



Jessica Gold

Clinical Associate Professor, Pediatrics

CLINICAL OFFICE (PRIMARY)

- **Division of Pediatric Hospital Medicine**

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Bio

CLINICAL FOCUS

- Pediatric Hospital Medicine

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Pediatrics

ADMINISTRATIVE APPOINTMENTS

- Interim Chair, Lactation Council, Stanford Medicine, (2026- present)
- Department Well-being Director, Department of Pediatrics, (2023- present)
- Faculty Director, WellMD & WellPhD, Stanford Medicine, (2022- present)
- Faculty Coach, Pediatric Residency Program, (2019- present)
- Co-Chair, Working Parents Employee Resource Group, Stanford Medicine, (2019-2022)
- Director, Connect Team (Inpatient Complex Care Consult Service), Lucile Packard Children's Hospital, (2017-2020)

HONORS AND AWARDS

- LPCH Medical Staff Impact Award, Lucile Packard Children's Hospital Stanford (2026)
- Honor Roll for Teaching, Pediatrics Residency Program, Stanford Pediatrics Residency Program (2025)
- Honor Roll for Teaching, Pediatrics Residency Program, Stanford Pediatrics Residency Program (2024)
- Honor Roll for Teaching, Pediatrics Residency Program, Stanford Pediatrics Residency Program (2023)
- Honor Roll for Teaching in Pediatric Medical Student Clerkship, Stanford University School of Medicine (2022)
- Faculty Research Fellow, Clayman Institute for Gender Research, Stanford (2020-2021)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Fellow, American Academy of Pediatrics (2013 - present)

PROFESSIONAL EDUCATION

- Medical Education: New York Medical College (2010) NY
- Board Certification, American Board of Pediatrics , Pediatric Hospital Medicine (2019)
- Board Certification: Pediatrics, American Board of Pediatrics (2013)
- Residency: Montefiore Medical Center - Albert Einstein College of Medicine (2013) NY
- Internship: Montefiore Medical Center - Albert Einstein College of Medicine (2011) NY
- MD, New York Medical College (2010)
- MS, Georgetown University , Physiology (2006)
- BA, Columbia University , Biology, Art History (2004)

Publications

PUBLICATIONS

- **Implementation of an Organization-Based Couples Health Promotion Program to Improve Physician Well-Being.** *JAMA network open*
Gold, J. M., Shanafelt, T. D., Wang, H., Townson, J., Stolz, S., Menon, N., Trockel, M.
2025; 8 (4): e253218
- **A Volunteer Passion: A Qualitative Look at How We Measure and Reward the Work of Medical Educators** *CUREUS JOURNAL OF MEDICAL SCIENCE*
Stein, C. J., Luff, D., Gold, J. M., Schwartzstein, R. M., Kesselheim, J. C.
2024; 16 (7)
- **A Volunteer Passion: A Qualitative Look at How We Measure and Reward the Work of Medical Educators.** *Cureus*
Stein, C. J., Luff, D., Gold, J. M., Schwartzstein, R. M., Kesselheim, J. C.
2024; 16 (7): e65849
- **Association Between Gender and Salary Among Pediatric Hospital Medicine Physicians.** *Hospital pediatrics*
Forster, C. S., Polak, C. A., Chen, C., Kim, J. L., Allan, J. M., Gold, J. M., Ruch-Ross, H. S., Fromme, H. B., Huang, B., Schondelmeyer, A. C.
2024
- **Concordance between electronic health record-recorded race/ethnicity and parental report in hospitalized children.** *Journal of hospital medicine*
Hoang, K., Gold, J., Powell, C., Lee, H. C., Floyd, B., Schroeder, A., Chadwick, W.
2023
- **Words Matter: Examining Gender Differences in the Language Used to Evaluate Pediatrics Residents.** *Academic pediatrics*
Gold, J. M., Yemane, L., Keppler, H., Balasubramanian, V., Rassbach, C. E.
2022
- **Fertility Benefits at Top U.S. Medical Schools.** *Journal of women's health (2002)*
Hoang, K., Evans, N., Aghajanova, L., Talib, H., Linos, E., Gold, J. M.
1800
- **How Perceived Burnout alters Frontline Educators' Assessments in the Clinical Learning Environment.** *Academic pediatrics*
Dean, A., Foradori, D. M., Kumar, S., Player, B., Hochreiter, D., Hainstock, L., Kumta, J., Gold, J., Fromme, H. B.
1800
- **Functional and structural analysis of cytokine selective IL6ST defects that cause recessive hyper-IgE syndrome.** *The Journal of allergy and clinical immunology*
Chen, Y., Zastrow, D. B., Metcalfe, R. D., Gartner, L., Krause, F., Morton, C. J., Marwaha, S., Fresard, L., Huang, Y., Zhao, C., McCormack, C., Bick, D., Worthey, et al
2021
- **Parent Perceptions and Experiences Regarding Medication Education at Time of Hospital Discharge for Children With Medical Complexity.** *Hospital pediatrics*

