



## Harise Stein

Adjunct Clinical Professor, Obstetrics & Gynecology - General

### Bio

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#### BIO

Dr. Harise Stein has had multiple clinical, teaching and administrative roles at Stanford in addition to her private practice. In June 2022 she semi-retired, closing her private office and stopped seeing patients in Stanford ob/gyn clinics.

-- Stanford Physician PRN Support Program, where having served as an initial member of the physician wellness committee, a peer support trainer, author of the peer support manual and program Director for several years, she has now stepped down to a peer supporter. In addition, for 8 years, up until January 2019, she served as the WellMD Newsletter editor, and was the creator and webmaster for the WellMD website. She has been a frequent speaker on topics of burnout and resilience for medical and community groups.

-- Founder and Co-Chair of Stanford Family Abuse Prevention Council, teaching medical and community members about the health effects, recognition and management of partner and family abuse. She has created Stanford websites for domestic abuse, child abuse, elder abuse and human trafficking, as well as a monthly abuse research summary (see next section). In addition, she served for seven years as a Commissioner on the Santa Clara County Domestic Violence Council and has been a member of the LPPH Suspected Child Abuse and Neglect Committee.

-- Editor of monthly Abuse Research newsletter ([abuseresearch.info](http://abuseresearch.info)), summarizing the most important articles indexed by the NLM each month on the health effects of abuse. This newsletter goes out to a large local, national and international audience of clinicians, researchers, advocates, judiciary/law, government officials and policy makers.

-- Stanford Integrative Medicine Society, as a founding member and webmaster, and until recently serving as the Director of Stanford Ob/Gyn Preoperative Mind-Body Support program, preparing patients in ob and gyn clinics for upcoming surgery using various techniques including education, mindfulness, relaxation and positive psychology.

Through her many years of caring for patients and fellow physicians, she has come to believe that the most important root factor in health and well-being is the power of relationships - how family members treat each other, the impact of an optimal patient-physician interaction, the support of medical colleagues by and for each other, and their relationship with their institution.