Stanford



Trisha Suppes, MD, PhD

Professor of Psychiatry and Behavioral Sciences (Public Mental Health and Population Sciences)

Curriculum Vitae available Online

CONTACT INFORMATION

- **Alternate Contact**

  Anna Donnelly - Lab Manager

  Email adonnelly@stanford.edu

Bio

ACADEMIC APPOINTMENTS

- Professor, Psychiatry and Behavioral Sciences
- Member, Bio-X
- Member, Wu Tsai Neurosciences Institute

ADMINISTRATIVE APPOINTMENTS

- Member, Editorial Board Bipolar Disorders - An International Journal of Psychiatry and Neurosciences, (2000- present)
- Chair, Subcommittee on Bipolar Disorders for APA Workgroup on Mood Disorders, American Psychiatric Association Diagnostic and Statistical Manual for Mental Disorders 5 (DSM-5), (2007-2012)
- Member, Workgroup for Mood Disorders, American Psychiatric Association Diagnostic and Statistical Manual for Mental Disorders 5 (DSM5), (2007-2012)
- Chair for Veterans Affairs, Department of Defense and VA Bipolar Disorder Treatment Guidelines, (2008-2012)
- Director, Bipolar and Depression Research Program, VA Palo Alto Health Care System, Palo Alto, CA, (2008-2018)
- Member, Editorial Board, International Journal of Bipolar Disorders, (2009- present)
- Member, Appointment and Promotions, Department of Psychiatry and Behavioral Sciences, (2010- present)
- Member, Research and Development Committee, VA Palo Alto Health Care System, (2011- present)
- Director, Cooperative Studies Program (CSP) Network of Dedicated Enrollment Sites (NODES), VA Palo Alto, (2012- present)
- Member, Editorial Board Depression and Anxiety, (2012- present)
- Treasurer and Secretary, International Society of Bipolar Disorders ****, (2014-2018)
- President, International Society of Bipolar Disorders***, (2018-2020)
- Director, Exploratory Therapeutics Laboratory, (2018- present)

HONORS AND AWARDS

- Elected by peers for inclusion, Best Doctors in America® (1996-2010)
- Gerald L. Klerman Senior Investigator Award, Depression and Bipolar Support Alliance (2008)
- Elected to Fellow, American College of Neuropsychopharmacology (ACNP) (2009)

- Councilor, Board of Councilors, International Society for Bipolar Disorders (ISBD) (2009-2011)
- Elected as a member, American College of Psychiatrists (2013)
- Elected Board Member, American Society of Clinical Psychopharmacology (2017-2025)
- Elected Treasurer, American Society of Clinical Psychopharmacology (2019)

PROFESSIONAL EDUCATION

- Fellowship, Harvard Medical School , Neuroscience (1992)
- Fellowship, Harvard Medical School , Psychiatry (1992)
- M.D., Dartmouth , Medicine (1987)
- Fellowship, Stanford University , Neuroscience (1983)
- Ph.D., UCLA , Anatomy and Physiology (1980)

LINKS

- Bipolar and Depression Research Program: http://Bipolarresearch.stanford.edu

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Dr. Suppes is the Director of Exploratory Therapeutics for Mood Disorders and the Founder of the Bipolar and Depression Research Program at the VA Palo Alto Health Care System. She is a recognized expert on the biology and treatment of bipolar disorder, and mood disorders generally. Her areas of specific expertise include long-term treatment strategies for bipolar disorder, identification and treatment of bipolar II disorder, treatment of those with bipolar disorders and co-morbid conditions, and use of complementary medicine for bipolar disorder. She has recently launched a new initiative to explore use of psychedelics for mood disorders. Dr. Suppes has been integrally involved in numerous initiatives to improve evidence-based treatment for bipolar disorders, including chairing the VA/DOD guidelines for bipolar disorder and the Bipolar module of the Texas Medication Algorithm Project. Dr. Suppes recently completed work on updating the APA DMS-5 criteria for Bipolar and Related Disorders. Her current studies include use of the internet as a tool to support individuals with bipolar disorder and appropriate management of treatment-resistant major depression.

