



## Amado Padilla

Associate Dean for Faculty Affairs and Vida Jacks Professor of Education  
Graduate School of Education

 Curriculum Vitae available Online

### CONTACT INFORMATION

- **Admin Support**

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### Bio

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#### BIO

Dr. Padilla's research follows three major strands: (1) resilient students who achieve high levels of academic performance despite coming from home and community backgrounds that pose multiple challenges to educational excellence, including adaptation to U.S. culture and English by immigrant adolescents; (2) acculturation and acculturation stressors that impact the physical and psychological well-being of newcomer youth and adults as well as the acquisition of bicultural strategies for functioning in their home culture and in mainstream American culture; and (3) studies involving second language learning and teaching, and strategies for achieving bilingual proficiency especially among heritage speakers of numerous European and Asian languages. He has published widely in his areas of research expertise.

Dr. Padilla is also interested in quantitative research in multicultural contexts. He serves as the principal investigator of the California World Language Project (CWLP), a program that assists California teachers in world language instruction. A final interest includes the history of ethnic minority scholars in psychology.

#### ACADEMIC APPOINTMENTS

- Professor, Graduate School of Education

#### ADMINISTRATIVE APPOINTMENTS

- Professor of Developmental and Psychological Sciences in Education, Stanford Graduate School of Education, (1988- present)
- Faculty Advisor, Stanford World Languages Project, (2018- present)
- Faculty Advisor, California World Languages Project, (2018- present)

#### BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Assistant Professor of Psychology, State University of New York (1969 - 1971)
- Assistant Professor of Psychology, University of California, Santa Barbara (1971 - 1974)
- Associate Professor to Full Professor of Psychology, University of California, Los Angeles (1974 - 1988)
- Editor, Hispanic Journal of Behavioral Sciences (1979 - present)
- Former Member, Board of Directors, EdSource (2005 - 2010)

- Member, Board of Directors, DreamCatchers (2008 - 2021)

## PROFESSIONAL EDUCATION

- B.A., New Mexico Highlands University , Psychology
- M.S., Oklahoma State University , Experimental Psychology
- Ph.D., University of New Mexico , Experimental Psychology

## LINKS

- Webpage: <https://web.stanford.edu/people/apadilla>

## Research & Scholarship

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### RESEARCH INTERESTS

- Achievement
- Adolescence
- Child Development
- Diversity and Identity
- Immigrants and Immigration
- Literacy and Language
- Poverty and Inequality
- Psychology
- Race and Ethnicity
- Technology and Education

### CURRENT RESEARCH AND SCHOLARLY INTERESTS

Current projects include: (a) the development of models of ethnic identity that incorporate social cognition theory and social identity; (b) acculturation stress and mental health status across three generations of Latinos; (c) home, school and community protective factors that empower Latino students to succeed academically; (d) learning of Mandarin by high school students in summer intensive programs vs. students in regular high school world language classes; and (e) student language and academic content learning in a Mandarin/English dual language immersion program.

### PROJECTS

- California Foreign Language Project

## Teaching

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### COURSES

#### 2024-25

- Advanced Partnership Research: EDUC 352C (Spr)
- Psychological and Educational Resilience Among Children and Youth: EDUC 256, HUMBIO 149 (Aut)

#### 2023-24

- Advanced Partnership Research: EDUC 352C (Spr)
- Education of Immigrant Students: Psychological Perspectives: EDUC 277 (Aut)

#### 2022-23

- Advanced Partnership Research: EDUC 352C (Spr)

- Psychological and Educational Resilience Among Children and Youth: EDUC 256, HUMBIO 149 (Win)

