



Gloria M. Kardong MD, DLFAPA, DABPN

Adjunct Clinical Associate Professor, Psychiatry and Behavioral Sciences

CONTACT INFORMATION

- **Alternate Contact**

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Bio

BIO

I attended Stanford University as an undergraduate, then returned to Stanford for my Psychiatry residency and Chief Residency. I then joined the Faculty in the Department of Psychiatry and Behavioral Sciences. I am an adjunct Clinical Associate Professor. I teach and supervise the residents in the program.

I am also on the Faculty of the Stanford Forensic Psychiatry Fellowship Program, where I teach and supervise post-graduate Fellows.

I have served as an Examiner for the Medical Board of California and do Forensic Psychiatry/Expert Witness work for attorneys as part of my private practice for the past 15 years.

I have been in private practice for 35 years, including 15 years of virtual care. I am licensed in 10 states and can provide telepsychiatry services in all of those states.

Among my specialties are trauma; abuse; PTSD; women's health care-related issues, including pregnancy and post-partum issues, PMS, menopause and hormonal issues across the life span.

I also enjoy treating student health-related concerns and helping impaired professionals.

I treat all psychiatric problems for men, women, adolescents and couples. This includes anxiety, panic, bipolar disorder, ADHD, relationship issues and more.

ADMINISTRATIVE APPOINTMENTS

- Medical Director, Women's Program, Oak Creek Hospital, (1991-1991)
- Medical Director/Ward Chief, Pal Alto Veteran's Administration Hospital, (1990-1990)
- Founder and Director, Infectious Disease/Psychiatry Liaison Clinic, Palo Alto Veterans Administrative Hospital, (1989-1990)
- Member, Resident's Committee, California Psychiatric Association, (1989-1990)
- Resident Councilor, American Psychiatric Association, Northern California Psychiatric Society, (1988-1989)
- Founder, Peer Advisor Program, University of Washington School of Medicine, (1986-1987)
- National Executive Student Coordinator, American Medical Women's Association, (1982-1983)

HONORS AND AWARDS

- Distinguished Life Fellow, American Psychiatric Association (2021-present)

- Distinguished Fellow, American Psychiatric Association (2006-2020)
- Fellow, American Psychiatric Association (2003-2006)
- Distinguished Service Award, 30 years, Stanford University School of Medicine, Department of Psychiatry and Behavioral Sciences (2020)
- Distinguished Service Award, 25 years, Stanford University School of Medicine, Department of Psychiatry and Behavioral Sciences (2015)
- Distinguished Service Award, 20 years, Stanford University School of Medicine, Department of Psychiatry and Behavioral Sciences (2010)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, American Psychiatric Association (1986 - present)
- Member, Northern California Psychiatric Association (1986 - present)
- Member, American Medical Association (1986 - present)
- Member, Santa Clara County Medical Society (1986 - 2016)
- Member, California Psychiatric Association (1986 - 2019)
- Member, California Medical Association (1986 - 2016)
- Member, American Medical Women's Association (1981 - 1990)
- Member, American Telemedicine Association (2018 - 2019)

PROFESSIONAL EDUCATION

- NA, Stanford University , Program in Structured Liberal Education (1975)
- NA, Stanford University , Program in Human Biology (1977)
- BA, University of Washington , Zoology, BA with Honors (1981)
- MD, University of Washington School of Medicine , Medicine (1986)

COMMUNITY AND INTERNATIONAL WORK

- Mentor, Washington, DC
- Physician, Russia
- Nominee, Many
- Psychopharmacology for Non-Medical Therapists, San Francisco
- Psychopharmacology for Non-Medical Therapists, Seattle

Teaching

GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Psychiatry and Behavioral Science (Fellowship Program)