CLINICAL TRIALS

- MDMA-assisted Cognitive Processing Therapy Versus Cognitive Processing Therapy for Veterans with Severe Posttraumatic Stress Disorder, Recruiting
- Acute Treatment of Bipolar II Depression, Not Recruiting
- An Open Label Study of the Safety and Efficacy of Psilocybin in Participants With Treatment-Resistant Depression (P-TRD), Not Recruiting
- Internet-Based Interventions for Bipolar Disorder, Not Recruiting
- PRIME Care (PRecision Medicine In MEntal Health Care), Not Recruiting
- VA Augmentation and Switching Treatments for Improving Depression Outcomes, Not Recruiting

Teaching

COURSES

2026-27

- Psychedelic Medicine: PSYC 218 (Win)

2025-26

- Psychedelic Medicine: PSYC 218 (Win)

2024-25

- Introduction to Psychedelic Medicine: PSYC 215B (Win)

2023-24

- Introduction to Psychedelic Medicine: PSYC 215B (Win)

GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Neurosciences (PhD Program)
- Psychiatry and Behavioral Science (Fellowship Program)

Publications

PUBLICATIONS

- **Psychiatry and nephrology partnering to improve quality of care.** *The lancet. Psychiatry*
  Brady, B., Suppes, T.
  2024; 11 (12): 948-949

- **Adaptive cognitive control circuit changes associated with problem-solving ability and depression symptom outcomes over 24 months.** *Science translational medicine*
  Zhang, X., Pines, A., Stetz, P., Goldstein-Piekarski, A. N., Xiao, L., Lv, N., Tozzi, L., Lavori, P. W., Snowden, M. B., Venditti, E. M., Smyth, J. M., Suppes, T., Ajilore, et al
  2024; 16 (763): eadh3172

- **Ketamine's acute effects on negative brain states are mediated through distinct altered states of consciousness in humans.** *Nature communications*
  Hack, L. M., Zhang, X., Heifets, B. D., Suppes, T., van Roessel, P. J., Yesavage, J. A., Gray, N. J., Hilton, R., Bertrand, C., Rodriguez, C. I., Deisseroth, K., Knutson, B., Williams, et al
  2023; 14 (1): 6631

- **Updates in the Assessment and Management of Bipolar Disorder.** *Focus (American Psychiatric Publishing)*
  Suppes, T.
  2023; 21 (4): 343

- **Bipolar II Disorder: Understudied and Underdiagnosed.** *Focus (American Psychiatric Publishing)*
  Swartz, H. A., Suppes, T.
  2023; 21 (4): 354-362

- **Psychologists' and psychotherapists' knowledge, attitudes, and clinical practices regarding the therapeutic use of psychedelics.** *Clinical psychology & psychotherapy*
  Kucsera, A., Suppes, T., Haug, N. A.
  2023

- **Mediating Effects of Neural Targets on Depression, Weight, and Anxiety Outcomes of an Integrated Collaborative Care Intervention: The ENGAGE-2 Mechanistic Pilot Randomized Clinical Trial.** *Biological psychiatry global open science*
  Lv, N., Ajilore, O. A., Xiao, L., Venditti, E. M., Lavori, P. W., Gerber, B. S., Snowden, M. B., Wittels, N. E., Ronneberg, C. R., Stetz, P., Barve, A., Shrestha, R., Dosala, et al
  2023; 3 (3): 430-442

- **Treatments for major depression Reply** *LANCET*
  Marwaha, S., Young, A. H., Suppes, T., Upthegrove, R.
  2023; 401 (10394): 2111-2112

- **A double-blind, randomized, placebo-controlled plus open trial of adjunctive suvorexant for treatment-resistant insomnia in patients with bipolar disorder**
  Cafaro, R., Macellaro, M., Suppes, T., Dell'Osso, B., Ketter, T., Miller, S., Chang, L., Lyu, J., Wang, P.
  WILEY.2023: 82

- **Acute Effects of MDMA on Intrinsic Functional Connectomes Associated With Altered States of Consciousness and Defensiveness**
  Zhang, X., Hack, L., Heifets, B., Suppes, T., van Roessel, P., Yesavage, J., Gray, N., Hilton, R., Rodriguez, C., Deisseroth, K., Knutson, B., Williams, L.

