Elias Aboujaoude, MD, MA
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CLINICAL OFFICES

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Bio

Dr. Aboujaoude is a Clinical Professor, researcher and writer at Stanford University's Department of Psychiatry, where he is Chief of the Anxiety Disorders Section and Director of the OCD Clinic and the Impulse Control Disorders Clinic. Besides the compulsivity-impulsivity spectrum, his work has focused on the intersection of technology and psychology, with an emphasis on the problematic use of Internet-related technologies, mental health in a post-privacy world, and the potential for telemedicine interventions such as virtual reality and video-based therapy to increase access to care and advance global health. His books include "Virtually You: The Dangerous Powers of the e-Personality" and "Mental Health in the Digital Age: Grave Dangers, Great Promise". Dr. Aboujaoude also teaches psychology on the main Stanford campus and at UC Berkeley. Scholarly and media platforms that have featured his work include The New York Times, The Wall Street Journal, The Washington Post, Congressional Quarterly, The Harvard Business Review, The Chronicle of Higher Education, BBC, PBS, and CNN.

ACADEMIC APPOINTMENTS

- Clinical Professor, Psychiatry and Behavioral Sciences

LINKS


Publications

PUBLICATIONS

- Editorial Perspective: Missing the forest for the trees - how the focus on digital addiction and gaming diverted attention away from wider online risks. Child and adolescent mental health
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  Aboujaoude, E., Gega, L.
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• Problematic Internet use two decades later: apps to wean us off apps *CNS spectrums*
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• Promising Treatments for Obsessive-Compulsive Disorder: A Call for Additional Research CURRENT MEDICINAL CHEMISTRY
Koran, L. M., Aboujaoude, E.
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• Suicidality, psychopathology, and the internet: Online time vs. online behaviors PSYCHIATRY RESEARCH
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