Stanford



Shriram Nallamshetty, MD

- Clinical Associate Professor (Affiliated), Medicine - Med/Cardiovascular Medicine
- Staff, Medicine - Med/Cardiovascular Medicine

CLINICAL OFFICE (PRIMARY)

- **VA Palo Alto Health Care System**

  3801 Miranda Ave

  MC 112

  Palo Alto, CA 94304

  Tel (650) 617-2732 **Fax** (650) 614-8473

Bio

CLINICAL FOCUS

- Cardiovascular Disease

ADMINISTRATIVE APPOINTMENTS

- Chief Resident, Medicine Residency Program, (2005-2006)

HONORS AND AWARDS

- Professionalism Award, Stanford Medicine Residency Program (2004)

PROFESSIONAL EDUCATION

- Fellowship: Massachusetts General Hospital Cardiology Fellowship (2013) MA
- Fellowship: Brigham and Women's Hospital Harvard Medical School (2014) MA
- Residency: Stanford University Medical Center (2006) CA
- Internship: Stanford University Medical Center (2003) CA
- Medical Education: Duke University School of Medicine (2002) NC
- Board Certification: Cardiovascular Disease, American Board of Internal Medicine (2009)
- BA, Columbia College, NY , Biology (1997)
- Board Certification: Internal Medicine, American Board of Internal Medicine (2005)
- MD, Duke Univ School of Medicine , Medicine (2002)
- Residency, Stanford Univ Medical Center , Medicine (2005)

Publications

PUBLICATIONS

- **Predictors of Adverse Outcomes Among Individuals with ASCVD, CKD, and Inflammation**

Sandhu, A., Furst, A., Rodriguez, F., Kalwani, N. M., Nallamshetty, S., Din, N., Fan, M., Tonnu-Mihara, I., Khachatourian, K., Skaar, J. R., Maron, D. J.
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- **Clinical outcomes among individuals with systemic inflammation following myocardial infarction: Insights from the veterans affairs healthcare system.** *American journal of preventive cardiology*
  Sandhu, A. T., Furst, A., Rodriguez, F., Kalwani, N., Maron, D. J., Nallamshetty, S., Din, N., Fan, M., Khachatourian, K., Skaar, J. R., Tonnu-Mihara, I.
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- **RUNX1-driven endothelial-to-mesenchymal transition contributes to remodelling in LMNA cardiomyopathy.** *European heart journal*
  Wu, D., Tripathi, D., Manhas, A., Noishiki, C., Liu, L., Wu, C. A., Venkateshappa, R., Zhang, H., Ren, L., Thomas, D., Nalbandian, M., Limbu, L., DaValle, et al
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- **Trends in post-discharge major adverse cardiovascular events following myocardial infarction: Insights from the veterans healthcare administration.** *American journal of preventive cardiology*
  Sandhu, A. T., Furst, A., Rodriguez, F., Kalwani, N., Maron, D. J., Nallamshetty, S., Din, N., Fan, M., Khachatourian, K., Skaar, J. R., Tonnu-Mihara, I.
  2026; 27: 101626

- **Systemic Inflammation and Adverse Outcomes in Patients With Atherosclerotic Cardiovascular Disease and Chronic Kidney Disease.** *JACC. Advances*
  Sandhu, A. T., Furst, A., Rodriguez, F., Kalwani, N., Maron, D., Nallamshetty, S., Din, N., Zitko, K., Khachatourian, K., Skaar, J. R., Tonnu-Mihara, I.
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- **New-Onset Nonarteritic Anterior Ischemic Optic Neuropathy and Initiators of Semaglutide in US Veterans With Type 2 Diabetes.** *JAMA ophthalmology*
  Heberer, K., Bress, A. P., Cogill, S., Maldonado, A. I., Kim, S. H., Nallamshetty, S., Chen, Y. Q., Shih, M. C., Lynch, J. A., Lee, J. S.
  2026

- **Patient-Reported Health Status Among Patients With Heart Failure With Improved Ejection Fraction.** *Journal of the American Heart Association*
  Vasti, E., Zheng, J., Kalwani, N. M., DeJong, C., Bhatt, A. S., Ambrosy, A. P., Din, N., Nallamshetty, S., Sallam, K., Heidenreich, P., Sandhu, A. T.
  2025: e043489