ELSEVIER SCIENCE INC.2023: S87-S88

- **Acute Effects of MDMA on Negative Affective Brain Circuit Function: A Randomized Controlled Mechanistic Trial**
  Hack, L., Zhang, X., Heifets, B., Suppes, T., van Roessel, P., Yesavage, J., Gray, N., Hilton, R., Rodriguez, C., Deisseroth, K., Knutson, B., Williams, L.
  ELSEVIER SCIENCE INC.2023: S88

- **Mixed Features in Bipolar Disorder: assessing symptoms profiles and their relation with DSM-5 criteria**
  Cafaro, R., Macellaro, M., Dell'Osso, B., Suppes, T.
  CAMBRIDGE UNIV PRESS.2023: S579

- **Mixed States and Suicidality in Bipolar Disorder: Results from the Stanley Foundation Bipolar Treatment Network**
  Macellaro, M., Cafaro, R., Dell'Osso, B., Suppes, T.
  CAMBRIDGE UNIV PRESS.2023: S574

- **Adjunctive Lumateperone (ITI-007) in the Treatment of Bipolar Depression: Results From a Randomized Placebo-Controlled Clinical Trial.** *Bipolar disorders*
  Suppes, T., Durgam, S., Kozauer, S. G., Chen, R., Lakkis, H. D., Davis, R. E., Satlin, A., Vanover, K. E., Mates, S., McIntyre, R. S., Tohen, M.
  2023

- **Novel and emerging treatments for major depression.** *Lancet (London, England)*
  Marwaha, S., Palmer, E., Suppes, T., Cons, E., Young, A. H., Upthegrove, R.
  2022

- **Cost-Utility and Cost-effectiveness of MoodSwings 2.0, an Internet-Based Self-management Program for Bipolar Disorder: Economic Evaluation Alongside a Randomized Controlled Trial.** *JMIR mental health*
  Chatterton, M. L., Lee, Y. Y., Berk, L., Mohebbi, M., Berk, M., Suppes, T., Lauder, S., Mihalopoulos, C.
  2022; 9 (11): e36496

- **The clinical characterization of the adult patient with bipolar disorder aimed at personalization of management.** *World psychiatry : official journal of the World Psychiatric Association (WPA)*
  McIntyre, R. S., Alda, M., Baldessarini, R. J., Bauer, M., Berk, M., Correll, C. U., Fagiolini, A., Fountoulakis, K., Frye, M. A., Grunze, H., Kessing, L. V., Miklowitz, D. J., Parker, et al
  2022; 21 (3): 364-387

- **A pilot trial of quetiapine, lithium, or placebo added to divalproex sodium for hypomanic or manic episodes in ambulatory adults with bipolar I disorder.** *International journal of bipolar disorders*
  Cosgrove, V. E., Allende, S., Gwizdowski, I., Grace Fischer, E., Ostacher, M., Suppes, T.
  2022; 10 (1): 7

- **Are personality disorders in bipolar patients more frequent in the US than Europe?** *European neuropsychopharmacology : the journal of the European College of Neuropsychopharmacology*
  Post, R. M., Leverich, G. S., McElroy, S. L., Kupka, R., Suppes, T., Altshuler, L. L., Nolen, W. A., Frye, M. A., Keck, P. E., Grunze, H., Rowe, M.
  2022; 58: 47-54

- **Effect of Pharmacogenomic Testing for Drug-Gene Interactions on Medication Selection and Remission of Symptoms in Major Depressive Disorder: The PRIME Care Randomized Clinical Trial.** *JAMA*
  Oslin, D. W., Lynch, K. G., Shih, M., Ingram, E. P., Wray, L. O., Chapman, S. R., Kranzler, H. R., Gelernter, J., Pyne, J. M., Stone, A., DuVall, S. L., Lehmann, L. S., Thase, et al
  2022; 328 (2): 151-161

- **Repetitive Transcranial Magnetic Stimulation as a Treatment for Veterans with Cognitive Impairment and Multiple Comorbidities.** *Journal of Alzheimer's disease : JAD*
  Cheng, J., Fairchild, J. K., McNerney, M. W., Noda, A., Ashford, J. W., Suppes, P., Chao, S. Z., Taylor, J., Rosen, A., Durazzo, T., Lazzeroni, L. C., Yesavage, J.
  1800

