



Leah S. Millheiser, MD, FACOG, NCMP

Clinical Professor, Obstetrics & Gynecology - General

CLINICAL OFFICE (PRIMARY)

- **Gynecology Clinic**

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Bio

CLINICAL FOCUS

- Female Sexual Medicine
- Menopausal Health
- Gynecology

ACADEMIC APPOINTMENTS

- Clinical Professor, Obstetrics & Gynecology - General
- Member, Stanford Cancer Institute

HONORS AND AWARDS

- Women's Reproductive Health Research Scholarship, NIH/NICHD (2004-2008)
- Excellence in Education, Stanford University School of Medicine (2008)
- ACOG/Boehringer Ingelheim Research Award in Female Sexual Dysfunction, American College of Obstetricians and Gynecologists (2008)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, International Society For The Study Of Women's Sexual Health (2004 - present)
- Member, North American Menopause Society (2018 - present)

PROFESSIONAL EDUCATION

- NCMP, NAMS Certified Menopause Practitioner: North American Menopause Society (NAMS) , Perimenopause / Menopause (2020)
- Residency: Stanford University Obstetrics and Gynecology Residency (2004) CA
- Internship: Stanford University Obstetrics and Gynecology Residency (2000) CA
- Medical Education: Northwestern University Feinberg School of Medicine (1999) IL
- Board Certification: Obstetrics and Gynecology, American Board of Obstetrics and Gynecology (2007)
- M.D., Northwestern University , Medicine (1999)
- B.A., Columbia University , Art History (1994)

LINKS

- Female Sexual Medicine Program: <http://womenshealth.stanford.edu/fsm/>

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Research interest in the role of the central nervous system in female hypoactive sexual desire disorder.

CLINICAL TRIALS

- 24-week Placebo-controlled Trial of Flibanserin Once Daily in Premenopausal Women With Hypoactive Sexual Desire Disorder, Not Recruiting

Publications

PUBLICATIONS

- **Evaluation of Online Telehealth Platforms for Treatment of Erectile Dysfunction. Letter.** *The Journal of urology*
Stahl, P. J., Millheiser, L. n., Carroll, P. n.
2021: 101097JU0000000000001681
- **FLIBANSERIN: ENHANCED PHARMACOVIGILANCE STUDY TO ASSESS AND ANALYZE THE RISKS OF ADVERSE EVENTS OF SPECIAL INTEREST**
Millheiser, L., Faragasso, A., Donatucci, S., Brown, L.
ELSEVIER SCI LTD.2020: S31
- **IMPROVEMENTS IN FEMALE SEXUAL FUNCTION INDEX (FSFI) DOMAINS OVER TIME AFTER FLIBANSERIN TREATMENT IN PREMENOPAUSAL WOMEN WITH HYPOACTIVE SEXUAL DESIRE DISORDER (HSDD)**
Simon, J., Millheiser, L., Clayton, A., Kingsberg, S., Kim, N.
ELSEVIER SCI LTD.2020: S42
- **HSDD, FLIBANSERIN, AND EYE DYNAMICS: A DOUBLE-BLIND RANDOMIZED PLACEBO-CONTROLLED CLINICAL TRIAL**
Blagoev, T., Cacioppo, S., Millheiser, L.
ELSEVIER SCI LTD.2020: S2-S3
- **FLIBANSERIN: ENHANCED PHARMACOVIGILANCE STUDY TO ASSESS AND ANALYZE THE RISKS OF ADVERSE EVENTS OF SPECIAL INTEREST**
Millheiser, L., Faragasso, A., Donatucci, S., Brown, L.
ELSEVIER SCI LTD.2020: S66
- **Effects of Alcohol Administered With Flibanserin in Healthy Premenopausal Women: A Randomized, Double-Blind, Single-Dose Crossover Study.** *The journal of sexual medicine*
Simon, J. A., Clayton, A. H., Parish, S. J., Apfel, S. C., Millheiser, L.
2019
- **Early onset of action with a 17 β -estradiol, softgel, vaginal insert for treating vulvar and vaginal atrophy and moderate to severe dyspareunia.** *Menopause (New York, N.Y.)*
Constantine, G., Millheiser, L. S., Kaunitz, A. M., Parish, S. J., Graham, S., Bernick, B., Mirkin, S.
2019; 26 (11): 1259-1264
- **Safety and Tolerability of Evening Ethanol Consumption and Bedtime Administration of Flibanserin in Healthy Premenopausal Female Subjects.** *Sexual medicine*
Millheiser, L., Clayton, A. H., Parish, S. J., Kingsberg, S. A., Kim, N. N., Simon, J. A.
2019
- **Early onset of action with a 17 β -estradiol, softgel, vaginal insert for treating vulvar and vaginal atrophy and moderate to severe dyspareunia.** *Menopause (New York, N.Y.)*
Constantine, G., Millheiser, L. S., Kaunitz, A. M., Parish, S. J., Graham, S., Bernick, B., Mirkin, S.
2019

