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ACADEMIC CONTACT INFORMATION

- **Administrative Contact**

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Bio

CLINICAL FOCUS

- Pediatric Sleep Medicine
- Pediatric Pulmonology

ACADEMIC APPOINTMENTS

- Clinical Professor, Pediatrics - Pulmonary Medicine

PROFESSIONAL EDUCATION

- Board Certification: Pediatric Pulmonology, American Board of Pediatrics (2021)
- Board Certification: Sleep Medicine, American Board of Pediatrics (2021)
- Board Certification: Pediatrics, American Board of Pediatrics (2021)
- Medical Education: University of the East (1992) Philippines
- Fellowship: Children's Hospital Los Angeles Div of Ped Pulmonology (2005) CA
- Residency: Overlook Hospital (1997) NJ

Publications

PUBLICATIONS

- **Disparities in Non-respiratory Pediatric Sleep Disorders.** *Sleep medicine clinics*
  Okorie, C. U., Olorunmoteni, O. E., Tablizo, M. A.
  2026; 21 (1): 135-144

- **Disparities in Pediatric Sleep-Disordered Breathing.** *Sleep medicine clinics*
  Okorie, C. U., Olorunmoteni, O. E., Tablizo, M. A.
  2026; 21 (1): 127-134

- **The Impact of Antidepressant Medications on Sleep in Children: A Narrative Review.** *Journal of clinical psychopharmacology*
  Simbre, J., Alconcher, B., Zakharyan, D., Tablizo, M. A., DelRosso, L.
  2025; 46 (1): 72-81

- **Sleep Disorders in Children with Rett Syndrome.** *Children (Basel, Switzerland)*

Harner, C., Gaffey, T. A., Sullivan, S. S., Witmans, M., DelRosso, L. M., Tablizo, M. A.
2025; 12 (7)

- **Age-Related Variations in Repeated Intravenous Iron Infusions for Pediatric Sleep-Related Movement Disorders.** *Sleep*
  DelRosso, L. M., Tablizo, M. A., Picchietti, D., Chen, M. L.
  2025
- **Sleep and breathing in children with Joubert syndrome and a review of other rare congenital hindbrain malformations.** *Therapeutic advances in respiratory disease*
  Ju-Wang, J. D., Dempsey, J. C., Zhang, C., Doherty, D., Witmans, M., Tablizo, M. A., Chen, M. L.
  2025; 19: 17534666241308405
- **Polysomnographically Defined Restless Sleep Disorder and Periodic Limb Movements during Sleep in Children Born Prematurely.** *Children (Basel, Switzerland)*
  DelRosso, L. M., Artinian, H., Mogavero, M. P., Bruni, O., Witmans, M., Tablizo, M. A., Sobremonte-King, M., Ferri, R.
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- **Sleep-Disordered Breathing and Associated Comorbidities among Preschool-Aged Children with Down Syndrome.** *Children (Basel, Switzerland)*
  Kolstad, T. K., DelRosso, L. M., Tablizo, M. A., Witmans, M., Cho, Y., Sobremonte-King, M.
  2024; 11 (6)
- **Melatonin Use in Pediatrics: A Clinical Review on Indications, Multisystem Effects, and Toxicity.** *Children (Basel, Switzerland)*
  Shenoy, P., Etcheverry, A., Ia, J., Witmans, M., Tablizo, M. A.
  2024; 11 (3)
- **Medication Related Hypersomnia** *Principles and Practice of Pediatric Sleep Medicine In: Sheldon, Ferber, Kryger, Gozal editors*
  Tablizo, M. A., Young, R., Witmans, M.
  elsevier.2024; 3rd: 219-230
- **Pediatric Laryngeal Coccidioidomycosis: A Case Series in an Endemic Region.** *The Pediatric infectious disease journal*
  Naeem, F., McCarty, J., Rowe, M. R., Davis, A. W., Tablizo, M. A., Hady, K. K., Vijayan, V.
  2023
- **Current Concepts in Pediatric Obstructive Sleep Apnea.** *Children (Basel, Switzerland)*
  Witmans, M., Tablizo, M. A.
  2023; 10 (3)
- **The Association between Asthma and OSA in Children.** *Children (Basel, Switzerland)*
  Garza, N., Witmans, M., Salud, M., Lagera, P. G., Co, V. A., Tablizo, M. A.
  2022; 9 (10)
- **Craniofacial Sleep Medicine: The Important Role of Dental Providers in Detecting and Treating Sleep Disordered Breathing in Children.** *Children (Basel, Switzerland)*
  Heit, T., Tablizo, B. J., Salud, M., Mo, F., Kang, M., Tablizo, M. A., Witmans, M.
  2022; 9 (7)
- **Obstructive Sleep Apnea in Neonates.** *Children (Basel, Switzerland)*
  Chandrasekar, I., Tablizo, M. A., Witmans, M., Cruz, J. M., Cummins, M., Estrellado-Cruz, W.
  2022; 9 (3)
- **Trends in Diagnosing Obstructive Sleep Apnea in Pediatrics.** *Children (Basel, Switzerland)*
  Kang, M., Mo, F., Witmans, M., Santiago, V., Tablizo, M. A.
  2022; 9 (3)
- **You Cannot Hit Snooze on OSA: Sequelae of Pediatric Obstructive Sleep Apnea.** *Children (Basel, Switzerland)*
  Thomas, S., Patel, S., Gummalla, P., Tablizo, M. A., Kier, C.
  2022; 9 (2)
- **The Use of Auto-Titrating Continuous Positive Airway Pressure (AutoCPAP) for Obstructive Sleep Apnea Syndrome in Children with Obesity** *CHILDREN-BASEL*

