



Nicole Starace

Adjunct Clinical Assistant Professor, Psychiatry and Behavioral Sciences -
Child & Adolescent Psychiatry and Child Development

Bio

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Dr. Nicole Starace received her undergraduate degree from the University of Pennsylvania, where she worked in the lab of Dr. Aaron T. Beck, the founder of Cognitive Behavioral Therapy (CBT). Her work at Penn sparked her interest in the growing field of Evidence-Based Psychotherapy. She received her MA and PhD in Clinical Psychology from UCLA, where she trained under Dr. Bruce Chorpita and conducted research in the field of Dissemination and Implementation of Evidence-Based Psychotherapy. Dr. Starace joined the faculty at Stanford in 2015 where she held appointments as a Clinical Instructor and a Clinical Assistant Professor. She continued to champion evidence based practices in her leadership roles and as a clinical supervisor for trainees in the Department of Psychiatry and Behavioral Sciences, Division of Child and Adolescent Psychiatry. Dr. Starace left Stanford in 2022 when she relocated back the East Coast, but she returned to Stanford as an Adjunct Clinical Assistant Professor in 2023. Dr. Starace specializes in the treatment of OCD, Anxiety, and Tic Disorders and Parenting for youth with disruptive behavior challenges and anxiety. She works with children, teens, and adults.