



## Amelia Sattler, MD

Clinical Associate Professor, Medicine - Primary Care and Population Health

### CLINICAL OFFICE (PRIMARY)

- **Stanford Family Medicine**

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### Bio

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#### BIO

I am an ebullient family physician with special interests in health care innovation, clinical quality improvement, mental health and adolescent medicine. I earned my undergraduate degree in psychology at the University of Puget Sound and enjoy working with patients to explore and overcome mental and emotional challenges that may contribute to disease.

My medical training began while seated around the dinner table in rural northern California where, as a child, I was inspired by the joy that my parents experienced working as family practitioners. In pursuit of formal medical training I ventured from the west coast to Mayo Medical School in Rochester, Minnesota where I was “raised” in a culture of medicine that prioritizes the needs of patients. I strongly believe in and strive to integrate and propagate this philosophy of care.

After surviving four winters and meeting my husband, I happily returned to San Jose, California where I completed residency in Family Medicine at the San Jose-O’Connor Family Medicine Residency Program. During residency I participated in the O’Connor-Stanford “Leaders in Education” Residency Pathway (OSLER) where I began formal training in medical education, working with Stanford clinician educators and medical students. I continued this training as a fellow in the Rathmann Family Foundation Medical Education Faculty Fellowship in Patient-Centered Care in 2014. I started my journey in quality improvement and population health management in 2016 when I participated in the Realizing Improvement through Team Empowerment (RITE) Program, receiving training in structured quality improvement and working with a team to improve high blood pressure control in our patients with diabetes.

I currently hold three leadership positions. I am an Associate Program Director of the Stanford Healthcare AI Applied Research Team (HEA3RT), working with teams to study and implement AI technologies to solve specific, practical problems in health care. I am the Primary Care Program Director of Integrated Behavioral Health and partner with psychiatry, social work and primary care teams building and implementing a collaborative care model. I am also the Associate Section Chief for Program Innovation in the Division of Primary Care and Population Health, collaborating with passionate providers and operational leadership to amplify the impact of our division’s 20+ innovation programs.

Outside of work I am usually found spending time with my husband and two children at sports games, in our dahlia and vegetable garden, hiking or cooking.

## **CLINICAL FOCUS**

- Adolescent Medicine
- Mental health
- Family Medicine
- Quality Improvement
- Population Health
- Innovation
- Technology

## **ACADEMIC APPOINTMENTS**

- Clinical Associate Professor, Medicine - Primary Care and Population Health

## **ADMINISTRATIVE APPOINTMENTS**

- Associate Section Chief, Program Innovation, Division of Primary Care and Population Health, General Primary Care Section, (2024- present)
- Primary Care Program Director, Integrated Behavioral Health, (2022- present)
- Associate Program Director, Stanford Healthcare AI Applied Research Team (HEA3RT), (2020- present)
- Director, Continuity of Care Clerkship, (2017-2020)
- Quality Improvement and Population Health Lead, Stanford Primary Care, (2016-2022)
- Director, O'Connor-Stanford Leaders in Education Residency (OSLER) Pathway, (2015-2020)
- Director, IMPACT Program, (2015-2017)
- Resident Wellness Group Facilitator, Stanford Health Care-O'Connor Hospital Family Medicine Residency Program, (2014- present)
- Physician, Lucile Packard After Hours Clinic, (2013-2015)
- Associate, Educators-4-Care (E4C), (2011- present)

## **HONORS AND AWARDS**

- Chair Diversity Investigator Award, Stanford Department of Medicine (2022)
- Malinda S. Mitchell Quality Award, Stanford Health Care (2021)
- Faculty of the Year, Division of Primary Care and Population Health, Family Medicine Section (2020)
- Mentorship Award, Clinical Observation and Medical Transcription (COMET) Fellowship (2019)
- New Faculty Scholar, Society of Teachers in Family Medicine (2017)
- Teaching Award, Stanford Department of Medicine (2015)
- Family Medicine Resident Award for Scholarship, AFMRD/NAPCRG/CFPC (2011)

## **BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS**

- Executive Committee Member, O'Connor-Stanford Leaders in Education Residency (OSLER) Program (2013 - 2018)
- Member, Society of Teachers of Family Medicine (2011 - present)
- Member, American Academy of Family Physicians (2010 - present)

## PROFESSIONAL EDUCATION

- Residency: Stanford O'Connor Family Medicine Residency (2013) CA
- Medical Education: Mayo Clinic School of Medicine (2010) MN
- Board Certification: Family Medicine, American Board of Family Medicine (2013)
- Residency, San Jose-O'Connor Family Medicine Residency Program (2013)
- Medical School, Mayo Clinic (2010)
- Bachelor of Arts, University of Puget Sound , Psychology (2005)

