Stanford



Lisa Huynh, M.D.

Clinical Associate Professor, Orthopaedic Surgery

CLINICAL OFFICE (PRIMARY)

- **Stanford Orthopaedic Spine Center in Redwood City**
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ACADEMIC CONTACT INFORMATION

- **Administrative Contact**
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Bio

BIO

Dr. Huynh is an interventional spine physiatrist at the Stanford University Spine Center and Assistant PM&R Residency Program Director, where she specializes in the comprehensive conservative management of spine disorders. She earned her medical degree from Albert Einstein College of Medicine and completed a Physical Medicine and Rehabilitation residency at the University of Pittsburgh Medical Center, where she served as Chief Resident. She then went on to fulfill a fellowship in Interventional Spine at Stanford University. She specializes in non-operative spine and musculoskeletal care, including fluoroscopic and ultrasound guided procedures.

CLINICAL FOCUS

- Nonoperative spine care
- Physical Medicine and Rehab
- Spine Injections
- Ultrasound Guided Injections
- Fluoroscopic injections

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Orthopaedic Surgery

HONORS AND AWARDS

- Chief Resident, University of Pittsburgh Medical Center (2013-2014)
- Best Fellow Abstract, Spine Intervention Society (2014)
- Excellence in Pain Medicine, University of Pittsburgh Medical Center (2014)
- President's Citation Award, American Association of Physical Medicine and Rehabilitation (2014)
- Jose Montero Teaching Award, Stanford Physical Medicine and Rehabilitation Department (2018)

PROFESSIONAL EDUCATION

- Board Certification: Physical Medicine and Rehab, American Board of Physical Medicine and Rehabilitation (2015)
- Internship: Flushing Hospital Medical Center (2011) NY
- Medical Education: Albert Einstein College of Medicine (2010) NY
- Fellowship: Stanford University Physical Medicine and Rehabiliation (2015) CA
- Residency: UPMC Physical Medicine and Rehabilitation Residency (2014) PA
- Board Certification, Physical Medicine and Rehab, American Board of Physical Medicine and Rehab (2015)
- Fellowship, Stanford University , Interventional Spine (2015)

Publications

PUBLICATIONS

- **A rare cause of post-traumatic low back pain: Lumbar Morel-Lavallée lesion in a collegiate athlete - A case report.** *Interventional pain medicine*
  Thomas, R., Huynh, L.
  2026; 5 (4): 100828
- **Early outcomes from intra-articular lateral C1-2 joint steroid injections: A retrospective case series.** *Interventional pain medicine*
  Kaufman, M. W., Yeung, G., Rittenberg, J., Huynh, L., Smuck, M., Levin, J.
  2026; 5 (1): 100737
- **Intra-articular cervical facet joint corticosteroid injections in patients with increased peri-facet MRI STIR signal. A prospective, multi-center case series.** *Interventional pain medicine*
  Levin, J., Barrette, K., Ghaffari, C., Ehsanian, R., Koltsov, J., Giacomazzi, C., Prabhakar, N., Huynh, L., Smuck, M., Summers, W., Schneider, B.
  2025; 4 (4): 100646
- **"Is this injection going to hurt?" Quantifying the pain experience during common lumbosacral spine injections.** *Interventional pain medicine*
  Smuek, A., Bakshi, R., Mays, R., Huynh, L., Levin, J., Rittenberg, J., Smuck, M.
  2025; 4 (3): 100632
- **Results of lumbar transforaminal epidural steroid injections based on the physician referral source.** *Interventional pain medicine*
  Levin, J., Li, W., Gall, N., Chan, J., Caragea, M., Huynh, L., Koltsov, J., Smuck, M.
  2022; 1 (3): 100114
- **Retrospective analysis of cervical transforaminal versus interlaminar epidural steroid injections.** *Interventional pain medicine*
  Levin, J., Chan, J., Gall, N., Koltsov, J., Huynh, L.
  2022; 1 (2): 100102
- **The effect of patient satisfaction scores on physician clinical decision making: A possible factor driving utilization of opioid prescriptions, magnetic resonance imaging, and interventional spine procedures.** *Interventional pain medicine*
  Schneider, B. J., Ehsanian, R., Kennedy, D. J., Schmidt, A., Huynh, L., Maher, D. P.
  2022; 1 (1): 100012
- **Results of cervical epidural steroid injections based on the physician referral source.** *Interventional pain medicine*
  Levin, J., Gall, N., Chan, J., Huynh, L., Koltsov, J., Kennedy, D. J., Smuck, M.
  2022; 1 (1): 100001
- **Thoracic transforaminal epidural steroid injection for management of thoracic spine pain: A multicenter cross-sectional study of short-term outcomes.** *Interventional pain medicine*
  Levin, J., Chan, J., Huynh, L., Smuck, M., Koltsov, J., Kesikburun, B., Wagner, G. E., Caragea, M., Kuo, K., McCormick, Z. L., Schneider, B., Berlin, E., Kennedy, et al
  2022; 1 (1): 100004
- **Reopening Interventional Pain Practices during the Early Phase of the COVID-19 Global Pandemic.** *Pain medicine (Malden, Mass.)*
  Huynh, L., Chang, R. G., Chhatre, A., Sayeed, Y., MacVicar, J., McCormick, Z. L., Duszynski, B., Smith, C.