- **Impact of sustained adherence to guideline-directed medical therapy on clinical outcomes in older adults with new-onset heart failure with reduced ejection fraction** *AMERICAN HEART JOURNAL PLUS: CARDIOLOGY RESEARCH AND PRACTICE*
  Liu, X., Choi, C. J., Pike, C., Hui, G., Muralidharan, J., Nallamshetty, S.
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- **Impact of sustained adherence to guideline-directed medical therapy on clinical outcomes in older adults with new-onset heart failure with reduced ejection fraction.** *American heart journal plus : cardiology research and practice*
  Liu, X., Choi, C. H., Pike, C. W., Hui, G., Muralidharan, J., Nallamshetty, S.
  2025; 60: 100670

- **Temporal Trends in Major Adverse Cardiovascular Events Following Hospitalization for Myocardial Infarction Between 2008-2022: Insights from the Veterans Affairs Healthcare System**
  Sandhu, A., Furst, A., Rodriguez, F., Kalwani, N., Maron, D., Nallamshetty, S., Din, N., Fan, M., Khachatourian, K., Skaar, J., Tonnu-Mihara, I.
  LIPPINCOTT WILLIAMS & WILKINS.2025

- **Disparities in Atrial Fibrillation Clinical Outcomes: Race, Ethnicity, and Sex Differences in Risk of Incident Heart Failure, Stroke, and Mortality**
  Liu, X., Vasti, E., Wu, E., Hui, G., Pike, C., Nallamshetty, S.
  LIPPINCOTT WILLIAMS & WILKINS.2025

