Stanford

Kate Lorig

Professor (Research) of Medicine (Immunology and Rheumatology), Emerita

Medicine - Med/Immunology & Rheumatology

CONTACT INFORMATION

- **Alternate Contact**

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Bio

ACADEMIC APPOINTMENTS

- Emeritus Faculty, Acad Council, Medicine - Med/Immunology & Rheumatology
- Member, Stanford Cancer Institute

PROFESSIONAL EDUCATION

- DrPH, UC Berkeley Public Health , Health Education (1980)
- MS, UC San Francisco , Nursing (1968)
- BS, Boston University , Nursing (1964)

COMMUNITY AND INTERNATIONAL WORK

- Expert Patient Internet Project, England

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Outcomes (behavior, health status, health care utilization) of community based chronic disease patient education in English and Spanish.

Ongoing studies include small group diabetes self-management for Spanish speakers. Internet self-management for chronic disease, arthritis, and diabetes (3 separtate projects). Low cost mailed arthritis programs for Spanish Speakers and evaluation of an Internet based chronic disease self management program for the National Health Service (Expert Patient Program) in the UK.

CLINICAL TRIALS

- A National Study of the Chronic Disease Self-Management Program, Not Recruiting
- Active Living Tool Kit for Chronic Conditions, Not Recruiting
- Arthritis Self-Management Education Program, Not Recruiting
- Building Better Caregivers: Development and Evaluation, Not Recruiting
- Cancer: Thriving and Surviving Online Workshop and Study for Cancer Survivors, Not Recruiting
- Development and Evaluation of A Mailed Arthritis Self-Management Program, Not Recruiting
- Healthier Living With Arthritis Online Program, Not Recruiting
- Improving Self Management Skills of Older Adults With Diabetes, Not Recruiting

- Low Back Pain Patient Education Evaluation, Not Recruiting
- Patient Education in Rheumatoid Arthritis and Osteoarthritis, Not Recruiting
- Spanish Diabetes Self-Management Program, Not Recruiting

Publications

PUBLICATIONS

- **Patient-Centered Prescription Opioid Tapering Methods : A Randomized Clinical Trial.** *Annals of internal medicine*
  Darnall, B. D., Perez, L., Kao, M. C., Lorig, K., Mardian, A. S., Flood, P., Pun, T., Hanson, E. R., Brose, W., Chen, C. A., Cheung, M., Colloca, L., De Bruyne, et al
  2026

- **Establishing Clinically Operational Domains of Multidimensional Frailty: A Consensus Approach to Improve Multidimensional Frailty Diagnosis at Point of Care.** *The Gerontologist*
  Shapiro, L. M., Arya, S., Adeli, E., Fredericson, M., Kaplan, R. M., Eppler, S. L., Lorenz, K., Lorig, K., Marwell, J., Schmiesing, C., Schroeder, R., Schulman, K., Trivedi, et al
  2025

- **Dementia Care Research and Psychosocial Factors.** *Alzheimer's & dementia : the journal of the Alzheimer's Association*
  Yank, V., Santoyo-Olsson, J., Cheng, J., Lorig, K., Gallagher-Thompson, D., Chesla, C., Karliner, L., Covinsky, K. E., Romo, E. M., Luzanilla, M.
  2024; 20 Suppl 4: e087787

- **Lifestyle Interventions for Obesity.** *JAMA*
  Davis, C. L., Lorig, K.
  2024

- **Empowered Relief, cognitive behavioral therapy, and health education for people with chronic pain: a comparison of outcomes at 6-month Follow-up for a randomized controlled trial.** *Pain reports*
  Darnall, B. D., Burns, J. W., Hong, J., Roy, A., Slater, K., Poupore-King, H., Ziadni, M. S., You, D. S., Jung, C., Cook, K. F., Lorig, K., Tian, L., Mackey, et al
  2024; 9 (1): e1116

- **Effective strategies to recruit rural family/friend caregivers of persons living with dementia in the United States into a national randomized controlled trial: preliminary results**
  Yank, V. A., Santoyo-Olsson, J., Luzanilla, M., Romo, E., Ramirez, G., Chesla, C., Lorig, K., Cheng, J., Covinsky, K. E., Gallagher-Thompson, D., Karliner, L.
  WILEY.2023

