



Javaid I. Sheikh

Professor of Psychiatry and Behavioral Sciences, Emeritus

 Curriculum Vitae available Online

Bio

ACADEMIC APPOINTMENTS

- Emeritus Faculty, Acad Council, Psychiatry and Behavioral Sciences

ADMINISTRATIVE APPOINTMENTS

- Chief of Staff, VA Palo Alto Health Care System, (2001-2006)
- Associate Dean for Veterans Affairs, Stanford University School of Medicine, (2001-2006)

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

My research focuses on studying phenomenology, vulnerability factors, and psychiatric and medical comorbidity of panic disorder in old age, as well as treatment responses to medication in elders with panic disorder. I am presently involved in establishing and extending our preliminary finding that Late-Onset Panic Disorder (LOPD) (onset at or after age 55) is a phenomenologically distinct syndrome from Early-Onset Panic Disorder (EOPD). This is being accomplished by comparing LOPD subjects with EOPD subjects on multiple standardized measures assessing the domains of phenomenology, vulnerability factors, and psychiatric and medical comorbidity. Additionally, our group has recently completed pilot studies of both pharmacological and nonpharmacological treatment strategies of panic disorder in old age. Presently, we are planning a large-scale study comparing the efficacy of pharmacological and nonpharmacological treatments of panic disorder in older adults. Finally, a pilot project to investigate the phenomenology and treatment of anxiety in older Asian-Americans is underway.

Publications

PUBLICATIONS

- **Brief morning light treatment for sleep/wake disturbances in older memory-impaired individuals and their caregivers** *SLEEP MEDICINE*
Friedman, L., Spira, A. P., Hernandez, B., Mather, C., Sheikh, J., Ancoli-Israel, S., Yesavage, J. A., Zeitzer, J. M.
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- **Donepezil treatment and Alzheimer disease: Can the results of Randomized clinical trials be applied to Alzheimer disease patients in clinical practice?** *10th International Conference on Alzheimers Disease and Related Disorders*
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LIPPINCOTT WILLIAMS & WILKINS.2007: 953-60
- **Estimating heart rate and RSA from the mattress-recorded kinetocardiogram** *PSYCHOPHYSIOLOGY*
Woodward, S. H., Arseneault, N. J., Voelker, K., Nguyen, T., Lynch, J., Leskin, G., Sheikh, J.
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- **Hippocampal volume, PTSD, and alcoholism in combat veterans** *AMERICAN JOURNAL OF PSYCHIATRY*
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2006; 163 (4): 674-681
- **Spatial test for agricultural pesticide "blow-In" effect on prevalence of Parkinson's disease** *JOURNAL OF GERIATRIC PSYCHIATRY AND NEUROLOGY*
Yesavage, J. A., Sheikh, J., Noda, A., Murphy, G., O'Hara, R., Hierholzer, R., Battista, M., Ashford, J. W., Schneider, B., Hoblyn, J., Kraemer, H. C., Tinklenberg, J.
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- **Factors in choosing atypical antipsychotics: Toward understanding the bases of physicians' prescribing decisions** *JOURNAL OF PSYCHIATRIC RESEARCH*
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2006; 40 (2): 160-166
- **Assessment of trauma exposure and post-traumatic stress in long-term care veterans: Preliminary data on psychometrics and post-traumatic stress disorder prevalence** *MILITARY MEDICINE*
Cook, J. M., Elhai, J. D., Cassidy, E. L., Ruzek, J. I., Ram, G. D., Sheikh, J. I.
2005; 170 (10): 862-866
- **Underreporting of behavioral problems in older hospitalized patients** *GERONTOLOGIST*
Davies, H. D., O'Hara, R., Mumenthaler, M. S., Cassidy, E. L., Buffum, M., Kim, J. M., Danielsen, C. E., Noda, A., Kraemer, H. C., Sheikh, J. I.
2005; 45 (4): 535-538
- **Investigations of anxiety in older adults: Recent advances and future directions** *JOURNAL OF GERIATRIC PSYCHIATRY AND NEUROLOGY*
Sheikh, J. I.
2005; 18 (2): 59-60
- **Interaction of sleep disturbances and anxiety in later life: Perspectives and recommendations for future research** *JOURNAL OF GERIATRIC PSYCHIATRY AND NEUROLOGY*
Spira, A. P., Friedman, L., Flint, A., Sheikh, J. I.
2005; 18 (2): 109-115
- **Mixed anxiety and depression in older adults: Clinical characteristics and management** *JOURNAL OF GERIATRIC PSYCHIATRY AND NEUROLOGY*
Cassidy, E. L., Lauderdale, S., Sheikh, J. I.
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- **Panic, anxiety, and chronic dyspnea.** *Journal of palliative medicine*
Periyakoil, V. S., Skultety, K., Sheikh, J.
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- **Tolerability and effectiveness of lamotrigine in complex elderly patients** *JOURNAL OF GERIATRIC PSYCHIATRY AND NEUROLOGY*
Aulakh, J. S., Hawkins, J. W., Athwal, H. S., Sheikh, J. I., Yesavage, J., Tinklenberg, J. R.
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Rosen, C. S., Chow, H. C., Finney, J. F., Greenbaum, M. A., Moos, R. H., Sheikh, J. I., Yesavage, J. A.
2004; 17 (3): 213-222
- **Efficacy of sertraline for panic disorder in older adults: A preliminary open-label trial** *AMERICAN JOURNAL OF GERIATRIC PSYCHIATRY*
Sheikh, J. I., Lauderdale, S. A., Cassidy, E. L.
2004; 12 (2): 230-230
- **Posttraumatic stress disorder and current relationship functioning among World War II ex-prisoners of war** *JOURNAL OF FAMILY PSYCHOLOGY*
Cook, J. M., Riggs, D. S., Thompson, R., Coyne, J. C., Sheikh, J. I.
2004; 18 (1): 36-45

- **Use of a VA pharmacy database to screen for areas at high risk for disease: Parkinson's disease and exposure to pesticides** *JOURNAL OF GERIATRIC PSYCHIATRY AND NEUROLOGY*
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2004; 12 (1): 102-109
- **Efficacy, safety, and tolerability of sertraline in patients with late-life depression and comorbid medical illness** *JOURNAL OF THE AMERICAN GERIATRICS SOCIETY*
Sheikh, J. I., Cassidy, E. L., Doraiswamy, P. M., Salomon, R. M., Hornig, M., Holland, P. J., Mandel, F. S., Clary, C. M., Burt, T.
2004; 52 (1): 86-92
- **Effectiveness and cost of olanzapine and haloperidol in the treatment of schizophrenia - A randomized controlled trial** *JAMA-JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION*
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- **Pre-intervention assessment for disruptive behavior problems: a focus on staff needs** *AGING & MENTAL HEALTH*
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2002; 6 (2): 166-171
- **Gender differences in panic disorder: Findings from the National Comorbidity Survey** *AMERICAN JOURNAL OF PSYCHIATRY*
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- **Lifetime trauma history and panic disorder: findings from the National Comorbidity Survey** *JOURNAL OF ANXIETY DISORDERS*
Leskin, G. A., Sheikh, J. I.
2002; 16 (6): 599-603
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- **Disruptive behavior and actigraphic measures in home-dwelling patients with Alzheimer's disease: Preliminary report** *JOURNAL OF GERIATRIC PSYCHIATRY AND NEUROLOGY*
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