



## Kaniksha Desai

Clinical Professor, Medicine - Endocrinology, Gerontology, & Metabolism

### CLINICAL OFFICE (PRIMARY)

- **Endocrine Clinic within Ambulatory Care Clinic**

300 Pasteur Dr Rm A13

Stanford, CA 94305

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### Bio

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#### BIO

Dr. Kaniksha Desai is a board-certified endocrinologist and clinical professor at Stanford University. She completed her endocrinology fellowship at the Mayo Clinic, with an emphasis on the management of patients with thyroid cancer. Dr. Desai's clinical practice focuses on the management of patients with thyroid nodules and thyroid cancer. She also maintains board certification in neck ultrasonography.

#### CLINICAL FOCUS

- Endocrinology
- Diabetes and Metabolism
- Thyroid Cancer
- Thyroid Nodule
- Thyroid Diseases

#### ACADEMIC APPOINTMENTS

- Clinical Professor, Medicine - Endocrinology, Gerontology, & Metabolism
- Member, Stanford Cancer Institute

#### ADMINISTRATIVE APPOINTMENTS

- Endocrinology Quality Director, Stanford Health Care, (2018- present)
- Physician Director, Realizing Improvement through Team Empowerment (RITE), Stanford HealthCare, (2021- present)
- Executive Director, Medical Ambulatory Specialties Project Engagement Platform, Stanford HealthCare, (2024- present)
- Clinical Advice Services, Stanford Health Care, (2017- present)
- Co-Chair, Clinical Educator Advisory Committee, Stanford School of Medicine, (2020-2025)
- Resident and Medical Student Director Endocrinology, Stanford School of Medicine, (2018-2022)

#### HONORS AND AWARDS

- Fellow of Endocrine Alliance Academy (FEAA), Endocrine Alliance (2022)

- Fellow of American Association of Clinical Endocrinology (FACE), AACE (2021)

## BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Annual Program Committee, American Thyroid Association (2023 - present)
- Endocrine Board Review Faculty, Endocrine Society (2023 - present)
- Awards Committee, American Association Clinical Endocrinology (2024 - 2025)
- Nominating Committee, American Association of Clinical Endocrinology (2023 - 2024)
- Item Writing Task Force Member, American Board of Internal Medicine (2020 - 2023)
- Chair Public Health Committee, American Thyroid Association (2017 - 2021)
- Thyroid Disease Network Committee Member, American Association of Clinical Endocrinology (2021 - present)
- Fellow Member, Stanford Medicine Center of Improvement (2022 - present)
- Member, American Thyroid Association (2013 - present)
- Member, Endocrine Society (2013 - present)
- Member, American Association Of Clinical Endocrinology (2013 - present)

## PROFESSIONAL EDUCATION

- ECNU, American Association of Clinical Endocrinology , Board Certain, Neck Ultrasonography (2016)
- Board Certification: Endocrinology, Diabetes and Metabolism, American Board of Internal Medicine (2015)
- Board Certification, American Board of Internal Medicine , Internal Medicine (2013)
- Fellowship: Mayo Clinic Endocrinology Fellowship (2015) FL
- Residency: Virginia Commonwealth University Internal Medicine Residency (2013) VA
- Medical Education: Wake Forest School of Medicine (2010) NC

## Publications

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### PUBLICATIONS

- **Thyroid: Year in Review 2024-2025.** *Endocrine practice : official journal of the American College of Endocrinology and the American Association of Clinical Endocrinologists*  
Gupta, M., Desai, K., Thanadar, R., Kotwal, A., Chindris, A. M.  
2025
- **Hypocalcemia Post Total Thyroidectomy: A Ten-Year, Single Institution Experience with a PTH-Guided Calcium and Calcitriol Supplementation Protocol.** *Endocrine practice : official journal of the American College of Endocrinology and the American Association of Clinical Endocrinologists*  
Chindris, A., Dahiya, R., Heckman, M. G., Sledge, H., Desai, K., Bernet, V. J., Rao, S. N., Dumitrascu, A. G., Ozgursoy, S. K., Janus, J., Casler, J. D., Abate, E.  
2025
- **Targeted Interventions Lead to Quality Improvement in Year 2 of an Artificial Intelligence-Based Diabetic Retinopathy Detection Program in Northern California.** *Retina (Philadelphia, Pa.)*  
Chen, K. M., Zhao, C. S., Knapp, A., Dow, E., Phadke, A., Tan, M., Desai, K., Or, C., Mahajan, V., Do, D. V., Mruthyunjaya, P., Leng, T., Myung, et al  
2025
- **Exploring the Link Between Thyroid Disorders and Obesity : Mechanisms, Impacts, and Clinical Implications.** *Endocrine practice : official journal of the American College of Endocrinology and the American Association of Clinical Endocrinologists*  
Dharia, A., Desai, D., Desai, K.  
2025
- **Nasolacrimal Duct Obstruction following Radioactive Iodine: An update on counseling recommendations for thyroid cancer survivors.** *Endocrine practice : official journal of the American College of Endocrinology and the American Association of Clinical Endocrinologists*