- **Predictors of psychological distress among rural family/friend caregivers of people living with dementia in the United States: Consequences of the COVID-19 pandemic.** *The journals of gerontology. Series B, Psychological sciences and social sciences*
  Santoyo-Olsson, J., Covinsky, K. E., Chesla, C. A., Lorig, K., Gallagher Thompson, D., Cheng, J., Luzanilla, M., Macias Romo, E., Aguayo Ramirez, G., Karliner, L., Yank, V.
  2023

- **Remote Evidence-Based Health Promotion Programs During COVID: A National Evaluation of Reach and Implementation for Older Adult Health Equity.** *Health promotion practice*
  Steinman, L., Chavez Santos, E., Chadwick, K., Mayotte, C., Johnson, S. S., Kohn, M., Kelley, J., Denison, P., Montes, C., Spencer-Brown, L., Lorig, K.
  2023: 15248399231175843

- **In Memoriam: Carol D'Onofrio, DrPH, MPH (1936-2020)** *HEALTH EDUCATION & BEHAVIOR*
  Minkler, M., Bloom, J., Green, L. W., Lorig, K., Auld, M.
  2022: 10901981221130733

- **Study protocol for a hybrid effectiveness-implementation trial of the Building Better Caregivers online workshop for rural family/friend caregivers of people living with dementia.** *Contemporary clinical trials*
  Santoyo-Olsson, J., Lorig, K., Romo, E. M., Luzanilla, M., Ramirez, G. A., Cheng, J., Chesla, C., Covinsky, K., Karliner, L., Thompson, D. G., Fahrenwald, N., Yank, V.
  2022: 106903

- **Challenges in self-management of persons living with advanced cancer: An exploratory, in-depth interview study.** *European journal of cancer care*
  Noorlandt, H., Stoevelaar, R., van Dongen, S., Arslan, M., Luu, N., Kranenburg, L., Witkamp, E., van der Rijt, C., Lorig, K., van der Heide, A., Rietjens, J.
  2022: e13638

- **In Memoriam: Albert Bandura, PhD (1925-2021)** *HEALTH EDUCATION & BEHAVIOR*
  Green, L. W., Lorig, K., Mullen, P., Sleet, D., Alber, J. M.
  2022: 10901981221082615

- **Remote Delivery of the Chronic Pain Self-management Program Using Self-directed Materials and Small-group Telephone Support: A Pilot Study.** *Journal of applied gerontology : the official journal of the Southern Gerontological Society*
  Sheth, K., Ritter, P. L., Lorig, K., Steinman, L., FallCreek, S.
  1800: 7334648211062805

- **Engagement in Prescription Opioid Tapering Research: the EMPOWER Study and a Coproduction Model of Success.** *Journal of general internal medicine*
  Mardian, A., Perez, L., Pun, T., Cheung, M., Porter, J., De Bruyne, K., Kao, M., Flood, P., Moore, N., Colloca, L., Cramer, E., Ashton-James, C. E., Lorig, et al
  2021

- **RAPID ADAPTATION AND TRANSLATION OF HEALTH PROMOTION PROGRAMS FOR OLDER ADULTS: LESSONS LEARNED FROM THE COVID-19 PANDEMIC**
  Hughes, J. M., Lorig, K., McMahon, S. K., Orsega-Smith, E.
  OXFORD UNIV PRESS INC.2021: S598

- **Comparison of a Single-Session Pain Management Skills Intervention With a Single-Session Health Education Intervention and 8 Sessions of Cognitive Behavioral Therapy in Adults With Chronic Low Back Pain: A Randomized Clinical Trial.** *JAMA network open*
  Darnall, B. D., Roy, A., Chen, A. L., Ziadni, M. S., Keane, R. T., You, D. S., Slater, K., Poupore-King, H., Mackey, I., Kao, M. C., Cook, K. F., Lorig, K., Zhang, et al
  2021; 4 (8): e2113401

- **High Coping Self-Efficacy Associated With Lower Sweat Inflammatory Cytokines in Adults: A Pilot Study.** *Biological research for nursing*
  Hladek, M., Gill, J., Lai, C., Lorig, K., Szanton, S.
  2020; 22 (1): 75-81