Gold, J. M., Chadwick, W., Gustafson, M., Valenzuela Riveros, L. F., Mello, A., Nasr, A.

2020; 10 (8): 679–86

- **Trends in Intravenous Magnesium Use and Outcomes for Status Asthmaticus in Children's Hospitals from 2010 to 2017.** *Journal of hospital medicine*
Mittal, V., Hall, M., Antoon, J., Gold, J., Kenyon, C., Parikh, K., Morse, R., Quinonez, R., Teufel, R. J., Shah, S. S.
2020
- **Collective Action and Effective Dialogue to Address Gender Bias in Medicine.** *Journal of hospital medicine*
Gold, J. M., Allan, J. M., Ralston, S. L., Fromme, H. B., Desai, A. D.
2019; 14 (10): 630–32
- **Achievable Benchmarks of Care for Pediatric Readmissions.** *Journal of hospital medicine*
Montalbano, A., Quinonez, R. A., Hall, M., Morse, R., Ishman, S. L., Antoon, J. W., Gold, J., Teufel, R. J., Mittal, V., Shah, S. S., Parikh, K.
2019; 14: E1–E7
- **Provider Knowledge, Attitudes, and Practices Regarding Bronchiolitis and Pneumonia Guidelines.** *Hospital pediatrics*
Gold, J., Hametz, P., Sen, A. I., Maykowski, P., Leone, N., Lee, D. S., Gagliardo, C., Hymes, S., Biller, R., Saiman, L.
2019
- **Impact of Discharge Components on Readmission Rates for Children Hospitalized with Asthma** *JOURNAL OF PEDIATRICS*
Parikh, K., Hall, M., Kenyon, C. C., Teufel, R. J., Mussman, G. M., Montalbano, A., Gold, J., Antoon, J. W., Subramony, A., Mittal, V., Morse, R. B., Wilson, K. M., Shah, et al
2018; 195: 175-+
- **Long length of hospital stay in children with medical complexity.** *Journal of hospital medicine*
Gold, J. M., Hall, M., Shah, S. S., Thomson, J., Subramony, A., Mahant, S., Mittal, V., Wilson, K. M., Morse, R., Mussman, G. M., Hametz, P., Montalbano, A., Parikh, et al
2016; 11 (11): 750-756
- **Comparative Effectiveness of Dexamethasone versus Prednisone in Children Hospitalized with Asthma** *JOURNAL OF PEDIATRICS*
Parikh, K., Hall, M., Mittal, V., Montalbano, A., Gold, J., Mahant, S., Wilson, K. M., Shah, S. S.
2015; 167 (3): 639-?
- **Association of National Guidelines With Tonsillectomy Perioperative Care and Outcomes** *PEDIATRICS*
Mahant, S., Hall, M., Ishman, S. L., Morse, R., Mittal, V., Mussman, G. M., Gold, J., Montalbano, A., Srivastava, R., Wilson, K. M., Shah, S. S.
2015; 136 (1): 53-60
- **Treatment of hypovitaminosis D in infants and toddlers** *JOURNAL OF CLINICAL ENDOCRINOLOGY & METABOLISM*
Gordon, C. M., Williams, A. L., Feldman, H. A., May, J., Sinclair, L., Vasquez, A., Cox, J. E.
2008; 93 (7): 2716-2721