2021

- **The effect of patient satisfaction scores on physician job satisfaction and burnout** *FUTURE SCIENCE OA*
  Schneider, B. J., Ehsanian, R., Schmidt, A., Huynh, L., Kennedy, D. J., Maher, D. P., Haring, S.
  2020

- **Conversion Disorder After a Lumbar Transforaminal Epidural Steroid Injection.** *PM & R : the journal of injury, function, and rehabilitation*
  Tamura, L., Huynh, L.
  2019

- **Pain and Functional Outcomes After Sacroiliac Joint Injection with Anesthetic and Corticosteroid at Six Months, Stratified by Anesthetic Response and Physical Exam Maneuvers.** *Pain medicine (Malden, Mass.)*
  Schneider, B. J., Ehsanian, R. n., Huynh, L. n., Levin, J. n., Zheng, P. n., Kennedy, D. J.
  2019

- **Intra-articular Sacroiliac Joint Needle Placement: Ultrasound, Fluoroscopy, and the Criterion Standard.** *American journal of physical medicine & rehabilitation*
  Schneider, B. J., Ehsanian, R. n., Levin, J. n., Huynh, L. n., Kennedy, D. J., McCormick, Z. L.
  2019

- **Validity of Physical Exam Maneuvers in the Diagnosis of Sacroiliac Joint Pathology.** *Pain medicine (Malden, Mass.)*
  Schneider, B. J., Ehsanian, R. n., Rosati, R. n., Huynh, L. n., Levin, J. n., Kennedy, D. J.
  2019

- **Intra-articular Steroids vs Saline for Lumbar Z-Joint Pain: A Prospective, Randomized, Double-Blind Placebo-Controlled Trial.** *Pain medicine (Malden, Mass.)*
  Kennedy, D. J., Fraiser, R., Zheng, P., Huynh, L., Levin, J., Smuck, M., Schneider, B. J.
  2018

- **Corticosteroid Injections Into Lumbar Facet Joints: A Prospective, Randomized, Double-Blind Placebo-Controlled Trial** *AMERICAN JOURNAL OF PHYSICAL MEDICINE & REHABILITATION*
  Kennedy, D. J., Huynh, L., Wong, J., Mattie, R., Levin, J., Smuck, M., Schneider, B. J.
  2018; 97 (10): 741–46

- **A minimum of 5-year follow-up after lumbar transforaminal epidural steroid injections in patients with lumbar radicular pain due to intervertebral disc herniation.** *The spine journal : official journal of the North American Spine Society*
  Kennedy, D. J., Zheng, P. Z., Smuck, M., McCormick, Z. L., Huynh, L., Schneider, B. J.
  2017

- **Does Immediate Pain Relief After an Injection into the Sacroiliac Joint with Anesthetic and Corticosteroid Predict Subsequent Pain Relief?** *Pain medicine (Malden, Mass.)*
  Schneider, B. J., Huynh, L., Levin, J., Rinkaekan, P., Kordi, R., Kennedy, D. J.
  2017

- **Ideal cervical epidural injection route: interlaminar or transforaminal** *Curr Phys Med Rehabil Rep*
  Huynh, L., Smuck, M.
  2015; 3 (2): 142-150

- **Does FAC predict response to epidural steroid injection** *Pain Med*
  Huynh, L., Smuck, M., Martinez-Ith, A., Kennedy, D. J.
  2014; 15: 1438-1439

- **Low Back Pain in Athletes** *ACSM Health and Fitness Journal*
  Huynh, L., Chimes, G. P.
  2014; 18: 15-22