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Lauren Destino

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- Clinical Professor, Emergency Medicine

CLINICAL OFFICE (PRIMARY)

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Bio

BIO

Lauren Destino, MD, is the Associate Division Chief of the Pediatric Hospital Medicine Division and co-Medical Director of Acute Care and Case Management at Lucile Packard Children's Hospital Stanford (LPCHS) and a Clinical Professor at Stanford University. She was a site co-Investigator for the I-PASS study at Stanford and the site Principal Investigator for the PCORI grant, Bringing I-PASS to the Bedside: A Communication Bundle to Improve Patient Safety and Experience. She is involved in a number of quality and process improvement related activities at LPCHS. She has led trainee education in quality and performance improvement and is a fellow in the Stanford Medicine Center for Improvement. Her research interests include communication among the care team (inclusive of patients and families), patient flow throughout the hospital, and value centered improvement.

CLINICAL FOCUS

- Hospital Medicine
- Pediatric Hospital Medicine

ACADEMIC APPOINTMENTS

- Clinical Professor, Pediatrics
- Clinical Professor, Emergency Medicine

PROFESSIONAL EDUCATION

- Residency: Medical College Of Wisconsin (2007) WI
- Board Certification: Pediatric Hospital Medicine, American Board of Pediatrics (2019)
- Chief Residency, Medical College of Wisconsin , Pediatrics (2008)
- Board Certification: Pediatrics, American Board of Pediatrics (2007)
- Medical Education: Northwestern University Feinberg School of Medicine (2004) IL
- BS, University of Notre Dame , Chemical Engineering (2000)

Publications

PUBLICATIONS

- **Pediatric nurse perspectives on patient- and family-centered rounds: A qualitative study.** *Journal of hospital medicine*
  Baird, J., Beaird, G., Tanner, E. K., Romano, E., Spacciante, L., Garcia, S., Rodriguez, J., Loureiro, A., Hairston, D., Emodi, K., Finley, C., Fegley, A. E., Rogers, et al
  2025

- **Disparities in Patient Safety: Much to Consider.** *Hospital pediatrics*
  Destino, L., Lieberman, A., Khan, A.
  2024

- **Implementing a Family-Centered Rounds Intervention Using Novel Mentor-Trios.** *Pediatrics*
  Khan, A., Patel, S. J., Anderson, M., Baird, J. D., Johnson, T. M., Liss, I., Graham, D. A., Calaman, S., Fegley, A. E., Goldstein, J., O'Toole, J. K., Rosenbluth, G., Alminde, et al
  2024

- **Utilizing co-production to improve patient-centeredness and engagement in healthcare delivery: Lessons from the Patient and Family-Centered I-PASSstudies.** *Journal of hospital medicine*
  O'Toole, J. K., Calaman, S., Anderson, M., Baird, J., Fegley, A., Goldstein, J., Johnson, T., Khan, A., Patel, S. J., Rosenbluth, G., Sectish, T. C., West, D. C., Landrigan, et al
  2023

- **Importance of inclusive leadership in the pandemic response: the critical role of the physician.** *BMJ leader*
  Destino, L., Lin, A., Mathew, R., Lee, T., Aziz, N., Claura, R., Kim, J., Lee, G.
  2023

- **Implementation of the I-PASS handoff program in diverse clinical environments: A multicenter prospective effectiveness implementation study.** *Journal of hospital medicine*
  Starmer, A. J., Spector, N. D., O'Toole, J. K., Bismilla, Z., Calaman, S., Campos, M. L., Coffey, M., Destino, L. A., Everhart, J. L., Goldstein, J., Graham, D. A., Hepps, J. H., Howell, et al
  2022

- **Family, nurse, and physician beliefs on family-centered rounds: A 21-site study** *JOURNAL OF HOSPITAL MEDICINE*
  Patel, S. J., Khan, A., Bass, E. J., Graham, D., Baird, J., Anderson, M., Calaman, S., Cray, S., Destino, L., Fegley, A., Goldstein, J., Johnson, T., Kocolas, et al
  2022

- **Intervention, individual, and contextual determinants to high adherence to structured family-centered rounds: a national multi-site mixed methods study.** *Implementation science communications*
  Knighton, A. J., Bass, E. J., McLaurin, E. J., Anderson, M., Baird, J. D., Cray, S., Destino, L., Khan, A., Liss, I., Markle, P., O'Toole, J. K., Patel, A., Srivastava, et al
  2022; 3 (1): 74

- **Healthcare utilization in children across the care continuum during the COVID-19 pandemic.** *PloS one*
  Schroeder, A. R., Dahlen, A., Purington, N., Alvarez, F., Brooks, R., Destino, L., Madduri, G., Wang, M., Coon, E. R.
  2022; 17 (10): e0276461

