



Shannon Wiltsey Stirman

Professor of Psychiatry and Behavioral Sciences (Public Mental Health and Population Sciences)

 Curriculum Vitae available Online

CONTACT INFORMATION

- **VA email address**

Email shannon.wiltsey-stirman@va.gov

Bio

BIO

Shannon Wiltsey Stirman is a Professor in the Department of Psychiatry and Behavioral Sciences at Stanford and a Psychologist at the National Center for PTSD's Dissemination and Training Division. She is the co-director of the Center for Responsible and Effective AI Technology Enhancement for PTSD Treatment (CREATE). Areas of research emphasis include implementation science (particularly training, fidelity, adaptation and sustainment), evidence-based treatment for PTSD, depression, suicide prevention, and use of technology to support access to evidence-based mental health interventions. As a co-lead of the Department of Psychiatry and Behavioral Science's Mental Health Innovation and Technology Hub, she worked with a team at Stanford to develop Pause a Moment, a digital wellbeing program for healthcare workers who experience COVID-19 stressors (pam.stanford.edu). Most recently, she has been working on the use of Large Language Models to support evidence-based mental health interventions. She is the co-author of *Getting Unstuck from PTSD: Using Cognitive Processing Therapy to Guide Your Recovery*. She has served on the Board of Directors for the American Psychological Association and as the Chair of the Established Network of Expertise for the Society for Implementation Research Collaboration. She was awarded the Association of Behavior and Cognitive Therapy's Mid-Career Innovator award in 2018. Her research has been funded by the National Institute of Mental Health, VA QUERI, private foundations, and the Canadian Institute for Health Research.

ACADEMIC APPOINTMENTS

- Professor - University Medical Line, Psychiatry and Behavioral Sciences

ADMINISTRATIVE APPOINTMENTS

- Acting Deputy Director, Dissemination and Training Division, National Center for PTSD, (2018-2020)

HONORS AND AWARDS

- Mid-Career Innovator, Association for Behavioral and Cognitive Therapies (2017)
- Career Achievement Award, Association for Behavioral and Cognitive Therapies Dissemination and Implementation SIG (2021)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member-at-Large, Board of Directors, American Psychological Association (2019 - 2021)
- Senior Leader, Dissemination and Implementation Special Interest Group, Association for Behavioral and Cognitive Therapy (2018 - 2020)
- Board of Directors, Chair of the Established Network of Expertise, Society for Implementation Research Collaboration (2018 - 2021)

COMMUNITY AND INTERNATIONAL WORK

- Sonoma County Wildfire Mental Health Collaborative

LINKS

- The Center for Responsible and Effective AI Treatment Enhancement for PTSD: <https://create.stanford.edu/>
- The Fidelity Adaptation Sustainability & Training (FAST) Lab: <http://med.stanford.edu/fastlab.html>
- Pause a Moment for Healthcare Workers: <https://pam.stanford.edu>
- Stanford Mental Health Innovation and Technology Hub: <https://thetechhub.stanford.edu/>
- Responsible and Ethical Use of AI to Support Evidence-Based Interventions: <https://med.stanford.edu/psychiatry/special-initiatives/ai4mh/use>
- Getting Unstuck from PTSD-Self-Guided PTSD Recovery Workbook: <https://www.guilford.com/books/Getting-Unstuck-from-PTSD/Resick-Stirman-LoSavio/9781462549832>
- Personal/Author Site: <https://www.shannonwiltseystirman.com/>

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

The overarching goal of my program of research is to determine how to facilitate the high quality delivery of evidence-based psychosocial interventions (EBPs) in public sector mental health settings. Areas of emphasis include training and consultation, treatment fidelity and adaptation, and the identification of strategies that promote sustained implementation of EBPs.

I have been interested in developing and studying strategies to promote the implementation and sustained use of EBPs in public sector settings. My research group's systematic review of research on sustainability suggested that EBPs are often fully or partially discontinued a short time after they are introduced into routine care settings. Identification of factors associated with sustained implementation is therefore an important step in promoting the long-term success of implementation efforts. Through my recently completed K99/R00 award, I used qualitative and quantitative methods to examine system, organizational, clinician, and patient-level influences on the long-term trajectory of clinicians' use of cognitive therapy.