- **Chronbiologically-based sub-groups in bipolar I disorder: A latent profile analysis.** *Journal of affective disorders*
  Gonzalez, R., Dwivedi, A., Zeitzer, J., Suppes, T., Tohen, M., Forero, A., Alvarado, A.
  2021

- **Lithium Treatment in the Prevention of Repeat Suicide-Related Outcomes in Veterans With Major Depression or Bipolar Disorder: A Randomized Clinical Trial.** *JAMA psychiatry*
  Katz, I. R., Rogers, M. P., Lew, R., Thwin, S. S., Doros, G., Ahearn, E., Ostacher, M. J., DeLisi, L. E., Smith, E. G., Ringer, R. J., Ferguson, R., Hoffman, B., Kaufman, et al
  2021

- **Mania and bipolar depression: complementing not opposing poles-a post-hoc analysis of mixed features in manic and hypomanic episodes** *INTERNATIONAL JOURNAL OF BIPOLAR DISORDERS*
  Born, C., Grunze, H., Post, R. M., Altshuler, L. L., Kupka, R., McElroy, S. L., Frye, M. A., Suppes, T., Keck, P. E., Nolen, W. A., Schaerer, L.
  2021; 9 (1): 36

- **Canadian Network for Mood and Anxiety Treatments (CANMAT) and International Society for Bipolar Disorders (ISBD) recommendations for the management of patients with bipolar disorder with mixed presentations.** *Bipolar disorders*
  Yatham, L. N., Chakrabarty, T., Bond, D. J., Schaffer, A., Beaulieu, S., Parikh, S. V., McIntyre, R. S., Milev, R. V., Alda, M., Vasquez, G., Ravindran, A. V., Frey, B. N., Sharma, et al
  2021

- **Problem-solving therapy-induced amygdala engagement mediates lifestyle behavior change in obesity with comorbid depression: a randomized proof-of-mechanism trial.** *The American journal of clinical nutrition*
  Lv, N., Lefferts, W. K., Xiao, L., Goldstein-Piekarski, A. N., Wielgosz, J., Lavori, P. W., Simmons, J. M., Smyth, J. M., Stetz, P., Venditti, E. M., Lewis, M. A., Rosas, L. G., Snowden, et al
  2021

- **Early changes in neural circuit function engaged by negative emotion and modified by behavioural intervention are associated with depression and problem-solving outcomes: A report from the ENGAGE randomized controlled trial.** *EBioMedicine*
  Goldstein-Piekarski, A. N., Wielgosz, J., Xiao, L., Stetz, P., Correa, C. G., Chang, S. E., Lv, N., Rosas, L. G., Lavori, P. W., Snowden, M. B., Venditti, E. M., Simmons, J. M., Smyth, et al
  2021; 67: 103387

- **A prospective study to determine the clinical utility of pharmacogenetic testing of veterans with treatment-resistant depression.** *Journal of psychopharmacology (Oxford, England)*
  McCarthy, M. J., Chen, Y., Demodena, A., Leckband, S. G., Fischer, E., Golshan, S., Suppes, T., Kelsoe, J. R.
  2021: 2698811211015224

- **Impact of modification to DSM-5 criterion A for hypomania/mania in newly diagnosed bipolar patients: findings from the prospective BIO study.** *International journal of bipolar disorders*
  Fredskild, M. U., Stanislaus, S., Coello, K., Melbye, S. A., Kjarstad, H. L., Sletved, K. S., Suppes, T., Vinberg, M., Kessing, L. V.
  2021; 9 (1): 14

- **25 Years of the International Bipolar Collaborative Network (BCN).** *International journal of bipolar disorders*
  Post, R. M., Altshuler, L. L., Kupka, R., McElroy, S. L., Frye, M. A., Grunze, H., Suppes, T., Keck, P. E., Nolen, W. A.
  2021; 9 (1): 13

- **Peripheral inflammatory biomarkers define biotypes of bipolar depression.** *Molecular psychiatry*
  Lee, Y. n., Mansur, R. B., Brietzke, E. n., Kapogiannis, D. n., Delgado-Peraza, F. n., Boutilier, J. J., Chan, T. C., Carmona, N. E., Rosenblat, J. D., Lee, J. n., Maletic, V. n., Vinberg, M. n., Suppes, et al
  2021