- **Patient and Family-Centered I-PASS SCORE Program: Resident and Advanced Care Provider Training Materials.** *MedEdPORTAL : the journal of teaching and learning resources*
  Lewis, K. D., Destino, L., Everhart, J., Subramony, A., Dreyer, B., Allair, B., Anderson, M., Baird, J., Bismilla, Z., Good, B., Hepps, J., Khan, A., Kuzma, et al
  2022; 18: 11267

- **Parental Perspectives on Continuous Pulse Oximetry Use in Bronchiolitis Hospitalizations.** *Pediatrics*
  Chi, K. W., Coon, E. R., Destino, L., Schroeder, A. R.
  2020

- **Comparison of As-Needed and Scheduled Posthospitalization Follow-up for Children Hospitalized for Bronchiolitis: The Bronchiolitis Follow-up Intervention Trial (BeneFIT) Randomized Clinical Trial.** *JAMA pediatrics*

Coon, E. R., Destino, L. A., Greene, T. H., Vukin, E., Stoddard, G., Schroeder, A. R.
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- **Day of Illness and Outcomes in Bronchiolitis Hospitalizations.** *Pediatrics*
  Schroeder, A. R., Destino, L. A., Ip, W. n., Vukin, E. n., Brooks, R. n., Stoddard, G. n., Coon, E. R.
  2020
- **An Improvement Effort to Optimize Electronically Generated Hospital Discharge Instructions.** *Hospital pediatrics*
  Chadwick, W., Bassett, H., Hendrickson, S., Slonaker, K., Perales, S., Pantaleoni, J., Srinivas, N., Platchek, T., Destino, L.
  2019
- **Family-Centered Rounds: Past, Present, and Future.** *Pediatric clinics of North America*
  Destino, L. A., Shah, S. S., Good, B. n.
  2019; 66 (4): 827–37
- **Improving Patient Flow: Analysis of an Initiative to Improve Early Discharge** *JOURNAL OF HOSPITAL MEDICINE*
  Destino, L., Bennett, D., Wood, M., Acuna, C., Goodman, S., Asch, S. M., Platchek, T.
  2019; 14 (1): 22–27
- **Patient safety after implementation of a coproduced family centered communication programme: multicenter before and after intervention study.** *BMJ (Clinical research ed.)*
  Khan, A., Spector, N. D., Baird, J. D., Ashland, M., Starmer, A. J., Rosenbluth, G., Garcia, B. M., Litterer, K. P., Rogers, J. E., Dalal, A. K., Lipsitz, S., Yoon, C. S., Zigmont, et al
  2018; 363: k4764
- **I-PASS Handoff Program: Use of a Campaign to Effect Transformational Change.** *Pediatric quality & safety*
  Rosenbluth, G., Destino, L. A., Starmer, A. J., Landrigan, C. P., Spector, N. D., Sectish, T. C., I-PASS Campaign Committee
  2018; 3 (4): e088
- **Multisite Emergency Department Inpatient Collaborative to Reduce Unnecessary Bronchiolitis Care** *PEDIATRICS*
  Mussman, G. M., Lossius, M., Wasif, F., Bennett, J., Shadman, K. A., Walley, S. C., Destino, L., Nichols, E., Ralston, S. L.
  2018; 141 (2)
- **Outcomes of Follow-up Visits After Bronchiolitis Hospitalizations.** *JAMA pediatrics*
  Schroeder, A. R., Destino, L. A., Brooks, R. n., Wang, C. J., Coon, E. R.
  2018
- **Implementing Parental Tobacco Dependence Treatment Within Bronchiolitis QI Collaboratives.** *Pediatrics*
  Walley, S. C., Mussman, G. M., Lossius, M. n., Shadman, K. A., Destino, L. n., Garber, M. n., Ralston, S. L.
  2018; 141 (6)
- **Integrating Research, Quality Improvement, and Medical Education for Better Handoffs and Safer Care: Disseminating, Adapting, and Implementing the I-PASS Program.** *Joint Commission journal on quality and patient safety*
  Starmer, A. J., Spector, N. D., West, D. C., Srivastava, R., Sectish, T. C., Landrigan, C. P.
  2017; 43 (7): 319-329
- **Inpatient Hospital Factors and Resident Time With Patients and Families** *PEDIATRICS*
  Destino, L. A., Valentine, M., Sheikhi, F. H., Starmer, A. J., Landrigan, C. P., Sanders, L.
  2017; 139 (5)
- **Respiratory Scores as a Tool to Reduce Bronchodilator Use in Children Hospitalized With Acute Viral Bronchiolitis.** *Hospital pediatrics*
  Mussman, G. M., Sahay, R. D., Destino, L., Lossius, M., Shadman, K. A., Walley, S. C.
  2017; 7 (5): 279-286
- **Families as Partners in Hospital Error and Adverse Event Surveillance.** *JAMA pediatrics*
  Khan, A., Coffey, M., Litterer, K. P., Baird, J. D., Furtak, S. L., Garcia, B. M., Ashland, M. A., Calaman, S., Kuzma, N. C., O'Toole, J. K., Patel, A., Rosenbluth, G., Destino, et al
  2017
- **Improving Communication with Primary Care Physicians at the Time of Hospital Discharge.** *Joint Commission journal on quality and patient safety*

