



Golara Honari, MD

Clinical Associate Professor, Dermatology

CLINICAL OFFICE (PRIMARY)

- **Stanford Dermatology**

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Bio

BIO

Dr. G. Honari, MD, is a dermatologist with special interest in eczematous dermatoses, with expertise in contact dermatitis, atopic dermatitis, and occupational dermatoses. Originally from Iran, she earned her medical degree from the Iran University of Medical Sciences in Tehran, Iran, followed by completing her residencies in Internal Medicine and Dermatology and a clinical fellowship in Contact Dermatitis and Environmental Dermatology at the Cleveland Clinic. Additionally, she participated in the Stanford Biodesign Faculty Fellowship Program, where she had the opportunity to engage with forward-thinking professionals and broaden her perspectives into innovative and actionable solutions to address the challenges in healthcare.

Dr. Honari's clinical and research interests include atopic dermatitis dermatoses, contact dermatitis, systemic hypersensitivities, photo sensitivities and occupational dermatology, driven by a commitment to enhancing access to reliable and efficient expert care.

She has served on the Board of Directors of the American Contact Dermatitis Society and serves as a mentor within the International Society of Dermatology, focusing on Contact Dermatitis.

CLINICAL FOCUS

- Eczematous Dermatoses
- Contact Dermatitis
- Atopic Dermatitis
- Systemic Hypersensitivities
- Phototoxicity and Photo Allergies
- Occupational Dermatology
- Dermatology
- Environmental Dermatology

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Dermatology

HONORS AND AWARDS

- Dermatology Innovation Forum (DIF) Travel Award, Advancing Innovation in Dermatology (AID) (2025)
- Presidential Citation Award as the Chair of the Annual Meeting, American Contact Dermatitis Society (2021)
- Outcome Research Award, American Contact Dermatitis Society (2019)
- Innovation Award, Cleveland Clinic Foundation (2005)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- AMA & Health Policy Committee, American Contact Dermatitis Society (2024 - present)
- Research Development and Award Committee, American Contact Dermatitis Society (2024 - present)
- Board of Directors, San Francisco Dermatological Society (2023 - present)
- Board of Directors, American Contact Dermatitis Society (2019 - 2022)
- Chair of Annual Program Committee, American Contact Dermatitis Society (2019 - 2020)
- Chair of Publication Committee, American Contact Dermatitis Society (2017 - 2018)

PROFESSIONAL EDUCATION

- The Biodesign Faculty Fellowship, Stanford Mussallem Center for Biodesign (2022)
- Residency: Cleveland Clinic Foundation (2009) OH
- Residency: Cleveland Clinic Foundation (2004) OH
- Board Certification: Dermatology, American Board of Dermatology (2009)
- Board Certification, American Board of Internal Medicine , Internal Medicine (2006)
- Fellowship: Cleveland Clinic Foundation (2005) OH
- Medical Education: Iran University of Medical Sciences (1999) Iran

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

I'm interested in a better understanding of the clinical and molecular mechanisms of eczematous dermatoses and the effects of environmental and occupational exposures on the skin. Also interested in understanding the burden of eczematous disorders on individual patients and the health care system and means to improve clinical care and access.

CLINICAL TRIALS

- COVID-19 Messaging for Vaccination, Not Recruiting

Publications

PUBLICATIONS

- **Allergic contact dermatitis associated with scalp applied products: A systematic review of topical allergens and alopecia implication**
Pham, C., Juhasz, M., Lin, J., Honari, G., Mesinkovska, N.
MOSBY-ELSEVIER.2021: AB49
- **Automated detection of skin reactions in epicutaneous patch testing using machine learning.** *The British journal of dermatology*
Chan, W. H., Srivastava, R., Damaraju, N., Do, H., Burnett, G., MacFarlane, J., Xie, S. M., Chen, J. K., Honari, G., Sarin, K. Y.
2021
- **Bridging to a selective Janus kinase 1 inhibitor in severe atopic dermatitis: An instructive case with upadacitinib.** *JAAD case reports*
Nguyen, J., Chen, J. K., Honari, G., Pol-Rodriguez, M., Ko, J. M., Chiou, A. S.

