Bio

ACADEMIC APPOINTMENTS

- Professor Emeritus, Medicine - Immunology & Rheumatology

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Same as short description.

Publications

PUBLICATIONS

- The discovery of autoantibody to deoxyribonucleic acid *LUPUS*
  Holman, H.
  2011; 20 (5): 441-442

- A Multi-Institutional Quality Improvement Initiative to Transform Education for Chronic Illness Care in Resident Continuity Practices *JOURNAL OF GENERAL INTERNAL MEDICINE*
  2010; 25: S574-S580

- The inadequacy of medical education. *Chronic illness*
  Holman, H. R.
  2009; 5 (1): 18-20

- What should be incentivized in care of chronic illness? *Chronic illness*
  Holman, H. R.
  2007; 3 (3): 194-195

- Health savings accounts--the avoidance of solution. *The Pharos of Alpha Omega Alpha Honor Medical Society. Alpha Omega Alpha*
  Holman, H. R.
  2007; 70 (2): 16-17

- Chronic disease and the healthcare crisis. *Chronic illness*
  Holman, H. R.
  2005; 1 (4): 265-274

- Chronic disease - The need for a new clinical education *JAMA-JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION*
  Holman, H.
  2004; 292 (9): 1057-1059
Patient self-management: A key to effectiveness and efficiency in care of chronic disease

Holman, H., Loric, K.
PUBLIC HEALTH REPORTS
2004; 119 (3): 239-243

Self-management education: History, definition, outcomes, and mechanisms

Lorig, K. R., Holman, H. R.
ANNALS OF BEHAVIORAL MEDICINE
2003; 26 (1): 1-7

Patient self-management of chronic disease in primary care

Bodenheimer, T., Lorig, K., Holman, H., Grumbach, K.
JAMA-JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION
2002; 288 (19): 2469-2475

Chronic disease self-management program - 2-year health status and health care utilization outcomes

MEDICAL CARE
2001; 39 (11): 1217-1223

Capturing the patient’s view of change as a clinical outcome measure

JAMA-JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION
1999; 282 (12): 1157-1162

Evidence suggesting that a chronic disease self-management program can improve health status while reducing hospitalization - A randomized trial

MEDICAL CARE
1999; 37 (1): 5-14

Arthritis self-efficacy scales measure self-efficacy

Lorig, K., Holman, H.
ARTHRITIS CARE AND RESEARCH
1998; 11 (3): 155-157

Overcoming barriers to successful aging - Self-management of osteoarthritis

Holman, H. R., Lorig, K. R.
WESTERN JOURNAL OF MEDICINE
1997; 167 (4): 265-268

An unabecoming act.

Holman, H. R.
Arthritis care and research
1996; 9 (4): 255-256

THOUGHT BARRIERS TO UNDERSTANDING RHEUMATIC DISEASES

Holman, H. R.
ARTHRITIS AND RHEUMATISM
1994; 37 (11): 1565-1572

BIOPSYPHOSOCIAL CONTRIBUTIONS TO THE MANAGEMENT OF ARTHRITIS DISABILITY - BLUEPRINTS FROM AN NIDRR-SPONSORED CONFERENCE

ARTHRITIS AND RHEUMATISM
1993; 36 (7): 885-889

EVIDENCE SUGGESTING THAT HEALTH-EDUCATION FOR SELF-MANAGEMENT IN PATIENTS WITH CHRONIC ARTHRITIS HAS SUSTAINED HEALTH BENEFITS WHILE REDUCING HEALTH-CARE COSTS

Lorig, K. R., Mazonson, P. D., Holman, H. R.
ARTHRITIS AND RHEUMATISM
1993; 36 (4): 439-446

ARTHRITIS SELF-MANAGEMENT STUDIES - A 12-YEAR REVIEW

Lorig, K., Holman, H.
HEALTH EDUCATION QUARTERLY
1993; 20 (1): 17-28

QUALITATIVE INQUIRY IN MEDICAL-RESEARCH

Holman, H. R.
JOURNAL OF CLINICAL EPIDEMIOLOGY
1993; 46 (1): 29-36
• WHATS PREVENTING MORE PREVENTION - BARRIERS TO DEVELOPMENT AT ACADEMIC MEDICAL-CENTERS JOURNAL OF GENERAL INTERNAL MEDICINE
Gottlieb, L. K., Holman, H. R.
1992; 7 (6): 630-635

• STRATEGIES FOR REDUCING EXCESS MORBIDITY AND MORTALITY IN BLACKS WITH SYSTEMIC LUPUS-ERYTHEMATOSUS ARTHRITIS AND RHEUMATISM
1991; 34 (9): 1187-1196