## COMMUNITY AND INTERNATIONAL WORK

- The Lipitor Symptoms Every Woman Should Know About
- Cardinal Free Clinics

## Research & Scholarship

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### CURRENT RESEARCH AND SCHOLARLY INTERESTS

Describe your current research interest and activities

## Publications

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### PUBLICATIONS

- **INTEGRATE, DON'T INTERRUPT: A PROVIDER-CENTERED PERSPECTIVE ON VIRTUAL CARE INTEGRATION IN PRIMARY CARE**  
Stanton, L., Smith, M., Sattler, A., Linke, S.  
OXFORD UNIV PRESS INC.2026: S629
- **Advance Care Planning in Patients Nearing the End of Life: A Pre-intervention Study of Racial Disparities and Provider Factors.** *Journal of general internal medicine*  
Penmetcha, V., Marcotte, M., Chauhan, Y., Srinivasan, M., Bacong, A. M., Sattler, A.  
2026
- **Transforming the Primary Care Journey with Generative AI: A Foundation Model to Boost Efficiency, Quality, and Engagement.** *Journal of general internal medicine*  
Yang, B., Lee, J. J., Tsai, T., Sattler, A. L., Shah, S., Smith, M. A., Lin, S.  
2025
- **Integrating a High Blood Pressure Advisory Across a Primary Care Network.** *JAMA network open*  
Phadke, A., Weng, Y., Johnson, C. B., Winget, M., Mahoney, M., Sharp, C., Sattler, A., Shah, S., Desai, M., Ng, S., Shaw, J. G.  
2025; 8 (4): e257313
- **RACIAL DISPARITIES IN ADVANCE CARE PLANNING: A PRE-INTERVENTION STUDY OF AN AI-BASED RISK SCORING TOOL**  
Penmetcha, V., Marcotte, M., Chauhan, Y., Sattler, A., Bacong, A. M., Srinivasan, M.  
SPRINGER.2024: S922
- **Asynchronous Versus Synchronous Screening for Depression and Suicidality in a Primary Health Care System: Quality Improvement Study.** *JMIR mental health*  
Sattler, A., Dunn, J., Albarran, M., Berger, C., Calugar, A., Carper, J., Chirravuri, L., Jawad, N., Zein, M., McGovern, M.  
2024; 11: e50192
- **Building Pandemic-Resilient Primary Care Systems: Lessons Learned From COVID-19.** *Journal of medical Internet research*  
Jeong, Y., Crowell, T., Devon-Sand, A., Sakata, T., Sattler, A., Shah, S., Tsai, T., Lin, S.  
2024; 26: e47667
- **Catalyzing System Change: 100 Quality Improvement Projects in 1000 Days.** *Journal of general internal medicine*  
Sattler, A., Phadke, A., Mickelsen, J., Seay-Morrison, T., Filipowicz, H., Chhoa, D., Srinivasan, M.

2023

- **Trends in Pediatric Primary Care Visits During the COVID-19 Pandemic: Opportunity to Address Adolescent Behavioral Health Through Telemedicine.** *Family medicine*  
Hong, G., Less, J., Masoudian, B., Cruz, A., Sifuentes, S., Vue, J., Yanamandra, A., Sattler, A., Lin, S.  
2023
- **IMPLEMENTATION OF A TEAM-BASED HYPERTENSION CARE PROGRAM IN THE ERA OF TELEMEDICINE**  
Phadke, A., Tsai, S. A., Sattler, A., Dang, J., Ramirez, M.  
SPRINGER.2023: S635-S636
- **ASYNCHRONOUS VERSUS SYNCHRONOUS SCREENING FOR DEPRESSION AND SUICIDALITY: EXPERIENCES IN A PRIMARY CARE HEALTH SYSTEM**  
Sattler, A., Dunn, J., Calugar, A., Albarran, M., Jawad, N., Zein, M., McGovern, M.  
SPRINGER.2023: S306-S307
- **CATALYZING SYSTEM CHANGE: 100 QUALITY IMPROVEMENT PROJECTS IN 1000**  
Sattler, A., Phadke, A., Srinivasan, M., Mickelsen, J., Chhoa, D.  
SPRINGER.2023: S331-S332
- **Evaluating the Implementation of a Model of Integrated Behavioral Health in Primary Care: Perceptions of the Healthcare Team.** *Journal of primary care & community health*  
Dunn, J. A., Chokron Garneau, H., Jawad, N., Zein, M., Elder, K. W., Sattler, A., McGovern, M.  
2023; 14: 21501319221146918
- **Predicting Avoidable Health Care Utilization: Practical Considerations for Artificial Intelligence/Machine Learning Models in Population Health.** *Mayo Clinic proceedings*  
Lin, S., Shah, S., Sattler, A., Smith, M.  
2022; 97 (4): 653-657
- **Considerations in the reliability and fairness audits of predictive models for advance care planning** *Frontiers in Digital Health*  
Lu, J., Sattler, A., Wang, S., Khaki, A. R., Callahan, A., Fleming, S., Fong, R., Ehler, B., Li, R., Shieh, L., Ramchandran, K., Gensheimer, M., Chobot, et al  
2022: 943768
- **From Code to Bedside: Implementing Artificial Intelligence Using Quality Improvement Methods.** *Journal of general internal medicine*  
Smith, M. n., Sattler, A. n., Hong, G. n., Lin, S. n.  
2021
- **Transforming Interprofessional Roles During Virtual Health Care: The Evolving Role of the Medical Assistant, in Relationship to National Health Profession Competency Standards.** *Journal of primary care & community health*  
Rokicki-Parashar, J., Phadke, A., Brown-Johnson, C., Jee, O., Sattler, A., Torres, E., Srinivasan, M.  
2021; 12: 21501327211004285
- **"MAKING A LIST AND CHECKING IT TWICE": A HIGH BLOOD PRESSURE ADVISORY IN PRIMARY CARE**  
Phadke, A., Sattler, A., Shah, S., Mahoney, M., Sharp, C., Ng, S., Kim, M., Weng, Y. I., Safaeinili, N., Brown-Johnson, C., Desai, M.  
SPRINGER.2020: S702
- **Retooling Primary Care in the COVID-19 Era.** *Mayo Clinic proceedings*  
Lin, S. n., Sattler, A. n., Smith, M. n.  
2020; 95 (9): 1831-34
- **A Model Medical Student-Led Interprofessional QI Project on Lab Monitoring.** *PRIMER (Leawood, Kan.)*  
Kim, C. n., Lin, S. n., Sattler, A. L.  
2018; 2: 13
- **Rethinking empathy decline: results from an OSCE.** *The clinical teacher*  
Teng, V. C., Nguyen, C., Hall, K. T., Rydel, T., Sattler, A., Schillinger, E., Weinlander, E., Lin, S.  
2017
- **Creating the medical school of the future through incremental curricular transformation: the Stanford Healthcare Innovations and Experiential Learning Directive (SHIELD)** *EDUCATION FOR PRIMARY CARE*