The degree of fidelity (adherence to the protocol and skill of delivery) with which EBPs are delivered, and adaptations to EBPs made in routine care, are key implementation outcomes. Without time- and cost-intensive direct observation, these outcomes are difficult to assess. Colleagues and I recently published studies that demonstrated that self-reported checklists of fidelity and coding of worksheets used in cognitive therapies can be used as scaleable and reliable alternatives.

As a first step toward understanding the implications of different types of adaptations to EBPs, my colleagues and I also developed a framework for identifying and classifying adaptations that are made to EBPs in routine care. This framework makes it possible to determine whether specific types of adaptations lead to different clinical or implementation outcomes. Using the framework, we have identified evidence that clinicians do make changes to EBPs in their own practice, and that certain clinician characteristics predict the use of adaptations that are inconsistent with the protocol.

While the work described above is based on observation of implementation efforts and has laid important groundwork for future research, my larger goal is to develop and test strategies to facilitate high-quality implementation of EBPs in routine care settings. Beyond the growing recognition that workshops, web-based trainings, and manuals alone are insufficient, little is known about strategies to train and prepare clinicians to deliver EBPs with fidelity in public sector mental health settings. My collaborators and I conducted a hybrid implementation/effectiveness RCT that comparing consultation alone, consultation combined with observation, and a fidelity-monitoring alone strategy for training clinicians to deliver Cognitive Processing Therapy (CPT) for PTSD. Next, we studied ways to sustain the use of EBPs after initial training and implementation, comparing a fidelity-oriented learning

collaborative strategy to a continuous quality improvement-oriented learning collaborative to support the ongoing use of an EBP in three large mental health systems.

My most recent projects also employ digital mental health and artificial intelligence strategies to increase access to evidence-based interventions. I worked with a team at Stanford to develop Pause a Moment (pam.stanford.edu), a web-based program to support well-being and stress management for healthcare workers and other individuals who experience high levels of stress and/or trauma. I am also working with colleagues to develop and test large-language model-based strategies to support EBP implementation plans, therapist training and skill development, and client use of key therapy skills between sessions.

CLINICAL TRIALS

- MDMA-assisted Cognitive Processing Therapy Versus Cognitive Processing Therapy for Veterans with Severe Posttraumatic Stress Disorder, Recruiting
- Innovative Methods to Assess Psychotherapy Practices (imAPP), Not Recruiting
- Sustaining and Improving Clinicians' Use of Evidence-Based Psychotherapy (EBP) for PTSD, Not Recruiting
- Telehealth 2.0: Evaluating Effectiveness and Engagement Strategies for CPT-Text for PTSD, Not Recruiting

PROJECTS

- Using AI to support Evidence-Based Mental Health Treatment throughout the Implementation Pipeline
- Asynchronous Messaging Therapy for PTSD - Stanford University
- Innovative Methods to Assess Psychotherapy Practices (imAPP) - National Center for PTSD and Stanford University
- Improving and Sustaining CPT for PTSD in Mental Health System - National Center for PTSD, Stanford University

Teaching

STANFORD ADVISEES

Postdoctoral Faculty Sponsor

Christine Bird

GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Psychiatry and Behavioral Science (Fellowship Program)

Publications

PUBLICATIONS

- **Psychometric properties of the Oppression-Based Traumatic Stress Inventory and measurement equivalence across PTSD treatment and diverse undergraduate samples.** *Psychological trauma : theory, research, practice and policy*
Holmes, S. C., Hoffman, L., Himi, D., Pica, S. V., Calloway, A., Dondanville, K. A., Elhousseini, S., Clark-Hall, B., Wiltsey Stirman, S., Williams, M. T.
2026
- **Key Considerations for Patient Choice and Development of Alternatives: Commentary on Rubenstein et al. (2024) AMERICAN PSYCHOLOGIST**
McLean, C. P., Wiltsey-Stirman, S.
2026; 81 (1): 118-120
- **From innovation to implementation: Artificial intelligence in cognitive behaviour therapy training and supervision.** *Behaviour research and therapy*
Shafran, R., Bond, L., Carlbring, P., Cohen, Z. D., Creed, T. A., Davey, E., Egan, S. J., Freeman, D., Hollon, S. D., Jacobson, N. C., Johnson, C., Kaysen, D., McGuinness, et al
2025; 197: 104945