Destino, L. A., Dixit, A., Pantaleoni, J. L., Wood, M. S., Pageler, N. M., Kim, J., Platchek, T. S.
2017; 43 (2): 80-88

- **Expanding the phenotype of hawkinsinuria: new insights from response to N-acetyl-L-cysteine.** *Journal of inherited metabolic disease*
  Gomez-Ospina, N., Scott, A. I., Oh, G. J., Potter, D., Goel, V. V., Destino, L., Baugh, N., Enns, G. M., Niemi, A., Cowan, T. M.
  2016; 39 (6): 821-829

- **Engaging Pediatric Resident Physicians in Quality Improvement Through Resident-Led Morbidity and Mortality Conferences.** *Joint Commission journal on quality and patient safety / Joint Commission Resources*
  Destino, L. A., Kahana, M., Patel, S. J.
  2016; 42 (3): 99-106

- **Intern and Resident Workflow Patterns on Pediatric Inpatient Units: A Multicenter Time-Motion Study** *JAMA PEDIATRICS*
  Starmer, A. J., Destino, L., Yoon, C. S., Landrigan, C. P.
  2015; 169 (12): 1175-1177

- **Variation in printed handoff documents: Results and recommendations from a multicenter needs assessment** *JOURNAL OF HOSPITAL MEDICINE*
  Rosenbluth, G., Bale, J. F., Starmer, A. J., Spector, N. D., Srivastava, R., West, D. C., Sectish, T. C., Landrigan, C. P.
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- **Changes in Medical Errors after Implementation of a Handoff Program** *NEW ENGLAND JOURNAL OF MEDICINE*
  Starmer, A. J., Spector, N. D., Srivastava, R., West, D. C., Rosenbluth, G., Allen, A. D., NOBLE, E. L., Tse, L. L., Dalal, A. K., Keohane, C. A., Lipsitz, S. R., Rothschild, J. M., Wien, et al
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- **Development, Implementation, and Dissemination of the I-PASS Handoff Curriculum: A Multisite Educational Intervention to Improve Patient Handoffs** *ACADEMIC MEDICINE*
  Starmer, A. J., O'Toole, J. K., Rosenbluth, G., Calaman, S., Balmer, D., West, D. C., Bale, J. F., Yu, C. E., Noble, E. L., Tse, L. L., Srivastava, R., Landrigan, C. P., Sectish, et al
  2014; 89 (6): 876-884

- **Placing Faculty Development Front and Center in a Multisite Educational Initiative: Lessons From the I-PASS Handoff Study** *ACADEMIC PEDIATRICS*
  O'Toole, J. K., West, D. C., Starmer, A. J., Yu, C. E., Calaman, S., Rosenbluth, G., Hepps, J. H., Lopreiato, J. O., Landrigan, C. P., Sectish, T. C., Spector, N. D.
  2014; 14 (3): 221-224

- **Validity of respiratory scores in bronchiolitis.** *Hospital pediatrics*
  Destino, L., Weisgerber, M. C., Soung, P., Bakalarski, D., Yan, K., Rehborg, R., Wagner, D. R., Gorelick, M. H., Simpson, P.
  2012; 2 (4): 202-209

- **I-PASS, a Mnemonic to Standardize Verbal Handoffs** *PEDIATRICS*
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  2012; 129 (2): 201-204

- **Establishing a Multisite Education and Research Project Requires Leadership, Expertise, Collaboration, and an Important Aim** *PEDIATRICS*
  Sectish, T. C., Starmer, A. J., Landrigan, C. P., Spector, N. D.
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- **Severe osteomyelitis caused by Myceliophthora thermophila after a pitchfork injury.** *Annals of clinical microbiology and antimicrobials*
  Destino, L., Sutton, D. A., Helon, A. L., Havens, P. L., Thometz, J. G., Willoughby, R. E., Chusid, M. J.
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