Bio

I went to medical school knowing I wanted to pursue primary care and have been doing so for 20 years. Being a doctor is so much more than prescribing medicine, it is getting to really know you, taking time to listen and understand your life situation, your aspirations and even fears. There are many determinants of someone’s health: your past experiences, your current circumstance, and your goals for the future all need to be taken into account. I consider it a privilege to know my patients over many years and to be able to help you achieve fulfillment in life despite ailments, acute or chronic.

If you would like to know my past, present, and future goals, I’ll tell you briefly that I was born and raised in Belgium, came to the US at age 19 to study at UCLA and UCSF Medicine, and met an earthquake researcher who has been my husband for 31 years. We have two children, one college bound, the other a sophomore in high school. I love to travel, hike, garden, take photographs but above all, spend time with my family. I hope to keep practicing medicine for many more years and thus continue to meet interesting people who teach me so many valuable life lessons. I feel fortunate to be part of the Stanford community.
Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS
The treatment of chronic pain with long term opioid medication is what has fueled the so called “opioid epidemic” with drug overdose deaths quadrupling in the past decade and addiction rates estimated to be more than 20 percent of patients taking medical opioids long term. Associated complications with these medications are not generally known to the patients. The project enables the patient to examine risks versus benefits, presents safer and more effective alternatives to opioid therapy and educates about options available for reducing or transitioning off opioids.

Publications

PUBLICATIONS

• Massive leptomeningeal amyloidosis associated with a Val30Met transthyretin gene *NEUROLOGY*
  Herrick, M. K., DEBRUYNE, K., Horoupian, D. S., Skare, J., Vanefsky, M. A., Ong, T.
  1996; 47 (4): 988-992

• PULMONARY TUBERCULOSIS, AMENORRHEA, AND A PELVIC MASS *WESTERN JOURNAL OF MEDICINE*
  Wehner, J. H., DEBRUYNE, K., Kagawa, F. T., Campagna, A. C., Jensen, W. A., Kirsch, C. M., ENG, R. S.
  1994; 161 (5): 515-518

• ANGIOTENSIN II-INDUCED RHYTHMIC JAW MOVEMENTS IN THE KETAMINE-ANESTHETIZED GUINEA-PIG *BRAIN RESEARCH*
  Gerstner, G. E., Goldberg, L. J., DEBRUYNE, K.
  1989; 478 (2): 233-240

PRESENTATIONS

• Medication Assisted Treatment of Opioid Use Disorder - Stanford Division of Primary Care (November 2014)