- Homer, N., Desai, K.  
2024
- **Hyperthyroidism Due to Graves Disease After Radiofrequency Ablation.** *JCEM case reports*  
McAninch, E. A., Desai, K., McCowen, K. C., Orloff, L. A.  
2023; 1 (3): luad056
  - **Surgical resection of mediastinal ectopic thyroid tissue: a case series** *JOURNAL OF THORACIC DISEASE*  
Motlaghzadeh, Y., Nesbit, S., Guo, H., Yang, E., Desai, K., Lui, N. S.  
2023
  - **A Parathyroid Hormone-guided Calcium and Calcitriol Supplementation Protocol Reduces Hypocalcemia-related Readmissions Following Total Thyroidectomy.** *Endocrine practice : official journal of the American College of Endocrinology and the American Association of Clinical Endocrinologists*  
Chindris, A., Desai, K., Ozgursoy, S. K., Heckman, M. G., Casler, J. D.  
2023
  - **Radiotherapy for brain metastases from thyroid cancer: an institutional and national retrospective cohort study.** *Thyroid : official journal of the American Thyroid Association*  
Blomain, E. S., Berta, S., Hug, N. F., Giao, D. M., Meola, A., Binkley, M. S., Hui, C., Churilla, T., Shahsavari, N., Desai, K., Chang, S. D., Soltys, S., Pollom, et al  
2022
  - **Benign Ectopic Thyroid in the Lateral (Level II) Neck Compartment** *CUREUS JOURNAL OF MEDICAL SCIENCE*  
Liu, G. S., Berry, G. J., Desai, K., Megwalu, U. C.  
2022; 14 (2)
  - **Benign Ectopic Thyroid in the Lateral (Level II) Neck Compartment.** *Cureus*  
Liu, G. S., Berry, G. J., Desai, K., Megwalu, U. C.  
2022; 14 (2): e22140
  - **RADIOTHERAPY FOR BRAIN METASTASES FROM THYROID CANCER: A RETROSPECTIVE COHORT STUDY**  
Blomain, E., Berta, S., Hug, N., Giao, D., Meola, A., Binkley, M., Shahsavari, N., Desai, K., Chang, S., Soltys, S., Pollom, E.  
OXFORD UNIV PRESS INC.2021: 42
  - **Metastatic Paraganglioma of the Spine With SDHB Mutation: Case Report and Review of the Literature** *INTERNATIONAL JOURNAL OF SPINE SURGERY*  
Jabarkheel, R., Pendharkar, A., Lavezo, J. L., Annes, J., Desai, K., Vogel, H., Desai, A. M.  
2021; 14: S37–S45
  - **Metastatic Paraganglioma of the Spine With SDHB Mutation: Case Report and Review of the Literature.** *International journal of spine surgery*  
Jabarkheel, R., Pendharkar, A. V., Lavezo, J. L., Annes, J., Desai, K., Vogel, H., Desai, A. M.  
2021; 14 (s4): S37-S45
  - **Doeg-Potter syndrome presenting as 'end-stage renal disease-associated hypoglycaemia': a primary presentation of retroperitoneal sarcoma.** *BMJ case reports*  
Shekhar, S., Chen, J., Desai, K.  
2020; 13 (8)
  - **Visual Vignette** *ENDOCRINE PRACTICE*  
Vukkadala, N., Desai, K., Megwalu, U.  
2019; 25 (12): 1366
  - **Socioeconomic Predictors of Pituitary Surgery.** *Cureus*  
Deb, S., Vyas, D. B., Pendharkar, A. V., Rezaii, P. G., Schoen, M. K., Desai, K., Gephart, M. H., Desai, A.  
2019; 11 (1): e3957
  - **Socioeconomic Predictors of Pituitary Surgery** *CUREUS*  
Deb, S., Vyas, D. B., Pendharkar, A., Rezaii, P. G., Schoen, M. K., Desai, K., Gephart, M. H., Desai, A.  
2019; 11 (1)

- **Clinical efficacy of frameless stereotactic radiosurgery in the management of spinal metastases from thyroid carcinoma.** *Spine*  
Hariri, O. n., Takayanagi, A. n., Lischalk, J. n., Desai, K. n., Florence, T. J., Yazdian, P. n., Chang, S. D., Vrionis, F. n., Adler, J. R., Quadri, S. A.,  
Desai, A. n.  
2019
- **DUAL ECTOPIC THYROID GLANDS.** *Endocrine practice : official journal of the American College of Endocrinology and the American Association of Clinical Endocrinologists*  
Vukkadala, N. n., Desai, K. n., Megwalu, U. n.  
2019