## STANFORD ADVISEES

### Doctoral Dissertation Advisor (AC)

Cody Abbey, Oswaldo Rosales, Tatiana Zamora

### Doctoral Dissertation Co-Advisor (AC)

Lillian Wolfe

### Doctoral (Program)

Cody Abbey, Oswaldo Rosales, Brenda Valdes, Lillian Wolfe, Tatiana Zamora

## Publications

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### PUBLICATIONS

- **Do Females Outperform Males on Second/Foreign Language (L2) Achievement? A Meta-Analytical Review** *Educational Psychology Review*  
Chen, X., Zhou, Z., Padilla, A. M.  
2026; 38 (1-32): 1-32
- **A 13-year longitudinal study of students who enter kindergarten as English learners: early vs. late reclassified fluent English learners.** *Frontiers in psychology*  
Padilla, A. M., Chen, X., Swanson, E. M., Mercado-Garcia, D.  
2025; 16: 1562699
- **Structured Happenstance: Pathways Toward Upward Mobility among First-Generation Latine College Students** *Social Sciences*  
Gutierrez, C., Padilla, A. M., Rosales, O., Rivera, M., Juarez, V., Spencer, M.  
2025; 14 (11): 629-652
- **Positive Psychology and Second Language Education**  
Padilla, A., Chen, X.  
Springer.2025
- **Understanding the Nuances of First-Generation College Students: How the Culture of College Factors Into Academic Success** *JOURNAL OF COLLEGE STUDENT DEVELOPMENT*  
Rosales, O., Gutierrez, C., Padilla, A. M.  
2024; 65 (1)
- **Making sense of conflicting messages of multiracial identity: a systematic review.** *Frontiers in psychology*  
Zamora, T. I., Padilla, A. M.  
2024; 15: 1307624
- **Cultural taxation or "tax credit"? Understanding the nuances of ethnoracially minoritized student labor in higher education** *ETHNIC AND RACIAL STUDIES*  
Rosales, O., Schell, E. P., Gutierrez, C., Padilla, A.  
2022
- **Unpacking the factors related to flourishing among bilingual adults in the US** *JOURNAL OF MULTILINGUAL AND MULTICULTURAL DEVELOPMENT*  
Chen, X., Padilla, A. M., Fan, X.  
2022
- **Longitudinal study of Spanish Dual Language Immersion graduates: Secondary school academic and language achievement** *FOREIGN LANGUAGE ANNALS*  
Padilla, A. M., Chen, X., Swanson, E., Peterson, M., Peruzzaro, A.  
2022
- **Mindset, stereotype threat and the academic achievement gap between Chinese and Latinx English Learners (ELs)** *INTERNATIONAL JOURNAL OF EDUCATIONAL RESEARCH*

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- Padilla, A. M., Chen, X., Song, D., Swanson, E., Peterson, M.  
2022; 112
- **"Finding Common Ground": Experiences of Immigrant and Nonimmigrant Students in a Community Engaged Learning Course** *Michigan Journal of Community Service Learning*  
Schell, E. P., Padilla, A. M., Houts, P.  
2022; 28: 63-82
  - **Impact of COVID-19 on Latinos: A Social Determinants of Health Model and Scoping Review of the Literature** *HISPANIC JOURNAL OF BEHAVIORAL SCIENCES*  
de Snyder, V., McDaniel, M., Padilla, A. M., Parra-Medina, D.  
2021
  - **Grit and motivation for learning English among Japanese university students** *SYSTEM*  
Chen, X., Lake, J., Padilla, A. M.  
2021; 96
  - **On the Role of Passion in Second Language Learning and Flourishing** *JOURNAL OF HAPPINESS STUDIES*  
Chen, X., Vallerand, R. J., Padilla, A. M.  
2021
  - **Editorial: Positive Psychology and Learning a Second or Third Language** *FRONTIERS IN PSYCHOLOGY*  
Padilla, A. M., Chen, X., Lake, J.  
2020; 11: 599326
  - **Technology for Educational Purposes Among Low-Income Latino Children Living in a Mobile Park in Silicon Valley: A Case Study Before and During COVID-19** *HISPANIC JOURNAL OF BEHAVIORAL SCIENCES*  
Kim, C., Padilla, A. M.  
2020
  - **Self-Views and Positive Psychology Constructs Among Second Language Learners in Japan, Taiwan, and the United States.** *Frontiers in psychology*  
Chen, X., Lake, J., Padilla, A. M.  
2020; 11: 2176
  - **Positive Psychology and Learning a Second or Third Language.**  
edited by Padilla, A. M., Chen, X., Lake, J.  
Lausanne: Frontiers Media SA.2020
  - **Emotions and creativity as predictors of resilience among L3 learners in the Chinese educational context** *CURRENT PSYCHOLOGY*  
Chen, X., Padilla, A. M.  
2019
  - **Role of Bilingualism and Biculturalism as Assets in Positive Psychology: Conceptual Dynamic GEAR Model** *FRONTIERS IN PSYCHOLOGY*  
Chen, X., Padilla, A. M.  
2019; 10
  - **The Flowering of Positive Psychology in Foreign Language Teaching and Acquisition Research.** *Frontiers in psychology*  
Dewaele, J., Chen, X., Padilla, A. M., Lake, J.  
2019; 10: 2128
  - **Latino Millennials The New Diverse Workforce: Challenges and Opportunities** *HISPANIC JOURNAL OF BEHAVIORAL SCIENCES*  
Blancero, D., Mourino-Ruiz, E., Padilla, A. M.  
2018; 40 (1): 3–21
  - **THE ROLE OF SCHOOL AND TEACHERS IN ENGLISH LEARNERS' SOCIOEMOTIONAL WELL-BEING** *STRESS AND COPING OF ENGLISH LEARNERS*  
Rodriguez, V., Hussain, S., Padilla, A.  
edited by Rishel, T., Miller, P. C.  
2018: 39–59

