Stanford

Dona Tversky

Clinical Assistant Professor, Psychiatry and Behavioral Sciences

Bio

BIO

Dona A. Tversky, MD, MPH is a psychiatrist and clinical educator interested in psychodynamic psychotherapy and community-based preventive mental health. She is dedicated to the creation of psychologically healthy environments, both at individual and community levels. At Stanford, Dr. Tversky serves as a clinical supervisor for residents learning depth psychotherapy and teaches her own course about the backbone of psychotherapeutic thought in her Spring undergraduate course, "How to Think Like a Shrink". In her community-based work, Dr. Tversky serves as an educator and psychiatric consultant for the integrated behavioral health team at Ravenswood Family Health Center in East Palo Alto. Her current initiatives bridge clinical care with environmental design; these include a collaborative project to connect the Ravenswood Clinic to the East Palo Alto Bay Trail and a partnership with the Stanford d.school, Peninsula Healthcare Connection, and Sutter Health to develop a psychology-informed clinic for unhoused individuals in Palo Alto.

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences

ADMINISTRATIVE APPOINTMENTS

- Psychiatric Consultant, Ravenswood Family Health Center, (2019- present)

PROFESSIONAL EDUCATION

- BA, Yale College (1998)
- MPH, University of the Western Cape (2001)
- MD, Stanford Medical School (2008)
- Residency, UCSF Department of Psychiatry & Behavioral Sciences (2011) Stanford Department of Psychiatry & Behavioral Sciences (2013) (2013)

Teaching

COURSES

2026-27

- How to Think Like a Shrink: PSYC 230, PSYCH 131A (Spr)

2025-26

- How to Think Like a Shrink: PSYC 230, PSYCH 131A (Spr)

2024-25

- How to Think Like a Shrink: PSYC 230, PSYCH 131A (Spr)

2023-24

- How to Think Like a Shrink: PSYC 230, PSYCH 131A (Spr)