- **Effects of COVID-19 on Informal Caregivers and the Development and Validation of a Scale in English and Spanish to Measure the Impact of COVID-19 on Caregivers.** *Journal of applied gerontology : the official journal of the Southern Gerontological Society*
  Sheth, K. n., Lorig, K. n., Stewart, A. n., Parodi, J. F., Ritter, P. L.
  2020: 733464820971511

- **Development and Evaluation of the 8-item Caregiver Self-Efficacy Scale (CSES-8).** *The Gerontologist*
  Ritter, P. L., Sheth, K. n., Stewart, A. L., Gallagher-Thompson, D. n., Lorig, K. n.
  2020

- **Development and validation of a rheumatologist satisfaction with practice scale: The rheumatologist satisfaction scale.** *Medicine*
  Sheth, K., Valenzuela, A., Shoor, S., Ritter, P. L., Lorig, K.
  2019; 98 (48): e18114

- **High Coping Self-Efficacy Associated With Lower Sweat Inflammatory Cytokines in Adults: A Pilot Study** *BIOLOGICAL RESEARCH FOR NURSING*
  Hladek, M., Gill, J., Lai, C., Lorig, K., Szanton, S.
  2019

- **Building Better Caregivers: A Pragmatic 12-Month Trial of a Community-Based Workshop for Caregivers of Cognitively Impaired Adults** *JOURNAL OF APPLIED GERONTOLOGY*
  Lorig, K., Ritter, P. L., Laurent, D. D., Yank, V.
  2019; 38 (9): 1228–52

- **Efficacy and cost-effectiveness of behavioral interventions in nonclinical settings for improving health outcomes.** *Health psychology : official journal of the Division of Health Psychology, American Psychological Association*

Wilson, D. K., Lorig, K., Klein, W. M., Riley, W., Sweeney, A. M., Christensen, A.
2019; 38 (8): 689–700

- **High coping self-efficacy associated with lower odds of pre-frailty/frailty in older adults with chronic disease.** *Aging & mental health*
  Hladek, M. D., Gill, J., Bandeen-Roche, K., Walston, J., Allen, J., Hinkle, J. L., Lorig, K., Szanton, S. L.
  2019: 1–7

- **International Stakeholder Community of Pain Experts and Leaders Call for an Urgent Action on Forced Opioid Tapering** *PAIN MEDICINE*
  Darnall, B. D., Juurlink, D., Kerns, R. D., Mackey, S., Van Dorsten, B., Humphreys, K., Gonzalez-Sotomayor, J. A., Furlan, A., Gordon, A. J., Gordon, D. B., Hoffman, D. E., Katz, J., Kertesz, et al
  2019; 20 (3): 429–33

- **Comparative Effectiveness of Cognitive Behavioral Therapy for Chronic Pain and Chronic Pain Self-Management within the Context of Voluntary Patient-Centered Prescription Opioid Tapering: The EMPOWER Study Protocol.** *Pain medicine (Malden, Mass.)*
  Darnall, B. D., Mackey, S. C., Lorig, K. n., Kao, M. C., Mardian, A. n., Stieg, R. n., Porter, J. n., DeBruyne, K. n., Murphy, J. n., Perez, L. n., Okvat, H. n., Tian, L. n., Flood, et al
  2019

- **International Stakeholder Community of Pain Experts and Leaders Call for an Urgent Action on Forced Opioid Tapering.** *Pain medicine (Malden, Mass.)*
  Darnall, B. D., Juurlink, D., Kerns, R. D., Mackey, S., Van Dorsten, B., Humphreys, K., Gonzalez-Sotomayor, J. A., Furlan, A., Gordon, A. J., Gordon, D. B., Hoffman, D. E., Katz, J., Kertesz, et al
  2018

- **Development and Pilot of a Patient Satisfaction Scale in Rheumatology**
  Valenzuela, A., Sheth, K., Shoor, S., Ritter, P. L., Lorig, K.
  WILEY.2018

- **Evaluation of a Diabetes Self-Management Program: Claims Analysis on Comorbid Illnesses, Health Care Utilization, and Cost** *JOURNAL OF MEDICAL INTERNET RESEARCH*
  Turner, R. M., Ma, Q., Lorig, K., Greenberg, J., DeVries, A. R.
  2018; 20 (6): e207