- **Investigation of a Capnometry Guided Respiratory Intervention in the Treatment of Posttraumatic Stress Disorder.** *Applied psychophysiology and biofeedback*
  Ostacher, M. J., Fischer, E., Bowen, E. R., Lyu, J., Robbins, D. J., Suppes, T.
  2021

- **Prevalence of impaired kidney function in patients with long-term lithium-treatment: a systematic review and meta-analysis.** *Bipolar disorders*
  Schoretsanitis, G., de Filippis, R., Brady, B. M., Homan, P., Suppes, T., Kane, J. M.
  2021

- **A clinical approach to treatment resistance in depressed patients: What to do when the usual treatments don't work well enough?** *The world journal of biological psychiatry : the official journal of the World Federation of Societies of Biological Psychiatry*
  Dodd, S., Bauer, M., Carvalho, A. F., Eyre, H., Fava, M., Kasper, S., Kennedy, S. H., Khoo, J., Lopez Jaramillo, C., Malhi, G. S., McIntyre, R. S., Mitchell, P. B., Castro, et al

2020: 1–20

- **Effects of infliximab on brain neurochemistry of adults with bipolar depression.** *Journal of affective disorders*
  Mansur, R. B., Subramaniapillai, M., Lee, Y., Pan, Z., Carmona, N. E., Shekotikhina, M., Iacobucci, M., Rodrigues, N., Nasri, F., Rosenblat, J. D., Brietzke, E., Cosgrove, V. E., Kramer, et al
  2020; 281: 61–66

- **The factor structure of depressive symptoms in patients with obesity enrolled in the RAINBOW clinical trial.** *Journal of affective disorders*
  Majd, M., Smyth, J. M., Lv, N., Xiao, L., Snowden, M. B., Venditti, E. M., Williams, L. M., Ajilore, O. A., Suppes, T., Ma, J.
  2020; 281: 367–75

- **Relationship of comorbid personality disorders to prospective outcome in bipolar disorder.** *Journal of affective disorders*
  Post, R. M., Leverich, G. S., McElroy, S., Kupka, R., Suppes, T., Altshuler, L., Nolen, W., Frye, M., Keck, P., Grunze, H., Rowe, M.
  2020; 276: 147–51

- **Attitudes on pharmacogenetic testing in psychiatric patients with treatment-resistant depression** *DEPRESSION AND ANXIETY*
  McCarthy, M. J., Chen, Y., Demodena, A., Fisher, E., Golshan, S., Suppes, T., Kelsoe, J. R.
  2020

- **Double jeopardy in the United States: Early onset bipolar disorder and treatment delay.** *Psychiatry research*
  Post, R. M., Altshuler, L. L., Kupka, R., McElroy, S. L., Frye, M. A., Rowe, M., Grunze, H., Suppes, T., Keck, P. E., Nolen, W. A.
  2020; 292: 113274

- **Treatment with infliximab augments neuronal insulin signaling in adults with bipolar depression**
  Mansur, R., Delgado-Peraza, F., Subramaniapillai, M., Lee, Y., Iacobucci, M., Nasri, F., Rosenblat, J., Brietzke, E., Cosgrove, V., Kramer, N., Suppes, T., Chawla, S., Nogueras-Ortiz, et al
  WILEY.2020: 51

- **The Effectiveness of Ketamine on Anxiety, Irritability, and Agitation: Implications for Treating Mixed Features in Adults with Major Depressive or Bipolar Disorder.** *Bipolar disorders*
  McIntyre, R. S., Lipsitz, O., Rodrigues, N. B., Lee, Y., Cha, D. S., Vinberg, M., Lin, K., Malhi, G. S., Subramaniapillai, M., Kratiuk, K., Fagiolini, A., Gill, H., Nasri, et al
  2020

- **Extracellular Vesicle Biomarkers Reveal Inhibition of Neuroinflammation by Infliximab in Association with Antidepressant Response in Adults with Bipolar Depression.** *Cells*
  Mansur, R. B., Delgado-Peraza, F., Subramaniapillai, M., Lee, Y., Iacobucci, M., Rodrigues, N., Rosenblat, J. D., Brietzke, E., Cosgrove, V. E., Kramer, N. E., Suppes, T., Raison, C. L., Chawla, et al
  2020; 9 (4)