- **EFFECTS OF ALCOHOL ADMINISTERED WITH FLIBANSERIN IN HEALTHY PREMENOPAUSAL WOMEN: A RANDOMIZED, DOUBLE-BLIND, SINGLE DOSE, SEVEN-WAY CROSSOVER STUDY**
Sicard, E., Clayton, A., Simon, J., Parish, S., Millheiser, L., Apfel, S.
ELSEVIER SCI LTD.2019: S15–S16
- **THE EFFECT OF EVENING ALCOHOL CONSUMPTION AND BEDTIME ADMINISTRATION OF FLIBANSERIN ON THE SAFETY OF FLIBANSERIN**
Sicard, E., Clayton, A., Simon, J., Parish, S., Kingsberg, S., Millheiser, L.
ELSEVIER SCI LTD.2019: S38–S39
- **THE IMPACT OF THE TIMING OF ALCOHOL CONSUMPTION ON THE SAFETY AND TOLERABILITY OF FLIBANSERIN**
Sicard, E., Clayton, A., Simon, J., Parish, S., Kingsberg, S., Millheiser, L.
ELSEVIER SCI LTD.2019: S38
- **Weight Loss in Women Taking Flibanserin for Hypoactive Sexual Desire Disorder (HSDD): Insights Into Potential Mechanisms.** *Sexual medicine reviews*
Simon, J. A., Kingsberg, S. A., Goldstein, I. n., Kim, N. N., Hakim, B. n., Millheiser, L. n.
2019
- **Effects of Timing of Flibanserin Administration Relative to Alcohol Intake in Healthy Premenopausal Women: A Randomized, Double-Blind, Crossover Study.** *The journal of sexual medicine*
Simon, J. A., Clayton, A. H., Kingsberg, S. A., Parish, S. J., Kim, N. N., Millheiser, L. n.
2019
- **A 17 beta-estradiol, Softgel, Vaginal Capsule (TX-004HR) had an Early Onset of Action for Treating Vulvar and Vaginal Atrophy (VVA) and Moderate-to-Severe Dyspareunia**
Constantine, G., Millheiser, L. S., Kaunitz, A. M., Graham, S., Bernick, B., Mirkin, S.
LIPPINCOTT WILLIAMS & WILKINS.2018: 1501
- **SEX & RELATIONSHIP PEER SUPPORT GROUPS: A MIXED METHOD STUDY ON THE IMPACT ON FEMALE SEXUAL HEALTH**
Costa, P., Bellin, Z., Canning, T., Blair, B., Millheiser, L.
ELSEVIER SCI LTD.2018: S118
- **THE IMPACT OF FIERA plus REMOTE ON FEMALE SEXUAL FUNCTION, RELATIONSHIP SATISFACTION, AND SEXUAL QUALITY OF LIFE**
Millheiser, L.
ELSEVIER SCI LTD.2018: S118
- **The WISDOM Survey: Physicians' Behaviors and Attitudes towards Treating Vulvar and Vaginal Atrophy (VVA)**
Kingsberg, S. A., Minkin, M., Millheiser, L. S., Graham, S., Bernick, B., Mirkin, S.
LIPPINCOTT WILLIAMS & WILKINS.2017: 1427–28
- **Sexual Health and Religion: A Primer for the Sexual Health Clinician** *JOURNAL OF SEXUAL MEDICINE*
Spadt, S. K., Rosenbaum, T. Y., Dweck, A., Millheiser, L., Pillai-Friedman, S., Krychman, M.
2014; 11 (7): 1607-1618
- **Fertility issues in cancer survivorship.** *CA: a cancer journal for clinicians*
Kort, J. D., Eisenberg, M. L., Millheiser, L. S., Westphal, L. M.
2014; 64 (2): 118-134
- **Sexual Health Issues in Women with Cancer** *JOURNAL OF SEXUAL MEDICINE*
Krychman, M., Millheiser, L. S.
2013; 10: 5-15
- **Improving women's sexual health: a quantitative evaluation of an educational intervention for healthcare professionals** *SEX EDUCATION-SEXUALITY SOCIETY AND LEARNING*
Blair, B., Arnow, B. A., Haas, A., Millheiser, L.
2013; 13 (5): 535-547
- **Female Sexual Function During Pregnancy and Postpartum** *JOURNAL OF SEXUAL MEDICINE*
Millheiser, L.

2012; 9 (2): 635-636

- **Is infertility a risk factor for female sexual dysfunction? A case-control study** *FERTILITY AND STERILITY*

Millheiser, L. S., Helmer, A. E., Quintero, R. B., Westphal, L. M., Milki, A. A., Lathi, R. B.

2010; 94 (6): 2022-2025

- **Radiofrequency Treatment of Vaginal Laxity after Vaginal Delivery: Nonsurgical Vaginal Tightening** *JOURNAL OF SEXUAL MEDICINE*

Millheiser, L. S., Pauls, R. N., Herbst, S. J., Chen, B. H.

2010; 7 (9): 3088-3095

- **WOMEN WITH HYPOACTIVE SEXUAL DESIRE DISORDER COMPARED TO NORMAL FEMALES: A FUNCTIONAL MAGNETIC RESONANCE IMAGING STUDY** *NEUROSCIENCE*

Arnow, B. A., Millheiser, L., Garrett, A., Polan, M. L., Glover, G. H., Hill, K. R., Lightbody, A., Watson, C., Banner, L., Smart, T., Buchanan, T., Desmond, J. E.

2009; 158 (2): 484-502

- **Severe vaginal pain caused by a neuroma in the rectovaginal septum after posterior colporrhaphy** *OBSTETRICS AND GYNECOLOGY*

Millheiser, L. S., Chen, B.

2006; 108 (3): 809-811