- **Comparative Efficacy and Mechanisms of a Single-Session Pain Psychology Class in Chronic Low Back Pain: Study Protocol for a Randomized Controlled Trial.** *Trials*
  Darnall, B. D., Ziadni, M. S., Roy, A., Kao, M. C., Sturgeon, J. A., Cook, K. F., Lorig, K., Burns, J. W., Mackey, S. C.
  2018; 19 (1): 165

- **Comparative Efficacy and Mechanisms of a Single-Session Pain Psychology Class in Chronic Low Back Pain: Study Protocol for a Randomized Controlled Trial** *Trials*
  Darnall, B., Siadni, M., Roy, A., Kao, M., Sturgeon, J., Cook, K., Lorig, K., Burns, J., Mackey, S.
  2018: 165

- **Sarah Tilton Fries, MPH (1938-2017) In Memoriam** *HEALTH EDUCATION & BEHAVIOR*
  Green, L. W., Mullen, P., Lorig, K. R.
  2017; 44 (6): 946

- **Building Better Caregivers: A Pragmatic 12-Month Trial of a Community-Based Workshop for Caregivers of Cognitively Impaired Adults.** *Journal of applied gerontology : the official journal of the Southern Gerontological Society*
  Lorig, K., Ritter, P. L., Laurent, D. D., Yank, V.
  2017: 733464817741682

- **Development and Validation of a Rheumatologist Satisfaction with Practice Scale -"the Rheumatologist Satisfaction Scale" (RSS)**
  Sheth, K., Valenzuela, A., Shoor, S., Ritter, P. L., Lorig, K.
  WILEY.2017

- **Commentary on "Evidence-Based Self-management Programs for Seniors and Other With Chronic Diseases": Patient Experience-Patient Health-Return on Investment.** *The Journal of ambulatory care management*
  Lorig, K.
  2017; 40 (3): 185-188

- **Dissemination of Chronic Disease Self-Management Education (CDSME) Programs in the United States: Intervention Delivery by Rurality.** *International journal of environmental research and public health*
  Smith, M. L., Towne, S. D., Herrera-Venson, A., Cameron, K., Kulinski, K. P., Lorig, K., Horel, S. A., Ory, M. G.
  2017; 14 (6)
- **Dissemination of Chronic Disease Self-Management Education (CDSME) Programs in the United States: Intervention Delivery by Rurality** *INTERNATIONAL JOURNAL OF ENVIRONMENTAL RESEARCH AND PUBLIC HEALTH*
  Smith, M., Towne, S. D., Herrera-Venson, A., Cameron, K., Kulinski, K. P., Lorig, K., Horel, S. A., Ory, M. G.
  2017; 14 (6)
- **Study protocol for a cluster randomised controlled trial to assess the effectiveness of user-driven intervention to prevent aggressive events in psychiatric services** *BMC PSYCHIATRY*
  Valimaki, M., Yang, M., Normand, S., Lorig, K. R., Anttila, M., Lantta, T., Pekurinen, V., Adams, C. E.
  2017; 17
- **Soliciting and Responding to Patients' Questions about Diabetes Through Online Sources.** *Diabetes technology & therapeutics*
  Crangle, C. E., Bradley, C., Carlin, P. F., Esterhay, R. J., Harper, R., Kearney, P. M., Lorig, K., McCarthy, V. J., McTear, M. F., Tuttle, M. S., Wallace, J. G., Savage, E.
  2017
- **Cost-Effectiveness of the Hepatitis C Self-Management Program.** *Health education & behavior*
  Groessl, E. J., Sklar, M., Laurent, D. D., Lorig, K., Ganiats, T. G., Ho, S. B.
  2017; 44 (1): 113-122
- **A Diabetes Self-Management Program: 12-Month Outcome Sustainability From a Nonreinforced Pragmatic Trial** *JOURNAL OF MEDICAL INTERNET RESEARCH*
  Lorig, K., Ritter, P. L., Turner, R. M., English, K., Laurent, D. D., Greenberg, J.
  2016; 18 (12): 54-64
- **Health Coaching and Chronic Obstructive Pulmonary Disease Rehospitalization. A Randomized Study.** *American journal of respiratory and critical care medicine*
  Benzo, R., Vickers, K., Novotny, P. J., Tucker, S., Hoult, J., Neuenfeldt, P., Connett, J., Lorig, K., McEvoy, C.
  2016; 194 (6): 672-680
- **Health Coaching and Chronic Obstructive Pulmonary Disease Rehospitalization** *AMERICAN JOURNAL OF RESPIRATORY AND CRITICAL CARE MEDICINE*
  Benzo, R., Vickers, K., Novotny, P. J., Tucker, S., Hoult, J., Neuenfeldt, P., Connett, J., Lorig, K., McEvoy, C.
  2016; 194 (6): 672-680
- **Intervention to Improve Quality of life for African-AmericaN lupus patients (IQAN): study protocol for a randomized controlled trial of a unique a la carte intervention approach to self-management of lupus in African Americans** *BMC HEALTH SERVICES RESEARCH*
  Williams, E. M., Lorig, K., Glover, S., Kamen, D., Back, S., Merchant, A., Zhang, J., Oates, J. C.
  2016; 16
- **Leveraging Administrative Data for Program Evaluations: A Method for Linking Data Sets Without Unique Identifiers** *EVALUATION & THE HEALTH PROFESSIONS*
  Lorden, A. L., Radcliff, T. A., Jiang, L., Horel, S. A., Smith, M. L., Lorig, K., Howell, B. L., Whitelaw, N., Ory, M.
  2016; 39 (2): 245-259
- **Characteristics of the Spanish- and English-Language Self-Efficacy to Manage Diabetes Scales** *DIABETES EDUCATOR*
  Ritter, P. L., Lorig, K., Laurent, D. D.
  2016; 42 (2): 167-177
- **Characteristics of the Spanish- and English-Language Self-Efficacy to Manage Diabetes Scales.** *Diabetes educator*
  Ritter, P. L., Lorig, K., Laurent, D. D.
  2016; 42 (2): 167-177
- **Benefits of Diabetes Self-Management for Health Plan Members: A 6-Month Translation Study.** *Journal of medical Internet research*
  Lorig, K., Ritter, P. L., Turner, R. M., English, K., Laurent, D. D., Greenberg, J.
  2016; 18 (6)