• LONG-TERM OUTCOMES OF AN ARTHRITIS SELF-MANAGEMENT STUDY - EFFECTS OF REINFORCEMENT EFFORTS SOCIAL SCIENCE & MEDICINE
Lorig, K., Holman, H. R.
1989; 29 (2): 221-224

• HEALTH-EDUCATION FOR SELF-MANAGEMENT HAS SIGNIFICANT EARLY AND SUSTAINED BENEFITS IN CHRONIC ARTHRITIS 102ND SESSION OF THE ASSOC OF AMERICAN PHYSICIANS
Holman, H., MAZONSON, P., Lorig, K.
ASSOC AMER PHYSICIANS.1989: 204–208

• THE BENEFICIAL OUTCOMES OF THE ARTHRITIS SELF-MANAGEMENT COURSE ARE NOT ADEQUATELY EXPLAINED BY BEHAVIOR-CHANGE ARTHRITIS AND RHEUMATISM
Lorig, K., Seleznick, M., Lubeck, D., Ung, E., CHASTAIN, R. L., Holman, H. R.
1989; 32 (1): 91-95

• DEVELOPMENT AND EVALUATION OF A SCALE TO MEASURE PERCEIVED SELF-EFFICACY IN PEOPLE WITH ARTHRITIS ARTHRITIS AND RHEUMATISM
Lorig, K., CHASTAIN, R. L., Ung, E., Shoor, S., Holman, H. R.
1989; 32 (1): 37-44

• Improving health service performance by modifying medical practices. Transactions of the Association of American Physicians
Holman, H., Lubeck, D., Dutton, D., Brown, B. W.
1988; 101: 173-179

• A COGNITIVE-BEHAVIORAL TREATMENT FOR RHEUMATOID-ARTHRITIS HEALTH PSYCHOLOGY
O'LEARY, A., Shoor, S., Lorig, K., Holman, H. R.
1988; 7 (6): 527-544

• THE IMPACT OF RHEUMATOID-ARTHRITIS AND OSTEOARTHRITIS - THE ACTIVITIES OF PATIENTS WITH RHEUMATOID-ARTHRITIS AND OSTEOARTHRITIS COMPARED TO CONTROLS JOURNAL OF RHEUMATOLOGY
Yelin, E., Lubeck, D., Holman, H., Epstein, W.
1987; 14 (4): 710-717

• PATIENT EDUCATION IN THE RHEUMATIC DISEASES - PROS AND CONS BULLETIN ON THE RHEUMATIC DISEASES
Holman, H., Lorig, K.
1987; 37 (5): 1-8

• A COMPARISON OF LAY-TAUGHT AND PROFESSIONAL-TAUGHT ARTHRITIS SELF-MANAGEMENT COURSES JOURNAL OF RHEUMATOLOGY
Lorig, K., Feigenbaum, P., Regan, C., Ung, E., CHASTAIN, R. L., Holman, H. R.
1986; 13 (4): 763-767

• OUTCOMES OF SELF-HELP EDUCATION FOR PATIENTS WITH ARTHRITIS ARTHRITIS AND RHEUMATISM
Lorig, K., Lubeck, D., KRAINES, R. G., Seleznick, M., Holman, H. R.
1985; 28 (6): 680-685

• THE RELATION OF FACULTY ACADEMIC ACTIVITY TO FINANCING SOURCES IN A DEPARTMENT OF MEDICINE NEW ENGLAND JOURNAL OF MEDICINE
Chin, D., Hopkins, D., Melmon, K., Holman, H. R.
1985; 312 (16): 1029-1034
• CHRONIC DISEASE AND HEALTH SYSTEM PERFORMANCE - CARE OF OSTEO-ARTHRITIS ACROSS 3 HEALTH-SERVICES MEDICAL CARE
Lubeck, D. P., Brown, B. W., Holman, H. R.
1985; 23 (3): 266-277

• OSTEOARTHRITIS SELF-MANAGEMENT - A STUDY OF THE EFFECTIVENESS OF PATIENT EDUCATION FOR THE ELDERLY GERONTOLOGIST
Lorig, K., Laurin, J., Holman, H. R.
1984; 24 (5): 455-457

• PARTIAL-PURIFICATION AND CHARACTERIZATION OF PLASMA DNA AND ITS RELATION TO DISEASE-ACTIVITY IN SYSTEMIC LUPUS-ERYTHEMATOSUS AMERICAN JOURNAL OF MEDICINE
MCCOUBREYHOYER, A., Okarma, T. B., Holman, H. R.
1984; 77 (1): 23-34

