

Stanford



Vaishali Mittal

Bio

BIO

Vaishali Mittal, MD is a Postdoctoral Clinical Fellow in the Department of Dermatology at Stanford University under the guidance of Dr. Jean Y. Tang.

Her current research is focused on epidermolysis bullosa (EB), a group of rare diseases that cause the skin and mucous membranes to blister easily. She is involved in conducting long-term clinical trials examining the application of an autologous, gene-corrected keratinocyte sheet for the treatment of recessive dystrophic EB (RDEB). In addition, she is currently leading several research projects, including investigation of genotype-phenotype associations in multiple subtypes of EB, creation of an online platform for EB patients/families and investigators to collaborate together on research, and development of an online genetic registry for EB patients using a novel, home-based genetic testing kit.

Vaishali received her medical degree from Stanford University School of Medicine and completed her internship at Beth Israel Deaconess Medical Center/Brockton Hospital.

INSTITUTE AFFILIATIONS

- Member, Maternal & Child Health Research Institute (MCHRI)

Publications

PUBLICATIONS

- **Associations between dietary and supplemental vitamin A intake and melanoma and non-melanoma skin cancer.** *Skin health and disease*
Mittal, V., So, J. Y., Li, S., Swetter, S. M., Linos, E., Van Horn, L., Neuhouser, M. L., Stefanick, M. L., Tang, J. Y.
2024; 4 (6): e462
- **Online, home-based dystrophic epidermolysis bullosa registry.** *Pediatric dermatology*
Mittal, V., Nazaroff, J., Eid, E., Li, S., Linos, E., Oro, A., Tang, J. Y.
2024
- **Association between non-melanoma skin cancer and risk of fractures.** *Skin health and disease*
Mittal, V., Anderson, E. M., Kwon, G. P., Stefanick, M. L., Ransohoff, K. J., Hedlin, H. K., Wactascki-Wende, J., Wysong, A. S., Tang, J. Y.
2024; 4 (1): e309
- **The authors reply.** *Critical care medicine*
Hakes, N. A., Mittal, V., Magnus, D. C., Batten, J. N.
2023; 51 (12): e278-e279
- **Vagueness in Goals-of-Care Conferences for Critically Ill Patients: Types of Hedge Language Used by Physicians.** *Critical care medicine*
Mittal, V., Hakes, N. A., Magnus, D., Batten, J. N.

2023

- **Radiation-induced morphea: Association with autoimmune comorbidities, severity, and response to therapy** *JOURNAL OF THE AMERICAN ACADEMY OF DERMATOLOGY*
Mittal, A., Mittal, V., Panse, G., Choi, J. N., Kwong, B. Y., Leventhal, J. S.
2019; 81 (1): 260–62
- **Initial Provider Specialty Is Associated With Long-term Opiate Use in Patients With Newly Diagnosed Low Back and Lower Extremity Pain** *SPINE*
Azad, T. D., Vail, D., Bentley, J., Han, S. S., Suarez, P., Varshneya, K., Mittal, V., Veeravagu, A., Desai, M., Bhattacharya, J., Ratliff, J. K.
2019; 44 (3): 211–18
- **Randomized Controlled Trials in Functional Neurosurgery-Association of Device Approval Status and Trial Quality.** *Neuromodulation : journal of the International Neuromodulation Society*
Azad, T. D., Feng, A. Y., Mehta, S. n., Bak, A. B., Johnson, E. n., Mittal, V. n., Esparza, R. n., Veeravagu, A. n., Halpern, C. H., Grant, G. A.
2019
- **Neurosurgical Randomized Controlled Trials-Distance Travelled** *NEUROSURGERY*
Azad, T. D., Veeravagu, A., Mittal, V., Esparza, R., Johnson, E., Ioannidis, J. P. A., Grant, G. A.
2018; 82 (5): 604–12
- **Preoperative depression, lumbar fusion, and opioid use: an assessment of postoperative prescription, quality, and economic outcomes.** *Neurosurgical focus*
O'Connell, C. n., Azad, T. D., Mittal, V. n., Vail, D. n., Johnson, E. n., Desai, A. n., Sun, E. n., Ratliff, J. K., Veeravagu, A. n.
2018; 44 (1): E5
- **Neurosurgical Randomized Controlled Trials-Distance Travelled.** *Neurosurgery*
Azad, T. D., Veeravagu, A. n., Mittal, V. n., Esparza, R. n., Johnson, E. n., Ioannidis, J. P., Grant, G. A.
2017