

Stanford



Yulia Zak, MD

Clinical Assistant Professor, Surgery - General Surgery

CLINICAL OFFICE (PRIMARY)

- **General Surgery**

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ACADEMIC CONTACT INFORMATION

- **Academic & Administrative Contact**

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Bio

BIO

Dr. Yulia Zak earned her medical degree from SUNY Downstate Medical Center before completing general surgery residency at Stanford University and advanced minimally invasive gastrointestinal and bariatric fellowship training at the Massachusetts General Hospital. Dr. Zak is certified by the American Board of Surgery and American Society for Metabolic and Bariatric Surgery. She has also completed the Stanford Surgical Education and Simulation fellowship and was previously an Assistant Program Director for the general surgery residency program at Mount Sinai Beth Israel. Dr. Zak joined the faculty at Stanford in 2018 and is the current Fellowship Associate Program Director. Her current clinical practice is focused on bariatrics, foregut and abdominal wall procedures. Her academic interests include quality improvement, surgical education, and bariatric outcomes.

CLINICAL FOCUS

- General Surgery
- Bariatric Surgery
- Minimally Invasive Surgery

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Surgery - General Surgery

PROFESSIONAL EDUCATION

- Residency: Stanford University Dept of General Surgery (2014) CA
- Board Certification: General Surgery, American Board of Surgery (2015)
- Fellowship: Massachusetts General Minimally Invasive and Bariatric Surgery Fellowship (2015) MA
- Medical Education: SUNY Downstate College of Medicine (2007) NY

Publications

PUBLICATIONS

- **Novel Technique of Breast Reconstruction with Omental Fat-Augmented Free Flap Improves Donor Site Morbidity and Reduces Postoperative Narcotic Use**
Deptula, P. L., Zak, Y., Dua, M. M., Wapnir, I. L., Nguyen, D.
ELSEVIER SCIENCE INC.2021: S36-S37
- **Enhanced Recovery after Bariatric Surgery: Further Reduction in Opioid Use with the Introduction of Dexmedetomidine and Transverse Abdominis Plane Block**
Alimi, Y. R., Crawford, E., Hoorzuk, S., Cheng, N., Lu, A., Kennedy, L., Ahmed, T., Esquivel, M., Azagury, D. E., Zak, Y.
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- **Experience With Vertical Sleeve Gastrectomy in Adolescent and Young Adult Ehlers-Danlos Syndrome Patients: a Case Series and Review of the Literature** *Obesity Surgery*
Herdes, R. E., Abu El Haija, M., Johnson, K., Shepard, W., Zak, Y., Bruzoni, M., Pratt, J. S.
2021
- **Development and Evaluation of a Novel Instrument to Measure Severity of Intraoperative Events Using Video Data.** *Annals of surgery*
Jung, J. J., Jüni, P. n., Gee, D. W., Zak, Y. n., Cheverie, J. n., Yoo, J. S., Morton, J. M., Grantcharov, T. n.
2020
- **Development and Evaluation of a Novel Instrument to Measure Severity of Intraoperative Events Using Video Data.** *Annals of surgery*
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2020; 272 (2): 220–26
- **Compliance With Gastric Cancer Guidelines is Associated With Improved Outcomes.** *Journal of the National Comprehensive Cancer Network*
Worhunsky, D. J., Ma, Y., Zak, Y., Poultides, G. A., Norton, J. A., Rhoads, K. F., Visser, B. C.
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- **Laparoscopic spleen-preserving distal pancreatectomy: the technique must suit the lesion.** *Journal of gastrointestinal surgery*
Worhunsky, D. J., Zak, Y., Dua, M. M., Poultides, G. A., Norton, J. A., Visser, B. C.
2014; 18 (8): 1445-1451
- **The Epidemiology of Idiopathic Acute Pancreatitis, Analysis of the Nationwide Inpatient Sample From 1998 to 2007** *PANCREAS*
Chen, Y., Zak, Y., Hernandez-Boussard, T., Park, W., Visser, B. C.
2013; 42 (1): 1-5
- **Failure to comply with NCCN guidelines for the management of pancreatic cancer compromises outcomes** *HPB*
Visser, B. C., Ma, Y., Zak, Y., Poultides, G. A., Norton, J. A., Rhoads, K. F.
2012; 14 (8): 539-547
- **Another Use of the Mobile Device: Warm-up for Laparoscopic Surgery** *JOURNAL OF SURGICAL RESEARCH*
Plerhoples, T. A., Zak, Y., Hernandez-Boussard, T., Lau, J.
2011; 170 (2): 185-188
- **Predictors of Surgical Intervention for Hepatocellular Carcinoma** *ARCHIVES OF SURGERY*
Zak, Y., Rhoads, K. F., Visser, B. C.
2011; 146 (7): 778-784
- **Crossed fused renal ectopia with calculi** *JOURNAL OF THE AMERICAN COLLEGE OF SURGEONS*
Ghosh, B. C., DeSantis, M., Kleyner, Y., Zak, Y.
2008; 206 (4): 753
- **Patterns of recurrence of colorectal cancer** *JOURNAL OF SURGICAL ONCOLOGY*
Zak, Y., Moore, H. G., Ghosh, B. C.
2008; 97 (1): 1–2