- **The Hispanic Stress Inventory Version 2: Improving the assessment of acculturation stress.** *Psychological assessment*  
Cervantes, R. C., Fisher, D. G., Padilla, A. M., Napper, L. E.  
2016; 28 (5): 509-522
- **Predicting South Korean university students' happiness through social support and efficacy beliefs** *International Journal for the Advancement of Counselling*  
Lee, D. S., Padilla, A. M.  
2016; 38 (1): 48-60
- **Learner Performance in Mandarin Immersion and High School World Language Programs: A Comparison** *FOREIGN LANGUAGE ANNALS*  
Xu, X., Padilla, A. M., Silva, D. M.  
2015; 48 (1): 26-38
- **Acculturative Stress and Coping: Gender Differences Among Korean and Korean American University Students** *JOURNAL OF COLLEGE STUDENT DEVELOPMENT*  
Lee, D. S., Padilla, A. M.  
2014; 55 (3): 243-262
- **The time factor in Mandarin language learning: the four-week intensive versus the regular high school semester** *The Language Learning Journal*  
Xu, X., Padilla, A. M., Silva, D.  
2014; 42 (1): 55-66
- **A Mandarin/English Two-Way Immersion Program: Language Proficiency and Academic Achievement** *FOREIGN LANGUAGE ANNALS*  
Padilla, A. M., Fan, L., Xu, X., Silva, D.  
2013; 46 (4): 661-679
- **Acculturation-Related Stress and Mental Health Outcomes Among Three Generations of Hispanic Adolescents** *HISPANIC JOURNAL OF BEHAVIORAL SCIENCES*  
Cervantes, R. C., Padilla, A. M., Napper, L. E., Goldbach, J. T.  
2013; 35 (4): 451-468
- **Using Meaningful Interpretation and Chunking to Enhance Memory: The Case of Chinese Character Learning** *FOREIGN LANGUAGE ANNALS*  
Xu, X., Padilla, A. M.  
2013; 46 (3): 402-422
- **Developing a culture of resilience for low-income immigrant youth** *The Urban Review*  
Borrero, N., Lee, D. S., Padilla, A. M.  
2013; 45 (2): 99-116
- **A High School Intensive Summer Mandarin Course: Program Model and Learner Outcomes** *FOREIGN LANGUAGE ANNALS*  
Xu, X., Padilla, A. M., Silva, D., Masuda, N.  
2012; 45 (4): 622-638
- **Using Qualitative Methods for Revising Items in the Hispanic Stress Inventory** *HISPANIC JOURNAL OF BEHAVIORAL SCIENCES*  
Cervantes, R. C., Goldbach, J. T., Padilla, A. M.  
2012; 34 (2): 208-231
- **My life in fast forward: Reflections on the making of a Latino psychologist.** *Handbook of multicultural counseling*  
Padilla, A. M.  
2010
- **Professional Development for Teachers of Mandarin: Creating Career Pathways for New Teachers** *Journal of the Chinese Language Teachers Association*  
Xu, X., Padilla, A. M., Silva, D. M., Steele, T. M., Peterson, M. D.  
2010; 45: 3
- **Synopsis of Key Persons, Events, and Associations in the History of Latino Psychology** *CULTURAL DIVERSITY & ETHNIC MINORITY PSYCHOLOGY*  
Padilla, A. M., Olmedo, E.