- **National study of chronic disease self-management: 6-month and 12-month findings among cancer survivors and non-cancer survivors** *PSYCHO-ONCOLOGY*
  Salvatore, A. L., Ahn, S., Jiang, L., Lorig, K., Ory, M. G.
  2015; 24 (12): 1714-1722
- **National study of chronic disease self-management: 6-month and 12-month findings among cancer survivors and non-cancer survivors.** *Psycho-oncology*
  Salvatore, A. L., Ahn, S., Jiang, L., Lorig, K., Ory, M. G.
  2015; 24 (12): 1714-22
- **Can a Box of Mailed Materials Achieve the Triple Aims of Health Care? The Mailed Chronic Disease Self-Management Tool Kit Study.** *Health promotion practice*
  Lorig, K., Ritter, P. L., Moreland, C., Laurent, D. D.
  2015; 16 (5): 765-774
- **Dissecting an Online Intervention for Cancer Survivors: Four Exploratory Analyses of Internet Engagement and Its Effects on Health Status and Health Behaviors** *HEALTH EDUCATION & BEHAVIOR*
  Chen, Z., Koh, P. W., Ritter, P. L., Lorig, K., Bantum, E. O., Saria, S.
  2015; 42 (1): 32-45
- **Workshop characteristics related to chronic disease self-management education program attendance.** *Frontiers in public health*
  Smith, M. L., Ory, M. G., Jiang, L., Lorig, K., Kulinski, K. P., Ahn, S.
  2015; 3: 19-?
- **Corrigendum: "Chronic Disease Self-Management Program: Insights from the Eye of the Storm".** *Frontiers in public health*
  Lorig, K.
  2015; 3: 153
- **Concordance between Self-Reports and Medicare Claims among Participants in a National Study of Chronic Disease Self-Management Program.** *Frontiers in public health*
  Jiang, L., Zhang, B., Smith, M. L., Lorden, A. L., Radcliff, T. A., Lorig, K., Howell, B. L., Whitelaw, N., Ory, M. G.
  2015; 3: 222-?
- **Effects of chronic disease self-management programs for participants with higher depression scores: secondary analyses of an on-line and a small-group program.** *Translational behavioral medicine*
  Ritter, P. L., Ory, M. G., Laurent, D. D., Lorig, K.
  2014; 4 (4): 398-406
- **Adaptation of the chronic disease self-management program for cancer survivors: feasibility, acceptability, and lessons for implementation.** *Journal of cancer education*
  Risendal, B., Dwyer, A., Seidel, R., Lorig, K., Katzenmeyer, C., Coombs, L., Kellar-Guenther, Y., Warren, L., Franco, A., Ory, M.
  2014; 29 (4): 762-771
- **Adaptation of the Chronic Disease Self-Management Program for Cancer Survivors: Feasibility, Acceptability, and Lessons for Implementation** *JOURNAL OF CANCER EDUCATION*
  Risendal, B., Dwyer, A., Seidel, R., Lorig, K., Katzenmeyer, C., Coombs, L., Kellar-Guenther, Y., Warren, L., Franco, A., Ory, M.
  2014; 29 (4): 762-771
- **The English and Spanish Self-Efficacy to Manage Chronic Disease Scale measures were validated using multiple studies** *JOURNAL OF CLINICAL EPIDEMIOLOGY*
  Ritter, P. L., Long, K.
  2014; 67 (11): 1265–73
- **National Study of Chronic Disease Self-Management: Age Comparison of Outcome Findings** *HEALTH EDUCATION & BEHAVIOR*
  Ory, M. G., Smith, M. L., Ahn, S., Jiang, L., Lorig, K., Whitelaw, N.
  2014; 41: 34S-42S
- **National study of chronic disease self-management: age comparison of outcome findings.** *Health education & behavior : the official publication of the Society for Public Health Education*
  Ory, M. G., Smith, M. L., Ahn, S., Jiang, L., Lorig, K., Whitelaw, N.
  2014; 41 (1 Suppl): 34S-42S