2021; 7: 65–67

- **Prevalence of Potentially Allergenic Ingredients in Products Labeled for Eczema Care.** *Journal of the American Academy of Dermatology*
Schwartz, B. L., Honari, G., Chiou, A. S., Ko, J., Sarin, K. Y., Chen, J. K.
2021
- **Photopatch Testing Among Members of the American Contact Dermatitis Society.** *Dermatitis : contact, atopic, occupational, drug*
Kim, T., Taylor, J. S., Maibach, H. I., Chen, J. K., Honari, G.
2020
- **Dupilumab Treatment of Nummular Dermatitis: A Retrospective Cohort Study.** *Journal of the American Academy of Dermatology*
Choi, S. n., Zhu, G. A., Lewis, M. A., Honari, G. n., Chiou, A. S., Ko, J. n., Chen, J. K.
2020
- **Facial Personal Protective Equipment: Materials, Resterilization Methods, and Management of Occupation-Related Dermatoses.** *Dermatitis : contact, atopic, occupational, drug*
Yu, J. n., Goldminz, A. n., Chisolm, S. n., Jacob, S. E., Zippin, J. H., Wu, P. A., Hylwa, S. n., Dunnick, C. A., Chen, J. K., Reeder, M. n., Honari, G. n., Atwater, A. R.
2020
- **A PHASE 2, MULTI-Center, PLACEBO-CONTROLLED STUDY OF Single dose Squaric Acid Dibutyl Ester (sadbe) to reduce frequency of outbreaks IN SUBJECTS WITH RECURRENT HERPES LABIALIS.** *Journal of the American Academy of Dermatology*
Chang, A. L., Honari, G. n., Guan, L. n., Zhao, L. n., Palli, M. A., Horn, T. D., Dudek, A. Z., McTavish, H. n.
2020
- **Eczema, Targeted Therapeutics, and Allergy Diagnostics: The Need for Greater Clarity on What We Are Treating.** *Journal of the European Academy of Dermatology and Venereology : JEADV*
Chen, J. K., Honari, G. n., Silverberg, J. I.
2020
- **Dupilumab for occupational irritant hand dermatitis in a nonatopic individual: A case report.** *JAAD case reports*
Zhu, G. A., Honari, G. n., Ko, J. M., Chiou, A. S., Chen, J. K.
2020; 6 (4): 296–98
- **Inflammatory alopecia in patients on dupilumab: a retrospective cohort study at an academic institution.** *Journal of the European Academy of Dermatology and Venereology : JEADV*
Zhu, G. A., Kang, K. J., Chen, J. K., Novoa, R. A., Brown, R. A., Chiou, A. S., Ko, J. M., Honari, G.
2019
- **Pathophysiology and management of sensitive skin: position paper from the special interest group on sensitive skin of the International Forum for the Study of Itch (IFSI)** *JOURNAL OF THE EUROPEAN ACADEMY OF DERMATOLOGY AND VENEREOLOGY*
Misery, L., Weisshaar, E., Brenaut, E., Evers, A. M., Huet, F., Staender, S., Reich, A., Berardesca, E., Serra-Baldrich, E., Wallengren, J., Linder, D., Fluhr, J. W., Szepietowski, et al
2019
- **Assessment of the Development of New Regional Dermatoses in Patients Treated for Atopic Dermatitis With Dupilumab** *JAMA DERMATOLOGY*
Zhu, G., Chen, J. K., Chiou, A., Ko, J., Honari, G.
2019; 155 (7): 850–52
- **Repeat patch testing in a patient with allergic contact dermatitis improved on dupilumab.** *JAAD case reports*
Zhu, G. A., Chen, J. K., Chiou, A., Ko, J., Honari, G.
2019; 5 (4): 336–38
- **Assessment of the Development of New Regional Dermatoses in Patients Treated for Atopic Dermatitis With Dupilumab.** *JAMA dermatology*
Zhu, G. A., Chen, J. K., Chiou, A. n., Ko, J. n., Honari, G. n.
2019
- **Patch testing for nonimmediate cutaneous adverse drug reactions** *JOURNAL OF THE AMERICAN ACADEMY OF DERMATOLOGY*
Zinn, Z., Gayam, S., Chelliah, M. P., Honari, G., Teng, J.
2018; 78 (2): 421–23

- **Defining Gaps in Dermatitis Care** *DERMATITIS*

Nedorost, S., Atwater, A., Ardern-Jones, M., Elias, P., Mukherjee, P., Honari, G., Ertel, M., Hammond, M., Machler, B., Scheman, A., Mulligan, K., Montanez-Wiskovich, M., Jacob, et al
2017; 28 (6): 372–74

- **Patch Testing for Evaluation of Hypersensitivity to Implanted Metal Devices: A Perspective From the American Contact Dermatitis Society** *DERMATITIS*

Schalock, P. C., Crawford, G., Nedorost, S., Scheinman, P. L., Atwater, A. R., Mowad, C., Brod, B., Ehrlich, A., Watsky, K. L., Sasseville, D., Silvestri, D., Worobec, S. M., Elliott, et al
2016; 27 (5): 241-247