- **Evaluating effectiveness and engagement strategies for asynchronous, messaging, trauma-focused therapy for posttraumatic stress disorder: Study design and methodology for a hybrid effectiveness-implementation randomized controlled trial.** *Contemporary clinical trials*
Dondanville, K. A., Calloway, A., Stade, E. C., Hull, T. D., Jo, B., Huang, S. C., Hall-Clark, B. N., LoSavio, S. T., Schuhmann, B., Elhusseini, S., Fridling-Cook, N., Pattee, C., Padmanabhan, et al
2025: 108149
- **Tailored strategies to increase the use of an evidence-based psychotherapy for posttraumatic stress disorder: A stepped-wedge randomized trial in military clinics.** *Journal of anxiety disorders*
Rosen, C. S., Peterson, A. L., Riggs, D. S., Haddock, C. K., Fong, C., Young-McCaughan, S., Cook, J., Comtois, K. A., Borah, E. V., Davis, C. A., Dondanville, K. A., Finley, E. P., Jahnke, et al
2025; 116: 103080
- **Generative artificial intelligence in posttraumatic stress disorder treatment: Exploring five different use cases.** *Journal of traumatic stress*
Held, P., Stade, E. C., Dondanville, K., Wiltsey Stirman, S.
2025
- **Acceptability and Feasibility of Training to Integrate Digital CBT for Insomnia Into Routine Psychotherapy: A Focus Group Study.** *Behavioral sleep medicine*
Gumport, N. B., Tully, I. A., Carmona, N. E., Wiltsey Stirman, S., Manber, R.
2025: 1-17
- **Artificial Intelligence in Obsessive-Compulsive Disorder: A Systematic Review.** *Current treatment options in psychiatry*
Kim, J., Pacheco, J. P., Golden, A., Aboujaoude, E., van Roessel, P., Gandhi, A., Mukunda, P., Avanesyan, T., Xue, H., Adeli, E., Kim, J. P., Saggarr, M., Stirman, et al
2025; 12 (1): 23
- **A Comparison of Responses from Human Therapists and Large Language Model-Based Chatbots to Assess Therapeutic Communication: Mixed Methods Study.** *JMIR mental health*
Scholich, T., Barr, M., Wiltsey Stirman, S., Raj, S.
2025; 12: e69709
- **A Comparison of Pragmatic and Scalable Strategies to Assess Fidelity to Cognitive Processing Therapy in Routine Care Settings.** *Behavior therapy*
Stirman, S. W., Gumport, N. B., Calloway, A., Gunter, C., Marques, L., Hernandez, S., Song, J., Johnson, C., Youn, S. J., Elhusseini, S., Deguzman-Lucero, R. M., Loskot, T., Bash, et al
2025; 56 (3): 453-469
- **Harnessing Technology to Reimagine and Scale Support for Individual and Community Mental Health After Disaster.** *The American journal of psychiatry*
Wiltsey Stirman, S., Heinz, A.
2025; 182 (5): 412-413
- **A Comparison of Pragmatic and Scalable Strategies to Assess Fidelity to Cognitive Processing Therapy in Routine Care Settings** *BEHAVIOR THERAPY*
Stirman, S., Gumport, N. B., Calloway, A., Gunter, C., Marques, L., Hernandez, S., Song, J., Johnson, C., Youn, S., Elhusseini, S., Deguzman-Lucero, R. M., Loskot, T., La Bash, et al
2025; 56 (3): 453-469
- **Readiness Evaluation for AI-Mental Health Deployment and Implementation (READI): A Review and Proposed Framework.** *Technology, mind, and behavior*
Stade, E. C., Eichstaedt, J. C., Kim, J. P., Stirman, S. W.
2025; 6 (2)
- **Readiness Evaluation for Artificial Intelligence-Mental Health Deployment and Implementation (READI): A Review and Proposed Framework** *TECHNOLOGY, MIND, AND BEHAVIOR*
Stade, E. C., Eichstaedt, J. C., Kim, J. P., Stirman, S.
2025; 6 (2)
- **A pilot study of twice-weekly group-based written exposure therapy for veterans in residential substance use treatment: effects on PTSD and depressive symptoms.** *Addiction science & clinical practice*
Van Doren, N., Chang, F., Nguyen, A., McKenna, K. R., Satre, D. D., Wiltsey-Stirman, S.

