Dr. Flint Espil researches the etiology and treatment of tic disorders (including Tourette’s), Obsessive-Compulsive Disorder, and body-focused repetitive behaviors. He is interested in how psychosocial factors, the environment, and underlying brain circuitry influence treatment outcomes among individuals seeking treatment. Dr. Espil is currently collaborating with the Center for Interdisciplinary Brain Sciences Research and the Brain Stimulation Lab to explore novel imaging techniques (e.g., functional near-infrared spectroscopy) and neuromodulation approaches (e.g., transcranial magnetic stimulation, deep brain stimulation) to improve our understanding of these disorders. He is also exploring ways to adapt and implement evidence-based mental health approaches in community settings. He is currently collaborating with community-based organizations in East Palo Alto to improve access to care for youth in school settings.
• NIMH T32 Postdoctoral Fellow, University of California, San Francisco, Clinical Services Research (2016)

• Residency Training Program, University of Mississippi Medical Center, Clinical Psychology (2015)

• Ph.D., University of Wisconsin-Milwaukee, Clinical Psychology (2015)

• M.A., University of Colorado-Denver, Clinical Psychology (2010)

LINKS

• ResearchGate Profile: https://www.researchgate.net/profile/Flint_Espil

• GoogleScholar Profile: https://scholar.google.com/citations?user=JsRGyZkAAAAJ&hl=en

Publications

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