



## Soudabeh Givrad, MD

Clinical Associate Professor, Psychiatry and Behavioral Sciences - Child & Adolescent Psychiatry and Child Development

### CLINICAL OFFICE (PRIMARY)

- **Obstetrics Clinic**

770 Welch Rd Ste 201

MC 5880

Palo Alto, CA 94304

Tel (650) 498-4069      Fax (650) 498-2583

### Bio

---

#### CLINICAL FOCUS

- Child and Adolescent Psychiatry
- Perinatal Psychiatry
- Infant Psychiatry

#### ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Psychiatry and Behavioral Sciences - Child & Adolescent Psychiatry and Child Development
- Member, Maternal & Child Health Research Institute (MCHRI)

#### PROFESSIONAL EDUCATION

- Fellowship: New York Presbyterian Hospital Child and Adolescent Psychiatry (2014) NY
- Residency: Yale School Of Medicine (2012) CT
- Board Certification: Child and Adolescent Psychiatry, American Board of Psychiatry and Neurology (2014)
- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (2013)
- Internship: Michigan State University Internal Medicine Residency (2010) MI
- Medical Education: Shahid Beheshti University of Medical Sciences (2005) Iran

### Publications

---

#### PUBLICATIONS

- **A systematic review on the assessment of pregnancy-specific psychological trauma during pregnancy: A call to action.** *AJOG global reports*  
Givrad, S., Wall, K. M., Goldman, L. W., Shin, J. Y., Novak, E. H., Lowell, A., Penner, F., Day, M. J., Papa, L., Wright, D., Rutherford, H. J.  
2025; 5 (1): 100451
- **Feasibility of a Mobile App-Based Cognitive-Behavioral Perinatal Skills Program: Protocol for Nonrandomized Pilot Trial.** *JMIR research protocols*

- Temkin-Yu, A. B., Ayaz, A., Blicher, E., Liu, M. X., Oh, A., Siegel, I. E., Seewald, M. J., Hermann, A. D., Givrad, S., Baez, L. M., Osborne, L. M., Green, C. M., Schier, et al  
2025; 14: e59461
- **Global variation in the assessment of psychological trauma in pregnancy.** *Global mental health (Cambridge, England)*  
Wall, K., Penner, F., Wallace Goldman, L., Shin, J. Y., Novak, E., Lowell, A., Day, M., Papa, L., Wright, D., Givrad, S., Rutherford, H. J.  
2025; 12: e10
  - **Editorial: Women in psychiatry 2023: Perinatal psychiatry.** *Frontiers in psychiatry*  
Givrad, S., Hermann, A., Orsolini, L.  
2024; 15: 1478300
  - **INTEGRATING PERINATAL AND INFANT MENTAL HEALTH CLINICAL SERVICES AND EDUCATION OPPORTUNITIES AT WEILL CORNELL MEDICINE**  
Givrad, S.  
ELSEVIER SCIENCE INC.2024: S68
  - **Preterm infant mental health in the neonatal intensive care unit: A review of research on NICU parent-infant interactions and maternal sensitivity.** *Infant mental health journal*  
Hartzell, G., Shaw, R. J., Givrad, S.  
2023
  - **Neurodevelopmental, Mental Health, and Parenting Issues in Preterm Infants** *Children (Basel)*  
Shaw, R., Givrad, S., Poe, C., Loi, E., Hoge, M., Scala, M.  
2023; 10 (9)
  - **Evaluation of a course for neonatal fellows on providing psychosocial support to NICU families.** *PEC innovation*  
Scala, M., Marchman, V. A., Downtin, L. L., Givrad, S., Nguyen, T., Thomson, A., Gao, C., Sorrells, K., Hall, S.  
2022; 1: 100053
  - **Promoting infant mental health in the neonatal intensive care unit (NICU): A review of nurturing factors and interventions for NICU infant-parent relationships.** *Early human development*  
Givrad, S., Hartzell, G., Scala, M.  
2020: 105281
  - **Dream Theory and Science: A Review** *PSYCHOANALYTIC INQUIRY*  
Givrad, S.  
2016; 36 (3): 199-213