2025; 20 (1): 11

- **Outcomes of the ROSE Sustainment (ROSES) Study, a sequential multiple assignment randomized implementation trial to determine the minimum necessary intervention to sustain a postpartum depression prevention program in agencies serving low-income pregnant people.** *Implementation science : IS*
Johnson, J. E., Wiltsey-Stirman, S., Sikorskii, A., Miller, T., Poleshuck, E., Simas, T. A., Carravallah, L., Miller, R., Zlotnick, C.
2025; 20 (1): 9
- **Which PTSD clusters and symptoms are central to reducing suicidal ideation? A network and cross-lagged analysis among individuals receiving cognitive processing therapy.** *European journal of psychotraumatology*
Zeifman, R. J., Hernandez, K. M., Song, J., Liebman, R. E., Ip, J., Burdo, J., Johnson, C., Stirman, S. W., Monson, C. M.
2024; 15 (1): 2434315
- **Clinical Implications of Trauma-Focused Therapy for Veterans.** *JAMA network open*
Wiltsey Stirman, S.
2024; 7 (12): e2452149
- **A comparison of scalable routine clinical materials and observer ratings to assess CBT fidelity.** *Behaviour research and therapy*
Calloway, A., Creed, T. A., Gumpert, N. B., Gutner, C., Marques, L., Hernandez, S., Song, J., Johnson, C., Youn, S. J., Elhusseini, S., Deguzman-Lucero, R. M., Laskot, T., La Bash, et al
2024; 184: 104655
- **State of the Science of Cognitive Processing Therapy.** *Behavior therapy*
Resick, P. A., LoSavio, S. T., Monson, C. M., Kaysen, D. L., Wachen, J. S., Galovski, T. E., Wiltsey Stirman, S., Nixon, R. D., Chard, K. M.
2024; 55 (6): 1205-1221
- **Using the Reach, Effectiveness, Adoption, Implementation, and Maintenance (RE-AIM) framework to evaluate the written exposure therapy training program in the Veterans Health Administration.** *Psychological services*
LoSavio, S. T., Worley, C. B., Walser, R. D., Kaysen, D., Rosen, C. S., Wiltsey Stirman, S.
2024
- **A Clinical Decision Support Tool for Intimate Partner Violence Screening Among Women Veterans: Development and Qualitative Evaluation of Provider Perspectives.** *JMIR formative research*
Rossi, F. S., Wu, J., Timko, C., Nevedal, A. L., Wiltsey Stirman, S.
2024; 8: e57633
- **Development of a method for Making Optimal Decisions for Intervention Flexibility during Implementation (MODIFI): a modified Delphi study.** *Implementation science communications*
Brewer, S. K., Corbin, C. M., Baumann, A. A., Stirman, S. W., Jones, J. M., Pullmann, M. D., Lyon, A. R.
2024; 5 (1): 64
- **The Development of a Posttraumatic Stress Disorder (PTSD) Consultation Program to Support System-Wide Implementation of High-Quality PTSD Care for Veterans** *PSYCHOLOGICAL SERVICES*
Larsen, S. E., McKee, T., Fielstein, E., McCarthy, E., Angkaw, A., Hall-Clark, B., Cuccurullo, L., Stirman, S., Hamblen, J., Norman, S. B.
2024
- **ACCEPTABILITY AND FEASIBILITY OF TRAINING TO INTEGRATE DIGITAL CBTI IN ROUTINE THERAPY: EVIDENCE FROM FOCUS GROUPS**
Gumpert, N., Tully, I., Stirman, S., Manber, R.
OXFORD UNIV PRESS INC.2024
- **PRELIMINARY FINDINGS OF A PILOT CLINICIAN TRAINING PROGRAM TO INTEGRATE DIGITAL CBTI INTO ROUTINE THERAPY**
Gumpert, N., Tully, I., Stirman, S., Manber, R.
OXFORD UNIV PRESS INC.2024
- **Large language models could change the future of behavioral healthcare: a proposal for responsible development and evaluation.** *Npj mental health research*
Stade, E. C., Stirman, S. W., Ungar, L. H., Boland, C. L., Schwartz, H. A., Yaden, D. B., Sedoc, J., DeRubeis, R. J., Willer, R., Eichstaedt, J. C.
2024; 3 (1): 12
- **Clinician Burnout and Effectiveness of Guideline-Recommended Psychotherapies.** *JAMA network open*
Sayer, N. A., Kaplan, A., Nelson, D. B., Wiltsey Stirman, S., Rosen, C. S.

