves on projects to improve physician wellbeing through a focus on system supports and efficiencies. To this end, she is also a graduate of the Stanford Clinical Effectiveness Leadership Program which develops skills in

quality improvement and change management. She co-developed and annually teaches a project-based novel quality improvement curriculum for residents with an eye toward empowering and supporting trainees in becoming agents of change within the system.

CLINICAL FOCUS

- Neurology

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Neurology & Neurological Sciences

HONORS AND AWARDS

- Outstanding Lecture Award, Stanford School of Medicine (2020)
- AAN Live Well Lead Well Leadership Program Graduate, American Academy of Neurology (2018)
- Alpha Omega Alpha Honor Society, Stanford University (2017)
- Christine Wijman Humanism in Medicine Award, Stanford University (2017)
- Fisher's & Dunn Teaching Award, Stanford University (2017)
- Neurology Clerkship Teaching Award, Stanford University (2014)
- Dean's Award for Student Research (Health Profession's Education Pathway), UCSF (2013)
- Phi Beta Kappa Honor Society, Duke University (2007)

PROFESSIONAL EDUCATION

- Board Certification, American Board of Electrodiagnostic Medicine (2020)
- Board Certification: Neurology, American Board of Psychiatry and Neurology (2017)
- Fellowship, Clinical Neurology, Stanford University (2018)
- Residency: Stanford University Neurology Residency (2017) CA
- Internship: Santa Clara Valley Medical Center Internal Medicine Residency (2014) CA
- Medical Education: University of California at San Francisco School of Medicine (2013) CA

Teaching

COURSES

2020-21

- Science of Medicine I: INDE 221 (Spr)
- Science of Medicine II-A: INDE 222A (Aut)
- Science of Medicine II-B: INDE 222B (Aut)
- Science of Medicine III-A: INDE 223A (Win)
- Science of Medicine III-B: INDE 223B (Win)

Publications

PUBLICATIONS

- **Accelerated launch of video visits in ambulatory neurology during COVID-19: Key lessons from the Stanford experience.** *Neurology*
Yang, L., Brown-Johnson, C. G., Miller-Kuhlmann, R., Kling, S. M., Saliba-Gustafsson, E. A., Shaw, J. G., Gold, C. A., Winget, M.
2020
- **Education Research: A novel resident-driven neurology quality improvement curriculum.** *Neurology*
Miller-Kuhlmann, R., Kraler, L., Bozinov, N., Frolov, A., Mlynash, M., Gold, C. A., Kvam, K. A.

2020; 94 (3): 137–42

- **Rapid implementation of video visits in neurology during COVID-19: a mixed methods evaluation.** *Journal of medical Internet research*
Saliba-Gustafsson, E. A., Miller-Kuhlmann, R. n., Kling, S. M., Garvert, D. W., Brown-Johnson, C. G., Lestoquoy, A. S., Verano, M. R., Yang, L. n., Falco-Walter, J. n., Shaw, J. G., Asch, S. M., Gold, C. A., Winget, et al
2020
- **Making Well Neurologists: A Multifaceted Program for Neurology Trainee and Faculty Wellbeing**
Miller-Kuhlmann, R., Murray, N., Dujari, S., Karamian, A., Hamidi, M., Su, E., Bozinov, N., McGranahan, T.
LIPPINCOTT WILLIAMS & WILKINS.2019
- **A Quality Improvement Curriculum for Neurology Residents**
Miller-Kuhlmann, R., Kraler, L., Bozinov, N., Frolov, A., Mlynash, M., Gold, C., Kvam, K.
LIPPINCOTT WILLIAMS & WILKINS.2018
- **Essential steps in developing best practices to assess reflective skill: A comparison of two rubrics** *MEDICAL TEACHER*
Miller-Kuhlmann, R., O'Sullivan, P. S., Aronson, L.
2016; 38 (1): 75-81
- **The regulatory easy street: Self-regulation below the self-control threshold does not consume regulatory resources** *PERSONALITY AND INDIVIDUAL DIFFERENCES*
Vandellen, M. R., Hoyle, R. H., Miller, R.
2012; 52 (8): 898-902

PRESENTATIONS

- A Novel Quality Improvement Curriculum for Neurology Residents - American Academy of Neurology Annual Conference (April 23, 2018)
- Making Well Neurologists: a longitudinal wellbeing program - International Conference on Physician Health (10/12/2018)