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- **Treatment Considerations for Obstructive Sleep Apnea in Pediatric Down Syndrome.** *Children (Basel, Switzerland)*
  Gastelum, E., Cummins, M., Singh, A., Montoya, M., Urbano, G. L., Tablizo, M. A.
  2021; 8 (11)
- **The Link between Pediatric Obstructive Sleep Apnea (OSA) and Attention Deficit Hyperactivity Disorder (ADHD)** *CHILDREN-BASEL*
  Luis Urbano, G., Janine Tablizo, B., Moufarrej, Y., Tablizo, M., Chen, M., Witmans, M.
  2021; 8 (9)
- **Neonatal Coccidioidomycosis: A Single-center Experience and Review of the Literature.** *The Pediatric infectious disease journal*
  Vaughn, J., Tablizo, M. A., Zayed, Z., Hepple, R. R., McCarty, J. M., Naeem, F.
  2021
- **The Use of Auto-titrating Continuous Positive Airway Pressure (autoCPAP) for Obstructive Sleep Apnea Syndrome in Children with Obesity**
  Benke, S., Okorie, C. A., Platter, L., Tablizo, M. A.
  AMER THORACIC SOC.2021
- **Normal Sleep in Childhood** *Integrative Sleep Medicine*
  Artinian, H. K., Tablizo, M., Witmans, M.
  Oxford University Press.2021: 33-48
- **Coccidioidomycosis in infants: A retrospective case series.** *Pediatric pulmonology*
  Lee, J. M., Graciano, A. L., Dabrowski, L., Kuzmic, B., Tablizo, M. A.
  2016; 51 (8): 858-62
- **Supine sleeping position does not cause clinical aspiration in neonates in hospital newborn nurseries.** *Archives of pediatrics & adolescent medicine*
  Tablizo, M. A., Jacinto, P., Parsley, D., Chen, M. L., Ramanathan, R., Keens, T. G.
  2007; 161 (5): 507-10
- **Diaphragm pacers as a treatment for congenital central hypoventilation syndrome.** *Expert review of medical devices*
  Chen, M. L., Tablizo, M. A., Kun, S., Keens, T. G.
  2005; 2 (5): 577-85
- **Disordered respiratory control in children with partial cerebellar resections.** *Pediatric pulmonology*
  Chen, M. L., Witmans, M. B., Tablizo, M. A., Jubran, R. F., Turkel, S. B., Tavaré, C. J., Keens, T. G.
  2005; 40 (1): 88-91
- **Lung Transplantation in Pediatric patients** *Clinical Application of Pulmonary Function Testing in Common Pediatric Respiratory Disease*
  Tablizo, M., Woo, M.
  2005: 224-232