- Lin, S., Osborn, K., Sattler, A., Nelligan, I., Svec, D., Aaronson, A., Schillinger, E.  
2017; 28 (3): 180–84
- **Actual and Standardized Patient Evaluations of Medical Students' Skills.** *Family medicine*  
Sattler, A. L., Merrell, S. B., Lin, S. Y., Schillinger, E. n.  
2017; 49 (7): 548–52
  - **Impact of Scribes on Physician Satisfaction, Patient Satisfaction, and Charting Efficiency: A Randomized Controlled Trial.** *Annals of family medicine*  
Gidwani, R. n., Nguyen, C. n., Kofoed, A. n., Carragee, C. n., Rydel, T. n., Nelligan, I. n., Sattler, A. n., Mahoney, M. n., Lin, S. n.  
2017; 15 (5): 427–33
  - **Creating the medical school of the future through incremental curricular transformation: the Stanford Healthcare Innovations and Experiential Learning Directive (SHIELD).** *Education for primary care : an official publication of the Association of Course Organisers, National Association of GP Tutors, World Organisation of Family Doctors*  
Lin, S., Osborn, K., Sattler, A., Nelligan, I., Svec, D., Aaronson, A., Schillinger, E.  
2016: 1-5
  - **Impact of a scholarly track on quality of residency program applicants.** *Education for primary care : an official publication of the Association of Course Organisers, National Association of GP Tutors, World Organisation of Family Doctors*  
Celebi, J. M., Nguyen, C. T., Sattler, A. L., Stevens, M. B., Lin, S. Y.  
2016; 27 (6): 478-481
  - **Training Future Clinician-Educators: A Track for Family Medicine Residents.** *Family medicine*  
Lin, S., Sattler, A., Chen Yu, G., Basaviah, P., Schillinger, E.  
2016; 48 (3): 212-216
  - **Training Future Clinician-Educators: A Track for Family Medicine Residents.** *Family medicine*  
Lin, S., Sattler, A., Chen Yu, G., Basaviah, P., Schillinger, E.  
2016; 48 (3): 212-216
  - **Sexual Abuse and Lifetime Diagnosis of Somatic Disorders: Systematic Review and Meta-analysis** *Mayo Clinic Proceedings*  
Chen, L. P., et al  
2010; 85 (7): 618-29
  - **Sexual Abuse and Lifetime Diagnosis of Somatic Disorders A Systematic Review and Meta-analysis** *JAMA-JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION*  
Paras, M. L., Murad, M. H., Chen, L. P., Goranson, E. N., Sattler, A. L., Colbenson, K. M., Elamin, M. B., Seime, R. J., Prokop, L. J., Zirakzadeh, A.  
2009; 302 (5): 550-561
  - **One Year of Family Physicians' Observations on Working with Medical Scribes.** *Journal of the American Board of Family Medicine : JABFM*  
Sattler, A. n., Rydel, T. n., Nguyen, C. n., Lin, S. n.  
; 31 (1): 49–56