

Kin M. Yuen, MD, MS, FAASM

Clinical Associate Professor, Psychiatry and Behavioral Sciences - Sleep Medicine

CLINICAL OFFICE (PRIMARY)

- **Sleep Disorders Clinic**

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Bio

BIO

Dr. Kin Min Yuen is a board-certified, fellowship-trained sleep medicine specialist with Stanford Health Care. She is also a clinical instructor in the Department of Psychiatry and Behavioral Sciences, Division of Sleep Medicine at Stanford University School of Medicine.

Dr. Yuen specializes in diagnosing and treating sleep disorders in adults and children older than 3 years old. Conditions she treats include insomnia, obstructive sleep apnea, periodic limb movement disorder, restless legs syndrome, and sleepwalking.

Dr. Yuen's research interests have included women and sleep disorders, healthy sleep and aging, and advancements in treating sleep apnea.

Dr. Yuen has published her research in peer-reviewed journals such as the Journal of Clinical Sleep Medicine, Chest, International Journal of Sleep Disorders, and Psychosomatic Medicine. She has presented to her peers at international, national, and regional meetings, including those of the American Thoracic Society, the American Academy of Sleep Medicine (AASM), and the California Sleep Society (CSS).

Dr. Yuen is a member of the AASM, the CSS, the International Pediatric Sleep Association (IPSA), and the World Sleep Society.

CLINICAL FOCUS

- Sleep Medicine

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Psychiatry and Behavioral Sciences - Sleep Medicine

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, World Sleep Society (2024 - present)
- Member, Public Safety Committee, AASM (2019 - 2022)
- Member, Membership Committee, AASM (2001 - 2002)
- Member, IPSA (2022 - present)

- Member, Health Policy Committee, AASM (2002 - 2005)
- Member, CSS (2016 - present)
- Member, Advocacy Committee, AASM (2023 - present)
- Member, AASM (2020 - present)

PROFESSIONAL EDUCATION

- Board Certification: Sleep Medicine, American Board of Internal Medicine (2007)
- Fellowship: Stanford University Medical Center (2000) CA
- Fellowship: Stanford University Medical Center (1998) CA
- Residency: Albert Einstein College of Medicine (1991) NY
- Medical Education: Albert Einstein College of Medicine (1988) NY

Publications

PUBLICATIONS

- **Youth, mental health and sleep.** *Journal of clinical sleep medicine : JCSM : official publication of the American Academy of Sleep Medicine*
Yuen, K. M., Strang, A., Sullivan, S.
2022
- **Monitoring of the Patient on CPAP and When Should Alternative Treatment Modalities Be Considered** *CPAP Adherence: Factors and Perspectives*
Yuen, K. M., Pelayo, R.
2022
- **Child and teen sleep and pandemic-era school.** *Journal of clinical sleep medicine : JCSM : official publication of the American Academy of Sleep Medicine*
Yuen, K., Strang, A. R., Flynn-Evans, E. E., Barrantes Perez, J. H., Berneking, M., Bhui, R., Cheng, J. Y., Dombrowsky, J., Ganguly, G., Rishi, M. A., Rosen, C., Upender, R., Sullivan, et al
2021
- **When an Individual Should See a Medical Provider About Sleep** *Encyclopedia of Sleep and Circadian Rhythms*
Yuen, K. M.
2021
- **Healthy sleep: basic sleep tips** *Encyclopedia of Sleep and Circadian Rhythms*
Yuen, K. M.
2021
- **Daylight saving time: an American Academy of Sleep Medicine position statement.** *Journal of clinical sleep medicine : JCSM : official publication of the American Academy of Sleep Medicine*
Rishi, M. A., Ahmed, O., Barrantes Perez, J. H., Berneking, M., Dombrowsky, J., Flynn-Evans, E. E., Santiago, V., Sullivan, S. S., Upender, R., Yuen, K., Abbasi-Feinberg, F., Aurora, R. N., Carden, et al
2020
- **Socioeconomic Impact of Pediatric Sleep Disorders.** *Sleep medicine clinics*
Yuen, K. M., Pelayo, R.
2017; 12 (1): 23-30
- **Sleep-Disordered Breathing in Ehlers-Danlos Syndrome: A Genetic Model of OSA.** *Chest*
Guilleminault, C., Primeau, M., Chiu, H., Yuen, K. M., Leger, D., Metlaine, A.
2013; 144 (5): 1503-1511
- **Pediatric Sleep Pharmacology** *CHILD AND ADOLESCENT PSYCHIATRIC CLINICS OF NORTH AMERICA*
Pelayo, R., Yuen, K.
2012; 21 (4): 861-?

- **Atypical sexual behavior during sleep** *PSYCHOSOMATIC MEDICINE*
Guillemainault, C., Moscovitch, A., Yuen, K., Poyares, D.
2002; 64 (2): 328-336
- **Hypersomnia after head-neck trauma - A medicolegal dilemma** *NEUROLOGY*
Guillemainault, C., Yuen, K. M., Gulevich, M. G., Karadeniz, D., Leger, D., Philip, P.
2000; 54 (3): 653-659
- **Sleep disorders and attention-deficit/hyperactivity disorder** *JAMA-JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION*
Yuen, K. M., Pelayo, R.
1999; 281 (9): 797-797