2024; 7 (4): e246858

- **The Transdiagnostic Intervention for Sleep and Circadian Dysfunction (TranS-C) for serious mental illness in community mental health part 3: study protocol to evaluate sustainment in a hybrid type 2 effectiveness-implementation cluster-randomized trial.** *Trials*
Sarfan, L. D., Agnew, E. R., Diaz, M., Cogan, A., Spencer, J. M., Esteva Hache, R., Wiltsey Stirman, S., Lewis, C. C., Kilbourne, A. M., Harvey, A. G.
2024; 25 (1): 54
- **A Home-Based Telehealth Randomized Controlled Trial of Skills Training in Affective and Interpersonal Regulation Versus Present-Centered Therapy for Women Veterans Who Have Experienced Military Sexual Trauma** *JOURNAL OF CONSULTING AND CLINICAL PSYCHOLOGY*
Cloitre, M., Morabito, D., Macia, K., Speicher, S., Froelich, J., Webster, K., Prins, A., Villasenor, D., Bauer, A., Jackson, C., Fabricant, L., Wiltsey-Stirman, S., Morland, et al
2024
- **Analysis of implementation processes in a hybrid effectiveness-implementation trial of interpersonal psychotherapy (IPT) for major depressive disorder in prisons: Training, supervision, and recommendations.** *PloS one*
Johnson, J. E., Hailemariam, M., Zlotnick, C., Richie, F., Wiltsey-Stirman, S.
2024; 19 (5): e0288182
- **Implementing precision methods in personalizing psychological therapies: Barriers and possible ways forward.** *Behaviour research and therapy*
Deisenhofer, A. K., Barkham, M., Beierl, E. T., Schwartz, B., Aafjes-van Doorn, K., Beevers, C. G., Berwian, I. M., Blackwell, S. E., Bockting, C. L., Brakemeier, E. L., Brown, G., Buckman, J. E., Castonguay, et al
2023; 172: 104443
- **Development of a method for Making Optimal Decisions for Intervention Flexibility during Implementation (MODIFI): A modified Delphi study.** *Research square*
Brewer, S. K., Corbin, C. M., Baumann, A. A., Stirman, S. W., Jones, J. M., Pullmann, M. D., Lyon, A. R.
2023
- **The Role of Therapy Delivery and Clinic Organizational Factors in Explaining Therapist Effects for Trauma-Focused Psychotherapies in the Veterans Health Administration** *JOURNAL OF CONSULTING AND CLINICAL PSYCHOLOGY*
Sayer, N. A., Stirman, S., Rosen, C. S., Kehle-Forbes, S., Spont, M. R., Eftekhari, A., Chard, K. M., Kaplan, A., Nelson, D. B.
2023; 91 (11): 665-679
- **Using the multiphase optimization strategy to adapt cognitive processing therapy (CPT MOST): study protocol for a randomized controlled factorial experiment.** *Trials*
Sripada, R. K., Peterson, C. L., Dziak, J. J., Nahum-Shani, I., Roberge, E. M., Martinson, A. A., Porter, K., Grau, P., Curtis, D., McElroy, S., Bryant, S., Gracy, I., Pryor, et al
2023; 24 (1): 676
- **Sudden gains in PTSD symptoms and social functioning in cognitive processing therapy for posttraumatic stress disorder.** *Psychotherapy research : journal of the Society for Psychotherapy Research*
Antonopoulos, I., Carney, A. E., Wiltsey Stirman, S., Monson, C. M.
2023: 1-12
- **Deimplementation Strategies to End Sexual Orientation and Gender Identity and Expression Change Efforts: Undoing a Harmful Legacy of Behavior Therapy.** *The Behavior therapist*
Bharat, B., Dopp, A., Last, B., Howell, G., Nadeem, E., Johnson, C., Stirman, S. W.
2023; 46 (7): 261-270
- **Implementation Science and Practice-Oriented Research: Convergence and Complementarity.** *Administration and policy in mental health*
Youn, S. J., Boswell, J. F., Douglas, S., Harris, B. A., Aajmain, S., Arnold, K. T., Creed, T. A., Gutner, C. A., Orengo-Aguayo, R., Oswald, J. M., Stirman, S. W.
2023
- **Treatment Length and Symptom Improvement in Prolonged Exposure and Present-Centered Therapy for Posttraumatic Stress Disorder: Comparing Dose-Response and Good-Enough Level Models in Two Manualized Interventions** *JOURNAL OF CONSULTING AND CLINICAL PSYCHOLOGY*
Thompson-Hollands, J., Lunney, C. A., Sloan, D. M., Wiltsey Stirman, S., Schnurr, P. P.
2023