- **More assortative mating in US compared to European parents and spouses of patients with bipolar disorder: implications for psychiatric illness in the offspring** *EUROPEAN ARCHIVES OF PSYCHIATRY AND CLINICAL NEUROSCIENCE*
  Post, R. M., Altshuler, L. L., Kupka, R., McElroy, S. L., Frye, M. A., Rowe, M., Grunze, H., Suppes, T., Keck, P. E., Nolen, W. A.
  2020; 270 (2): 237–45

- **Strategies for Shifting From Acute to Maintenance Treatment for Bipolar I Disorder.** *The Journal of clinical psychiatry*
  Suppes, T.
  2020; 81 (1)

- **Leptin mediates improvements in cognitive function following treatment with infliximab in adults with bipolar depression.** *Psychoneuroendocrinology*
  Mansur, R. B., Subramaniapillai, M. n., Lee, Y. n., Pan, Z. n., Carmona, N. E., Shekotikhina, M. n., Iacobucci, M. n., Rodrigues, N. n., Nasri, F. n., Rashidian, H. n., Rosenblat, J. D., Brietzke, E. n., Cosgrove, et al
  2020; 120: 104779

- **Evidence-Based Treatment Targets, Selection, and Strategies for Acute Manic and Mixed Episodes of Bipolar I Disorder** *JOURNAL OF CLINICAL PSYCHIATRY*
  Suppes, T.
  2020; 81 (1)

- **Strategies for Shifting From Acute to Maintenance Treatment for Bipolar I Disorder** *JOURNAL OF CLINICAL PSYCHIATRY*
  Suppes, T.

2020; 81 (1)

- **Efficacy of Adjunctive Infliximab vs. Placebo in the Treatment of Anhedonia in Bipolar I/II Depression.** *Brain, behavior, and immunity*
  Lee, Y. n., Mansur, R. B., Brietzke, E. n., Carmona, N. E., Subramaniapillai, M. n., Pan, Z. n., Shekotikhina, M. n., Rosenblat, J. D., Suppes, T. n., Cosgrove, V. E., Kramer, N. E., McIntyre, R. S.
  2020

- **Exploring brain insulin resistance in adults with bipolar depression using extracellular vesicles of neuronal origin.** *Journal of psychiatric research*
  Mansur, R. B., Delgado-Peraza, F. n., Subramaniapillai, M. n., Lee, Y. n., Iacobucci, M. n., Nasri, F. n., Rodrigues, N. n., Rosenblat, J. D., Brietzke, E. n., Cosgrove, V. E., Kramer, N. E., Suppes, T. n., Raison, et al
  2020; 133: 82–92

- **Evidence-Based Treatment Targets, Selection, and Strategies for Acute Manic and Mixed Episodes of Bipolar I Disorder.** *The Journal of clinical psychiatry*
  Suppes, T.
  2019; 81 (1)

- **Predictors of psychosocial outcome of bipolar disorder: data from the Stanley Foundation Bipolar Network** *INTERNATIONAL JOURNAL OF BIPOLAR DISORDERS*
  Bennett, F., Hodgetts, S., Close, A., Frye, M., Grunze, H., Keck, P., Kupka, R., McElroy, S., Nolen, W., Post, R., Schaerer, L., Suppes, T., Sharma, et al
  2019; 7 (1): 28

- **A pooled post hoc analysis evaluating the safety and tolerability of cariprazine in bipolar depression.** *Journal of affective disorders*
  Earley, W. R., Burgess, M., Rekeda, L., Hankinson, A., McIntyre, R. S., Suppes, T., Calabrese, J. R., Yatham, L. N.
  2019; 263: 386–95

- **Adding Increased Energy or Activity to Criterion (A) of the DSM-5 Definition of Hypomania and Mania: Effect on the Diagnoses of 907 Patients From the Bipolar Collaborative Network.** *The Journal of clinical psychiatry*
  Fredskild, M. U., Mintz, J., Frye, M. A., McElroy, S. L., Nolen, W. A., Kupka, R., Grunze, H., Keck, P. E., Post, R. M., Kessing, L. V., Suppes, T.
  2019; 80 (6)

- **Efficacy and safety of cariprazine in bipolar I depression: A double-blind, placebo-controlled phase 3 study.** *Bipolar disorders*
  Earley, W. R., Burgess, M. V., Khan, B., Rekeda, L., Suppes, T., Tohen, M., Calabrese, J. R.
  2019

