



## James Hallenbeck, MD

Associate Professor of Medicine (Primary Care and Population Health) at the Palo Alto Veterans Affairs Health Care System, Emeritus  
Medicine - Primary Care and Population Health

### CONTACT INFORMATION

- **Alternate Contact**

Tel 650-849-0175

### Bio

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#### ACADEMIC APPOINTMENTS

- Emeritus Faculty - University Medical Line, Medicine - Primary Care and Population Health
- Member, Stanford Cancer Institute

#### ADMINISTRATIVE APPOINTMENTS

- Associate Chief of Staff for Extended Care, VA Palo Alto Health Care System, (2004- present)

#### HONORS AND AWARDS

- 2002 Henry J Kaiser Award for Outstanding and Innovative Contributions to Medical Education, Stanford School of Medicine (2002)
- David M. Worthen Award for Academic Excellence, Department of Veterans Affairs (2002)
- Pioneer in Palliative Care, *Journal of Palliative Medicine* (2009)

#### PROFESSIONAL EDUCATION

- Chief Resident, Stanford , Internal Medicine (1987)
- Residency, UCSF , Internal Medicine (1986)
- MD, Emory University , Medicine (1983)

### Research & Scholarship

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#### CURRENT RESEARCH AND SCHOLARLY INTERESTS

Research in hospice and palliative care with emphases on physician education, cultural aspects of end-of-life care, and healthcare system issues.

### Publications

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#### PUBLICATIONS

- **Pain management in American nursing homes – a long way to go.** *Journal of the American Geriatrics Society*  
Hallenbeck, J.  
2015; 63 (4): 642-643
- **Pathophysiologies of Dyspnea Explained: Why Might Opioids Relieve Dyspnea and Not Hasten Death?** *JOURNAL OF PALLIATIVE MEDICINE*

- Hallenbeck, J.  
2012; 15 (8): 848-853
- **Narrative Empathy and How Dealing with Stories Helps: Creating a Space for Empathy in Culturally Diverse Care Settings** *JOURNAL OF PAIN AND SYMPTOM MANAGEMENT*  
Moore, R. J., Hallenbeck, J.  
2010; 40 (3): 471-476
  - **Cutting Through Yesterday's Understanding** *JOURNAL OF PALLIATIVE MEDICINE*  
Hallenbeck, J.  
2009; 12 (8): 683-685
  - **Access to end-of-life care venues** *AMERICAN JOURNAL OF HOSPICE & PALLIATIVE MEDICINE*  
Hallenbeck, J.  
2008; 25 (3): 245-249
  - **Evidence-based medicine and palliative care** *JOURNAL OF PALLIATIVE MEDICINE*  
Hallenbeck, J.  
2008; 11 (1): 2-4
  - **A request for nondisclosure: Don't tell mother** *JOURNAL OF CLINICAL ONCOLOGY*  
Hallenbeck, J., Arnold, R.  
2007; 25 (31): 5030-5034
  - **Outcomes from a national multispecialty palliative care curriculum development project** *JOURNAL OF PALLIATIVE MEDICINE*  
Weissman, D. E., Ambuel, B., von Gunten, C. F., Block, S., Warm, E., Hallenbeck, J., Milch, R., Brasel, K., Mullan, P. B.  
2007; 10 (2): 408-419
  - **Quality of care in a veterans affairs' nursing home-based hospice unit** *JOURNAL OF PALLIATIVE MEDICINE*  
Hallenbeck, J., Hickey, E., Czarnowski, E., Lehner, L., Periyakoil, V. S.  
2007; 10 (1): 127-135
  - **Faculty development in end-of-life care: Evaluation of a national train-the-trainer program** *ACADEMIC MEDICINE*  
Stratos, G. A., Katz, S., Bergen, M. R., Hallenbeck, J.  
2006; 81 (11): 1000-1007
  - **High context illness and dying in a low context medical world.** *The American journal of hospice & palliative care*  
Hallenbeck, J.  
2006; 23 (2): 113-118
  - **Palliative care training for the generalist - a luxury or a necessity** *J Gen Int Med*  
Hallenbeck J  
2006; 21 (9): 1005-6
  - **Lipid Lowering Agents: the authors' response** *J Palliative Medicine*  
Vollrath AM, Sinclair C, Hallenbeck J  
2006; 9 (3): 621
  - **Reevaluating PEG tube placement in advanced illness** *GASTROINTESTINAL ENDOSCOPY*  
Hallenbeck, J.  
2005; 62 (6): 960-962
  - **Palliative care in the final days of life - "They were expecting it at any time"** *JAMA-JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION*  
Hallenbeck, J.  
2005; 293 (18): 2265-2271
  - **The development and initial validation of the Terminally Ill Grief or Depression Scale (TIGDS)** *INTERNATIONAL JOURNAL OF METHODS IN PSYCHIATRIC RESEARCH*  
Periyakoil, V. S., Kraemer, H. C., Noda, A., Moos, R., Hallenbeck, J., Webster, M., Yesavage, J. A.  
2005; 14 (4): 202-212