- **Elucidating the Elements of Clinical Case Consultation in Cognitive Processing Therapy elucider les elements de la consultation de cas cliniques en therapie du processus cognitif** *COUNSELING PSYCHOLOGIST*
Landy, M. S. H., Vezer, E., Bance, S., Loskot, T., Ip, J., Zeifman, A. P. P., Mutschler, C., Thomas, F. C. C., McShane, K., Monson, C. M. M., Stirman, S.
2023
- **Provider Decisions to Use Evidence-Based Psychotherapy for PTSD Among Veterans: Assessments of Overidentification With the Sick Role and Comorbid Personality Disorders** *TRAUMATOLOGY*
Song, J., Garcia, H. A., Finley, E. P., Stirman, S.
2023
- **Evaluation of measures of sustainability and sustainability determinants for use in community, public health, and clinical settings: a systematic review.** *Implementation science : IS*
Hall, A., Shoesmith, A., Doherty, E., McEvoy, B., Mettert, K., Lewis, C. C., Wolfenden, L., Yoong, S., Kingsland, M., Shelton, R. C., Wiltsey Stirman, S., Imad, N., Sutherland, et al
2022; 17 (1): 81
- **A computational approach to measure the linguistic characteristics of psychotherapy timing, responsiveness, and consistency.** *Npj mental health research*
Miner, A. S., Fleming, S. L., Haque, A., Fries, J. A., Althoff, T., Wilfley, D. E., Agras, W. S., Milstein, A., Hancock, J., Asch, S. M., Stirman, S. W., Arnow, B. A., Shah, et al
2022; 1 (1): 19
- **Initiating Cognitive Processing Therapy (CPT) in Community Settings: A Qualitative Investigation of Therapist Decision-Making.** *Administration and policy in mental health*
Thomas, F. C., Loskot, T., Mutschler, C., Burdo, J., Lagdamen, J., Sijercic, I., Lane, J. E., Liebman, R. E., Finley, E. P., Monson, C. M., Wiltsey-Stirman, S.
2022
- **A pilot randomized effectiveness trial of the unified protocol in trauma-exposed veterans.** *Depression and anxiety*
Gutner, C. A., Song, J., Canale, C. A., Suvak, M. K., Litwack, S. D., Niles, B. L., Stirman, S. W.
2022
- **Multilevel Factors in Providers' Decisions to Utilize CPT in Military- and Veteran-Serving Treatment Settings** *PSYCHOLOGICAL SERVICES*
Loskot, T., Lagdamen, J., Mutschler, C., Thomas, F., Kannan, K., Beristianos, M., Cook, J., Finley, E., Monson, C., Wiltsey-Stirman, S.
2022
- **Adaptations of evidence-based trauma-focused interventions for children and adolescents: a systematic review.** *Implementation science communications*
Lange, B. C., Nelson, A., Lang, J. M., Stirman, S. W.
2022; 3 (1): 108
- **Implementation context and burnout among Department of Veterans Affairs psychotherapists prior to and during the COVID-19 pandemic.** *Journal of affective disorders*
Rosen, C. S., Kaplan, A. N., Nelson, D. B., La Bash, H., Chard, K. M., Eftekhari, A., Kehle-Forbes, S., Stirman, S. W., Sayer, N. A.
2022
- **An Examination of Individual and Organizational Theory in a Pilot Virtual Facilitated Learning Collaborative to Implement Written Exposure Therapy** *PSYCHOLOGICAL SERVICES*
Worley, C. B., Rosen, C. S., LoSavio, S. T., Aajmain, S. T., Stirman, S., Sloan, D. M.
2022
- **Competence in Delivering Cognitive Processing Therapy and the Therapeutic Alliance Both Predict PTSD Symptom Outcomes.** *Behavior therapy*
Keefe, J. R., Hernandez, S., Johaneck, C., Landy, M. S., Sijercic, I., Shnaider, P., Wagner, A. C., Lane, J. E., Monson, C. M., Stirman, S. W.
2022; 53 (5): 763-775
- **Implementing Evidence-Based Mental-Health Treatments: Attending to Training, Fidelity, Adaptation, and Context** *CURRENT DIRECTIONS IN PSYCHOLOGICAL SCIENCE*
Stirman, S.
2022