- **Cariprazine efficacy in bipolar I depression with and without concurrent manic symptoms: post hoc analysis of 3 randomized, placebo-controlled studies.** *CNS spectrums*
  McIntyre, R. S., Suppes, T., Earley, W., Patel, M., Stahl, S. M.
  2019: 1–9

- **Efficacy of Adjunctive Infliximab vs Placebo in the Treatment of Adults With Bipolar I/II Depression: A Randomized Clinical Trial** *JAMA PSYCHIATRY*
  McIntyre, R. S., Subramaniapillai, M., Lee, Y., Pan, Z., Carmona, N. E., Shekotikhina, M., Rosenblat, J. D., Brietzke, E., Soczynska, J. K., Cosgrove, V. E., Miller, S., Fischer, E., Kramer, et al
  2019; 76 (8): 783–90

- **A SYSTEMATIC REVIEW OF PSILOCYBIN IN THE TREATMENT OF DEPRESSION AND ANXIETY**
  Lyu, J., Hambro, B., Suppes, T.
  ELSEVIER SCIENCE BV.2019: 149

- **A clinical model for identifying an inflammatory phenotype in mood disorders** *JOURNAL OF PSYCHIATRIC RESEARCH*
  Kramer, N. E., Cosgrove, V. E., Dunlap, K., Subramaniapillai, M., McIntyre, R. S., Suppes, T.
  2019; 113: 148–58

- **Testing a clinical staging model for bipolar disorder using longitudinal life chart data** *BIPOLAR DISORDERS*
  van der Markt, A., Klumpers, U. M. H., Draisma, S., Dols, A., Nolen, W. A., Post, R. M., Altshuler, L. L., Frye, M. A., Grunze, H., Keck, P. E., McElroy, S. L., Suppes, T., Beekman, et al
  2019; 21 (3): 228–34

- **A clinical model for identifying an inflammatory phenotype in mood disorders.** *Journal of psychiatric research*
  Kramer, N. E., Cosgrove, V. E., Dunlop, K., Subramaniapillai, M., McIntyre, R. S., Suppes, T.
  2019; 113: 148–58

- **A randomized controlled trial of MoodSwings 2.0: An internet-based self-management program for bipolar disorder.** *Bipolar disorders*
  Gliddon, E., Cosgrove, V., Berk, L., Lauder, S., Mohebbi, M., Grimm, D., Dodd, S., Coulson, C., Raju, K., Suppes, T., Berk, M.
  2019; 21 (1): 28-39

- **A randomized controlled trial of MoodSwings 2.0: An internet-based self-management program for bipolar disorder** *BIPOLAR DISORDERS*
  Gliddon, E., Cosgrove, V., Berk, L., Lauder, S., Mohebbi, M., Grimm, D., Dodd, S., Coulson, C., Raju, K., Suppes, T., Berk, M.
  2019; 21 (1): 28–39

- **Efficacy of Adjunctive Infliximab vs Placebo in the Treatment of Adults With Bipolar I/II Depression: A Randomized Clinical Trial.** *JAMA psychiatry*
  McIntyre, R. S., Subramaniapillai, M. n., Lee, Y. n., Pan, Z. n., Carmona, N. E., Shekotikhina, M. n., Rosenblat, J. D., Brietzke, E. n., Soczynska, J. K., Cosgrove, V. E., Miller, S. n., Fischer, E. G., Kramer, et al
  2019

- **Bipolar and Related Disorders** *AMERICAN PSYCHIATRIC ASSOCIATION PUBLISHING TEXTBOOK OF PSYCHIATRY, 7TH EDITION*
  Miller, S., Ostacher, M., Suppes, T.
  edited by Roberts, L. W.
  2019: 279–306

- **Diagnosing Bipolar II Disorder** *BIPOLAR II DISORDER: RECOGNITION, UNDERSTANDING, AND TREATMENT*
  Kramer, N., Suppes, T.
  edited by Swartz, H. A., Suppes, T.
  2019: 17–50

- **A Neglected Condition** *BIPOLAR II DISORDER: RECOGNITION, UNDERSTANDING, AND TREATMENT*
  Swartz, H. A., Suppes, T.
  edited by Swartz, H. A., Suppes, T.
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