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2009; 15 (4): 363-373

- **A Year-Round Professional Development Model for World Language Educators** *FOREIGN LANGUAGE ANNALS*  
Steele, T. M., Peterson, M. D., Silva, D. M., Padilla, A. M.  
2009; 42 (2): 195-211
- **Developmental processes related to intergenerational transmission of culture: Growing up with two cultures** *Cultural transmission: Psychological, developmental, social, and methodological aspects*  
Padilla, A. M.  
2009: 185-211
- **Social cognition, ethnic identity, and ethnic specific strategies for coping with threat due to prejudice and discrimination** *53rd Nebraska Symposium on Motivation*  
Padilla, A. M.  
SPRINGER.2008: 7-42
- **Bicultural social development** *HISPANIC JOURNAL OF BEHAVIORAL SCIENCES*  
Padilla, A. M.  
2006; 28 (4): 467-497
- **Foreign language education, academic performance, and socioeconomic status: A study of California schools** *FOREIGN LANGUAGE ANNALS*  
Sung, H., Padilla, A. M., Silva, D. A.  
2006; 39 (1): 115-130
- **Second language learning: Issues in research and teaching** *Handbook of educational psychology*  
Padilla, A.  
2006: 571-591
- **Bicultural social development** *Hispanic Journal of Behavioral Sciences*  
Padilla, A. M.  
2006; 28 (4): 467-497
- **A statewide professional development program for California foreign language teachers** *FOREIGN LANGUAGE ANNALS*  
Lozano, A. S., Padilla, A. M., Sung, H., Silva, D. M.  
2004; 37 (2): 301-309
- **Entering and succeeding in the "culture of college": The story of two Mexican heritage students** *HISPANIC JOURNAL OF BEHAVIORAL SCIENCES*  
Cabrera, N. L., Padilla, A. M.  
2004; 26 (2): 152-170
- **The origins of the Hispanic Journal of Behavioral Sciences: A personal memoir** *HISPANIC JOURNAL OF BEHAVIORAL SCIENCES*  
Padilla, A. M.  
2003; 25 (1): 3-12
- **Acculturation, social identity, and social cognition: A new perspective** *HISPANIC JOURNAL OF BEHAVIORAL SCIENCES*  
Padilla, A. M., Perez, W.  
2003; 25 (1): 35-55
- **Acculturation, social identity, and social cognition: A new perspective** *Hispanic Journal of Behavioral Sciences*  
Padilla, A. M., Perez, W.  
2003; 25 (1): 35-55
- **Evaluation of professional development for language teachers in California** *FOREIGN LANGUAGE ANNALS*  
Lozano, A. S., Sung, H., Padilla, A. M., Silva, D. M.  
2002; 35 (2): 161-170
- **Rewarding workplace bilingualism** *Language Magazine*  
Padilla, A.  
2002; 2: 21-23