- **Abstract 4341999: Clinical Outcomes Among Individuals with Persistent Systemic Inflammation Following Myocardial Infarction: Insights from the Veterans Affairs Healthcare System**
  Sandhu, A., Furst, A., Rodriguez, F., Kalwani, N., Nallamshetty, S., Din, N., Fan, M., Khachatourian, K., Skaar, J., Tonnu-Mihara, I.
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- **Comparison of the Pooled Cohort and the PREVENT Cardiovascular Disease Risk Equations in the Veterans Health Administration.** *Circulation*
  King, S. J., Furst, A., Fan, J., Chen, T. P., Maron, D. J., Heidenreich, P., Nallamshetty, S., Kalwani, N. M., Ward, J. H., Lozama, A., Rodriguez, F., Sandhu, A. T.
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- **Impact of Home-Based Cardiac Rehabilitation on Physical Function, Outcomes, and Costs.** *Journal of cardiopulmonary rehabilitation and prevention*
  Myers, J., Owoc, K., Fonda, H., Chan, K., Oo, T. Z., Nallamshetty, S., Nguyen, P.
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- **Lipoprotein a Testing Patterns in the Veterans Health Administration.** *JAMA network open*
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- **Temporal trends in lipoprotein(a) testing among United States veterans from 2014 to 2023.** *American journal of preventive cardiology*
  Gomez, S. E., Furst, A., Chen, T., Din, N., Maron, D. J., Heidenreich, P., Kalwani, N., Nallamshetty, S., Ward, J. H., Lozama, A., Sandhu, A., Rodriguez, F.
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- **Predicting clinical outcomes of SARS-CoV-2 infection during the Omicron wave using machine learning.** *PloS one*
  Cogill, S., Nallamshetty, S., Fullenkamp, N., Heberer, K., Lynch, J., Lee, K. M., Aslan, M., Shih, M. C., Lee, J. S.
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- **IMPACT OF ADHERENCE TO GUIDELINE-DIRECTED MEDICAL THERAPY ON CLINICAL OUTCOMES IN OLDER PATIENTS WITH HEART FAILURE WITH REDUCED EJECTION FRACTION**
  Liu, X., Choi, C., Pike, C., Shastri, V., Nallamshetty, S.
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- **IMPACT OF ADHERENCE TO GUIDELINE-DIRECTED MEDICAL THERAPY ON CLINICAL OUTCOMES IN OLDER PATIENTS WITH HEART FAILURE WITH REDUCED EJECTION FRACTION**
  Liu, X., Choi, C., Pike, C., Shastri, V., Nallamshetty, S.
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- **Generation of induced pluripotent stem cell lines from South Asian ethnicity.** *Stem cell research*
  Khokhar, Y., Bhowmik, A., Rui Zhao, S., Cook, Z., Nallamshetty, S., Wu, J. C.
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- **Clinical predictors of improvement in left ventricular ejection fraction in U.S. veterans with heart failure.** *American heart journal plus : cardiology research and practice*
  Nallamshetty, S., Castillo, A., Nguyen, A., Haddad, F., Heidenreich, P.
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- **A Retrospective Analysis of Medical Student Performance Evaluations, 2014-2020: Recommend with Reservations.** *Journal of general internal medicine*
  Tisdale, R. L., Filsoof, A. R., Singhal, S., Caceres, W., Nallamshetty, S., Rogers, A. J., Verghese, A. C., Harrington, R. A., Witteles, R. M.
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- **Nontargeted mass spectrometry of dried blood spots for interrogation of the human circulating metabolome (vol 56, e4772, 2021)** *JOURNAL OF MASS SPECTROMETRY*
  Ward, C., Nallamshetty, S., Watrous, J. D., Acres, E., Long, T., Mathews, I. T., Sharma, S., Cheng, S., Imam, F., Jain, M.
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- **Effective Access to Care in a Crisis Period: Hypertension Control during the COVID-19 Pandemic via Telemedicine.** *Mayo Clinic proceedings. Innovations, quality & outcomes*
  Taylor, P., Berg, C., Thompson, J., Dean, K., Yuan, T., Nallamshetty, S., Tong, I.
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- **Nontargeted mass spectrometry of dried blood spots for interrogation of the human circulating metabolome.** *Journal of mass spectrometry : JMS*
  Ward, C., Nallamshetty, S., Watrous, J. D., Acres, E., Long, T., Mathews, I. T., Sharma, S., Cheng, S., Imam, F., Jain, M.
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- **Adiponectin Receptor 3 is Associated With Endothelial Nitric Oxide Synthase Dysfunction and Predicts Insulin Resistance in South Asians**
  Chandy, M., Sayed, N., Lau, E., Liu, C., Wei Tzu-Tang, Chen, I. Y., Thomas, D., Rhee, J., Oh, B., Pepic, L., Husain, M., Quertermous, T., Nallamshetty, S., et al
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- **CardioClick an Innovative Telehealth Approach to Lifestyle Intervention in High Risk South Asians**
  Parameswaran, V., Josan, K., Winterbottom, J., Shearer, J., Khandelwal, A., Nallamshetty, S., Dash, R., Rodriguez, F.
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- **INSULIN RESISTANCE ASSOCIATES WITH ADVERSE CARDIAC REMODELING IN THE ABSENCE OF HYPERTENSION IN YOUNG SOUTH ASIANS**
  Bose, R., Arora, M., Abbasi, F., Roy, E., Nallamshetty, S., Khandelwal, A., Ranade, P., Dash, R.
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- **A resident-created hospitalist curriculum for internal medicine housestaff.** *Journal of hospital medicine*
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- **Increased Risk of Progression of Coronary Artery Calcification in Male Subjects with High Baseline Waist-to-Height Ratio: The Kangbuk Samsung Health Study.** *Diabetes & metabolism journal*
  Oh, H. G., Nallamshetty, S., Rhee, E. J.
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- **Transcriptional profiling of in vitro smooth muscle cell differentiation identifies specific patterns of gene and pathway activation** *PHYSIOLOGICAL GENOMICS*
  Spin, J. M., Nallamshetty, S., Tabibiazar, R., Ashley, E. A., King, J. Y., Chen, M., Tsao, P. S., Quertermous, T.
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- **A growth factor-dependent nuclear kinase phosphorylates p27(Kip1) and regulates cell cycle progression** *EMBO JOURNAL*
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- **Coexpression of guanylate kinase with thymidine kinase enhances prodrug cell killing in vitro and suppresses vascular smooth muscle cell proliferation in vivo** *MOLECULAR THERAPY*
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