- **The components of action planning and their associations with behavior and health outcomes.** *Chronic illness*
  Lorig, K., Laurent, D. D., Plant, K., Krishnan, E., Ritter, P. L.
  2014; 10 (1): 50-59
- **Surviving and Thriving With Cancer Using a Web-Based Health Behavior Change Intervention: Randomized Controlled Trial** *JOURNAL OF MEDICAL INTERNET RESEARCH*
  Bantum, E. O., Albright, C. L., White, K. K., Berenberg, J. L., Layi, G., Ritter, P. L., Laurent, D., Plant, K., Lorig, K.
  2014; 16 (2)
- **Effectiveness of the Chronic Disease Self-Management Program for Persons with a Serious Mental Illness: A Translation Study** *COMMUNITY MENTAL HEALTH JOURNAL*
  Lorig, K., Ritter, P. L., Pifer, C., Werner, P.
  2014; 50 (1): 96-103
- **Evidence-based leadership council - a national collaborative.** *Frontiers in public health*
  Haynes, M., Hughes, S., Lorig, K., Simmons, J., Snyder, S. J., Steinman, L., Wilson, N., DiStefano, R., Raymond, J., FallCreek, S., Pelaez, M. B., Smith, D.
  2014; 2: 136-?
- **Chronic disease self-management program: insights from the eye of the storm.** *Frontiers in public health*
  Lorig, K.
  2014; 2: 253-?
- **Closing the Disparity Gap: The Work of the Administration on Aging** *GENERATIONS-JOURNAL OF THE AMERICAN SOCIETY ON AGING*
  Boutaugh, M. L., Jenkins, S. M., Kulinski, K. P., Lorig, K. R., Ory, M. G., Smith, M. L.
  2014; 38 (4): 107-118
- **Chronic disease self-management program in the workplace: opportunities for health improvement.** *Frontiers in public health*
  Smith, M. L., Wilson, M. G., DeJoy, D. M., Padilla, H., Zuercher, H., Corso, P., Vandenberg, R., Lorig, K., Ory, M. G.
  2014; 2: 179-?
- **The role of session zero in successful completion of chronic disease self-management program workshops.** *Frontiers in public health*
  Jiang, L., Smith, M. L., Chen, S., Ahn, S., Kulinski, K. P., Lorig, K., Ory, M. G.
  2014; 2: 205-?
- **Setting the stage: measure selection, coordination, and data collection for a national self-management initiative.** *Frontiers in public health*
  Kulinski, K. P., Boutaugh, M., Smith, M. L., Ory, M. G., Lorig, K.
  2014; 2: 206-?
- **Linking evidence-based program participant data with medicare data: the consenting process and correlates of retrospective participant consents.** *Frontiers in public health*
  Ritter, P. L., Ory, M. G., Smith, M. L., Jiang, L., Alonis, A., Laurent, D. D., Lorig, K.
  2014; 2: 176-?
- **National dissemination of chronic disease self-management education programs: an incremental examination of delivery characteristics.** *Frontiers in public health*
  Smith, M. L., Ory, M. G., Ahn, S., Kulinski, K. P., Jiang, L., Horel, S., Lorig, K.
  2014; 2: 227-?
- **Meeting the challenge of cancer survivorship in public health: results from the evaluation of the chronic disease self-management program for cancer survivors.** *Frontiers in public health*
  Risendal, B. C., Dwyer, A., Seidel, R. W., Lorig, K., Coombs, L., Ory, M. G.
  2014; 2: 214-?
- **Surviving and thriving with cancer using a Web-based health behavior change intervention: randomized controlled trial.** *Journal of medical Internet research*
  Bantum, E. O., Albright, C. L., White, K. K., Berenberg, J. L., Layi, G., Ritter, P. L., Laurent, D., Plant, K., Lorig, K.
  2014; 16 (2)
- **The impact of chronic disease self-management programs: healthcare savings through a community-based intervention** *BMC PUBLIC HEALTH*

