Bio

ACADEMIC APPOINTMENTS

- Lecturer, Psychology

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

I research age-related changes in the way people prefer to use their time and decide how to do so. Using a mixture of observational and experimental data, I focus primarily on the relationship between the perception of future-time as abundant and open-ended (vs. scarce and limited) and preference for activities that hold future-oriented and emotionally meaningful benefits.

Teaching

COURSES

2019-20

- Longevity: HUMBIO 149L, PSYCH 102 (Win)

Publications

PUBLICATIONS

- Age Advantages in Emotional Experience Persist Even Under Threat From the COVID-19 Pandemic. *Psychological science*
  Carstensen, L. L., Shavit, Y. Z., Barnes, J. T.
  2020: 956797620967261

- Does Becoming A Volunteer Attenuate Loneliness Among Recently Widowed Older Adults? *JOURNALS OF GERONTOLOGY SERIES B-Psychological Sciences and Social Sciences*
  Carr, D. C., Kail, B., Matz-Costa, C., Shavit, Y. Z.
  2018; 73 (3): 501–10