Stanford

Yochai Shavit
Lecturer
Psychology

Bio

ACADEMIC APPOINTMENTS
• Lecturer, Psychology

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS
I research age-related changes in the way people prefer to use their time and decide how to do so. Using a mixture of observational and experimental data, I focus primarily on the relationship between the perception of future-time as abundant and open-ended (vs. scarce and limited) and preference for activities that hold future-oriented and emotionally meaningful benefits.

Teaching

COURSES
2019-20
• Longevity: HUMBIO 149L, PSYCH 102 (Win)

Publications

PUBLICATIONS
• Age Advantages in Emotional Experience Persist Even Under Threat From the COVID-19 Pandemic. Psychological science
  Carstensen, L. L., Shavit, Y. Z., Barnes, J. T.
  2020: 956797620967261

• Does Becoming A Volunteer Attenuate Loneliness Among Recently Widowed Older Adults? JOURNALS OF GERONTOLOGY SERIES B-
  PSYCHOLOGICAL SCIENCES AND SOCIAL SCIENCES
  Carr, D. C., Kail, B., Matz-Costa, C., Shavit, Y. Z.
  2018; 73 (3): 501–10