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Elsa Rojas, PhD

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CLINICAL OFFICE (PRIMARY)

- **Psychiatry Clinic**

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Bio

CLINICAL FOCUS

- Clinical Psychology

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Psychiatry and Behavioral Sciences

PROFESSIONAL EDUCATION

- Fellowship: Stanford University Child Psychology Postdoctoral Fellowship (2017) CA
- PhD Training: University of Akron Office of the Registrar (2016) OH
- Internship: Medical College of Georgia Charlie Norwood VAMC (2016) GA

Publications

PUBLICATIONS

- **Population-based RCT of a digital cognitive-behavioural guided self-help intervention for anxiety, depression and eating disorders in college students.** *Nature human behaviour*

  Newman, M. G., Fitzsimmons-Craft, E. E., Baik, S. Y., Zainal, N. H., Calderon, A., Rackoff, G. N., Firebaugh, M. L., Rojas-Ashe, E., Leykin, Y., Lew, D., Eisenberg, D., Taylor, C. B., Wilfley, et al

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- **Capitalizing on natural language processing (NLP) to automate the evaluation of coach implementation fidelity in guided digital cognitive-behavioral therapy (GdCBT).** *Psychological medicine*

  Zainal, N. H., Eckhardt, R., Rackoff, G. N., Fitzsimmons-Craft, E. E., Rojas-Ashe, E., Barr Taylor, C., Funk, B., Eisenberg, D., Wilfley, D. E., Newman, M. G.

  2025; 55: e106

- **Harnessing mobile technology to reduce mental health disorders in college populations: A randomized controlled trial study protocol.** *Contemporary clinical trials*

  Fitzsimmons-Craft, E. E., Taylor, C. B., Newman, M. G., Zainal, N. H., Rojas-Ashe, E. E., Lipson, S. K., Firebaugh, M., Ceglarek, P., Topooco, N., Jacobson, N. C., Graham, A. K., Kim, H. M., Eisenberg, et al

  2021: 106320

- **Psychosocial interventions and support programs for fathers of NICU infants - A comprehensive review.** *Early human development*
  Ocampo, M. J., Tinero, J. A., Rojas-Ashe, E. E.
  2020: 105280
- **A Social Justice Approach to Measuring Bystander Behavior: Introducing the Critically Conscious Bystander Scale** *SEX ROLES*
  Johnson, N. L., Walker, R. V., Rojas-Ashe, E. E.
  2019; 81 (11-12): 731–47
- **Toward a More Complete Understanding of Bystander Willingness to Help: What Role Does Critical Consciousness Play?** *SEX ROLES*
  Rojas-Ashe, E. E., Walker, R. V., Holmes, S. C., Johnson, D. M.
  2019; 81 (7-8): 415–27