Stanford



Elizabeth Reichert, PhD

Clinical Professor, Psychiatry and Behavioral Sciences - Child & Adolescent Psychiatry and Child Development

CLINICAL OFFICE (PRIMARY)

- **Psychiatry and Behavioral Sciences**

  401 Quarry Rd

  MC 5719

  Stanford, CA 94305

  Tel (650) 723-5511 **Fax** (650) 724-7389

Bio

CLINICAL FOCUS

- Cognitive Behavioral Therapy
- Childhood Anxiety and Related Disorders
- Parent Child Interaction Therapy (PCIT)
- Evidence-based treatments
- Disruptive Behavior Disorders
- Childhood trauma
- Clinical Child and Adolescent Psychology

ACADEMIC APPOINTMENTS

- Clinical Professor, Psychiatry and Behavioral Sciences - Child & Adolescent Psychiatry and Child Development

ADMINISTRATIVE APPOINTMENTS

- Clinical Director, Outpatient Services, Stanford Child and Adolescent Psychiatry, (2022- present)
- Co-Section Chief, General Clinic, Stanford Child and Adolescent Psychiatry, (2017- present)
- Co-Director, Stanford Parenting Center, Stanford Child and Adolescent Psychiatry, (2020- present)
- Director, Pediatric Anxiety and Traumatic Stress Clinic, Stanford Child and Adolescent Psychiatry, (2015-2022)

PROFESSIONAL EDUCATION

- PhD Training: University of Rhode Island (2013) RI
- Fellowship: Univ Of Ca Davis Med Ctr (2014) CA
- Internship: Univ Of Ca Davis Med Ctr (2013) CA

Publications

PUBLICATIONS

- **STRONGER TOGETHER: COLLABORATING WITH PARENTS TO IMPLEMENT EVIDENCE-BASED CAREGIVING SKILLS AT HOME**
  Kurahashi, M., Reichert, E., Blumkin, Z. K., O'Brien, C. T., Rosenbaum, S. K., Rajan, S., Barnowski, A., Glover, S.
  ELSEVIER SCIENCE INC.2026: S183

- **PARENTING DOES NOT COME WITH A MANUAL: USING THE EVIDENCE TO PROMOTE EFFECTIVE PARENTING STRATEGIES IN YOUR CLINICAL PRACTICE**
  Reichert, E., Kurahashi, M., Troutman, B., Leikauf, J., Fedigan, S. K., O'Brien, C. T., Blumkin, Z. K.
  ELSEVIER SCIENCE INC.2025

- **Using hair biomarkers to examine social-emotional resilience in adolescence: A feasibility study.** *Comprehensive psychoneuroendocrinology*
  Rovnaghi, C. R., Gupta, A., Ramsundarsingh, S., Newman, R. I., Shen, S., Vedelli, J. K., Reichert, E. L., Anand, K. J.
  2025; 22: 100287

- **Using hair biomarkers to examine social-emotional resilience in adolescence: A feasibility study** *COMPREHENSIVE PSYCHONEUROENDOCRINOLOGY*
  Rovnaghi, C. R., Gupta, A., Ramsundarsingh, S., Newman, R. I., Shen, S., Vedelli, J. K. H., Reichert, E. L., Anand, K. J. S.
  2025; 22

- **THE ROLE OF PARENTING IN CHILDHOOD WELL-BEING AND PSYCHOPATHOLOGY: HOW TO ASSESS, SUPPORT, AND INTERVENE IN PARENTING FROM BEHAVIORAL, MINDFUL, AND REFLECTIVE PERSPECTIVES**
  Kurahashi, M., Reichert, E.
  ELSEVIER SCIENCE INC.2021: S47-S48

- **ONLINE MINDFUL PARENTING AND CASE EXAMPLE**
  Kurahashi, M., Reichert, E.
  ELSEVIER SCIENCE INC.2021: S76

- **MINDFUL PARENTING AND CASE PRESENTATION**
  Kurahashi, M., Reichert, E.
  ELSEVIER SCIENCE INC.2021: S101

- **HOW MINDFUL PARENTING CAN SUPPORT CAREGIVERS IN MANAGING THEIR YOUNG CHILDREN WITH ADHD**
  Kurahashi, M., Reichert, E.
  ELSEVIER SCIENCE INC.2020: S113

- **Fire Behavior in Children and Adolescents** *Lewis' Child and Adolescent Psychiatry: A Comprehensive Textbook*
  Barreto, S. J., Boekamp, J., Reichert, E., Zeff, K., Paccione, M.
  Lippincott, Williams & Wilkins.2017; 5

- **TEACHING THERAPY: A CO-THERAPY MODEL**
  Vasan, N., Kishore, A., Isaac, S., Stubbe, D. E., Lotspeich, L. J., Dobry, Y., Zalpuri, I., Reichert, E., Cosgrove, V.
  ELSEVIER SCIENCE INC.2016: S352

- **Childhood Maltreatment and Symptoms of Social Anxiety: Exploring the Role of Emotional Abuse, Neglect, and Cumulative Trauma** *Journal of Child and Adolescent Trauma*
  Nanda, M., Reichert, E., Eneh, U., Flannery-Schroeder, E.
  2016; 9

- **Trauma, Attentional Biases, and Revictimization Among Young Adults** *JOURNAL OF TRAUMA & DISSOCIATION*
  Reichert, E., Segal, C., Flannery-Schroeder, E.
  2015; 16 (2): 181-196

- **POSTTRAUMATIC COGNITIONS AS PREDICTORS OF POORER HEALTH-RELATED QUALITY OF LIFE AMONG YOUNG ADULTS WITH A HISTORY OF CHILDHOOD MALTREATMENT**
  Reichert, E., Gorraiz, M., Flannery-Schroeder, E.
  SPRINGER.2013: S141

- **THE ROLE OF SELF-OBJECTIFICATION IN WOMEN AND MEN'S SEXUAL HEALTH**
  Gorraiz, M., Reichert, E., Morokoff, P.
  SPRINGER.2012: S256

- **Case Series: Sensory Intolerance as a Primary Symptom of Pediatric OCD** *ANNALS OF CLINICAL PSYCHIATRY*
  Hazen, E. P., Reichert, E. L., Piacentini, J. C., Miguel, E., Do Rosario, M., Pauls, D., Geller, D. A.
  2008; 20 (4): 199–203

- **Perinatal factors affecting expression of obsessive compulsive disorder in children and adolescents** *JOURNAL OF CHILD AND ADOLESCENT PSYCHOPHARMACOLOGY*
  Geller, D. A., Wieland, N., Carey, K., Vivas, F., Petty, C. R., Johnson, J., Reichert, E., Pauls, D., Biederman, J.
  2008; 18 (4): 373–79