- **Academic performance of immigrant and US-born Mexican heritage students: Effects of schooling in Mexico and bilingual/English language instruction** *Annual Meeting of the American-Educational-Research-Association*  
Padilla, A. M., GONZALEZ, R.  
SAGE PUBLICATIONS INC.2001: 727-42
- **Cultural orientation across three generations of Hispanic adolescents** *HISPANIC JOURNAL OF BEHAVIORAL SCIENCES*  
Perez, W., Padilla, A. M.  
2000; 22 (3): 390-398
- **Celebrating the future of Chicano psychology: Lessons from the recent national conference** *HISPANIC JOURNAL OF BEHAVIORAL SCIENCES*  
Velasquez, R. J., Arellano, L. M., Padilla, A. M.  
1999; 21 (1): 3-13
- **Student motivation, parental attitudes, and involvement in the learning of Asian languages in elementary and secondary schools** *MODERN LANGUAGE JOURNAL*  
Sung, H. K., Padilla, A. M.  
1998; 82 (2): 205-216
- **The academic resilience of Mexican American high school students** *HISPANIC JOURNAL OF BEHAVIORAL SCIENCES*  
GONZALEZ, R., Padilla, A. M.  
1997; 19 (3): 301-317
- **Academic invulnerability among a select group of Latino university students** *HISPANIC JOURNAL OF BEHAVIORAL SCIENCES*  
Arellano, A. R., Padilla, A. M.  
1996; 18 (4): 485-507
- **Development and implementation of student portfolios in foreign language programs** *FOREIGN LANGUAGE ANNALS*  
Padilla, A. M., Aninao, J. C., Sung, H.  
1996; 29 (3): 429-438
- **Bilingual memory representation in Korean-English and Spanish-English bilinguals** *20th Annual Boston-University Conference on Language Development*  
Sung, H. Y., Padilla, A. M.  
CASCADILLA PRESS.1996: 748-759
- **BICULTURAL DEVELOPMENT - A THEORETICAL AND EMPIRICAL-EXAMINATION** *Festschrift to Honor the Lifetime Achievements of Lloyd H Rogler, Albert Schweitzer Professor of Humanities and Professor of Sociology at Fordham University*  
Padilla, A. M.  
KRIEGER PUBLISHING CO.1994: 20-51
- **PLACE OF LAST DRINK BY REPEAT DUI OFFENDERS - A RETROSPECTIVE STUDY OF GENDER AND ETHNIC-GROUP DIFFERENCES** *HISPANIC JOURNAL OF BEHAVIORAL SCIENCES*  
Padilla, A. M., Morrissey, L.  
1993; 15 (3): 357-372
- **MEXICAN-AMERICAN ADOLESCENT SEXUALITY AND SEXUAL KNOWLEDGE - AN EXPLORATORY-STUDY** *HISPANIC JOURNAL OF BEHAVIORAL SCIENCES*  
Padilla, A. M., Baird, T. L.  
1991; 13 (1): 95-104
- **THE ENGLISH-ONLY MOVEMENT - MYTHS, REALITY, AND IMPLICATIONS FOR PSYCHOLOGY** *AMERICAN PSYCHOLOGIST*  
Padilla, A. M., LINDHOLM, K. J., Chen, A., Duran, R., Hakuta, K., Lambert, W., Tucker, G. R.  
1991; 46 (2): 120-130
- **PSYCHOSOCIAL AND COGNITIVE CORRELATES OF ALCOHOL-USE IN YOUNGER ADULT IMMIGRANT AND UNITED-STATES-BORN HISPANICS** *INTERNATIONAL JOURNAL OF THE ADDICTIONS*  
Cervantes, R. C., Gilbert, M. J., DESNYDER, N. S., Padilla, A. M.  
1991; 25 (5A-6A): 687-708
- **GENDER AND ETHNIC-DIFFERENCES IN PSYCHOSOCIAL STRESS AND GENERALIZED DISTRESS AMONG HISPANICS** *SEX ROLES*

DESNYDER, V. N., Cervantes, R. C., Padilla, A. M.  
1990; 22 (7-8): 441-453

- **RELIABILITY AND VALIDITY OF THE HISPANIC STRESS INVENTORY** *HISPANIC JOURNAL OF BEHAVIORAL SCIENCES*  
Cervantes, R. C., Padilla, A. M., DESNYDER, N. S.  
1990; 12 (1): 76-82
- **COUNTERTRANSFERENCE IN WORKING WITH VICTIMS OF POLITICAL REPRESSION** *AMERICAN JOURNAL OF ORTHOPSYCHIATRY*  
COMASDIAZ, L., Padilla, A. M.  
1990; 60 (1): 125-134
- **POSTTRAUMATIC STRESS IN IMMIGRANTS FROM CENTRAL-AMERICA AND MEXICO** *HOSPITAL AND COMMUNITY PSYCHIATRY*  
Cervantes, R. C., DESNYDER, V. N., Padilla, A. M.  
1989; 40 (6): 615-619
- **RESEARCH THEMES, AUTHORS, AND FUTURE-DIRECTIONS IN THE HISPANIC JOURNAL OF BEHAVIORAL-SCIENCES** *HISPANIC JOURNAL OF BEHAVIORAL SCIENCES*  
BAEZCONDEGARBANATI, L., Padilla, A. M.  
1988; 10 (4): 325-337