- **Identifying and Exploring Sustainability Determinants of Mental Health Recovery-Oriented Interventions: A Mixed Methods Study Protocol.** *Global implementation research and applications*
Sofouli, E., Wiltsey-Stirman, S., Groleau, D., Perreault, M., Piat, M.
2022: 1-13
- **Promises and pitfalls in implementation science from the perspective of US-based researchers: learning from a pre-mortem** *IMPLEMENTATION SCIENCE*
Beidas, R. S., Dorsey, S., Lewis, C. C., Lyon, A. R., Powell, B. J., Purtle, J., Saldana, L., Shelton, R. C., Stirman, S., Lane-Fall, M. B.
2022; 17 (1): 55
- **Temporary PTSD Symptom Increases Among Individuals Receiving CPT in a Hybrid Effectiveness-Implementation Trial: Potential Predictors and Association With Overall Symptom Change Trajectory** *PSYCHOLOGICAL TRAUMA-THEORY RESEARCH PRACTICE AND POLICY*
Larsen, S. E., Mackintosh, M., La Bash, H., Evans, W. R., Suvak, M. K., Shields, N., Lane, J. E. M., Sijercic, I., Monson, C. M., Wiltsey Stirman, S.
2022; 14 (5): 853-861
- **Associations between system, organizational, and individual characteristics with sustained EBP fidelity across mental health systems**
Stirman, S., Finley, E., Song, J., Masina, T., Aajmain, S., Lagdamen, J., Loskot, T., Swanson, K., LaBash, H., Lane, J., Sijercic, I., Liebman, R., Park, et al
BMC.2022
- **Delivery of Written Exposure Therapy for PTSD in a University Counseling Center** *PSYCHOLOGICAL SERVICES*
Morissette, S. B., Ryan-Gonzalez, C., Blessing, A., Judkins, J., Crabtree, M., Hernandez, M. F., Wiltsey-Stirman, S., Sloan, D. M.
2022
- **Mental health clinician perspectives regarding factors impacting implementation of evidence-based psychotherapies in Veterans Health Administration community-based outpatient clinics.** *General hospital psychiatry*
Brennan, L. A., Brady, J. E., Drummond, K. L., Wiltsey-Stirman, S., Gutner, C. A., Iverson, K. M.
2022; 75: 54-60
- **Assessment of modifications to evidence-based psychotherapies using administrative and chart note data from the US department of veterans affairs health care system.** *Frontiers in public health*
Wiltsey Stirman, S., La Bash, H., Nelson, D., Orazem, R., Klein, A., Sayer, N. A.
2022; 10: 984505
- **Feasibility and Preliminary Efficacy of a Public Mobile App to Reduce Symptoms of Postdisaster Distress in Adolescent Wildfire Survivors: Sonoma Rises** *PSYCHOLOGICAL SERVICES*
Heinz, A. J., Wiltsey-Stirman, S., Jaworski, B. K., Sharin, T., Rhodes, L., Steinmetz, S., Taylor, K., Gorman, B., Mason, D., Marikos, S., McGovern, M.
2021
- **The Role of the Consultant in Consultation for an Evidence-Based Treatment for PTSD** *PSYCHOLOGICAL SERVICES*
Johnson, C., La Bash, H., Song, J., Dunlap, K., Lagdamen, J., Suvak, M., Landy, M. S. H., Shields, N., Monson, C. M., Stirman, S.
2021
- **Graduate Training and Provider Concerns About Distress and Comprehension in PTSD Treatment Choice: A Mediation Analysis** *PSYCHOLOGICAL SERVICES*
Song, J., Garcia, H. A., Finley, E. P., Stirman, S.
2021; 18 (4): 533-542
- **A Glimpse into the "Black Box": Which Elements of Consultation in an EBP are Associated with Client Symptom Change and Therapist Fidelity?** *Implementation research and practice*
Mallard Swanson, K., Song, J., Beristianos, M., Aajmain, S., Lane, J. E., Landy, M. S., Suvak, M. K., Shields, N., Monson, C. M., Stirman, S. W.
2021; 2: 26334895211051791
- **Effectiveness of written exposure therapy for posttraumatic stress disorder in the Department of Veterans Affairs Healthcare System.** *Psychological trauma : theory, research, practice and policy*
LoSavio, S. T., Worley, C. B., Aajmain, S. T., Rosen, C. S., Wiltsey Stirman, S., Sloan, D. M.
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- **Therapist Self-Efficacy in Delivering Cognitive Processing Therapy in a Randomized Controlled Implementation Trial** *COGNITIVE AND BEHAVIORAL PRACTICE*

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