Ahn, S., Basu, R., Smith, M. L., Jiang, L., Lorig, K., Whitelaw, N., Ory, M. G.
2013; 13

- **Successes of a National Study of the Chronic Disease Self-Management Program Meeting the Triple Aim of Health Care Reform** *MEDICAL CARE*
  Ory, M. G., Ahn, S., Jiang, L., Smith, M. L., Ritter, P. L., Whitelaw, N., Lorig, K.
  2013; 51 (11): 992-998
- **National Study of Chronic Disease Self-Management Six-Month Outcome Findings** *JOURNAL OF AGING AND HEALTH*
  Ory, M. G., Ahn, S., Jiang, L., Lorig, K., Ritter, P., Laurent, D. D., Whitelaw, N., Smith, M. L.
  2013; 25 (7): 1258-1274
- **Effectiveness of a Generic Chronic Disease Self-Management Program for People With Type 2 Diabetes A Translation Study** *DIABETES EDUCATOR*
  Lorig, K., Ritter, P. L., Ory, M. G., Whitelaw, N.
  2013; 39 (5): 655-663
- **Self-Management at the Tipping Point: Reaching 100,000 Americans with Evidence-Based Programs** *JOURNAL OF THE AMERICAN GERIATRICS SOCIETY*
  Ory, M. G., Smith, M. L., Kulinski, K. P., Lorig, K., Zenker, W., Whitelaw, N.
  2013; 61 (5): 821-823
- **Coding and Evaluating Facilitator Posts for an Online Cancer Survivor Workshop** *JOURNAL OF PSYCHOSOCIAL ONCOLOGY*
  Gits, A. A., Ritter, P. L., Plant, K., Lorig, K.
  2013; 31 (2): 219-234
- **Development and Feasibility of a Self-management Intervention for Chronic Obstructive Pulmonary Disease Delivered With Motivational Interviewing Strategies** *JOURNAL OF CARDIOPULMONARY REHABILITATION AND PREVENTION*
  Benzo, R., Vickers, K., Ernst, D., Tucker, S., McEvoy, C., Lorig, K.
  2013; 33 (2): 113-122
- **The South Australia Health Chronic Disease Self-Management Internet Trial** *HEALTH EDUCATION & BEHAVIOR*
  Lorig, K., Ritter, P. L., Plant, K., Laurent, D. D., Kelly, P., Rowe, S.
  2013; 40 (1): 67-77
- **Web-based self-management support training for health professionals: A pilot study** *PATIENT EDUCATION AND COUNSELING*
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