• DEVELOPMENT OF AN INSTRUMENT TO EXPLORE PSYCHOLOGICAL MEDIATORS OF OUTCOME IN CHRONIC ARTHRITIS TRANSACTIONS OF THE ASSOCIATION OF AMERICAN PHYSICIANS
Shoor, S. M., Holman, H. R.
1984; 97: 325-331

• ANALYSIS OF SPECKLED FLUORESCENT ANTINUCLEAR ANTIBODY-TEST ANTISERA USING ELECTROFOCUSED NUCLEAR ANTIGENS JOURNAL OF CLINICAL INVESTIGATION
Okarma, T. B., Knueger, J. A., Holman, H. R.
1982; 70 (2): 296-303

• MIXED CONNECTIVE-TISSUE DISEASE - A SUBSEQUENT EVALUATION OF THE ORIGINAL 25 PATIENTS MEDICINE
NIMELSTEIN, S. H., Brody, S., McShane, D., Holman, H. R.
1980; 59 (4): 239-248

• MEASUREMENT OF PATIENT OUTCOME IN ARTHRITIS ARTHRITIS AND RHEUMATISM
Fries, J. F., Spitz, P., KRAINES, R. G., Holman, H. R.
1980; 23 (2): 137-145

• CASE FOR PUBLIC-PARTICIPATION IN SCIENCE POLICY FORMATION AND PRACTICE SOUTHERN CALIFORNIA LAW REVIEW
Holman, H. R., Dutton, D. B.
1978; 51 (6): 1505-1534

• COMPARATIVE-STUDY OF IMMUNOLOGICAL METHODS FOR DEMONSTRATION OF ANTIBODIES TO SOLUBLE NUCLEAR ANTIGENS - IMMUNOFLUORESCENCE, HEMAGGLUTINATION, COMPLEMENT-FIXATION, AND IMMUNODIFFUSION ARTHRITIS AND RHEUMATISM
Akizuki, M., Powers, R., Holman, H. R.
1977; 20 (2): 693-701

• SOLUBLE ACIDIC PROTEIN OF CELL-NUCLEUS WHICH REACTS WITH SERUM FROM PATIENTS WITH SYSTEMIC LUPUS-ERYTHEMATOSUS AND SJOGRENS SYNDROME JOURNAL OF CLINICAL INVESTIGATION
Akizuki, M., Powers, R., Holman, H. R.
1977; 59 (2): 264-272

• INVIVO METABOLISM OF 3RD COMPONENT OF COMPLEMENT IN SYSTEMIC LUPUS-ERYTHEMATOSUS ARTHRITIS AND RHEUMATISM
Petz, L. D., Powers, R., Fries, J. R., Cooper, N. R., Holman, H. R.
1977; 20 (7): 1304-1313

• ASSOCIATION OF ANTIBODIES TO RIBONUCLEOPROTEIN AND SM ANTIGENS WITH MIXED CONNECTIVE-TISSUE DISEASE, SYSTEMIC LUPUS-ERYTHEMATOSUS AND OTHER RHEUMATIC DISEASES NEW ENGLAND JOURNAL OF MEDICINE
1976; 295 (21): 1149-1154

• SCIENTISTS AND CITIZENS HASTINGS CENTER REPORT
Holman, H.
1975; 5 (3): 8-8

• ESTIMATING PROGNOSIS IN SYSTEMIC LUPUS-ERYTHEMATOSUS AMERICAN JOURNAL OF MEDICINE
Fries, J. F., WEYL, S., Holman, H. R.
• **TRANSFORMATION OF A HISTOCOMPATIBILITY IMMUNOGEN INTO A TOLEROGEN** *JOURNAL OF EXPERIMENTAL MEDICINE*
  Nimelste, S. H., Hotti, A. R., Holman, H. R.
  1973; 138 (3): 723-733

• **CYCLOPHOSPHAMIDE THERAPY IN SYSTEMIC LUPUS-ERYTHEMATOSUS AND POLYMYOSITIS** *ARTHRITIS AND RHEUMATISM*
  Fries, J. F., Sharp, G. C., McDevitt, H. O., Holman, H. R.
  1973; 16 (2): 154-162

• **NEPHRITIS OF SYSTEMIC LUPUS-ERYTHEMATOSUS** *CALIFORNIA MEDICINE*
  Holman, H. R., Sleiseng, M.
  1972; 117 (5): 49-56