- **Doctor and friend. *The virtual mentor* : VM**  
Hallenbeck, J.  
2005; 7 (6)
- **Discontinuing cardiovascular medications at the end of life: lipid-lowering agents *J. Palliative Medicine***  
Vollrath AM, Sinclair C, Hallenbeck J  
2005; 8 (4): 876-81
- **Communication across cultures. *Journal of palliative medicine***  
Hallenbeck, J. L.  
2004; 7 (3): 477-480
- **The explanatory model #26. *Journal of palliative medicine***  
Hallenbeck, J.  
2003; 6 (6): 931-?
- **When do we stop, and how do we do it? Medical futility and withdrawal of care *JOURNAL OF THE AMERICAN COLLEGE OF SURGEONS***  
Hinshaw, D. B., Pawlik, T., Mosenthal, A. C., Civetta, J. M., Hallenbeck, J.  
2003; 196 (4): 621-654
- **When do we stop, and how do we do it? Medical futility and withdrawal of care *J Am College of Surgeons***  
Hinshaw D, Pawlik T, Mosenthal A, Civetta J, Hallenbeck J  
2003; 196 (4): 621-51
- **Identifying and managing preparatory grief and depression at the end of life *AMERICAN FAMILY PHYSICIAN***  
Periyakoil, V. S., Hallenbeck, J.  
2002; 65 (5): 883-890
- **What's the story - how patients make medical decisions *Am J Med***  
Hallenbeck JL  
2002; 113: 73-4
- **Differentiating between depression and preparatory grief at the end-of-life *Am Fam Phys***  
Periyakoil V, Hallenbeck J  
2002; 65 (5): 883-90
- **Tube feed or not tube feed *J Palliative Medicine***  
Hallenbeck J  
2002; 5 (6): 909-10
- **Stenting the sigmoid colon in a terminally ill patient with prostate cancer. *Journal of palliative medicine***  
Friedland, S., Hallenbeck, J., Soetikno, R. M.  
2001; 4 (2): 153-156
- **Intercultural differences and communication at the end of life *PRIMARY CARE***  
Hallenbeck, J. L.  
2001; 28 (2): 401-?
- **Nutrition and hydration in end-of-life care and non-pain symptom management *V.H.S.J***  
Hallenbeck JL  
2001; 5 (11 (Supp)): 31-32
- **Knowledge, Attitudes, and Skills *V.H.S.J***  
Hallenbeck JL  
2001; 6 (6): 65-66
- **Ask the right question *V.H.S.J***  
Hallenbeck  
2001; 6 (5): 60-61

- **Preparing for close encounters; practicing communication skills through impromptu role plays** *V.H.S.J*  
Hallenbeck JL  
2001; 6 (8): 69-70
- **Palo Alto Hospice: Unique relationships with community hospices** *V.H.S.J*  
Hallenbeck JL, Ellis V  
2001; 5 (11(Supp)): 23-24
- **Terminal sedation: ethical implications in different situations.** *Journal of palliative medicine*  
Hallenbeck, J. L.  
2000; 3 (3): 313-320
- **A dying patient, like me?** *AMERICAN FAMILY PHYSICIAN*  
Hallenbeck, J.  
2000; 62 (4): 888-890
- **A dying patient, like me?** *Am Fam Physician*  
Hallenbeck JL  
2000; 62: 888-90
- **Best practices in the care of the dying** *Ann Long-term Care*  
Hallenbeck JL  
2000; 8: 38-44
- **A medical resident inpatient hospice rotation: experiences with dying and subsequent changes in attitudes and knowledge.** *Journal of palliative medicine*  
Hallenbeck, J. L., Bergen, M. R.  
1999; 2 (2): 197-208
- **Terminal sedation for intractable distress: not slow euthanasia but a prompt response to suffering** *Western J Med*  
Hallenbeck JL  
1999; 171 (4): 222-3
- **Cultural considerations of death and dying in the United States** *CLINICS IN GERIATRIC MEDICINE*  
Hallenbeck, J., Goldstein, M. K., Mebane, E. W.  
1996; 12 (2): 393-?
- **PROGNOSIS OF MECHANICALLY VENTILATED PATIENTS** *WESTERN JOURNAL OF MEDICINE*  
Papadakis, M. A., Lee, K. K., Browner, W. S., Kent, D. L., Matchar, D. B., KAGAWA, M. K., Hallenbeck, J., Lee, D., Onishi, R., Charles, G.  
1993; 159 (6): 659-664
- **Prognosis of mechanically ventilated medical patients: results of a Veterans Affairs Cooperative Study** *Western J. Med*  
Papadakis MA, Lee K, Browner W, Kent D, Matcher D, Kristaf M, Hallenbeck J, Lee D, Onishi K, Rasmusack R Charles G  
1993; 159 (6): 659-64
- **Nutrient bioavailability from nasojejunally administered enteral formulas: comparison to solid food** *Am J Clin Nutrition*  
Heymsfield SF, Bleier J, Whitmire, L, McManus C, Smith-Andres J, Hallenbeck JL, Hersh T  
1984; 39: 242-50