Biography

Dr. Pope specializes in curriculum studies, service learning, student engagement, school reform, and qualitative research methods. She is particularly interested in student voices and the students' perspectives of school. She focuses on academic stress and its consequences for students' mental and physical health, engagement with learning, and integrity. She co-founded Challenge Success to partner with schools and families to implement research-based strategies for student well-being and engagement. She is the author of "Doing School": How We Are Creating a Generation of Stressed Out, Materialistic, and Miseducated Students (Yale University Press, 2001), which was awarded Notable Book in Education by the American School Board Journal, 2001. She is co-author of Overloaded and Underprepared: Strategies for Stronger Schools and Healthy, Successful Kids (Wiley, 2015). Dr. Pope co-hosts the podcast "School's In" on Sirius XM radio.
• Steering Committee Member, Stanford University Mental Health and Well-being Task Force (2012 - present)
• Trustee, Castilleja School, Palo Alto (2013 - 2019)
• Trustee, Gideon Hausner Jewish Day School (2002 - 2012)

PROFESSIONAL EDUCATION
• A.B., Stanford University, English (1988)
• Ed.M., Harvard University, Teaching and Curriculum (1989)
• Ph.D., Stanford University, Curriculum and Teacher Education (1999)

Research & Scholarship

RESEARCH INTERESTS
• Adolescence
• Child Development
• Curriculum and Instruction
• Leadership and Organization
• Parents and family issues
• Professional Development
• Social and Emotional Learning
• Teachers and Teaching

CURRENT RESEARCH AND SCHOLARLY INTERESTS
Dr. Pope is co-founder of Challenge Success, a research and intervention project that aims to reduce unhealthy pressure on youth and champions a broader vision of youth success. Challenge Success is an expanded version of the SOS: Stressed-Out Students project that Dr. Pope founded and directed from 2003-2008. She lectures nationally on parenting techniques and pedagogical strategies to increase student well-being, engagement with learning, and integrity.

Teaching

COURSES
2019-20
• Curriculum Construction: EDUC 208B (Win)
• Introduction to Qualitative Research Methods: EDUC 200B (Aut)

2018-19
• Curriculum Construction: EDUC 208B (Win)
• Introduction to Qualitative Research Methods: EDUC 200B (Aut)

2017-18
• Curriculum Construction: EDUC 208B (Win)
• Introduction to Qualitative Research Methods: EDUC 200B (Aut)

2016-17
• Curriculum Construction: EDUC 208B (Win)
• Introduction to Qualitative Research Methods: EDUC 200B (Aut)
 Publications

PUBLICATIONS

• Easing the stress at pressure-cooker schools *PHI DELTA KAPPAN*
  Villeneuve, J., Conner, J. O., Selby, S., Pope, D.
  2019; 101 (3): 15–19

• A Systematic Review of Student Self-Report Instruments That Assess Student-Teacher Relationships *Teachers College Record*
  Phillippo, K. L., Conner, J., Davidson, S., Pope, D.
  2017; 119 (9): 1-42

• Overloaded and underprepared: Strategies for stronger schools and healthy, successful kids
  Pope, D., Brown, M., Miles, S.
  John Wiley & Sons.2015

• Student Engagement in High-Performing Schools: Relationships to Mental and Physical Health *Engaging Youth in Schools*
  Conner, J., Pope, D.
  edited by Shernoff, D., Bempechat, J.
  National Society for the Study of Education Yearbook,.2014; 113 (1)

• How Many Teachers Does it Take to Support a Student? Examining the Relationship between Teacher Support and Adverse Health Outcomes in High Performing, Pressure-Cooker High Schools *Journal of Youth and Adolescence*
  Conner, J. O., Pope, D. C., Miles, S. B.
  2014; 98 (1): 22-42

• Nonacademic Effects of Homework in Privileged, High-Performing High Schools *JOURNAL OF EXPERIMENTAL EDUCATION*
  Galloway, M., Conner, J., Pope, D.
  2013; 81 (4): 490-510

• Not Just Robo-Students: Why Full Engagement Matters and How Schools Can Promote It *JOURNAL OF YOUTH AND ADOLESCENCE*
  Conner, J. O., Pope, D. C.
  2013; 42 (9): 1426-1442

• Beyond 'Doing School': From 'Stressed-Out' to 'Engaged in Learning' *Education Canada*
  Pope, D.
  2010; 50 (1): 4-8

• Success with Less Stress *EDUCATIONAL LEADERSHIP*
  Conner, J., Pope, D., Galloway, M.
  2009; 67 (4): 54-58

• Stressed-out students – SOS: Youth perspectives on changing school climates *International handbook of student experience of elementary and secondary school*
  Galloway, M., Pope, D. C., Osberg, J.
  edited by Thiessen, D., Cook-Sather, A.

• Hazardous Homework? The Relationship between homework, goal orientation, and well-being in adolescents *Encounter: Education for Meaning and Social Justice*
  Galloway, M. K., Pope, D.

• Peshkin's problematics: teaching the nature of interpretation in qualitative research *Qualitative Research Journal*
  Pope, D.
  2007; 6 (2): 173-182

• Students matter in school reform: Leaving fingerprints and becoming leaders *International Journal of Leadership in Education*
  Osberg, J., Pope, D., Galloway, M.
• **Help for stressed students** *Educational Leadership*
  Pope, D. C., Simon, R.
  2005; 62 (7): 33-37

• **Teaching qualitative inquiry: How Elliot Eisner “makes sense.”** *Intricate Palette: Working the ideas of Elliot Eisner.*
  Pope, D.
  edited by Uhrmacher, B., Matthews, J.

• **Rationales for Integrating Service-Learning in Teacher Education** *Service-learning in teacher education: Enhancing the growth of new teachers, their students, and communities*
  Verducci, S., Pope, D.
  edited by Anderson, J., Swick, K., Yff, J.

• **Doing school: How we are creating a generation of stressed out, materialistic, and miseducated students**
  Pope, D. C.
  Yale University Press. 2001