Stanford



Minal Moharir

Clinical Assistant Professor, Medicine - Primary Care and Population Health

Resume available Online

CLINICAL OFFICE (PRIMARY)

- **Stanford University Occupational Health Center**

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Bio

BIO

I was born, raised, and trained in Nashik, India where I completed my formal Medical Education before moving to New York City where I completed my residency in Internal Medicine at New York Downtown Hospital in New York, NY. My interests are in preventative medicne, health and wellness, occupational and environmental safety. In Stanford's Occupational Health Department, I practice clinical occupational medicine while working toward identifying health and safety issues within our enviroment to prevent further injury and illness to our employees.

CLINICAL FOCUS

- Internal Medicine
- Occupational and Environmental Medicine
- Employee Wellness Programs

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Primary Care and Population Health

ADMINISTRATIVE APPOINTMENTS

- Medical Director- Occupational Health Serivices, Stanford Health Care and Lucile Packard Children's Hospital, (2014-2018)
- Clinical Assistant Professor, Stanford University School of Medicine, (2014- present)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Ebola and Emergency Preparedness, Stanford Health Care and Lucile Packard Children's Hospital (2014 - 2018)
- Employee Safety Commitee, Stanford Health Care and Lucile Packard Children's Hospital (2014 - 2018)
- Infection Control Committee, Stanford Health Care and Lucile Packard Children's Hospital (2014 - 2018)
- Sharps Committee, Stanford Health Care and Lucile Packard Children's Hospital (2014 - 2018)
- Member, Association Of Occupational Health Professionals In Health Care (2014 - present)
- Member, Western Occupational and Environmental Medical Association (2014 - present)

- Safe patient handling Committee, Stanford Health Care (2016 - 2018)
- Member, American College of Physicians (2017 - present)

PROFESSIONAL EDUCATION

- Board Certification: Internal Medicine, American Board of Internal Medicine (2006)
- Residency: New York Downtown Hospital (2005)
- Medical Education: NDMVP Samajs Medical College (1996) India

Research & Scholarship

CLINICAL TRIALS

- Using Continuous Glucose Monitoring to Quantify the Effects of NOURISH's Culturally Modified Meals on Asian Americans With Type 2 Diabetes, Recruiting

PROJECTS

- Early Intervention Program for Ergonomics - Stanford Health Care and Lucile Packard Children's Hospital (January 5, 2015 - present)
- Injury Illness Prevention Program - Stanford Health care and Stanford Childrens Hospital (9/12/2014 - present)

Publications

PUBLICATIONS

- **A Scoping Review of Artificial Intelligence for Precision Nutrition.** *Advances in nutrition (Bethesda, Md.)*
  Wu, X., Oniani, D., Shao, Z., Arciero, P., Sivarajkumar, S., Hilsman, J., Mohr, A. E., Ibe, S., Moharir, M., Li, L. J., Jain, R., Chen, J., Wang, et al
  2025: 100398
- **STRONG-D: Strength training regimen for normal weight diabetics: Rationale and design.** *Contemporary clinical trials*
  Faroqi, L., Bonde, S., Goni, D. T., Wong, C. W., Wong, M., Walai, K., Araya, S., Azamey, S., Schreiner, G., Bandy, M., Raghuram, S. S., Mittal, A., Mukherji, et al
  2019
- **Evaluating the clinical implementation of structured exercise: A randomized controlled trial among non-insulin dependent type II diabetics.** *Contemporary clinical trials*
  Dpm, L. F., Wong, M., Bonde, S., Wong, C. W., Walai, K., West, W., Goni, D. T., Araya, S., Azamey, S., Nacif-Coelho, C., Raghuram, S. S., Vera, K., Mittal, et al
  2018